

Republic of the Philippines  
NATIONAL STATISTICS OFFICE  
Manila

**Table 9 Regional Month-on Month Inflation Rates of Selected Food Items, July and June 2012  
(2006 = 100)**

| AREA / REGION                                      | BREAD AND CEREALS |       |          |          | RICE  |       |          |          | CORN  |       |          |          |
|--|-------------------|-------|----------|----------|-------|-------|----------|----------|-------|-------|----------|----------|
|  | Jul               | Jun   | % Change |          | Jul   | Jun   | % Change |          | Jul   | Jun   | % Change |          |
|  |                   |       | Current  | Previous |       |       | Current  | Previous |       |       | Current  | Previous |
| <b>Philippines</b>                                 | 148.3             | 147.7 | 0.4      | 0.3      | 147.8 | 147.1 | 0.5      | 0.2      | 159.7 | 158.9 | 0.5      | 1.5      |
| <b>NCR- National Capital Region</b>                | 146.5             | 145.9 | 0.4      | 0.2      | 148.4 | 148.3 | 0.1      | -0.1     | 171.0 | 171.0 | 0.0      | 0.0      |
| <b>Areas Outside NCR</b>                           | 148.6             | 148.0 | 0.4      | 0.4      | 147.7 | 147.0 | 0.5      | 0.3      | 159.3 | 158.5 | 0.5      | 1.6      |
| <b>Regions:</b>                                    |                   |       |          |          |       |       |          |          |       |       |          |          |
| <b>CAR - Cordillera Administrative Region</b>      | 138.2             | 138.2 | 0.0      | 0.6      | 134.0 | 134.0 | 0.0      | 0.5      | 134.8 | 134.8 | 0.0      | -1.3     |
| <b>I - Ilocos Region</b>                           | 137.2             | 136.9 | 0.2      | 0.7      | 139.0 | 138.6 | 0.3      | 0.9      | 144.5 | 144.5 | 0.0      | 0.6      |
| <b>II - Cagayan Valley</b>                         | 147.5             | 146.8 | 0.5      | -0.1     | 149.3 | 148.4 | 0.6      | -0.5     | 134.2 | 133.7 | 0.4      | -1.7     |
| <b>III - Central Luzon</b>                         | 151.8             | 151.2 | 0.4      | 0.1      | 152.3 | 151.6 | 0.5      | 0.0      | 116.5 | 116.5 | 0.0      | -0.5     |
| <b>IV-A - CALABARZON</b>                           | 155.8             | 155.5 | 0.2      | -0.3     | 156.7 | 156.4 | 0.2      | -0.3     | 187.8 | 187.7 | 0.1      | -3.4     |
| <b>IV-B - MIMAROPA</b>                             | 149.2             | 148.4 | 0.5      | 1.1      | 149.7 | 148.7 | 0.7      | 1.2      | 161.6 | 161.5 | 0.1      | 0.6      |
| <b>V - Bicol Region</b>                            | 150.5             | 150.1 | 0.3      | 0.9      | 148.3 | 148.3 | 0.0      | 0.9      | 192.0 | 192.0 | 0.0      | 0.2      |
| <b>VI - Western Visayas</b>                        | 144.8             | 144.0 | 0.6      | 0.3      | 143.5 | 142.7 | 0.6      | 0.4      | 158.9 | 158.9 | 0.0      | 0.4      |
| <b>VII - Central Visayas</b>                       | 132.2             | 130.2 | 1.5      | 1.3      | 119.1 | 118.0 | 0.9      | 0.8      | 160.7 | 155.9 | 3.1      | 3.2      |
| <b>VIII - Eastern Visayas</b>                      | 153.8             | 152.9 | 0.6      | 0.2      | 154.8 | 153.8 | 0.7      | 0.2      | 136.8 | 135.3 | 1.1      | 0.4      |
| <b>IX - Zamboanga Peninsula</b>                    | 143.9             | 143.1 | 0.6      | 0.7      | 133.6 | 132.3 | 1.0      | 0.4      | 154.7 | 154.4 | 0.2      | 1.9      |
| <b>X - Northern Mindanao</b>                       | 155.1             | 154.9 | 0.1      | 0.9      | 153.4 | 152.8 | 0.4      | 0.3      | 162.2 | 164.3 | -1.3     | 3.0      |
| <b>XI - Davao Region</b>                           | 154.6             | 154.5 | 0.1      | 0.5      | 156.3 | 155.8 | 0.3      | 0.6      | 156.1 | 158.4 | -1.5     | 0.4      |
| <b>XII - SOCCSKSARGEN</b>                          | 153.4             | 152.8 | 0.4      | 0.5      | 155.2 | 154.6 | 0.4      | 0.7      | 154.9 | 154.4 | 0.3      | -2.3     |
| <b>XIII - Caraga</b>                               | 144.4             | 143.5 | 0.6      | 0.1      | 140.8 | 139.7 | 0.8      | 0.1      | 193.6 | 195.2 | -0.8     | -0.2     |
| <b>ARMM - Autonomous Region in Muslim Mindanao</b> | 153.6             | 153.2 | 0.3      | 0.3      | 156.9 | 156.5 | 0.3      | 0.4      | 143.6 | 145.4 | -1.2     | 0.6      |

