

Republic of the Philippines  
PHILIPPINE STATISTICS AUTHORITY  
Quezon City

**Table 9 Regional Month-on-Month Inflation Rates of Selected Food Items, August and July 2016  
(2006 = 100)**

AREA / REGION	BREAD AND CEREALS				RICE				CORN			
	Aug	Jul	% Change		Aug	Jul	% Change		Aug	Jul	% Change	
			Current	Previous			Current	Previous			Current	Previous
<b>Philippines</b>	171.9	171.3	0.4	0.4	174.8	173.9	0.5	0.4	182.4	182.5	-0.1	0.9
<b>NCR- National Capital Region</b>	173.0	172.5	0.3	0.8	179.9	178.9	0.6	0.8	271.1	282.5	-4.0	5.2
<b>Areas Outside NCR</b>	171.7	171.1	0.4	0.4	174.1	173.3	0.5	0.3	179.5	179.2	0.2	0.7
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	154.1	153.9	0.1	0.2	150.6	150.4	0.1	0.2	173.6	170.6	1.8	0.5
<b>I - Ilocos Region</b>	155.3	154.5	0.5	0.5	158.3	157.5	0.5	0.7	187.5	187.1	0.2	0.0
<b>II - Cagayan Valley</b>	173.6	173.6	0.0	0.3	179.4	179.4	0.0	0.4	136.4	137.2	-0.6	1.5
<b>III - Central Luzon</b>	180.5	180.1	0.2	0.2	189.1	188.6	0.3	0.2	117.6	120.5	-2.4	1.9
<b>IV-A - CALABARZON</b>	178.6	178.2	0.2	0.0	185.8	185.1	0.4	-0.1	190.8	192.1	-0.7	-0.4
<b>IV-B - MIMAROPA</b>	170.9	170.8	0.1	0.2	173.9	173.8	0.1	0.2	196.3	195.7	0.3	0.0
<b>V - Bicol Region</b>	170.1	168.0	1.3	0.4	168.9	166.2	1.6	0.4	204.5	204.4	0.0	0.8
<b>VI - Western Visayas <sup>a/</sup></b>	166.7	166.7	0.0	0.8	167.3	167.3	0.0	0.9	197.1	197.6	-0.3	0.2
<b>VII - Central Visayas <sup>b/</sup></b>	157.8	157.2	0.4	0.3	150.3	149.4	0.6	0.4	189.2	189.2	0.0	0.1
<b>VIII - Eastern Visayas</b>	182.2	181.3	0.5	0.2	183.2	182.2	0.5	0.3	176.2	175.9	0.2	0.7
<b>IX - Zamboanga Peninsula</b>	162.4	162.4	0.0	0.4	157.7	157.5	0.1	0.6	158.7	159.3	-0.4	0.1
<b>X - Northern Mindanao</b>	181.8	180.7	0.6	0.8	181.0	179.9	0.6	0.4	196.0	194.2	0.9	2.2
<b>XI - Davao Region</b>	174.3	173.2	0.6	0.6	174.2	173.1	0.6	0.6	184.0	182.5	0.8	1.0
<b>XII - SOCCSKSARGEN</b>	174.0	172.9	0.6	0.5	178.4	177.0	0.8	0.6	167.2	168.1	-0.5	0.8
<b>XIII - Caraga</b>	167.3	166.6	0.4	0.2	167.5	166.5	0.6	0.2	197.4	197.6	-0.1	0.1
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	176.7	176.0	0.4	0.3	182.5	181.6	0.5	0.4	180.8	179.2	0.9	0.1
<b>NIR - Negros Island Region <sup>c/</sup></b>	160.8	160.7	0.1	0.3	159.4	159.3	0.1	0.5	176.1	176.1	0.0	0.0

a/ - Excludes the province of Negros Occidental

b/ - Excludes the province of Negros Oriental

c/ - Consists of provinces of Negros Occidental and Negros Oriental

Source of Basic Data: Survey of Retail Prices of Commodities for the Generation of CPI

