

Table 10. Regional Year-on-Year Inflation Rates of Selected Food Items, August and July, 2003 and 2004, (1994 = 100)

Area/Region	C e r e a l s						R i c e					
	2004		2003		Inflation Rates (%)		2004		2003		Inflation Rates (%)	
	Aug	Jul	Aug	Jul	Current	Previous	Aug	Jul	Aug	Jul	Current	Previous
<b>Philippines</b>	<b>162.8</b>	<b>161.2</b>	<b>156.9</b>	<b>156.1</b>	<b>3.8</b>	<b>3.3</b>	<b>161.0</b>	<b>159.4</b>	<b>156.3</b>	<b>155.6</b>	<b>3.0</b>	<b>2.4</b>
National Capital Region (NCR)	155.5	155.5	155.3	155.0	0.1	0.3	155.6	155.7	155.5	155.2	0.1	0.3
Areas Outside NCR	163.8	161.9	157.1	156.3	4.3	3.6	161.8	159.9	156.4	155.7	3.5	2.7
CAR - Cordillera Administrative Region	148.6	146.1	142.2	142.6	4.5	2.5	148.2	145.7	141.7	142.1	4.6	2.5
I - Ilocos	158.2	158.3	156.1	154.7	1.3	2.3	158.3	158.3	156.1	154.7	1.4	2.3
II - Cagayan Valley	157.6	155.8	159.9	159.1	-1.4	-2.1	158.6	156.8	161.1	160.3	-1.6	-2.2
III - Central Luzon	161.4	159.4	158.3	157.3	2.0	1.3	159.8	157.8	157.1	156.1	1.7	1.1
IV - Southern Tagalog	159.3	159.2	158.3	158.2	0.6	0.6	159.0	158.9	158.2	158.1	0.5	0.5
V - Bicol	148.1	148.0	143.4	142.6	3.3	3.8	146.0	145.9	141.6	140.8	3.1	3.6
VI - Western Visayas	156.8	156.1	156.5	155.6	0.2	0.3	154.2	153.4	154.7	153.8	-0.3	-0.3
VII - Central Visayas	167.8	165.8	156.8	156.4	7.0	6.0	175.9	174.4	167.4	168.7	5.1	3.4
VIII - Eastern Visayas	157.8	155.9	154.2	153.2	2.3	1.8	154.2	152.1	151.1	150.0	2.1	1.4
IX - Western Mindanao	189.2	181.7	173.9	173.2	8.8	4.9	186.7	177.2	171.5	170.5	8.9	3.9
X - Northern Mindanao	176.3	172.0	157.7	159.4	11.8	7.9	166.7	161.1	151.5	152.7	10.0	5.5
XI - Southern Mindanao	174.2	171.8	157.5	156.2	10.6	10.0	173.8	170.6	158.7	157.6	9.5	8.2
XII - Central Mindanao	178.6	173.6	157.9	157.1	13.1	10.5	180.7	175.1	161.6	160.8	11.8	8.9
XIII - Caraga	186.6	181.2	166.4	164.0	12.1	10.5	182.9	177.2	164.4	161.8	11.3	9.5
ARMM - Autonomous Region in Muslim Mindanao	169.1	167.9	159.0	155.0	6.4	8.3	168.3	167.2	158.7	154.5	6.0	8.2

Table 10 (continued)

