



# PSA MEDIA SERVICE

## PHILIPPINE STATISTICS AUTHORITY

National Capital Region  
9/F EDSA Grand Residences No. 75 Corregidor St. cor. EDSA  
Barangay Ramon Magsaysay, District 1, 1105 Quezon City

| COMMODITY                  | SPECIFICATION         | Wholesale <sup>1/</sup>    |        |                    | RETAIL <sup>2/</sup>       |        |                    | SUPERMARKETS GROCERIES <sup>3/</sup> |        |
|----------------------------|-----------------------|----------------------------|--------|--------------------|----------------------------|--------|--------------------|--------------------------------------|--------|
|                            |                       | (as of September 16, 2020) |        |                    | (as of September 17, 2020) |        |                    | (as of September 16, 2020)           |        |
|                            |                       | Low                        | High   | Prevailing (Modal) | Low                        | High   | Prevailing (Modal) | Low                                  | High   |
| 1. RICE                    |                       |                            |        |                    |                            |        |                    |                                      |        |
| NFA                        |                       |                            |        |                    |                            |        |                    |                                      |        |
| Regular milled             | Kilogram              | na                         | na     | na                 | 27.00                      | 27.00  | 27.00              | na                                   | na     |
| Well milled                | Kilogram              | na                         | na     | na                 | 32.00                      | 32.00  | 32.00              | na                                   | na     |
| Commercial                 |                       |                            |        |                    |                            |        |                    |                                      |        |
| Regular milled             | Kilogram              | 28.40                      | 33.00  | 29.60              | 30.00                      | 42.00  | 38.00              | 36.00                                | 56.83  |
| Well milled                | Kilogram              | 31.00                      | 36.80  | 35.00              | 38.00                      | 48.00  | 44.00              | 41.00                                | 57.65  |
| Premium                    | Kilogram              | 36.00                      | 42.80  | 37.00              | 43.00                      | 57.00  | 45.00              | 45.00                                | 62.55  |
| Special                    | Kilogram              | 42.00                      | 52.00  | 44.80              | 44.00                      | 65.00  | 50.00              | 58.12                                | 65.93  |
| 2. FISH                    |                       |                            |        |                    |                            |        |                    |                                      |        |
| Bangus                     | Med (3-4 pcs/kg)      | 100.00                     | 140.00 | 140.00             | 110.00                     | 220.00 | 140.00             | 258.00                               | 285.00 |
| Tilapia                    | Med (5-6 pcs/kg)      | 90.00                      | 95.00  | 95.00              | 100.00                     | 150.00 | 120.00             | 140.00                               | 185.00 |
| Galunggong                 | Medium (12-14 pcs/kg) | 120.00                     | 170.00 | 170.00             | 130.00                     | 200.00 | 180.00             | 348.00                               | NA     |
| Alumahan                   | Med (4-6 pcs/kg)      | NA                         | NA     | NA                 | 180.00                     | 280.00 | 200.00             | 378.00                               | NA     |
| 3. MEAT                    |                       |                            |        |                    |                            |        |                    |                                      |        |
| Beef rump                  | Lean meat/tapadera    | NA                         | NA     | NA                 | 340.00                     | 480.00 | 380.00             | 385.00                               | 480.00 |
| Beef brisket               | Meat w/ bones         | NA                         | NA     | NA                 | 280.00                     | 390.00 | 350.00             | 365.00                               | 380.00 |
| Pork ham/kasim             | Lean meat             | NA                         | NA     | NA                 | 210.00                     | 280.00 | 240.00             | 265.00                               | 270.00 |
| Pork liempo                | Pork belly            | NA                         | NA     | NA                 | 230.00                     | 300.00 | 275.00             | 249.50                               | 380.00 |
| 4. POULTRY                 |                       |                            |        |                    |                            |        |                    |                                      |        |
| Whole chicken              | Fully dressed/kg      | 83.00                      | 90.00  | 87.00              | 100.00                     | 170.00 | 150.00             | 150.00                               | 170.00 |
| Chicken egg                | Med./ piece           | 5.00                       | 5.27   | 5.00               | 5.00                       | 8.00   | 6.50               | 7.79                                 | 8.67   |
| 5. VEGETABLES              |                       |                            |        |                    |                            |        |                    |                                      |        |
| Amargoso                   | 4-5 pcs/kg            | 30.00                      | 45.00  | 37.50              | 50.00                      | 90.00  | 60.00              | 104.00                               | 125.00 |