Philippine Statistics Authority

Table 9--Continued

AREA / REGION	OTHER CEREALS, FLOUR, CEREAL PREPARATION, BREAD, PASTA AND OTHER BAKERY PRODUCTS				MEAT				FISH			
	Aug	Jul	% Change		Aug	Jul	% Change		Aug	Jul	% Change	
			Current	Previous			Current	Previous			Current	Previous
<b>Philippines</b>	160.2	160.1	0.1	0.2	141.1	141.2	-0.1	0.5	169.3	169.3	0.0	0.1
<b>NCR- National Capital Region</b>	157.9	157.9	0.0	0.3	142.5	142.8	-0.2	0.6	151.0	149.5	1.0	0.1
<b>Areas Outside NCR</b>	160.8	160.7	0.1	0.1	140.7	140.7	0.0	0.4	172.7	172.9	-0.1	0.1
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	165.2	165.1	0.1	0.1	133.2	132.7	0.4	0.5	171.7	171.9	-0.1	-0.7
<b>I - Ilocos Region</b>	141.2	141.1	0.1	0.0	133.2	133.6	-0.3	0.0	170.9	172.8	-1.1	-0.7
<b>II - Cagayan Valley</b>	155.5	155.4	0.1	0.0	139.9	139.7	0.1	-0.3	167.1	167.0	0.1	1.8
<b>III - Central Luzon</b>	157.9	157.6	0.2	0.1	143.2	143.5	-0.2	1.3	153.9	155.6	-1.1	0.6
<b>IV-A - CALABARZON</b>	161.0	160.9	0.1	0.1	136.1	136.6	-0.4	0.6	157.3	156.8	0.3	-1.4
<b>IV-B - MIMAROPA</b>	152.1	151.9	0.1	0.0	145.4	145.2	0.1	0.0	182.7	181.4	0.7	-0.1
<b>V - Bicol Region</b>	170.2	169.9	0.2	0.1	140.0	139.8	0.1	0.1	161.2	162.0	-0.5	-0.7
<b>VI - Western Visayas <sup>a/</sup></b>	163.8	163.7	0.1	0.0	139.1	138.9	0.1	-0.1	186.4	185.0	0.8	2.4
<b>VII - Central Visayas <sup>b/</sup></b>	156.7	156.6	0.1	0.1	150.0	149.5	0.3	0.6	178.2	178.3	-0.1	-1.5
<b>VIII - Eastern Visayas</b>	178.1	178.1	0.0	0.0	142.1	141.9	0.1	-0.1	186.1	185.2	0.5	0.1
<b>IX - Zamboanga Peninsula</b>	185.5	185.5	0.0	0.1	136.7	135.3	1.0	-0.2	176.3	174.8	0.9	0.6
<b>X - Northern Mindanao</b>	167.8	167.6	0.1	0.1	139.5	139.4	0.1	0.4	164.9	168.1	-1.9	0.1
<b>XI - Davao Region</b>	168.2	167.5	0.4	0.1	147.4	146.2	0.8	0.1	186.0	187.3	-0.7	1.5
<b>XII - SOCCSKSARGEN</b>	154.3	154.2	0.1	0.0	145.7	145.6	0.1	0.3	181.4	180.4	0.6	1.2
<b>XIII - Caraga</b>	152.5	152.4	0.1	0.1	144.6	144.3	0.2	0.0	199.3	197.9	0.7	0.7
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	151.8	151.7	0.1	0.1	169.7	168.8	0.5	1.0	194.3	195.2	-0.5	0.7
<b>NIR - Negros Island Region <sup>c/</sup></b>	152.9	152.8	0.1	0.2	144.2	143.6	0.4	0.3	203.0	203.0	0.0	1.0

a/ - Excludes the province of Negros Occidental

b/ - Excludes the province of Negros Oriental

c/ - Consists of provinces of Negros Occidental and Negros Oriental

Source of Basic Data: Survey of Retail Prices of Commodities for the Generation of CPI

