

COMMODITY	SPECIFICATION	Wholesale ^{1/}			RETAIL ^{2/}			SUPERMARKETS GROCERIES ^{3/}	
		(as of May 20, 2020)			(as of May 21, 2020)			(as of May 20, 2020)	
		Low	High	Prevailing (Modal)	Low	High	Prevailing (Modal)	Low	High
1. RICE									
NFA									
Regular milled	Kilogram	na	na	na	na	na	27.00	na	
Well milled	Kilogram	na	na	na	na	na	32.00	na	
Commercial									
Regular milled	Kilogram	na	na	na	30.00	43.00	38.00	56.75	
Well milled	Kilogram	33.60	35.80	35.10	37.00	48.00	44.00	56.37	57.45
Premium	Kilogram	36.20	40.80	38.50	43.00	57.00	45.00		62.55
Special	Kilogram	40.80	52.00	46.80	44.00	60.00	50.00	58.12	65.93
2. FISH									
Bangus	Med (3-4 pcs/kg)	100.00	160.00	160.00	110.00	220.00	170.00	258.00	285.00
Tilapia	Med (5-6 pcs/kg)	100.00	100.00	100.00	100.00	150.00	125.00	140.00	185.00
Galunggong	Medium (12-14 pcs/kg)	140.00	140.00	140.00	140.00	200.00	160.00	280.00	318.00
Alumahan	Med (4-6 pcs/kg)	NA	NA	NA	180.00	340.00	240.00	na	
3. MEAT									
Beef rump	Lean meat/tapadera	NA	NA	NA	320.00	420.00	380.00	385.00	480.00 *
Beef brisket	Meat w/ bones	NA	NA	NA	280.00	400.00	320.00	365.00	380.00 **
Pork ham/kasim	Lean meat	NA	NA	NA	190.00	260.00	200.00	230.00	265.00 ***
Pork liempo	Pork belly	NA	NA	NA	220.00	270.00	250.00	249.50	360.00 ***
4. POULTRY									
Whole chicken	Fully dressed, kg	na	na	na	120.00	170.00	130.00	150.00	170.00
Chicken egg	Med./ piece	na	na	na	6.00	7.50	7.00	6.50	8.67
5. VEGETABLES									
Amargoso	4-5 pcs/kg	45.00	50.00	50.00	60.00	110.00	80.00	144.00	150.00
Sitao	3-4 small bundles/kg	68.57	85.71	68.57	80.00	200.00	100.00	130.00	200.00
Cabbage (scorpio)	750 gms-1kg/head	65.00	70.00	65.00	70.00	150.00	100.00	105.00	120.00
Carrots	8-10 pcs/kg	24.00	30.00	27.00	40.00	80.00	50.00	60.00	120.00
Habitchuelas	kg	90.00	100.00	90.00	90.00	160.00	120.00	90.00	150.00
Tomato	15 - 18 pcs/kg	20.00	20.00	20.00	32.00	70.00	50.00	60.00	120.00
Onion red	13-15 pcs/kg	64.00	70.00	64.69	70.00	120.00	100.00	90.00	110.00
White potato	10-12 pcs/kg	55.00	60.00	58.00	70.00	100.00	80.00	90.00	150.00
Eggplant	8-10 pcs/kg	35.00	40.00	35.00	40.00	80.00	60.00	90.00	120.00
Pechay, native	3-4 small bundles/kg	60.00	60.00	60.00	60.00	90.00	80.00	80.00	124.00
6. FRUITS									
Banana, Lakatan	8-10 pcs/kg	70.00	90.00	90.00	70.00	120.00	100.00	84.00	120.00
Banana, Latundan	10-12 pcs. kg	50.00	55.00	55.00	50.00	90.00	60.00	52.00	
Calamansi	kg	23.33	26.66	23.33	40.00	100.00	60.00	180.00	180.00
Papaya	kg	28.00	40.00	34.00	40.00	70.00	60.00	na	
Mango, carabao	3-4 pcs/kg	72.00	94.11	80.12	90.00	180.00	120.00	180.00	250.00
7. OTHER BASIC NECESSITIES									
Sugar									
Refined	kg	43.60	47.00	45.60	47.00	65.00	60.00	53.10	56.00
Washed	kg	35.00	38.00	36.00	42.00	60.00	50.00	47.00	51.50
Brown (raw)	kg	33.20	37.00	34.40	40.00	55.00	45.00	44.75	46.50
Cooking oil									
Dip out	Kilogram	83.44	94.36	na	na	na	na	na	
Lapad	375 ml.	na	na	na	22.00	35.00	25.00	na	
Longneck	750 ml.	na	na	na	40.00	75.00	60.00	na	
Pint can	380ml.	na	na	na	na	na	na	na	

^{1/} Wholesale Markets: Mega-Q-Mart, Blumentritt, Balintawak, Dagupan rice warehouses

^{2/} Retail Markets: Sangandaan Market, Quinta Market, Marikina Market, Farmers Market, Pasig Market, Guadalupe Market, Susano Market, Malabon Market, Muntinlupa Market and Pasay Market.

^{3/} Supermarket chains & Groceries in Metro Manila: Unimart & Tropical

* Top Round ** Short Ribs *** Ham/Kasim/Liempo (Prime Cut)

Notes: Wholesale prices of sugar were gathered by the Sugar Regulatory Administration (SRA) as of May 14, 2020.

Wholesale prices of fish were gathered by Philippine Fisheries Development Authority (PFDA) as of May 20, 2020

Wholesale prices of cooking oil were gathered by Philippine Coconut Authority (PCA) as of May 18, 2020.