

**Table 1 Number and Percentage Distribution of Overseas Filipino Workers by Sex and by Region:
2004 and 2005**

Region	2005			2004		
	Both Sexes	Male	Female	Both Sexes	Male	Female
Philippines Number (In thousands)	1,327	667	660	1,180	604	577
Total	100.0	100.0	100.0	100.0	100.0	100.0
National Capital Region	18.4	22.8	13.9	17.2	21.4	12.8
Cordillera Administrative Region	2.1	1.3	2.9	2.3	1.3	3.5
I - Ilocos	8.5	5.7	11.4	8.0	4.8	11.3
II - Cagayan Valley	4.7	2.4	7.1	5.2	2.2	8.3
III - Central Luzon	12.8	15.7	9.8	14.0	16.9	10.9
IVA - CALABARZON	17.1	19.6	14.4	18.5	21.5	15.3
IVB - MIMAROPA	1.4	1.5	1.4	1.3	1.2	1.2
V - Bicol	2.6	2.7	2.6	3.0	3.1	2.9
VI - Western Visayas	8.7	7.9	9.4	9.0	8.3	9.7
VII - Central Visayas	5.2	5.7	4.7	4.5	5.8	3.1
VIII - Eastern Visayas	2.2	2.5	1.7	2.3	2.0	2.6
IX - Zamboanga Peninsula	1.9	1.5	2.1	2.0	1.2	2.9
X - Northern Mindanao	2.8	2.4	3.2	2.7	2.6	2.8
XI - Davao	3.5	2.1	4.7	3.5	2.2	4.9
XII - SOCCSKSARGEN	3.7	2.1	5.3	2.8	2.0	3.6
XIII - Caraga	1.5	1.2	1.8	1.0	0.7	1.2
Autonomous Region in Muslim Mindanao	3.0	2.4	3.6	2.8	2.6	2.9

Notes: Details may not add up to totals due to rounding.
The estimates cover overseas Filipinos whose departure occurred within the last five years and who are working or had worked abroad during the past six months (April to September) of the survey period.

Source: Survey on Overseas Filipinos
Income and Employment Statistics Division,

Household Statistics Department
Philippines National Statistics Office
Manila, Philippines