Table 9--Continued

| AREA / REGION                                      | MEAT  |         |          |          | FISH  |       |          |          | MILK, CHEESE AND EGG |       |          |          |
|--|-------|---------|----------|----------|-------|-------|----------|----------|----------------------|-------|----------|----------|
|  | Jul   | Jun     | % Change |          | Jul   | Jun   | % Change |          | Jul                  | Jun   | % Change |          |
|  |       |         | Current  | Previous |       |       | Current  | Previous |                      |       | Current  | Previous |
| <b>Philippines</b>                                 | 127.7 | 127.4 r | 0.2      | 0.3      | 143.9 | 143.7 | 0.1      | 0.1      | 131.9                | 131.6 | 0.2      | 0.4      |
| <b>NCR- National Capital Region</b>                | 127.3 | 126.2   | 0.9      | 0.3      | 127.4 | 126.9 | 0.4      | -0.6     | 128.7                | 128.5 | 0.2      | 0.9      |
| <b>Areas Outside NCR</b>                           | 127.8 | 127.7 r | 0.1      | 0.2      | 147.0 | 146.8 | 0.1      | 0.2      | 132.7                | 132.4 | 0.2      | 0.2      |
| <b>Regions:</b>                                    |       |         |          |          |       |       |          |          |                      |       |          |          |
| <b>CAR - Cordillera Administrative Region</b>      | 125.4 | 124.8   | 0.5      | -0.2     | 152.8 | 150.2 | 1.7      | -1.2     | 127.5                | 126.6 | 0.7      | 0.6      |
| <b>I - Ilocos Region</b>                           | 124.4 | 124.0   | 0.3      | 0.2      | 140.4 | 140.0 | 0.3      | 0.1      | 129.2                | 129.1 | 0.1      | 0.2      |
| <b>II - Cagayan Valley</b>                         | 129.4 | 129.2   | 0.2      | 0.2      | 142.7 | 142.7 | 0.0      | -1.6     | 130.2                | 130.1 | 0.1      | 0.0      |
| <b>III - Central Luzon</b>                         | 126.9 | 126.9   | 0.0      | 0.5      | 133.8 | 134.5 | -0.5     | 1.3      | 132.5                | 132.1 | 0.3      | 0.0      |
| <b>IV-A - CALABARZON</b>                           | 126.1 | 125.3   | 0.6      | -0.5     | 142.7 | 143.7 | -0.7     | 0.3      | 132.1                | 132.0 | 0.1      | -0.1     |
| <b>IV-B - MIMAROPA</b>                             | 133.4 | 133.8   | -0.3     | 0.1      | 142.4 | 143.0 | -0.4     | 2.1      | 137.9                | 137.5 | 0.3      | 0.8      |
| <b>V - Bicol Region</b>                            | 126.4 | 126.3   | 0.1      | -0.4     | 151.9 | 151.5 | 0.3      | 0.3      | 131.1                | 130.8 | 0.2      | 0.8      |
| <b>VI - Western Visayas</b>                        | 124.0 | 124.7   | -0.6     | 0.2      | 149.0 | 148.3 | 0.5      | 1.2      | 132.5                | 132.0 | 0.4      | 0.2      |
| <b>VII - Central Visayas</b>                       | 128.9 | 128.7   | 0.2      | 1.3      | 147.7 | 145.6 | 1.4      | 1.8      | 134.4                | 134.0 | 0.3      | 0.7      |
| <b>VIII - Eastern Visayas</b>                      | 128.7 | 128.4   | 0.2      | 0.2      | 151.4 | 150.2 | 0.8      | 0.3      | 130.4                | 130.3 | 0.1      | 0.4      |
| <b>IX - Zamboanga Peninsula</b>                    | 130.1 | 130.2   | -0.1     | 0.2      | 156.3 | 154.8 | 1.0      | -0.9     | 144.0                | 143.8 | 0.1      | 0.8      |
| <b>X - Northern Mindanao</b>                       | 131.4 | 131.7   | -0.2     | 0.3      | 152.3 | 152.2 | 0.1      | -0.1     | 134.8                | 134.5 | 0.2      | -0.5     |
| <b>XI - Davao Region</b>                           | 133.2 | 133.5   | -0.2     | 0.6      | 155.1 | 154.3 | 0.5      | -1.8     | 131.4                | 131.3 | 0.1      | 0.7      |
| <b>XII - SOCCSKSARGEN</b>                          | 133.9 | 135.3   | -1.0     | 0.5      | 148.2 | 148.5 | -0.2     | 0.5      | 129.1                | 128.8 | 0.2      | 0.1      |
| <b>XIII - Caraga</b>                               | 135.2 | 134.8   | 0.3      | -0.3     | 164.5 | 168.6 | -2.4     | -1.9     | 138.4                | 138.4 | 0.0      | 1.2      |
| <b>ARMM - Autonomous Region in Muslim Mindanao</b> | 141.7 | 142.5 r | -0.6     | 0.7      | 166.1 | 162.8 | 2.0      | -1.9     | 142.0                | 141.8 | 0.1      | 0.0      |

