

**TABLE 1 Number and Percentage Distribution of Overseas Filipino Workers by Sex and by Region:
2005 and 2006**

Region	2006			2005		
	Both Sexes	Male	Female	Both Sexes	Male	Female
Philippines						
Number (In thousands)	1,515	751	764	1,327	667	660
Total	100.0	100.0	100.0	100.0	100.0	100.0
National Capital Region	16.4	19.8	13.0	18.4	22.8	13.9
Cordillera Administrative Region	2.2	1.3	3.1	2.1	1.3	2.9
I - Ilocos Region	7.6	5.5	9.7	8.5	5.7	11.4
II - Cagayan Valley	5.3	2.6	7.9	4.7	2.4	7.1
III - Central Luzon	14.5	18.5	10.6	12.8	15.7	9.8
IVA - CALABARZON	16.8	19.5	14.1	17.1	19.6	14.4
IVB - MIMAROPA	1.3	1.2	1.4	1.4	1.5	1.4
V - Bicol Region	2.5	2.2	2.9	2.6	2.7	2.6
VI - Western Visayas	9.5	8.5	10.5	8.7	7.9	9.4
VII - Central Visayas	5.5	7.1	3.8	5.2	5.7	4.7
VIII - Eastern Visayas	2.2	2.2	2.2	2.2	2.5	1.7
IX - Zamboanga Peninsula	2.2	1.6	2.8	1.9	1.5	2.1
X - Northern Mindanao	2.8	2.7	2.9	2.8	2.4	3.2
XI - Davao Region	3.1	2.1	4.0	3.5	2.1	4.7
XII - SOCCSKSARGEN	4.0	1.8	6.1	3.7	2.1	5.3
XIII - Caraga	1.1	0.9	1.3	1.5	1.2	1.8
Autonomous Region in Muslim Mindanao	3.1	2.5	3.6	3.0	2.4	3.6

Notes: Details may not add up to totals due to rounding.
The estimates cover overseas Filipinos whose departure occurred within the last five years and who are working or had worked abroad during the past six months (April to September) of the survey period.

Source: National Statistics Office, 2005 and 2006 Survey on Overseas Filipinos