

**Table 9. Regional Month-on Month Inflation Rates of Selected Food Items, January 2004 and December 2003**  
(1994 = 100)

Area and Region	Cereals				Rice				Corn			
	Jan	Dec	Current	Previous	Jan	Dec	Current	Previous	Jan	Dec	Current	Previous
<b>Philippines</b>	<b>155.0</b>	<b>154.2</b>	<b>0.5</b>	<b>-0.1</b>	<b>154.1</b>	<b>153.4</b>	<b>0.5</b>	<b>0.1</b>	<b>164.4</b>	<b>162.5</b>	<b>1.2</b>	<b>-0.7</b>
National Capital Region (NCR)	155.2	155.3	-0.1	0.1	155.3	155.4	-0.1	0.1	147.3	145.5	1.2	0.1
Areas Outside NCR	155.0	154.1	0.6	-0.1	153.9	153.1	0.5	0.1	164.7	162.8	1.2	-0.7
CAR - Cordillera Administrative Region	138.5	139.8	-0.9	-0.6	138.0	139.3	-0.9	-0.6	178.3	178.7	-0.2	0.1
I - Ilocos	152.7	154.5	-1.2	-0.2	152.7	154.5	-1.2	-0.2	152.6	151.4	0.8	0.1
II - Cagayan Valley	153.5	155.4	-1.2	0.3	154.4	156.2	-1.2	0.4	133.7	137.9	-3.0	-0.9
III - Central Luzon	160.5	158.3	1.4	1.2	159.2	157.0	1.4	1.2	277.5	276.2	0.5	1.4
IV - Southern Tagalog	157.9	158.2	-0.2	0.2	157.8	158.1	-0.2	0.2	169.4	168.6	0.5	-0.8
V - Bicol	145.6	143.3	1.6	0.0	143.9	141.4	1.8	0.0	175.3	176.2	-0.5	0.3
VI - Western Visayas	151.6	149.1	1.7	-0.2	149.6	147.0	1.8	-0.2	200.1	199.8	0.2	0.1
VII - Central Visayas	151.0	156.8	-3.7	0.1	156.6	168.2	-6.9	0.5	144.0	142.6	1.0	-0.6
VIII - Eastern Visayas	156.3	152.8	2.3	-1.5	152.8	149.1	2.5	-1.6	202.3	201.5	0.4	-0.4
IX - Western Mindanao	175.0	171.9	1.8	0.1	172.3	168.4	2.3	0.0	181.2	179.9	0.7	0.2
X - Northern Mindanao	159.2	157.5	1.1	-0.3	151.1	150.2	0.6	-0.3	178.0	174.5	2.0	0.1
XI - Southern Mindanao	150.5	146.9	2.5	-1.0	149.3	145.6	2.5	-0.1	155.5	152.4	2.0	-4.5
XII - Central Mindanao	146.6	145.7	0.6	-0.6	148.2	147.8	0.3	-0.9	135.8	130.9	3.7	1.6
XIII - Caraga	168.1	164.1	2.4	-0.2	165.3	161.2	2.5	-0.1	188.2	185.1	1.7	-1.4
ARMM - Autonomous Region in Muslim Mindanao	152.5	150.3	1.5	-1.1	152.3	150.0	1.5	-1.0	161.2	160.6	0.4	-3.1

Table 9. (Continued)