Table 9--Continued

| AREA / REGION                                      | OILS AND FATS |       |          |          | FRUITS |       |          |          | VEGETABLES |       |          |          |
|--|---------------|-------|----------|----------|--------|-------|----------|----------|------------|-------|----------|----------|
|  | Jul           | Jun   | % Change |          | Jul    | Jun   | % Change |          | Jul        | Jun   | % Change |          |
|  |               |       | Current  | Previous |        |       | Current  | Previous |            |       | Current  | Previous |
| <b>Philippines</b>                                 | 181.4         | 182.4 | -0.5     | 0.1      | 141.8  | 141.1 | 0.5      | 0.4      | 139.1      | 137.1 | 1.5      | 1.9      |
| <b>NCR- National Capital Region</b>                | 216.7         | 219.4 | -1.2     | 0.3      | 132.8  | 133.0 | -0.2     | 0.4      | 124.5      | 121.4 | 2.6      | 3.0      |
| <b>Areas Outside NCR</b>                           | 173.2         | 173.8 | -0.3     | 0.1      | 144.3  | 143.3 | 0.7      | 0.4      | 142.3      | 140.5 | 1.3      | 1.7      |
| <b>Regions:</b>                                    |               |       |          |          |        |       |          |          |            |       |          |          |
| <b>CAR - Cordillera Administrative Region</b>      | 178.8         | 178.4 | 0.2      | 1.3      | 156.5  | 150.3 | 4.1      | 2.7      | 152.2      | 148.9 | 2.2      | 1.0      |
| <b>I - Ilocos Region</b>                           | 160.1         | 160.1 | 0.0      | 0.0      | 140.2  | 137.2 | 2.2      | -1.3     | 132.5      | 129.5 | 2.3      | 2.1      |
| <b>II - Cagayan Valley</b>                         | 144.6         | 144.3 | 0.2      | -0.3     | 168.4  | 170.5 | -1.2     | 3.2      | 153.3      | 155.4 | -1.4     | 0.8      |
| <b>III - Central Luzon</b>                         | 182.5         | 182.3 | 0.1      | 0.2      | 130.9  | 132.6 | -1.3     | -0.6     | 124.3      | 122.9 | 1.1      | 2.7      |
| <b>IV-A - CALABARZON</b>                           | 184.4         | 187.1 | -1.4     | -0.6     | 146.9  | 144.6 | 1.6      | 0.6      | 132.6      | 130.5 | 1.6      | 4.2      |
| <b>IV-B - MIMAROPA</b>                             | 186.6         | 188.7 | -1.1     | -1.5     | 138.3  | 138.5 | -0.1     | 0.7      | 137.6      | 136.9 | 0.5      | 4.6      |
| <b>V - Bicol Region</b>                            | 156.7         | 157.2 | -0.3     | 0.9      | 132.6  | 132.0 | 0.5      | -0.2     | 144.0      | 141.0 | 2.1      | 2.5      |
| <b>VI - Western Visayas</b>                        | 164.6         | 165.4 | -0.5     | -0.1     | 149.6  | 147.0 | 1.8      | 0.3      | 152.8      | 152.1 | 0.5      | 0.1      |
| <b>VII - Central Visayas</b>                       | 168.6         | 166.4 | 1.3      | 0.7      | 135.6  | 133.6 | 1.5      | 1.0      | 149.5      | 147.4 | 1.4      | -0.1     |
| <b>VIII - Eastern Visayas</b>                      | 190.3         | 190.1 | 0.1      | 0.4      | 139.2  | 139.2 | 0.0      | -0.1     | 142.4      | 142.8 | -0.3     | -0.1     |
| <b>IX - Zamboanga Peninsula</b>                    | 178.6         | 176.9 | 1.0      | -0.1     | 156.5  | 149.7 | 4.5      | 2.0      | 159.5      | 155.2 | 2.8      | 1.3      |
| <b>X - Northern Mindanao</b>                       | 144.6         | 144.2 | 0.3      | 0.1      | 147.7  | 147.7 | 0.0      | -1.0     | 157.0      | 152.3 | 3.1      | -0.7     |
| <b>XI - Davao Region</b>                           | 184.0         | 185.6 | -0.9     | 0.7      | 161.6  | 163.5 | -1.2     | 0.6      | 157.1      | 154.8 | 1.5      | 2.2      |
| <b>XII - SOCCSKSARGEN</b>                          | 159.4         | 165.7 | -3.8     | 0.7      | 139.6  | 142.0 | -1.7     | 0.4      | 136.1      | 134.3 | 1.3      | 1.0      |
| <b>XIII - Caraga</b>                               | 172.9         | 172.2 | 0.4      | 1.1      | 139.8  | 140.0 | -0.1     | -1.0     | 164.4      | 162.8 | 1.0      | -0.4     |
| <b>ARMM - Autonomous Region in Muslim Mindanao</b> | 165.0         | 164.8 | 0.1      | 0.4      | 174.3  | 174.5 | -0.1     | 2.0      | 154.8      | 152.8 | 1.3      | 0.3      |

