

**Table 9. Regional Month-on Month Inflation Rates of Selected Food Items, August and July 2003**  
(1994 = 100)

Area and Region	Cereals				Rice				Corn			
	August	July	Current	Percent Change Previous	August	July	Current	Percent Change Previous	August	July	Current	Percent Change Previous
<b>Philippines</b>	<b>156.9</b>	<b>156.1</b>	<b>0.5</b>	<b>0.6</b>	<b>156.3</b>	<b>155.6</b>	<b>0.4</b>	<b>0.6</b>	<b>161.9</b>	<b>161.1</b>	<b>0.5</b>	<b>0.3</b>
<b>National Capital Region (NCR)</b>	<b>155.3</b>	<b>155.0</b>	<b>0.2</b>	<b>-0.1</b>	<b>155.5</b>	<b>155.2</b>	<b>0.2</b>	<b>-0.1</b>	<b>142.7</b>	<b>142.7</b>	<b>0.0</b>	<b>0.0</b>
<b>Areas Outside NCR</b>	<b>157.1</b>	<b>156.3</b>	<b>0.5</b>	<b>0.7</b>	<b>156.4</b>	<b>155.7</b>	<b>0.4</b>	<b>0.8</b>	<b>162.3</b>	<b>161.4</b>	<b>0.6</b>	<b>0.3</b>
CAR - Cordillera Administrative Region	142.2	142.6	-0.3	1.5	141.7	142.1	-0.3	1.5	180.2	178.2	1.1	0.0
I - Ilocos	156.1	154.7	0.9	-1.2	156.1	154.7	0.9	-1.3	151.8	150.4	0.9	0.5
II - Cagayan Valley	159.9	159.1	0.5	-0.2	161.1	160.3	0.5	-0.2	134.7	132.9	1.4	0.2
III - Central Luzon	158.3	157.3	0.6	-0.8	157.1	156.1	0.6	-0.8	271.3	271.4	0.0	1.2
IV - Southern Tagalog	158.3	158.2	0.1	0.1	158.2	158.1	0.1	0.1	169.3	170.0	-0.4	-0.1
V - Bicol	143.4	142.6	0.6	0.4	141.6	140.8	0.6	0.4	174.7	174.7	0.0	0.2
VI - Western Visayas	156.5	155.6	0.6	0.7	154.7	153.8	0.6	0.8	200.3	200.1	0.1	0.0
VII - Central Visayas	156.8	156.4	0.3	1.5	167.4	168.7	-0.8	2.2	143.6	141.1	1.8	0.5
VIII - Eastern Visayas	154.2	153.2	0.7	-0.4	151.1	150.0	0.7	-0.5	195.7	195.1	0.3	0.1
IX - Western Mindanao	173.9	173.2	0.4	0.0	171.5	170.5	0.6	0.0	179.4	179.3	0.1	0.1
X - Northern Mindanao	157.7	159.4	-1.1	0.3	151.5	152.7	-0.8	0.1	171.9	174.8	-1.7	0.5
XI - Southern Mindanao	157.5	156.2	0.8	3.7	158.7	157.6	0.7	4.6	152.3	150.1	1.5	0.1
XII - Central Mindanao	157.9	157.1	0.5	6.2	161.6	160.8	0.5	6.9	132.1	131.4	0.5	0.4
XIII - Caraga	166.4	164.0	1.5	2.5	164.4	161.8	1.6	2.9	180.7	180.3	0.2	0.2
ARMM - Autonomous Region in Muslim Mindanao	159.0	155.0	2.6	1.1	158.7	154.5	2.7	1.1	171.7	173.2	-0.9	-0.7

Table 9. (Continued)

