

**TABLE 1.2 Distribution of Overseas Filipino Workers  
by Age Group, Sex and Area: 2014**

Area Age Group	Both Sexes	Male	Female
<b>Philippines</b>	<b>2,320</b>	<b>1,149</b>	<b>1,170</b>
Number (In thousands)			
Total	100.0	100.0	100.0
15 - 24	8.2	7.5	8.9
25 - 29	24.8	19.8	29.8
30 - 34	23.7	22.7	24.8
35 - 39	15.8	16.2	15.5
40 - 44	11.6	12.5	10.7
45 and over	15.8	21.4	10.4
<b>National Capital Region</b>	<b>244</b>	<b>144</b>	<b>101</b>
Number (In thousands)			
Total	100.0	100.0	100.0
15 - 24	5.0	4.8	5.3
25 - 29	16.7	14.3	20.2
30 - 34	19.9	15.0	27.1
35 - 39	21.4	21.9	20.8
40 - 44	14.1	13.5	15.0
45 and over	22.8	30.5	11.7
<b>Luzon <sup>1/</sup></b>	<b>1,299</b>	<b>655</b>	<b>645</b>
Number (In thousands)			
Total	100.0	100.0	100.0
15 - 24	7.4	6.8	8.0
25 - 29	23.6	19.1	28.3
30 - 34	23.9	23.0	24.9
35 - 39	15.8	16.1	15.5
40 - 44	11.5	12.4	10.7
45 and over	17.7	22.7	12.6
<b>Visayas</b>	<b>377</b>	<b>210</b>	<b>167</b>
Number (In thousands)			
Total	100.0	100.0	100.0
15 - 24	7.7	8.4	6.8
25 - 29	28.5	23.8	34.4
30 - 34	24.8	24.7	24.9
35 - 39	14.6	14.8	14.3
40 - 44	12.9	13.9	11.6
45 and over	11.5	14.3	7.9
<b>Mindanao</b>	<b>399</b>	<b>141</b>	<b>259</b>
Number (In thousands)			
Total	100.0	100.0	100.0
15 - 24	13.3	12.2	14.0
25 - 29	30.0	22.5	34.2
30 - 34	24.5	26.4	23.4
35 - 39	13.5	12.5	14.0
40 - 44	9.0	10.2	8.3
45 and over	9.7	16.3	6.1

Notes: Details may not add up to totals due to rounding.

1/ Excluding NCR

The estimates cover overseas Filipinos whose departure occurred within the last five years and who are working or had worked abroad during the past six months (April to September) of the survey period.

The province of Leyte was not covered in 2014 SOF.

Source: Philippine Statistics Authority, 2014 Survey on Overseas Filipinos