



PRESS RELEASE

Highlights of the Cordillera Administrative Region (CAR) Population 2020 Census of Population and Housing (2020 CPH)

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- The population of the Cordillera Administrative Region (CAR) as of 01 May 2020 is 1,797,660 based on the 2020 Census of Population and Housing (2020 CPH). This accounts for about 1.65 percent of the Philippine population in 2020.
- The 2020 population of the region is higher by 75,654 from the population of 1.72 million in 2015, and 180,793 more than the population of 1.62 million in 2010. Moreover, it is higher by 432,248 compared with the population of 1.37 million in 2000. (Table 1)

Table 1. Total Population Based on Various Censuses:
Cordillera Administrative Region (CAR)

Census Year	Census Reference Date	Total Population
2000	May 1, 2000	1,365,412
2010	May 1, 2010	1,616,867
2015	August 1, 2015	1,722,006
2020	May 1, 2020	1,797,660

Source: *Philippine Statistics Authority*

- The population of CAR increased by 0.91 percent annually from 2015 to 2020. By comparison, the rate at which the population of the region grew from 2010 to 2015 was higher at 1.21 percent. (Table 2)

Table 2. Annual Population Growth Rate Based on Various Censuses:
Cordillera Administrative Region (CAR)

Intercensal Period	Annual Population Growth Rate (%)
2000 to 2010	1.70
2010 to 2015	1.21
2015 to 2020	0.91

Source: *Philippine Statistics Authority*



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- Among the six provinces comprising CAR, Benguet had the biggest population in 2020 with 460,683 persons, followed by Abra with 250,985 persons, Kalinga with 229,570 persons, Ifugao with 207,498 persons, and Mountain Province with 158,200 persons. Apayao had the smallest population with 124,366 persons. (Table 3)
- The City of Baguio, the only highly urbanized city in the region posted a population of 366,358 persons.

Table 3. Total Population by Province/Highly Urbanized City Based on Various Censuses: Cordillera Administrative Region (CAR)

Province/Highly Urbanized City	Total Population			
	2000	2010	2015	2020
Abra	209,491	234,733	241,160	250,985
Apayao	97,129	112,636	119,184	124,366
Benguet	330,129	403,944	446,224	460,683
<i>City of Baguio</i>	252,386	318,676	345,366	366,358
Ifugao	161,623	191,078	202,802	207,498
Kalinga	174,023	201,613	212,680	229,570
Mountain Province	140,631	154,187	154,590	158,200

Source: Philippine Statistics Authority

- Kalinga was the fastest growing province in the region with an annual population growth rate (PGR) of 1.62 percent from 2015 to 2020. It was followed by Apayao with a PGR of 0.90 percent, Abra (0.84 percent), Benguet (0.67 percent), and Mountain Province (0.49 percent). Ifugao posted the lowest provincial PGR of 0.48 percent. (Table 4)
- The City of Baguio posted a PGR of 1.25 percent.

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Table 4. Annual Population Growth Rate by Province/Highly Urbanized City Based on Various Censuses: Cordillera Administrative Region (CAR)

Province/Highly Urbanized City	Annual Population Growth Rate (%)		
	2000 to 2010	2010 to 2015	2015 to 2020
Abra	1.14	0.52	0.84
Apayao	1.49	1.08	0.90
Benguet	2.04	1.91	0.67
<i>City of Baguio</i>	2.36	1.54	1.25
Ifugao	1.69	1.14	0.48
Kalinga	1.48	1.02	1.62
Mountain Province	0.92	0.05	0.49

Source: Philippine Statistics Authority

- CAR is composed of one highly urbanized city (HUC), one component city, 75 municipalities, and 1,178 barangays.
- Among the cities (excluding the City of Baguio) and municipalities in the region, the largest in terms of population size is La Trinidad, Benguet with 137,404 persons. It was followed by the City of Tabuk, Kalinga with 121,033 persons and Itogon, Benguet with 61,498 persons. (Table 5)

Table 5. Top Ten Most Populous Cities*/Municipalities: Cordillera Administrative Region (CAR), 2020

Rank	City/Municipality	Province	Total Population
1	La Trinidad	Benguet	137,404
2	City of Tabuk	Kalinga	121,033
3	Itogon	Benguet	61,498
4	Bangued	Abra	50,382
5	Tuba	Benguet	48,312
6	Buguias	Benguet	44,877
7	Mankayan	Benguet	37,233
8	Pinukpuk	Kalinga	34,275
9	Alfonso Lista	Ifugao	34,061
10	Bauko	Mountain Province	32,021

* Excluding the City of Baguio

Source: Philippine Statistics Authority, 2020 Census of Population and Housing

- The ten least populous cities/municipalities in CAR are all located in the province of Abra. Daguioman has the smallest population with 2,019 persons, followed by Bucloc with 2,395 persons, and Langiden with 3,576 persons. (Table 6)

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Table 6. Ten Least Populous Cities*/Municipalities:
Cordillera Administrative Region (CAR), 2020

Rank	City/Municipality	Province	Total Population
1	Daguioman	Abra	2,019
2	Bucloc	Abra	2,395
3	Langiden	Abra	3,576
4	Lacub	Abra	3,612
5	Malibcong	Abra	4,027
6	Danglas	Abra	4,074
7	Lagayan	Abra	4,488
8	Boliney	Abra	4,551
9	Licuan-Baay	Abra	4,566
10	San Isidro	Abra	4,745

* Excluding the City of Baguio

Source: Philippine Statistics Authority, 2020 Census of Population and Housing

- Of the 1,178 barangays in CAR, the largest in terms of population size is Irisan in the City of Baguio, Benguet with 36,562 persons. It was followed by Pico in La Trinidad, Benguet with 25,790 persons, and Bulanao in the City of Tabuk, Kalinga with 21,522 persons. The rest of the top ten most populous barangays in the region are all located in the province of Benguet. (Table 7)

Table 7. Top Ten Most Populous Barangays:
Cordillera Administrative Region (CAR), 2020

Rank	Barangay	City/Municipality/Province	Total Population
1	Irisan	City of Baguio, Benguet	36,562
2	Pico	La Trinidad, Benguet	25,790
3	Bulanao	City of Tabuk, Kalinga	21,522
4	Balili	La Trinidad, Benguet	17,756
5	Camp 7	City of Baguio, Benguet	13,875
6	Asin Road	City of Baguio, Benguet	13,823
7	Bakakeng Central	City of Baguio, Benguet	13,092
8	Poblacion	La Trinidad, Benguet	12,685
9	Loakan Proper	City of Baguio, Benguet	12,006
10	Ampucao	Itogon, Benguet	10,924

Source: Philippine Statistics Authority, 2020 Census of Population and Housing

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