Table 9--Concluded

| AREA / REGION                                      | SUGAR, JAM, HONEY, CHOCOLATE AND CONFECTIONERY |       |          |          | FOOD PRODUCTS, N.E.C. |       |          |          |
|--|--|-------|----------|----------|-----------------------|-------|----------|----------|
|  | Jul  | Jun   | % Change |          | Jul                   | Jun   | % Change |          |
|  |  |       | Current  | Previous |                       |       | Current  | Previous |
| <b>Philippines</b>                                 | 129.9  | 126.0 | 3.1      | 1.0      | 140.3                 | 140.9 | -0.4     | -0.6     |
| <b>NCR- National Capital Region</b>                | 116.3  | 113.6 | 2.4      | 2.2      | 128.7                 | 129.3 | -0.5     | -1.2     |
| <b>Areas Outside NCR</b>                           | 132.3  | 128.2 | 3.2      | 0.8      | 143.0                 | 143.6 | -0.4     | -0.5     |
| <b>Regions:</b>                                    |  |       |          |          |                       |       |          |          |
| <b>CAR - Cordillera Administrative Region</b>      | 129.0  | 126.8 | 1.7      | 0.3      | 146.9                 | 144.6 | 1.6      | 1.5      |
| <b>I - Ilocos Region</b>                           | 129.1  | 123.8 | 4.3      | 1.1      | 125.2                 | 126.3 | -0.9     | -0.4     |
| <b>II - Cagayan Valley</b>                         | 124.7  | 119.5 | 4.4      | 0.9      | 141.5                 | 142.0 | -0.4     | 1.0      |
| <b>III - Central Luzon</b>                         | 132.3  | 129.2 | 2.4      | 1.0      | 158.5                 | 159.7 | -0.8     | -1.2     |
| <b>IV-A - CALABARZON</b>                           | 133.2  | 128.5 | 3.7      | 0.8      | 139.0                 | 141.0 | -1.4     | -1.9     |
| <b>IV-B - MIMAROPA</b>                             | 126.5  | 121.8 | 3.9      | 2.6      | 125.9                 | 126.9 | -0.8     | 0.9      |
| <b>V - Bicol Region</b>                            | 123.3  | 119.8 | 2.9      | 2.7      | 138.9                 | 140.4 | -1.1     | 0.4      |
| <b>VI - Western Visayas</b>                        | 131.4  | 124.5 | 5.5      | 0.1      | 138.3                 | 138.4 | -0.1     | 0.0      |
| <b>VII - Central Visayas</b>                       | 138.9  | 136.1 | 2.1      | -0.1     | 141.2                 | 138.8 | 1.7      | 0.2      |
| <b>VIII - Eastern Visayas</b>                      | 132.9  | 128.4 | 3.5      | 0.9      | 128.0                 | 127.2 | 0.6      | 0.2      |
| <b>IX - Zamboanga Peninsula</b>                    | 126.2  | 122.1 | 3.4      | 1.2      | 153.8                 | 153.6 | 0.1      | -0.1     |
| <b>X - Northern Mindanao</b>                       | 141.0  | 139.7 | 0.9      | -2.2     | 166.9                 | 166.0 | 0.5      | 1.2      |
| <b>XI - Davao Region</b>                           | 125.3  | 120.7 | 3.8      | 1.0      | 134.3                 | 136.3 | -1.5     | -0.3     |
| <b>XII - SOCCSKSARGEN</b>                          | 127.1  | 121.6 | 4.5      | 1.6      | 131.5                 | 131.2 | 0.2      | -0.4     |
| <b>XIII - Caraga</b>                               | 132.1  | 128.1 | 3.1      | 1.1      | 157.2                 | 159.1 | -1.2     | -0.3     |
| <b>ARMM - Autonomous Region in Muslim Mindanao</b> | 157.9  | 157.7 | 0.1      | 0.9      | 152.8                 | 153.0 | -0.1     | 0.0      |