Area and Region	C o r n						Cereal Preparations					
	2004		2003		Inflation Rates (%)		2004		2003		Inflation Rates (%)	
	Aug	Jul	Aug	Jul	Current	Previous	Aug	Jul	Aug	Jul	Current	Previous
<b>Philippines</b>	<b>180.6</b>	<b>179.1</b>	<b>161.9</b>	<b>161.1</b>	<b>11.6</b>	<b>11.2</b>	<b>174.5</b>	<b>173.0</b>	<b>165.4</b>	<b>164.8</b>	<b>5.5</b>	<b>5.0</b>
National Capital Region (NCR)	150.5	145.3	142.7	142.7	5.5	1.8	184.7	183.1	174.2	173.3	6.0	5.7
Areas Outside NCR	181.2	179.7	162.3	161.4	11.6	11.3	170.6	169.2	162.1	161.6	5.2	4.7
CAR - Cordillera Administrative Region	180.1	179.6	180.2	178.2	-0.1	0.8	161.9	159.4	152.1	151.4	6.4	5.3
I - Ilocos	149.5	154.0	151.8	150.4	-1.5	2.4	170.4	169.9	161.0	160.6	5.8	5.8
II - Cagayan Valley	135.5	135.1	134.7	132.9	0.6	1.7	156.7	156.5	150.3	150.3	4.3	4.1
III - Central Luzon	309.1	308.6	271.3	271.4	13.9	13.7	171.5	171.1	163.6	163.2	4.8	4.8
IV - Southern Tagalog	185.0	184.9	169.3	170.0	9.3	8.8	164.1	161.6	156.7	155.9	4.7	3.7
V - Bicol	184.6	185.1	174.7	174.7	5.7	6.0	173.2	171.5	159.7	159.0	8.5	7.9
VI - Western Visayas	220.9	220.7	200.3	200.1	10.3	10.3	160.7	159.5	154.0	153.7	4.4	3.8
VII - Central Visayas	157.8	155.0	143.6	141.1	9.9	9.9	187.4	185.4	179.6	179.4	4.3	3.3
VIII - Eastern Visayas	206.1	206.0	195.7	195.1	5.3	5.6	153.0	152.6	144.2	143.4	6.1	6.4
IX - Western Mindanao	195.0	192.1	179.4	179.3	8.7	7.1	179.3	178.3	170.7	170.7	5.0	4.5
X - Northern Mindanao	198.6	197.1	171.9	174.8	15.5	12.8	171.7	170.2	165.6	164.1	3.7	3.7
XI - Southern Mindanao	176.1	177.1	152.3	150.1	15.6	18.0	201.7	199.5	187.5	187.2	7.6	6.6
XII - Central Mindanao	164.0	163.1	132.1	131.4	24.1	24.1	154.4	152.8	146.7	146.2	5.2	4.5
XIII - Caraga	213.2	210.4	180.7	180.3	18.0	16.7	158.2	158.2	155.0	154.7	2.1	2.3
ARMM - Autonomous Region in Muslim Mindanao	201.4	197.4	171.7	173.2	17.3	14.0	177.8	177.2	171.3	169.9	3.8	4.3

Table 10 (continued)

Area and Region	Dairy Products						E g g s					
	2004		2003		Inflation Rates (%)		2004		2003		Inflation Rates (%)	
	Aug	Jul	Aug	Jul	Current	Previous	Aug	Jul	Aug	Jul	Current	Previous
<b>Philippines</b>	<b>177.8</b>	<b>174.8</b>	<b>164.1</b>	<b>163.4</b>	<b>8.3</b>	<b>7.0</b>	<b>147.0</b>	<b>145.6</b>	<b>138.6</b>	<b>138.6</b>	<b>6.1</b>	<b>5.1</b>
National Capital Region (NCR)	178.9	176.1	168.4	168.2	6.2	4.7	154.6	152.0	142.7	142.8	8.3	6.4
Areas Outside NCR	177.4	174.3	162.4	161.5	9.2	7.9	144.7	143.7	137.4	137.4	5.3	4.6
CAR - Cordillera Administrative Region	187.8	184.9	169.1	168.0	11.1	10.1	153.4	153.7	146.8	146.5	4.5	4.9
I - Ilocos	186.8	181.3	169.2	167.2	10.4	8.4	150.3	150.9	148.0	147.5	1.6	2.3
II - Cagayan Valley	173.8	173.3	166.1	165.5	4.6	4.7	141.6	141.6	139.0	138.1	1.9	2.5
III - Central Luzon	170.3	167.0	153.3	152.8	11.1	9.3	136.4	136.3	131.0	132.5	4.1	2.9
IV - Southern Tagalog	175.6	172.3	161.8	161.2	8.5	6.9	137.6	136.4	133.2	133.1	3.3	2.5
V - Bicol	162.7	160.7	153.8	153.2	5.8	4.9	145.5	145.4	142.8	143.5	1.9	1.3
VI - Western Visayas	172.8	168.6	153.7	152.5	12.4	10.6	148.2	145.4	138.2	138.0	7.2	5.4
VII - Central Visayas	171.6	170.7	164.6	163.6	4.3	4.3	157.3	154.6	145.1	144.5	8.4	7.0
VIII - Eastern Visayas	177.4	175.4	163.6	162.7	8.4	7.8	149.8	149.7	136.4	136.1	9.8	10.0
IX - Western Mindanao	179.9	174.5	163.9	163.3	9.8	6.9	158.1	153.6	146.9	145.0	7.6	5.9
X - Northern Mindanao	184.0	183.0	168.3	165.8	9.3	10.4	149.2	147.6	136.3	135.4	9.5	9.0
XI - Southern Mindanao	194.7	192.0	175.2	173.2	11.1	10.9	143.1	141.2	133.1	132.2	7.5	6.8
XII - Central Mindanao	216.8	211.9	198.7	198.5	9.1	6.8	151.9	151.1	140.5	140.0	8.1	7.9
XIII - Caraga	179.1	177.2	163.5	162.5	9.5	9.0	154.0	152.7	139.7	141.1	10.2	8.2
ARMM - Autonomous Region in Muslim Mindanao	194.9	192.8	176.6	176.4	10.4	9.3	166.5	165.9	149.9	149.9	11.1	10.7