Area and Region	Cereal Preparations				Dairy Products				Eggs			
	August	July	Current	Percent Change Previous	August	July	Current	Percent Change Previous	August	July	Current	Percent Change Previous
<b>Philippines</b>	<b>165.4</b>	<b>164.8</b>	<b>0.4</b>	<b>0.4</b>	<b>164.1</b>	<b>163.4</b>	<b>0.4</b>	<b>1.6</b>	<b>138.6</b>	<b>138.6</b>	<b>0.0</b>	<b>0.5</b>
<b>National Capital Region (NCR)</b>	<b>174.2</b>	<b>173.3</b>	<b>0.5</b>	<b>0.2</b>	<b>168.4</b>	<b>168.2</b>	<b>0.1</b>	<b>2.2</b>	<b>142.7</b>	<b>142.8</b>	<b>-0.1</b>	<b>1.5</b>
<b>Areas Outside NCR</b>	<b>162.1</b>	<b>161.6</b>	<b>0.3</b>	<b>0.5</b>	<b>162.4</b>	<b>161.5</b>	<b>0.6</b>	<b>1.3</b>	<b>137.4</b>	<b>137.4</b>	<b>0.0</b>	<b>0.2</b>
CAR - Cordillera Administrative Region	152.1	151.4	0.5	-0.2	169.1	168.0	0.7	3.1	146.8	146.5	0.2	-0.1
I - Ilocos	161.0	160.6	0.2	0.6	169.2	167.2	1.2	2.6	148.0	147.5	0.3	0.0
II - Cagayan Valley	150.3	150.3	0.0	0.0	166.1	165.5	0.4	0.9	139.0	138.1	0.7	0.0
III - Central Luzon	163.6	163.2	0.2	0.2	153.3	152.8	0.3	1.7	131.0	132.5	-1.1	0.5
IV - Southern Tagalog	156.7	155.9	0.5	1.1	161.8	161.2	0.4	0.5	133.2	133.1	0.1	0.2
V - Bicol	159.7	159.0	0.4	0.5	153.8	153.2	0.4	0.8	142.8	143.5	-0.5	0.1
VI - Western Visayas	154.0	153.7	0.2	-0.1	153.7	152.5	0.8	2.1	138.2	138.0	0.1	0.0
VII - Central Visayas	179.6	179.4	0.1	0.2	164.6	163.6	0.6	0.0	145.1	144.5	0.4	-0.1
VIII - Eastern Visayas	144.2	143.4	0.6	0.2	163.6	162.7	0.6	0.9	136.4	136.1	0.2	0.4
IX - Western Mindanao	170.7	170.7	0.0	0.0	163.9	163.3	0.4	0.5	146.9	145.0	1.3	0.1
X - Northern Mindanao	165.6	164.1	0.9	0.1	168.3	165.8	1.5	1.3	136.3	135.4	0.7	0.4
XI - Southern Mindanao	187.5	187.2	0.2	0.4	175.2	173.2	1.2	1.5	133.1	132.2	0.7	1.3
XII - Central Mindanao	146.7	146.2	0.3	0.4	198.7	198.5	0.1	1.4	140.5	140.0	0.4	0.6
XIII - Caraga	155.0	154.7	0.2	2.4	163.5	162.5	0.6	0.9	139.7	141.1	-1.0	0.9
ARMM - Autonomous Region in Muslim Mindanao	171.3	169.9	0.8	0.7	176.6	176.4	0.1	1.6	149.9	149.9	0.0	-1.7

Table 9 (continued)

Area and Region	F i s h				Fruits and Vegetables				M e a t			
	August	July	Current	Percent Change Previous	August	July	Current	Percent Change Previous	August	July	Current	Percent Change Previous
<b>Philippines</b>	<b>175.1</b>	<b>174.7</b>	<b>0.2</b>	<b>-1.1</b>	<b>177.2</b>	<b>178.4</b>	<b>-0.7</b>	<b>-1.7</b>	<b>136.5</b>	<b>136.4</b>	<b>0.1</b>	<b>0.2</b>
<b>National Capital Region (NCR)</b>	<b>162.3</b>	<b>160.0</b>	<b>1.4</b>	<b>-1.6</b>	<b>177.1</b>	<b>176.7</b>	<b>0.2</b>	<b>-11.8</b>	<b>130.0</b>	<b>130.0</b>	<b>0.0</b>	<b>0.0</b>
<b>Areas Outside NCR</b>	<b>178.1</b>	<b>178.1</b>	<b>0.0</b>	<b>-1.1</b>	<b>177.2</b>	<b>178.9</b>	<b>-1.0</b>	<b>1.8</b>	<b>139.5</b>	<b>139.4</b>	<b>0.1</b>	<b>0.4</b>
CAR - Cordillera Administrative Region	153.5	155.6	-1.3	-2.4	171.8	168.5	2.0	3.4	145.7	144.7	0.7	-0.1
I - Ilocos	177.9	175.9	1.1	-1.6	174.8	176.1	-0.7	3.2	137.6	137.4	0.1	0.2
II - Cagayan Valley	166.0	166.0	0.0	0.7	162.0	159.3	1.7	4.0	138.2	138.2	0.0	0.3
III - Central Luzon	176.5	173.7	1.6	-2.7	170.1	174.8	-2.7	3.2	134.7	134.7	0.0	0.5
IV - Southern Tagalog	181.7	182.9	-0.7	-1.4	159.1	161.9	-1.7	1.1	138.6	138.4	0.1	0.1
V - Bicol	203.2	203.8	-0.3	-0.5	166.8	167.4	-0.4	1.5	148.0	148.1	-0.1	0.0
VI - Western Visayas	162.2	161.7	0.3	-0.3	186.8	186.8	0.0	-0.5	146.1	145.3	0.6	0.2
VII - Central Visayas	195.8	195.0	0.4	-1.5	217.5	217.0	0.2	5.1	149.5	149.1	0.3	0.7
VIII - Eastern Visayas	170.9	170.5	0.2	-0.4	178.4	178.5	-0.1	1.1	137.2	137.3	-0.1	-0.1
IX - Western Mindanao	165.5	167.3	-1.1	-0.7	189.2	188.1	0.6	0.4	132.9	132.8	0.1	0.4
X - Northern Mindanao	169.8	169.5	0.2	0.0	174.6	176.9	-1.3	-2.7	141.0	141.5	-0.4	1.3
XI - Southern Mindanao	160.5	163.2	-1.7	-0.4	174.5	180.2	-3.2	0.1	134.2	134.2	0.0	0.6
XII - Central Mindanao	160.8	160.0	0.5	-0.2	161.6	163.2	-1.0	3.2	137.5	137.8	-0.2	0.6
XIII - Caraga	176.1	176.2	-0.1	-0.6	169.1	171.5	-1.4	1.2	146.8	147.3	-0.3	-0.3
ARMM - Autonomous Region in Muslim Mindanao	263.1	263.4	-0.1	-1.6	276.6	277.4	-0.3	3.4	154.0	154.6	-0.4	0.3

