

Table 1. Household Population by Age Group and Sex by Province:  
Philippines, 2010

Age Group and Province	Household Population		
	Both Sexes	Male	Female

Cordillera Administrative Region

All Ages	1,611,669	821,042	790,627
Under 5	170,123	88,006	82,117
5 - 9	173,384	89,937	83,447
10 - 14	169,150	86,823	82,327
15 - 19	180,963	90,891	90,072
20 - 24	167,308	84,679	82,629
25 - 29	137,938	71,573	66,365
30 - 34	114,756	59,934	54,822
35 - 39	96,760	50,393	46,367
40 - 44	90,739	46,777	43,962
45 - 49	80,863	41,549	39,314
50 - 54	67,763	34,403	33,360
55 - 59	50,623	25,709	24,914
60 - 64	36,255	17,607	18,648
65 - 69	25,457	11,772	13,685
70 - 74	21,892	9,632	12,260
75 - 79	13,945	6,051	7,894
80 - 84	7,798	3,028	4,770
85 and Over	5,952	2,278	3,674

Abra

All Ages	234,000	119,037	114,963
Under 5	24,801	12,800	12,001
5 - 9	25,739	13,215	12,524
10 - 14	23,626	12,240	11,386
15 - 19	23,476	12,181	11,295
20 - 24	20,794	10,787	10,007
25 - 29	18,594	9,734	8,860
30 - 34	16,285	8,512	7,773
35 - 39	13,789	7,121	6,668
40 - 44	13,184	6,797	6,387
45 - 49	12,075	6,224	5,851
50 - 54	10,756	5,474	5,282
55 - 59	8,597	4,283	4,314
60 - 64	6,485	3,058	3,427
65 - 69	4,645	2,059	2,586
70 - 74	4,551	1,936	2,615
75 - 79	3,032	1,256	1,776
80 - 84	1,915	738	1,177
85 and Over	1,656	622	1,034

## Apayao

All Ages	112,523	58,147	54,376
Under 5	12,516	6,515	6,001
5 - 9	12,703	6,585	6,118
10 - 14	13,171	6,748	6,423
15 - 19	12,221	6,355	5,866
20 - 24	10,066	5,226	4,840
25 - 29	8,781	4,557	4,224
30 - 34	8,080	4,248	3,832
35 - 39	7,231	3,798	3,433
40 - 44	6,346	3,378	2,968
45 - 49	5,657	2,927	2,730
50 - 54	4,687	2,394	2,293
55 - 59	3,405	1,750	1,655
60 - 64	2,552	1,248	1,304
65 - 69	1,846	896	950
70 - 74	1,485	683	802
75 - 79	948	467	481
80 - 84	459	209	250
85 and Over	369	163	206

## Benguet (excluding Baguio City)

All Ages	403,129	208,350	194,779
Under 5	41,463	21,391	20,072
5 - 9	41,385	21,491	19,894
10 - 14	40,802	20,878	19,924
15 - 19	45,727	22,981	22,746
20 - 24	44,932	22,953	21,979
25 - 29	36,812	19,470	17,342
30 - 34	29,207	15,596	13,611
35 - 39	24,437	13,035	11,402
40 - 44	23,303	12,279	11,024
45 - 49	20,882	11,040	9,842
50 - 54	17,223	9,174	8,049
55 - 59	12,423	6,557	5,866
60 - 64	8,339	4,179	4,160
65 - 69	5,866	2,785	3,081
70 - 74	4,772	2,182	2,590
75 - 79	2,877	1,283	1,594
80 - 84	1,507	580	927
85 and Over	1,172	496	676

Baguio City

All Ages	315,800	154,143	161,657
Under 5	29,509	15,238	14,271
5 - 9	30,240	15,749	14,491
10 - 14	28,684	14,716	13,968
15 - 19	36,465	17,206	19,259
20 - 24	37,401	17,497	19,904
25 - 29	30,757	14,934	15,823
30 - 34	24,797	12,313	12,484
35 - 39	20,214	9,956	10,258
40 - 44	19,215	9,257	9,958
45 - 49	16,872	8,130	8,742
50 - 54	13,714	6,668	7,046
55 - 59	9,872	4,671	5,201
60 - 64	7,021	3,318	3,703
65 - 69	4,174	1,814	2,360
70 - 74	3,135	1,297	1,838
75 - 79	1,850	732	1,118
80 - 84	1,077	401	676
85 and Over	803	246	557

Ifugao

All Ages	190,948	98,365	92,583
Under 5	21,921	11,347	10,574
5 - 9	21,965	11,390	10,575
10 - 14	21,920	11,137	10,783
15 - 19	22,474	11,398	11,076
20 - 24	19,625	10,213	9,412
25 - 29	15,754	8,437	7,317
30 - 34	13,017	6,962	6,055
35 - 39	10,709	5,804	4,905
40 - 44	9,815	5,116	4,699
45 - 49	8,742	4,490	4,252
50 - 54	7,213	3,588	3,625
55 - 59	5,444	2,825	2,619
60 - 64	3,704	1,816	1,888
65 - 69	2,762	1,294	1,468
70 - 74	2,635	1,166	1,469
75 - 79	1,835	819	1,016
80 - 84	899	366	533
85 and Over	514	197	317

Kainga

All Ages	201,206	103,705	97,501
Under 5	22,914	12,006	10,908
5 - 9	23,647	12,332	11,315
10 - 14	23,627	12,125	11,502
15 - 19	23,093	11,703	11,390
20 - 24	19,308	10,056	9,252
25 - 29	15,420	8,195	7,225
30 - 34	13,416	7,042	6,374
35 - 39	11,852	6,166	5,686
40 - 44	10,845	5,635	5,210
45 - 49	9,444	4,919	4,525
50 - 54	7,982	3,965	4,017
55 - 59	6,130	3,144	2,986
60 - 64	4,566	2,272	2,294
65 - 69	3,290	1,577	1,713
70 - 74	2,695	1,257	1,438
75 - 79	1,563	761	802
80 - 84	833	319	514
85 and Over	581	231	350

Mountain Province

All Ages	154,063	79,295	74,768
Under 5	16,999	8,709	8,290
5 - 9	17,705	9,175	8,530
10 - 14	17,320	8,979	8,341
15 - 19	17,507	9,067	8,440
20 - 24	15,182	7,947	7,235
25 - 29	11,820	6,246	5,574
30 - 34	9,954	5,261	4,693
35 - 39	8,528	4,513	4,015
40 - 44	8,031	4,315	3,716
45 - 49	7,191	3,819	3,372
50 - 54	6,188	3,140	3,048
55 - 59	4,752	2,479	2,273
60 - 64	3,588	1,716	1,872
65 - 69	2,874	1,347	1,527
70 - 74	2,619	1,111	1,508
75 - 79	1,840	733	1,107
80 - 84	1,108	415	693
85 and Over	857	323	534