PSA MEDIA SERVICE
PHILIPPINE STATISTICS AUTHORITY
National Capital Region
9/F EDSA Grand Residences No. 75 Corregidor St. cor. EDSA
Barangay Ramon Magsaysay, District 1, 1105 Quezon City

COMMODITY	SPECIFICATION	Wholesale 1/ (as of January 13, 2021)			RETAIL 2/ (as of January 14, 2021)			SUPERMARKETS GROCERIES 3/ (as of January 13, 2021)	
		Low	High	Prevailing (Modal)	Low	High	Prevailing (Modal)	Low	High
1. RICE									
NFA									
Regular milled	Kilogram	na	na	na	na	na	na	na	na
Well milled	Kilogram	na	na	na	na	na	na	na	na
Commercial									
Regular milled	Kilogram	28.00	31.00	30.40	32.00	42.00	38.00	42.00	55.35
Well milled	Kilogram	30.40	35.60	34.80	38.00	48.00	42.00	44.00	57.02
Premium	Kilogram	35.20	40.80	38.00	42.00	55.00	45.00	45.00	59.77
Special	Kilogram	41.00	56.00	48.00	44.00	68.00	50.00	60.62	68.03
2. FISH									
Bangus	Med (3-4 pcs/kg)	115.00	160.00	160.00	130.00	220.00	200.00	225.00	285.00
Tilapia	Med (5-6 pcs/kg)	100.00	100.00	100.00	120.00	160.00	130.00	180.00	185.00
Galunggong	Medium (12-14 pcs/kg)	200.00	200.00	200.00	200.00	300.00	260.00	290.00	NA
Alumahan	Med (4-6 pcs/kg)	NA	NA	NA	250.00	400.00	360.00	440.00	NA
3. MEAT									
Beef rump	Lean meat/tapadera	NA	NA	NA	350.00	500.00	410.00	385.00	580.00 *
Beef brisket	Meat w/ bones	NA	NA	NA	300.00	400.00	350.00	347.50	503.00 **
Pork ham/kasim	Lean meat	NA	NA	NA	320.00	400.00	355.00	295.00	350.00 **
Pork liempo	Pork belly	NA	NA	NA	340.00	420.00	400.00	280.00	425.00 **
4. POULTRY									
Whole chicken	Fully dressed,kg	118.00	127.00	118.00	155.00	200.00	180.00	148.00	170.00
Chicken egg	Med./ piece	4.58	5.00	4.76	5.00	8.00	7.00	7.00	8.54
5. VEGETABLES									
Amargoso	4-5 pcs/kg	100.00	130.00	120.00	100.00	230.00	160.00	185.00	331.00
Sitao	3-4 small bundles/kg	57.14	88.88	57.14	60.00	160.00	120.00	180.00	186.00
Cabbage (scorpio)	750 gms-1kg/head	90.00	120.00	120.00	130.00	200.00	180.00	160.00	257.00
Carrots	8-10 pcs/kg	75.00	95.00	85.00	100.00	180.00	120.00	90.00	179.00
Habitchuelas	kg	40.00	60.00	40.00	70.00	195.00	80.00	171.00	240.00
Tomato	15 - 18 pcs/kg	60.00	70.00	60.00	60.00	200.00	100.00	100.00	186.00
Onion red	13-15 pcs/kg	55.56	62.00	59.00	80.00	210.00	100.00	130.00	180.00
White potato	10-12 pcs/kg	78.95	86.84	82.50	90.00	200.00	120.00	135.00	171.00
Eggplant	8-10 pcs/kg	130.00	150.00	135.00	130.00	180.00	180.00	130.00	174.00
Pechay, native	3-4 small bundles/kg	40.00	45.00	40.00	60.00	150.00	80.00	100.00	160.00
6. FRUITS									
Banana,Lakatan	8-10 pcs/kg	53.00	65.00	60.00	70.00	90.00	80.00	72.00	106.20
Banana,Latundan	10-12 pcs.kg	35.00	40.00	40.00	50.00	80.00	60.00	59.00	70.00
Calamansi	kg	28.33	33.33	33.33	40.00	90.00	80.00	70.00	124.00
Papaya	kg	25.00	30.00	30.00	40.00	70.00	60.00	NA	NA
Mango, carabao	3-4 pcs/kg	143.00	200.00	154.57	150.00	300.00	250.00	195.00	270.00
7. OTHER BASIC NECESSITIES									
Sugar									
Refined	kg	41.00	46.00	43.00	48.00	65.00	50.00	49.95	53.00
Washed	kg	35.00	39.00	36.00	38.00	60.00	46.00	45.00	51.50
Brown (raw)	kg	32.00	37.00	34.00	40.00	58.00	40.00	44.30	48.50
Cooking oil									
Dip out	Kilogram	119.84	119.56	na	na	na	na	na	na
Lapad	375 ml.	na	na	na	20.00	37.50	30.00	na	na
Longneck	750 ml.	na	na	na	40.00	85.00	60.00	na	na
Pint can	380ml.	na	na	na	na	na	na	na	na

1/ **Wholesale Markets:** Balintawak, Mega Q Mart, Blumentritt and Dagupan Rice Warehouse .

2/ **Retail Markets: Muntinlupa** Market, Sangandaan Market, Susano Novaliches Market, Quinta Market, Obrero Public Market Blumentritt, Pasig Mega Market, Farmers Market, Guadalupe Market, Malabon Market, Pasay Market and Marikina Market .

3/ **Supermarket chains & Groceries** in Metro Manila: Unimart, Tropical & Lianas

*** Top Round** **** Short Ribs** ***** Ham/Kasim/Liempo (Prime Cut)**

Notes: Wholesale prices of sugar were gathered by the Sugar Regulatory Administration (SRA) as of January 6,2021.

Wholesale prices of cooking oil were gathered by Philippine Coconut Authority (PCA) as of January 8, 2021.

Wholesale prices of fish were gathered by Philippine Fisheries Development Authority (PFDA) as of January 13, 2021

Source: Philippine Statistics Authority (NCR)