Table 10 (continued)

Area and Region	F i s h						Fruits and Vegetables					
	2004		2003		Inflation Rates (%)		2004		2003		Inflation Rates (%)	
	Aug	Jul	Aug	Jul	Current	Previous	Aug	Jul	Aug	Jul	Current	Previous
<b>Philippines</b>	<b>191.2</b>	<b>190.4</b>	<b>175.1</b>	<b>174.7</b>	<b>9.2</b>	<b>9.0</b>	<b>186.7</b>	<b>187.4</b>	<b>177.2</b>	<b>178.4</b>	<b>5.4</b>	<b>5.0</b>
National Capital Region (NCR)	180.8	179.7	162.3	160.0	11.4	12.3	190.0	193.4	177.1	176.7	7.3	9.5
Areas Outside NCR	193.6	192.9	178.1	178.1	8.7	8.3	185.7	185.5	177.2	178.9	4.8	3.7
CAR - Cordillera Administrative Region	171.7	173.0	153.5	155.6	11.9	11.2	188.6	192.4	171.8	168.5	9.8	14.2
I - Ilocos	187.6	188.4	177.9	175.9	5.5	7.1	183.3	192.3	174.8	176.1	4.9	9.2
II - Cagayan Valley	170.5	170.2	166.0	166.0	2.7	2.5	159.5	159.5	162.0	159.3	-1.5	0.1
III - Central Luzon	191.2	190.6	176.5	173.7	8.3	9.7	179.8	179.0	170.1	174.8	5.7	2.4
IV - Southern Tagalog	191.7	191.8	181.7	182.9	5.5	4.9	166.6	166.4	159.1	161.9	4.7	2.8
V - Bicol	227.8	226.9	203.2	203.8	12.1	11.3	176.1	176.0	166.8	167.4	5.6	5.1
VI - Western Visayas	176.3	173.8	162.2	161.7	8.7	7.5	197.0	193.6	186.8	186.8	5.5	3.6
VII - Central Visayas	213.4	213.7	195.8	195.0	9.0	9.6	225.9	220.7	217.5	217.0	3.9	1.7
VIII - Eastern Visayas	188.3	186.0	170.9	170.5	10.2	9.1	181.1	180.1	178.4	178.5	1.5	0.9
IX - Western Mindanao	179.8	178.5	165.5	167.3	8.6	6.7	194.5	193.2	189.2	188.1	2.8	2.7
X - Northern Mindanao	186.9	184.7	169.8	169.5	10.1	9.0	188.6	190.3	174.6	176.9	8.0	7.6
XI - Southern Mindanao	181.8	181.7	160.5	163.2	13.3	11.3	183.1	183.6	174.5	180.2	4.9	1.9
XII - Central Mindanao	177.8	176.0	160.8	160.0	10.6	10.0	169.7	168.7	161.6	163.2	5.0	3.4
XIII - Caraga	200.3	201.3	176.1	176.2	13.7	14.2	182.8	185.7	169.1	171.5	8.1	8.3
ARMM - Autonomous Region in Muslim Mindanao	279.5	278.2	263.1	263.4	6.2	5.6	291.7	289.9	276.6	277.4	5.5	4.5

Table 10 (continued)