Table 9 (concluded)

Area and Region	Miscellaneous Foods				Meals Eaten Outside			
	August	July	Current	Percent Change Previous	August	July	Current	Percent Change Previous
<b>Philippines</b>	<b>153.6</b>	<b>153.3</b>	<b>0.2</b>	<b>0.0</b>	<b>153.0</b>	<b>152.7</b>	<b>0.2</b>	<b>0.1</b>
<b>National Capital Region (NCR)</b>	<b>146.6</b>	<b>146.7</b>	<b>-0.1</b>	<b>-0.1</b>	<b>144.3</b>	<b>144.3</b>	<b>0.0</b>	<b>0.0</b>
<b>Areas Outside NCR</b>	<b>156.9</b>	<b>156.4</b>	<b>0.3</b>	<b>0.1</b>	<b>159.8</b>	<b>159.2</b>	<b>0.4</b>	<b>0.2</b>
CAR - Cordillera Administrative Region	154.9	153.9	0.6	0.1	140.0	139.9	0.1	0.1
I - Ilocos	152.2	152.1	0.1	0.2	157.1	156.8	0.2	0.0
II - Cagayan Valley	147.9	147.8	0.1	0.0	154.9	154.9	0.0	0.0
III - Central Luzon	150.1	149.7	0.3	0.2	152.6	152.5	0.1	0.1
IV - Southern Tagalog	153.7	152.9	0.5	0.3	159.4	158.5	0.6	0.4
V - Bicol	187.0	186.7	0.2	0.6	254.0	254.0	0.0	0.2
VI - Western Visayas	156.1	155.7	0.3	0.3	156.4	156.2	0.1	0.3
VII - Central Visayas	175.7	174.7	0.6	0.1	158.3	157.5	0.5	0.2
VIII - Eastern Visayas	164.0	163.3	0.4	-0.7	178.9	178.9	0.0	0.0
IX - Western Mindanao	152.0	151.8	0.1	-0.1	150.8	148.1	1.8	0.3
X - Northern Mindanao	167.2	168.1	-0.5	0.2	174.4	174.6	-0.1	0.3
XI - Southern Mindanao	148.1	148.0	0.1	0.1	141.1	141.0	0.1	0.1
XII - Central Mindanao	144.9	144.6	0.2	0.0	150.6	150.6	0.0	0.0
XIII - Caraga	143.0	142.1	0.6	-0.5	143.8	142.1	1.2	0.9
ARMM - Autonomous Region in Muslim Mindanao	182.1	181.2	0.5	0.2	206.9	197.9	4.5	0.0

Source: Economic Indices and Indicators Division  
Industry and Trade Statistics Department  
National Statistics Office  
Republic of the Philippines