



# PSA MEDIA SERVICE

## PHILIPPINE STATISTICS AUTHORITY

National Capital Region  
9/F EDSA Grand Residences No. 75 Corregidor St. cor. EDSA  
Barangay Ramon Magsaysay, District 1, 1105 Quezon City

COMMODITY	SPECIFICATION	Wholesale <sup>1/</sup>			RETAIL <sup>2/</sup>			SUPERMARKETS GROCERIES <sup>3/</sup>	
		(as of August 19, 2020)						(as of August 19, 2020)	
		Low	High	Prevailing (Modal)	Low	High	Prevailing (Modal)	Low	High
<b>1. RICE</b>									
NFA									
Regular milled	Kilogram	na	na	na	27.00	27.00	27.00	na	na
Well milled	Kilogram	na	na	na	32.00	32.00	32.00	na	na
Commercial									
Regular milled	Kilogram	28.40	30.60	30.00	30.00	43.00	38.00	36.00	56.83
Well milled	Kilogram	31.00	35.60	33.60	38.00	48.00	44.00	41.00	57.65
Premium	Kilogram	36.00	42.80	38.80	42.00	57.00	45.00	45.00	62.55
Special	Kilogram	40.00	52.00	45.20	44.00	65.00	50.00	58.12	65.93
<b>2. FISH</b>									
Bangus	Med (3-4 pcs/kg)	110.00	130.00	130.00	120.00	200.00	140.00	258.00	285.00
Tilapia	Med (5-6 pcs/kg)	90.00	90.00	90.00	100.00	140.00	130.00	140.00	185.00
Galunggong	Medium (12-14 pcs/kg)	120.00	160.00	120.00	120.00	200.00	180.00	348.00	NA
Alumahan	Med (4-6 pcs/kg)	NA	NA	NA	150.00	300.00	240.00	378.00	NA
<b>3. MEAT</b>									
Beef rump	Lean meat/tapadera	NA	NA	NA	340.00	430.00	390.00	385.00	480.00
Beef brisket	Meat w/ bones	NA	NA	NA	280.00	390.00	355.00	365.00	380.00
Pork ham/kasim	Lean meat	NA	NA	NA	220.00	280.00	240.00	260.00	265.00
Pork liempo	Pork belly	NA	NA	NA	240.00	300.00	270.00	249.50	380.00
<b>4. POULTRY</b>									
Whole chicken	Fully dressed/kg	77.00	85.00	80.00	105.00	180.00	150.00	145.00	170.00
Chicken egg	Med./ piece	5.50	5.83	5.55	5.75	8.00	6.75	7.79	8.67
<b>5. VEGETABLES</b>									
Amargoso	4-5 pcs/kg	35.00	45.00	45.00	40.00	80.00	60.00	104.00	180.00
Sitao	3-4 small bundles/kg	30.00	44.44	30.00	40.00	100.00	60.00	130.00	140.00
Cabbage (scorpio)	750 gms-1kg/head	14.66	25.00	23.00	40.00	80.00	50.00	65.00	100.00
Carrots	8-10 pcs/kg	35.00	58.00	40.00	60.00	100.00	80.00	72.00	130.00
Habitchuelas	kg	30.00	60.00	60.00	40.00	100.00	70.00	50.00	150.00
Tomato	15- 18 pcs/kg	50.00	56.52	51.08	52.00	100.00	70.00	40.00	90.00
Onion red	13-15 pcs/kg	85.00	91.00	91.00	95.00	130.00	120.00	110.00	120.00
White potato	10-12 pcs/kg	35.00	45.00	42.00	50.00	90.00	80.00	75.00	130.00
Eggplant	8-10 pcs/kg	18.00	25.00	21.50	30.00	60.00	40.00	70.00	85.00
Pechay, native	3-4 small bundles/kg	40.00	60.00	60.00	40.00	100.00	70.00	120.00	124.00
<b>6. FRUITS</b>									
Banana,Lakatan	8-10 pcs/kg	60.00	65.00	65.00	70.00	100.00	80.00	84.00	120.00
Banana,Latundan	10-12 pcs. kg	35.00	55.00	40.00	40.00	100.00	60.00	52.00	NA
Calamansi	kg	20.00	23.33	23.33	40.00	80.00	50.00	60.00	80.00
Papaya	kg	28.00	35.00	28.00	40.00	70.00	60.00	NA	NA
Mango, carabao	3-4 pcs/kg	85.00	111.76	106.65	100.00	180.00	140.00	180.00	240.00
<b>7. OTHER BASIC NECESSITIES</b>									
Sugar									
Refined	kg	42.00	47.60	45.00	49.00	65.00	50.00	53.10	56.00
Washed	kg	37.00	40.74	37.00	43.00	60.00	48.00	47.00	51.50
Brown (raw)	kg	33.00	37.00	34.00	40.00	55.00	46.00	44.75	46.50
Cooking oil									
Dip out	Kilogram	85.40	94.92	na	na	na	na	na	na
Lapad	375 ml.	na	na	na	20.00	34.00	25.00	na	na
Longneck	750 ml.	na	na	na	40.00	75.00	60.00	na	na
Pint can	380ml.	na	na	na	na	na	na	na	na

<sup>1/</sup> Wholesale Markets: Balintawak, Mega Q Mart, Divisoria Agri-Commodities, Blumentritt and Dagupan Rice Warehouse .

<sup>2/</sup> Retail Markets: Muntinlupa Market, Quinta Market, Sangandaan Market, Blumentritt Market, Susano Novaliches Market, Farmers Market, Pasig Mega Market, Guadalupe Market, Malabon Market, Pasay Market and Marikina Market .

<sup>3/</sup> Supermarket chains & Groceries in Metro Manila: Unimart, Tropical & Lianas

\* Top Round

\*\* Short Ribs

\*\*\* Ham/Kasim/Liempo (Prime Cut)

Notes: Wholesale prices of sugar were gathered by the Sugar Regulatory Administration (SRA) as of August 12, 2020 .

Wholesale prices of cooking oil were gathered by Philippine Coconut Authority (PCA) as of August 12, 2020.

Wholesale prices of fish were gathered by Philippine Fisheries Development Authority (PFDA) as of August 19, 2020

Source: Philippine Statistics Authority (NCR)