Area and Region	M e a t						Miscellaneous Foods					
	2004		2003		Inflation Rates (%)		2004		2003		Inflation Rates (%)	
	Aug	Jul	Aug	Jul	Current	Previous	Aug	Jul	Aug	Jul	Current	Previous
<b>Philippines</b>	<b>157.6</b>	<b>157.3</b>	<b>136.5</b>	<b>136.4</b>	<b>15.5</b>	<b>15.3</b>	<b>160.0</b>	<b>159.0</b>	<b>153.6</b>	<b>153.3</b>	<b>4.2</b>	<b>3.7</b>
National Capital Region (NCR)	146.0	146.2	130.0	130.0	12.3	12.5	150.5	150.0	146.6	146.7	2.7	2.2
Areas Outside NCR	162.9	162.4	139.5	139.4	16.8	16.5	164.4	163.1	156.9	156.4	4.8	4.3
CAR - Cordillera Administrative Region	172.9	172.9	145.7	144.7	18.7	19.5	161.1	160.0	154.9	153.9	4.0	4.0
I - Ilocos	165.9	166.0	137.6	137.4	20.6	20.8	157.6	156.6	152.2	152.1	3.5	3.0
II - Cagayan Valley	165.0	166.3	138.2	138.2	19.4	20.3	155.8	154.4	147.9	147.8	5.3	4.5
III - Central Luzon	159.0	156.0	134.7	134.7	18.0	15.8	157.9	157.3	150.1	149.7	5.2	5.1
IV - Southern Tagalog	159.1	159.1	138.6	138.4	14.8	15.0	159.0	158.4	153.7	152.9	3.4	3.6
V - Bicol	172.9	172.6	148.0	148.1	16.8	16.5	199.7	197.6	187.0	186.7	6.8	5.8
VI - Western Visayas	165.4	167.9	146.1	145.3	13.2	15.6	162.3	161.3	156.1	155.7	4.0	3.6
VII - Central Visayas	168.8	169.2	149.5	149.1	12.9	13.5	183.1	180.2	175.7	174.7	4.2	3.1
VIII - Eastern Visayas	157.9	157.2	137.2	137.3	15.1	14.5	168.5	167.9	164.0	163.3	2.7	2.8
IX - Western Mindanao	156.6	155.7	132.9	132.8	17.8	17.2	160.4	159.3	152.0	151.8	5.5	4.9
X - Northern Mindanao	160.8	158.7	141.0	141.5	14.0	12.2	175.7	174.9	167.2	168.1	5.1	4.0
XI - Southern Mindanao	161.9	163.2	134.2	134.2	20.6	21.6	157.9	154.9	148.1	148.0	6.6	4.7
XII - Central Mindanao	169.7	169.0	137.5	137.8	23.4	22.6	153.5	151.8	144.9	144.6	5.9	5.0
XIII - Caraga	171.7	171.6	146.8	147.3	17.0	16.5	158.1	151.2	143.0	142.1	10.6	6.4
ARMM - Autonomous Region in Muslim Mindanao	174.9	174.1	154.0	154.6	13.6	12.6	194.2	193.8	182.1	181.2	6.6	7.0

Table 10 (concluded)

Area and Region	Meals Eaten Outside					
	2004		2003		Inflation Rates (%)	
	Aug	Jul	Aug	Jul	Current	Previous
<b>Philippines</b>	<b>156.8</b>	<b>156.5</b>	<b>153.0</b>	<b>152.7</b>	<b>2.5</b>	<b>2.5</b>
National Capital Region (NCR)	146.5	146.5	144.3	144.3	1.5	1.5
Areas Outside NCR	164.9	164.4	159.8	159.2	3.2	3.3
CAR - Cordillera Administrative Region	142.6	142.5	140.0	139.9	1.9	1.9
I - Ilocos	159.8	159.8	157.1	156.8	1.7	1.9
II - Cagayan Valley	165.9	162.2	154.9	154.9	7.1	4.7
III - Central Luzon	159.3	159.2	152.6	152.5	4.4	4.4
IV - Southern Tagalog	162.1	162.0	159.4	158.5	1.7	2.2
V - Bicol	263.6	261.5	254.0	254.0	3.8	3.0
VI - Western Visayas	162.4	162.4	156.4	156.2	3.8	4.0
VII - Central Visayas	161.9	159.5	158.3	157.5	2.3	1.3
VIII - Eastern Visayas	186.2	186.2	178.9	178.9	4.1	4.1
IX - Western Mindanao	159.9	159.9	150.8	148.1	6.0	8.0
X - Northern Mindanao	180.9	180.5	174.4	174.6	3.7	3.4
XI - Southern Mindanao	144.3	144.2	141.1	141.0	2.3	2.3
XII - Central Mindanao	159.5	159.5	150.6	150.6	5.9	5.9
XIII - Caraga	154.7	154.2	143.8	142.1	7.6	8.5
ARMM - Autonomous Region in Muslim Mindanao	223.1	222.2	206.9	197.9	7.8	12.3

Source: Economic Indices and Indicators Division