Philippine Statistics Authority

Table 9--Continued

AREA / REGION	MILK, CHEESE AND EGG				OILS AND FATS				FRUITS			
	Aug	Jul	% Change		Aug	Jul	% Change		Aug	Jul	% Change	
			Current	Previous			Current	Previous			Current	Previous
<b>Philippines</b>	145.5	145.1	0.3	0.1	185.6	185.1	0.3	0.7	181.2	177.1	2.3	0.0
<b>NCR- National Capital Region</b>	142.7	142.2	0.4	0.4	207.9	207.0	0.4	0.7	167.9	161.2	4.2	-0.6
<b>Areas Outside NCR</b>	146.2	145.9	0.2	0.1	180.5	180.0	0.3	0.6	184.9	181.5	1.9	0.1
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	137.9	137.7	0.1	0.4	181.1	181.1	0.0	0.5	190.1	194.4	-2.2	0.9
<b>I - Ilocos Region</b>	141.3	141.3	0.0	0.1	156.5	156.4	0.1	0.1	168.9	168.3	0.4	-0.2
<b>II - Cagayan Valley</b>	140.9	140.3	0.4	-0.2	160.4	159.4	0.6	0.4	193.4	194.8	-0.7	1.5
<b>III - Central Luzon</b>	143.3	142.6	0.5	0.0	189.9	188.5	0.7	2.1	165.7	164.6	0.7	0.5
<b>IV-A - CALABARZON</b>	144.7	144.7	0.0	0.1	193.0	192.9	0.1	0.2	188.6	177.6	6.2	-0.1
<b>IV-B - MIMAROPA</b>	151.3	151.0	0.2	0.0	185.1	185.2	-0.1	0.0	172.3	170.6	1.0	-1.0
<b>V - Bicol Region</b>	144.8	144.7	0.1	0.1	170.5	170.2	0.2	0.1	167.0	166.4	0.4	-0.9
<b>VI - Western Visayas <sup>a/</sup></b>	138.6	138.5	0.1	0.2	186.4	186.6	-0.1	0.1	220.3	218.5	0.8	1.1
<b>VII - Central Visayas <sup>b/</sup></b>	149.8	149.7	0.1	0.0	175.6	175.5	0.1	0.2	191.5	189.6	1.0	-2.8
<b>VIII - Eastern Visayas</b>	143.5	143.5	0.0	0.0	189.4	189.3	0.1	0.4	194.4	192.2	1.1	1.1
<b>IX - Zamboanga Peninsula</b>	156.5	156.5	0.0	0.3	173.2	173.2	0.0	0.2	206.2	203.0	1.6	0.1
<b>X - Northern Mindanao</b>	149.2	148.2	0.7	0.3	158.4	157.2	0.8	0.8	166.4	166.2	0.1	1.0
<b>XI - Davao Region</b>	153.3	152.8	0.3	0.1	211.3	209.3	1.0	0.9	207.7	195.1	6.5	0.1
<b>XII - SOCCSKSARGEN</b>	140.5	140.4	0.1	0.0	159.5	159.4	0.1	0.0	169.2	166.5	1.6	1.5
<b>XIII - Caraga</b>	150.9	150.7	0.1	0.1	180.8	180.6	0.1	0.7	171.2	170.7	0.3	-0.7
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	167.6	167.3	0.2	0.1	180.5	179.7	0.4	0.1	267.1	265.5	0.6	0.8
<b>NIR - Negros Island Region <sup>c/</sup></b>	157.4	157.4	0.0	0.2	151.5	151.5	0.0	0.0	174.6	172.9	1.0	0.5

a/ - Excludes the province of Negros Occidental

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Philippine Statistics Authority

