



PSA MEDIA SERVICE

PHILIPPINE STATISTICS AUTHORITY

National Capital Region
9/F EDSA Grand Residences No. 75 Corregidor St. cor. EDSA
Barangay Ramon Magsaysay, District 1, 1105 Quezon City

COMMODITY	SPECIFICATION	Wholesale ^{1/}			RETAIL ^{2/}			SUPERMARKETS GROCERIES ^{3/}	
		(as of May 08, 2020)			(as of May 09, 2020)			(as of May 06, 2020)	
		Low	High	Prevailing (Modal)	Low	High	Prevailing (Modal)	Low	High
1. RICE									
NFA									
Regular milled	Kilogram	na	na	na	na	na	27.00	na	
Well milled	Kilogram	na	na	na	na	na	32.00	na	
Commercial									
Regular milled	Kilogram	29.60	29.60	29.60	32.00	43.00	38.50	56.75	
Well milled	Kilogram	31.00	35.80	33.00	37.00	47.00	41.00	56.37	57.45
Premium	Kilogram	36.40	40.80	38.00	42.00	50.00	46.00		62.55
Special	Kilogram	41.00	52.00	44.00	44.00	65.00	50.00	58.12	65.93
2. FISH									
Bangus	Med (3-4 pcs/kg)	90.00	140.00	140.00	120.00	220.00	160.00	258.00	285.00
Tilapia	Med (5-6 pcs/kg)	100.00	100.00	100.00	120.00	150.00	120.00	140.00	185.00
Galunggong	Medium (12-14 pcs/kg)	135.00	160.00	160.00	140.00	200.00	200.00	280.00	368.00
Alumahan	Med (4-6 pcs/kg)	NA	NA	NA	200.00	320.00	260.00		388.00
3. MEAT									
Beef rump	Lean meat/tapadera	NA	NA	NA	320.00	400.00	380.00	385.00	480.00
Beef brisket	Meat w/ bones	NA	NA	NA	270.00	390.00	390.00	365.00	380.00
Pork ham/kasim	Lean meat	NA	NA	NA	190.00	240.00	200.00	242.00	265.00
Pork liempo	Pork belly	NA	NA	NA	210.00	260.00	220.00	249.50	360.00
4. POULTRY									
Whole chicken	Fully dressed, kg	79.00	85.00	81.40	120.00	170.00	150.00	158.00	170.00
Chicken egg	Med./ piece	5.27	5.83	5.55	6.00	7.50	7.00	7.79	8.67
5. VEGETABLES									
Amargoso	4-5 pcs/kg	40.00	50.00	40.00	50.00	100.00	80.00	144.00	150.00
Sitao	3-4 small bundles/kg	68.00	70.00	70.00	70.00	120.00	90.00	130.00	224.00
Cabbage (scorpio)	750 gms-1kg/head	60.00	65.00	53.33	60.00	120.00	100.00	105.00	110.00
Carrots	8-10 pcs/kg	35.00	45.00	30.00	50.00	90.00	65.00	90.00	120.00
Habitchuelas	kg	70.00	80.00	70.00	70.00	100.00	100.00	120.00	150.00
Tomato	15 - 18 pcs/kg	30.00	35.00	30.00	50.00	100.00	70.00	60.00	120.00
Onion red	13-15 pcs/kg	65.21	66.00	66.00	80.00	130.00	100.00	90.00	95.00
White potato	10-12 pcs/kg	55.00	60.00	55.00	60.00	100.00	80.00	120.00	162.00
Eggplant	8-10 pcs/kg	35.00	40.00	35.00	50.00	80.00	60.00	108.00	120.00
Pechay, native	3-4 small bundles/kg	60.00	65.00	60.00	60.00	100.00	70.00	120.00	124.00
6. FRUITS									
Banana, Lakatan	8-10 pcs/kg	70.00	90.00	80.00	70.00	120.00	100.00	84.00	120.00
Banana, Latundan	10-12 pcs/kg	48.00	60.00	55.00	50.00	90.00	80.00	52.00	
Calamansi	kg	30.00	33.33	30.00	50.00	100.00	80.00		180.00
Papaya	kg	28.00	45.00	28.00	50.00	70.00	60.00	na	
Mango, carabao	3-4 pcs/kg	72.00	105.55	94.11	100.00	160.00	140.00	180.00	250.00
7. OTHER BASIC NECESSITIES									
Sugar									
Refined	kg	45.40	46.00	45.60	50.00	65.00	60.00	53.10	56.00
Washed	kg	35.60	37.40	37.00	42.00	60.00	50.00	48.90	51.50
Brown (raw)	kg	33.90	35.60	34.00	40.00	55.00	44.00	44.75	46.50
Cooking oil									
Dip out	Kilogram	83.44	95.20	na	na	na	na	na	na
Lapad	375 ml.	na	na	na	22.00	35.00	22.00	na	na
Longneck	750 ml.	na	na	na	40.00	60.00	44.00	na	na
Pint can	380ml.	na	na	na	na	na	na	na	na

^{1/} Wholesale Markets: Mega-Q-Mart, Blumentritt, Balintawak, Dagupan rice warehouses

^{2/} Retail Markets: Sangandaan Market, Quinta Market, Marikina Market, Farmers Market, Pasig Market, Guadalupe Market, Susano Market and Malabon Market.

^{3/} Supermarket chains & Groceries in Metro Manila: Unimart & Tropical

* Top Round ** Short Ribs *** Ham/Kasim/Liempo (Prime Cut)

Notes: Wholesale prices of sugar were gathered by the Sugar Regulatory Administration (SRA) as of April 23, 2020.

Wholesale prices of fish were gathered by Philippine Fisheries Development Authority (PFDA) as of May 07, 2020

Wholesale prices of cooking oil were gathered by Philippine Coconut Authority (PCA) as of April 27, 2020.

Source: Philippine Statistics Authority (NCR)