

**Table 9. Regional Month-on-Month Inflation Rates of Selected Food Items, October and September 2004**  
(1994 = 100)

| Area and Region                             | Cereals      |              |             |            | Rice           |              |             |             | Corn         |                |             |            |         |          |                |
|---|--------------|--------------|-------------|------------|----------------|--------------|-------------|-------------|--------------|----------------|-------------|------------|---------|----------|----------------|
|   | Oct          | Sep          | Current     | Previous   | Percent Change | Oct          | Sep         | Current     | Previous     | Percent Change | Oct         | Sep        | Current | Previous | Percent Change |
| <b>Philippines</b>                          | <b>161.4</b> | <b>162.8</b> | <b>-0.9</b> | <b>0.0</b> | <b>159.6</b>   | <b>160.9</b> | <b>-0.8</b> | <b>-0.1</b> | <b>179.7</b> | <b>181.2</b>   | <b>-0.8</b> | <b>0.3</b> |         |          |                |
| National Capital Region (NCR)               | 155.6        | 155.5        | 0.1         | 0.0        | 155.6          | 155.5        | 0.1         | -0.1        | 156.3        | 156.6          | -0.2        | 4.1        |         |          |                |
| Areas Outside NCR                           | 162.2        | 163.8        | -1.0        | 0.0        | 160.2          | 161.7        | -0.9        | -0.1        | 180.1        | 181.7          | -0.9        | 0.3        |         |          |                |
| CAR - Cordillera Administrative Region      | 148.0        | 149.8        | -1.2        | 0.8        | 147.6          | 149.4        | -1.2        | 0.8         | 180.1        | 180.8          | -0.4        | 0.4        |         |          |                |
| I - Ilocos                                  | 161.3        | 158.8        | 1.6         | 0.4        | 161.4          | 158.9        | 1.6         | 0.4         | 151.4        | 149.6          | 1.2         | 0.1        |         |          |                |
| II - Cagayan Valley                         | 161.7        | 158.2        | 2.2         | 0.4        | 162.9          | 159.4        | 2.2         | 0.5         | 136.2        | 133.7          | 1.9         | -1.3       |         |          |                |
| III - Central Luzon                         | 161.5        | 162.0        | -0.3        | 0.4        | 159.9          | 160.4        | -0.3        | 0.4         | 309.2        | 309.3          | 0.0         | 0.1        |         |          |                |
| IV - Southern Tagalog                       | 159.5        | 159.7        | -0.1        | 0.3        | 159.2          | 159.4        | -0.1        | 0.3         | 185.3        | 185.7          | -0.2        | 0.4        |         |          |                |
| V - Bicol                                   | 147.0        | 148.0        | -0.7        | -0.1       | 144.8          | 145.9        | -0.8        | -0.1        | 184.6        | 184.6          | 0.0         | 0.0        |         |          |                |
| VI - Western Visayas                        | 154.0        | 156.3        | -1.5        | -0.3       | 151.3          | 153.6        | -1.5        | -0.4        | 220.2        | 220.8          | -0.3        | 0.0        |         |          |                |
| VII - Central Visayas                       | 167.8        | 168.1        | -0.2        | 0.2        | 174.6          | 175.1        | -0.3        | -0.5        | 159.4        | 159.4          | 0.0         | 1.0        |         |          |                |
| VIII - Eastern Visayas                      | 159.4        | 159.8        | -0.3        | 1.3        | 155.7          | 156.1        | -0.3        | 1.2         | 208.9        | 208.3          | 0.3         | 1.1        |         |          |                |
| IX - Western Mindanao                       | 187.4        | 186.8        | 0.3         | -1.3       | 185.0          | 183.7        | 0.7         | -1.6        | 192.9        | 193.8          | -0.5        | -0.6       |         |          |                |
| X - Northern Mindanao                       | 170.1        | 174.1        | -2.3        | -1.2       | 160.5          | 163.4        | -1.8        | -2.0        | 192.2        | 199.0          | -3.4        | 0.2        |         |          |                |
| XI - Southern Mindanao                      | 162.7        | 171.8        | -5.3        | -1.4       | 159.4          | 170.4        | -6.5        | -2.0        | 177.2        | 177.8          | -0.3        | 1.0        |         |          |                |
| XII - Central Mindanao                      | 162.4        | 174.9        | -7.1        | -2.1       | 164.9          | 178.0        | -7.4        | -1.5        | 145.5        | 153.9          | -5.5        | -6.2       |         |          |                |
| XIII - Caraga                               | 189.6        | 190.8        | -0.6        | 2.3        | 185.9          | 187.1        | -0.6        | 2.3         | 216.8        | 218.1          | -0.6        | 2.3        |         |          |                |
| ARMM - Autonomous Region in Muslim Mindanao | 169.2        | 170.9        | -1.0        | 1.1        | 168.4          | 170.1        | -1.0        | 1.1         | 201.7        | 201.7          | 0.0         | 0.1        |         |          |                |