Table 9--Concluded

AREA / REGION	VEGETABLES				SUGAR, JAM, HONEY, CHOCOLATE AND CONFECTIONERY				FOOD PRODUCTS, N.E.C.			
	Aug	Jul	% Change		Aug	Jul	% Change		Aug	Jul	% Change	
			Current	Previous			Current	Previous			Current	Previous
<b>Philippines</b>	180.1	183.2	-1.7	-0.1	144.5	144.4	0.1	0.1	161.0	162.4	-0.9	-0.3
<b>NCR- National Capital Region</b>	156.6	155.7	0.6	0.0	132.4	132.2	0.2	0.5	147.2	148.2	-0.7	-0.7
<b>Areas Outside NCR</b>	185.2	189.2	-2.1	-0.1	146.7	146.6	0.1	0.1	164.2	165.6	-0.8	-0.2
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	173.7	189.3	-8.2	6.1	138.7	138.7	0.0	0.1	166.6	166.8	-0.1	1.7
<b>I - Ilocos Region</b>	162.8	164.5	-1.0	1.0	144.5	144.4	0.1	0.3	141.8	141.9	-0.1	0.4
<b>II - Cagayan Valley</b>	201.1	204.8	-1.8	1.1	145.2	144.4	0.6	0.0	156.7	158.4	-1.1	-0.3
<b>III - Central Luzon</b>	159.0	162.2	-2.0	0.7	143.6	143.6	0.0	-0.1	170.8	172.2	-0.8	-0.9
<b>IV-A - CALABARZON</b>	166.2	170.1	-2.3	0.2	151.0	151.0	0.0	0.3	158.0	160.6	-1.6	-1.0
<b>IV-B - MIMAROPA</b>	183.0	182.8	0.1	0.2	141.8	142.2	-0.3	-0.2	142.4	143.4	-0.7	-1.2
<b>V - Bicol Region</b>	195.0	194.8	0.1	0.0	144.1	143.8	0.2	0.2	173.2	173.9	-0.4	0.6
<b>VI - Western Visayas <sup>a/</sup></b>	208.1	208.2	0.0	-0.8	143.4	143.5	-0.1	0.0	169.8	173.2	-2.0	1.3
<b>VII - Central Visayas <sup>b/</sup></b>	201.6	204.2	-1.3	-1.0	145.8	145.7	0.1	-0.5	156.4	156.5	-0.1	-0.1
<b>VIII - Eastern Visayas</b>	184.6	183.6	0.5	-0.1	149.7	149.7	0.0	-0.1	160.9	160.9	0.0	-0.3
<b>IX - Zamboanga Peninsula</b>	216.4	223.1	-3.0	-4.0	136.5	136.4	0.1	-0.1	180.9	182.3	-0.8	1.8
<b>X - Northern Mindanao</b>	202.8	205.5	-1.3	-1.1	143.2	142.7	0.4	0.5	216.4	219.0	-1.2	0.7
<b>XI - Davao Region</b>	214.2	234.7	-8.7	-2.2	151.1	150.9	0.1	0.6	162.7	165.8	-1.9	-1.5
<b>XII - SOCCSKSARGEN</b>	194.8	200.0	-2.6	-1.5	139.3	138.9	0.3	0.0	158.0	159.0	-0.6	-0.6
<b>XIII - Caraga</b>	231.8	237.2	-2.3	0.1	141.9	141.0	0.6	-0.7	173.2	172.9	0.2	-1.3
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	203.8	202.3	0.7	0.6	184.7	184.2	0.3	0.2	175.9	174.7	0.7	0.6
<b>NIR - Negros Island Region <sup>c/</sup></b>	183.0	184.8	-1.0	-0.4	139.7	139.9	-0.1	0.1	144.3	145.0	-0.5	-0.2

a/ - Excludes the province of Negros Occidental

b/ - Excludes the province of Negros Oriental

c/ - Consists of provinces of Negros Occidental and Negros Oriental

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Philippine Statistics Authority