| Sitao                      | 3-4 small bundles/kg  | 44.44                      | 51.42  | 45.08              | 50.00                      | 100.00 | 80.00              | 100.00                               | 130.00 |
| Cabbage (scorpio)          | 750 gms-1kg/head      | 12.00                      | 13.33  | 13.16              | 30.00                      | 70.00  | 50.00              | 45.00                                | 100.00 |
| Carrots                    | 8-10 pcs/kg           | 35.00                      | 43.00  | 40.00              | 50.00                      | 90.00  | 70.00              | 72.00                                | 137.00 |
| Habitchuelas               | kg                    | 60.00                      | 70.00  | 60.00              | 60.00                      | 100.00 | 80.00              | 75.00                                | 150.00 |
| Tomato                     | 15 - 18 pcs/kg        | 50.00                      | 60.00  | 53.26              | 60.00                      | 90.00  | 80.00              | 90.00                                | 100.00 |
| Onion red                  | 13-15 pcs/kg          | 95.00                      | 103.33 | 100.00             | 100.00                     | 150.00 | 140.00             | 110.00                               | 170.00 |
| White potato               | 10-12 pcs/kg          | 37.50                      | 42.00  | 39.74              | 40.00                      | 90.00  | 70.00              | 65.00                                | 130.00 |
| Eggplant                   | 8-10 pcs/kg           | 12.00                      | 15.00  | 15.00              | 30.00                      | 70.00  | 40.00              | 70.00                                | 85.00  |
| Pechay, native             | 3-4 small bundles/kg  | 20.00                      | 25.00  | 20.00              | 40.00                      | 100.00 | 60.00              | 108.00                               | 124.00 |
| 6. FRUITS                  |                       |                            |        |                    |                            |        |                    |                                      |        |
| Banana, Lakatan            | 8-10 pcs/kg           | 60.00                      | 65.00  | 60.00              | 70.00                      | 100.00 | 80.00              | 84.00                                | 120.00 |
| Banana, Latundan           | 10-12 pcs. kg         | 35.00                      | 50.00  | 40.00              | 40.00                      | 80.00  | 70.00              | 52.00                                | NA     |
| Calamansi                  | kg                    | 16.66                      | 20.00  | 20.00              | 30.00                      | 80.00  | 40.00              | 60.00                                | 85.00  |
| Papaya                     | kg                    | 28.00                      | 30.00  | 30.00              | 40.00                      | 70.00  | 50.00              | NA                                   | NA     |
| Mango, carabao             | 3-4 pcs/kg            | 122.00                     | 147.05 | 132.56             | 130.00                     | 200.00 | 180.00             | 180.00                               | 240.00 |
| 7. OTHER BASIC NECESSITIES |                       |                            |        |                    |                            |        |                    |                                      |        |
| Sugar                      |                       |                            |        |                    |                            |        |                    |                                      |        |
| Refined                    | kg                    | 42.00                      | 47.60  | 45.00              | 50.00                      | 65.00  | 50.00              | 53.10                                | 56.00  |
| Washed                     | kg                    | 36.00                      | 39.40  | 37.00              | 42.00                      | 60.00  | 48.00              | 47.00                                | 51.50  |
| Brown (raw)                | kg                    | 33.00                      | 37.00  | 34.00              | 40.00                      | 55.00  | 45.00              | 44.75                                | 46.50  |
| Cooking oil                |                       |                            |        |                    |                            |        |                    |                                      |        |
| Dip out                    | Kilogram              | 86.07                      | 94.92  | na                 | na                         | na     | na                 | na                                   | na     |
| Lapad                      | 375 ml.               | na                         | na     | na                 | 20.00                      | 37.50  | 25.00              | na                                   | na     |
| Longneck                   | 750 ml.               | na                         | na     | na                 | 40.00                      | 75.00  | 60.00              | na                                   | na     |
| Pint can                   | 380ml.                | na                         | na     | na                 | na                         | na     | na                 | na                                   | na     |

<sup>1/</sup> Wholesale Markets: Balintawak, Mega Q Mart, Divisoria Agri-Commodities, Blumentritt and Dagupan Rice Warehouse .

<sup>2/</sup> Retail Markets: Muntinlupa Market, Quinta Market, Sangandaan Market, Blumentritt Market, Susano Novaliches Market, Farmers Market, Pasig Mega Market, Guadalupe Market, Malabon Market, Pasay Market and Marikina Market .

<sup>3/</sup> Supermarket chains & Groceries in Metro Manila: Unimart, Tropical & Lianas

\* Top Round \*\* Short Ribs \*\*\* Ham/Kasim/Liempo (Prime Cut)

Notes: Wholesale prices of sugar were gathered by the Sugar Regulatory Administration (SRA) as of August 26, 2020 .

Wholesale prices of cooking oil were gathered by Philippine Coconut Authority (PCA) as of September 4, 2020.

Wholesale prices of fish were gathered by Philippine Fisheries Development Authority (PFDA) as of September 16, 2020

Source: Philippine Statistics Authority (NCR)