Area and Region	Cereal Preparations				Dairy Products				Eggs			
	Jan	Dec	Current	Previous	Jan	Dec	Current	Previous	Jan	Dec	Current	Previous
<b>Philippines</b>	<b>167.3</b>	<b>166.6</b>	<b>0.4</b>	<b>0.1</b>	<b>166.2</b>	<b>165.8</b>	<b>0.2</b>	<b>0.1</b>	<b>141.4</b>	<b>139.3</b>	<b>1.5</b>	<b>0.0</b>
National Capital Region (NCR)	175.7	175.5	0.1	0.2	170.0	169.9	0.1	0.0	149.3	144.1	3.6	0.2
Areas Outside NCR	164.2	163.3	0.6	0.1	164.7	164.2	0.3	0.2	139.0	137.9	0.8	-0.1
CAR - Cordillera Administrative Region	155.6	154.5	0.7	0.4	174.9	175.2	-0.2	-0.1	146.4	146.2	0.1	-0.1
I - Ilocos	163.3	163.7	-0.2	0.2	171.2	171.1	0.1	0.3	146.9	148.4	-1.0	0.1
II - Cagayan Valley	152.1	152.1	0.0	0.1	168.2	167.9	0.2	0.4	137.9	138.1	-0.1	0.1
III - Central Luzon	165.7	164.5	0.7	-0.1	155.5	155.0	0.3	0.4	132.4	130.5	1.5	-0.9
IV - Southern Tagalog	158.9	157.6	0.8	0.0	164.3	163.9	0.2	0.1	133.7	133.4	0.2	-0.1
V - Bicol	163.8	162.3	0.9	0.4	156.0	154.9	0.7	0.1	142.7	142.3	0.3	-0.6
VI - Western Visayas	155.5	155.2	0.2	0.1	155.7	155.0	0.5	0.1	141.4	138.2	2.3	-0.1
VII - Central Visayas	179.5	179.5	0.0	0.1	165.7	166.0	-0.2	0.2	149.0	148.7	0.2	1.2
VIII - Eastern Visayas	148.1	145.0	2.1	0.2	166.3	165.7	0.4	0.1	140.5	138.1	1.7	0.4
IX - Western Mindanao	174.0	173.6	0.2	0.0	166.0	165.7	0.2	0.1	149.8	149.3	0.3	0.0
X - Northern Mindanao	166.7	166.3	0.2	0.1	172.3	171.1	0.7	0.4	140.6	139.8	0.6	0.1
XI - Southern Mindanao	189.3	188.2	0.6	0.1	176.2	176.1	0.1	0.1	135.4	133.3	1.6	0.4
XII - Central Mindanao	148.2	147.4	0.5	0.1	201.8	201.0	0.4	0.5	142.0	140.4	1.1	-0.1
XIII - Caraga	155.6	155.5	0.1	0.1	165.8	165.6	0.1	0.2	143.9	141.7	1.6	-0.4
ARMM - Autonomous Region in Muslim Mindanao	172.1	172.0	0.1	0.1	179.4	179.4	0.0	0.7	154.7	154.2	0.3	0.5

Table 9 (continued)

Area and Region	F i s h				Fruits and Vegetables				M e a t			
	Jan		Percent Change		Jan		Percent Change		Jan		Percent Change	
	Jan	Dec	Current	Previous	Jan	Dec	Current	Previous	Jan	Dec	Current	Previous
<b>Philippines</b>	<b>184.0</b>	<b>178.6</b>	<b>3.0</b>	<b>0.8</b>	<b>182.1</b>	<b>182.1</b>	<b>0.0</b>	<b>0.3</b>	<b>147.5</b>	<b>139.7</b>	<b>5.6</b>	<b>1.5</b>
National Capital Region (NCR)	175.7	169.6	3.6	3.0	185.3	195.9	-5.4	0.3	145.8	136.7	6.7	3.5
Areas Outside NCR	185.9	180.7	2.9	0.3	181.1	177.9	1.8	0.3	148.3	141.1	5.1	0.6
CAR - Cordillera Administrative Region	159.1	154.6	2.9	-1.8	169.8	179.7	-5.5	1.2	152.0	146.4	3.8	0.2
I - Ilocos	183.8	180.8	1.7	0.9	168.8	176.6	-4.4	0.9	144.8	139.7	3.7	0.9
II - Cagayan Valley	167.3	166.1	0.7	0.1	157.9	160.1	-1.4	2.8	141.8	139.9	1.4	0.6
III - Central Luzon	188.4	175.5	7.4	-1.9	175.3	164.0	6.9	-1.2	150.6	136.5	10.3	1.0
IV - Southern Tagalog	188.0	184.2	2.1	0.8	164.0	162.9	0.7	1.4	146.4	138.7	5.6	0.2
V - Bicol	213.2	207.9	2.5	1.1	172.5	171.9	0.3	1.1	150.4	148.4	1.3	0.5
VI - Western Visayas	172.0	165.7	3.8	0.3	193.4	190.6	1.5	-1.3	155.7	149.6	4.1	0.5
VII - Central Visayas	200.8	200.0	0.4	0.1	217.2	213.8	1.6	-0.9	154.8	152.2	1.7	0.4
VIII - Eastern Visayas	173.0	169.8	1.9	-0.2	180.2	177.9	1.3	0.2	142.3	137.8	3.3	0.0
IX - Western Mindanao	172.6	168.5	2.4	1.4	190.9	188.6	1.2	0.9	139.1	135.0	3.0	0.6
X - Northern Mindanao	175.7	172.7	1.7	1.0	190.2	182.0	4.5	1.4	144.6	142.3	1.6	0.4
XI - Southern Mindanao	172.0	167.0	3.0	1.3	181.3	174.2	4.1	0.5	145.4	136.7	6.4	1.1
XII - Central Mindanao	165.7	162.0	2.3	-0.6	169.6	160.9	5.4	-1.2	143.6	141.6	1.4	1.0
XIII - Caraga	190.5	180.7	5.4	0.9	179.3	169.0	6.1	0.2	151.8	147.8	2.7	0.1
ARMM - Autonomous Region in Muslim Mindanao	266.1	264.7	0.5	-0.2	282.1	280.7	0.5	0.9	161.8	160.5	0.8	0.8

Table 9 (concluded)

Area and Region	Miscellaneous Foods				Meals Eaten Outside			
	Jan		Percent Change		Jan		Percent Change	
	Jan	Dec	Current	Previous	Jan	Dec	Current	Previous
<b>Philippines</b>	<b>154.6</b>	<b>154.3</b>	<b>0.2</b>	<b>0.1</b>	<b>154.1</b>	<b>153.5</b>	<b>0.4</b>	<b>0.1</b>
National Capital Region (NCR)	147.1	146.5	0.4	0.0	145.2	144.5	0.5	0.0
Areas Outside NCR	158.1	157.9	0.1	0.1	161.0	160.5	0.3	0.2
CAR - Cordillera Administrative Region	155.6	155.2	0.3	0.3	140.8	140.3	0.4	0.0
I - Ilocos	152.9	152.8	0.1	0.2	158.8	157.4	0.9	0.0
II - Cagayan Valley	148.2	148.2	0.0	-0.1	155.9	155.9	0.0	0.0
III - Central Luzon	152.1	151.9	0.1	-0.1	154.6	153.3	0.8	0.1
IV - Southern Tagalog	154.7	154.6	0.1	0.2	160.0	160.0	0.0	0.3
V - Bicol	189.4	188.5	0.5	0.3	257.1	256.5	0.2	0.4
VI - Western Visayas	156.4	156.5	-0.1	0.0	156.8	156.8	0.0	0.0
VII - Central Visayas	177.8	177.5	0.2	0.0	158.4	158.4	0.0	0.1
VIII - Eastern Visayas	164.4	164.2	0.1	0.1	179.5	179.2	0.2	0.2
IX - Western Mindanao	153.2	152.5	0.5	-0.3	154.5	153.7	0.5	0.2
X - Northern Mindanao	167.9	167.0	0.5	-0.4	178.1	175.0	1.8	0.2
XI - Southern Mindanao	148.6	148.5	0.1	0.2	141.9	141.9	0.0	0.6
XII - Central Mindanao	146.1	146.0	0.1	0.3	153.4	153.4	0.0	1.0
XIII - Caraga	144.3	142.8	1.1	0.1	146.3	144.6	1.2	0.0
ARMM - Autonomous Region in Muslim Mindanao	185.7	184.5	0.7	0.9	213.8	212.7	0.5	1.0

Source: Economic Indices and Indicators Division