Table 9. (Continued)

| Area and Region                             | Cereal Preparations |              |            |            | Dairy Products |              |            |            | Eggs         |                |            |            |         |          |                |
|---|---------------------|--------------|------------|------------|----------------|--------------|------------|------------|--------------|----------------|------------|------------|---------|----------|----------------|
|   | Oct                 | Sep          | Current    | Previous   | Percent Change | Oct          | Sep        | Current    | Previous     | Percent Change | Oct        | Sep        | Current | Previous | Percent Change |
| <b>Philippines</b>                          | <b>176.6</b>        | <b>175.6</b> | <b>0.6</b> | <b>0.6</b> | <b>180.9</b>   | <b>179.5</b> | <b>0.8</b> | <b>1.0</b> | <b>148.2</b> | <b>147.5</b>   | <b>0.5</b> | <b>0.3</b> |         |          |                |
| National Capital Region (NCR)               | 186.3               | 185.6        | 0.4        | 0.5        | 180.9          | 180.1        | 0.4        | 0.7        | 155.8        | 155.4          | 0.3        | 0.5        |         |          |                |
| Areas Outside NCR                           | 173.0               | 171.8        | 0.7        | 0.7        | 180.9          | 179.3        | 0.9        | 1.1        | 145.9        | 145.2          | 0.5        | 0.3        |         |          |                |
| CAR - Cordillera Administrative Region      | 163.7               | 162.9        | 0.5        | 0.6        | 191.7          | 190.3        | 0.7        | 1.3        | 154.4        | 153.8          | 0.4        | 0.3        |         |          |                |
| I - Ilocos                                  | 175.7               | 171.4        | 2.5        | 0.6        | 188.6          | 187.4        | 0.6        | 0.3        | 151.0        | 150.6          | 0.3        | 0.2        |         |          |                |
| II - Cagayan Valley                         | 157.8               | 156.7        | 0.7        | 0.0        | 176.8          | 174.0        | 1.6        | 0.1        | 143.3        | 142.2          | 0.8        | 0.4        |         |          |                |
| III - Central Luzon                         | 172.6               | 172.1        | 0.3        | 0.3        | 172.1          | 171.2        | 0.5        | 0.5        | 137.4        | 137.0          | 0.3        | 0.4        |         |          |                |
| IV - Southern Tagalog                       | 167.5               | 166.6        | 0.5        | 1.5        | 179.1          | 176.9        | 1.2        | 0.7        | 140.1        | 138.0          | 1.5        | 0.3        |         |          |                |
| V - Bicol                                   | 174.5               | 173.9        | 0.3        | 0.4        | 166.8          | 165.6        | 0.7        | 1.8        | 146.3        | 146.0          | 0.2        | 0.3        |         |          |                |
| VI - Western Visayas                        | 162.6               | 161.2        | 0.9        | 0.3        | 176.8          | 175.1        | 1.0        | 1.3        | 149.2        | 148.2          | 0.7        | 0.0        |         |          |                |
| VII - Central Visayas                       | 188.1               | 187.8        | 0.2        | 0.2        | 176.6          | 174.6        | 1.1        | 1.7        | 154.5        | 158.5          | -2.5       | 0.8        |         |          |                |
| VIII - Eastern Visayas                      | 154.4               | 154.2        | 0.1        | 0.8        | 180.1          | 179.4        | 0.4        | 1.1        | 152.0        | 151.7          | 0.2        | 1.3        |         |          |                |
| IX - Western Mindanao                       | 179.7               | 179.4        | 0.2        | 0.1        | 181.1          | 180.5        | 0.3        | 0.3        | 156.2        | 157.0          | -0.5       | -0.7       |         |          |                |
| X - Northern Mindanao                       | 174.5               | 173.9        | 0.3        | 1.3        | 187.5          | 185.4        | 1.1        | 0.8        | 153.8        | 151.1          | 1.8        | 1.3        |         |          |                |
| XI - Southern Mindanao                      | 204.7               | 202.7        | 1.0        | 0.5        | 203.2          | 201.9        | 0.6        | 3.7        | 144.0        | 143.8          | 0.1        | 0.5        |         |          |                |
| XII - Central Mindanao                      | 156.9               | 154.8        | 1.4        | 0.3        | 218.9          | 218.0        | 0.4        | 0.6        | 155.1        | 151.4          | 2.4        | -0.3       |         |          |                |
| XIII - Caraga                               | 161.5               | 160.5        | 0.6        | 1.5        | 183.6          | 181.3        | 1.3        | 1.2        | 153.3        | 154.4          | -0.7       | 0.3        |         |          |                |
| ARMM - Autonomous Region in Muslim Mindanao | 186.8               | 181.3        | 3.0        | 2.0        | 197.2          | 196.9        | 0.2        | 1.0        | 166.5        | 166.6          | -0.1       | 0.1        |         |          |                |

Table 9 (continued)

| Area and Region                             | F i s h      |              |                |            | Fruits and Vegetables |              |                |            | M e a t      |              |                |             |
|---|--------------|--------------|----------------|------------|-----------------------|--------------|----------------|------------|--------------|--------------|----------------|-------------|
|   |              |              | Percent Change |            |                       |              | Percent Change |            |              |              | Percent Change |             |
|   | Oct          | Sep          | Current        | Previous   | Oct                   | Sep          | Current        | Previous   | Oct          | Sep          | Current        | Previous    |
| <b>Philippines</b>                          | <b>192.3</b> | <b>191.7</b> | <b>0.3</b>     | <b>0.3</b> | <b>194.5</b>          | <b>192.1</b> | <b>1.2</b>     | <b>2.9</b> | <b>156.8</b> | <b>157.0</b> | <b>-0.1</b>    | <b>-0.4</b> |
| National Capital Region (NCR)               | 176.8        | 176.0        | 0.5            | -2.7       | 200.1                 | 197.8        | 1.2            | 4.1        | 144.5        | 145.1        | -0.4           | -0.6        |
| Areas Outside NCR                           | 195.9        | 195.4        | 0.3            | 0.9        | 192.8                 | 190.4        | 1.3            | 2.5        | 162.5        | 162.5        | 0.0            | -0.2        |
| CAR - Cordillera Administrative Region      | 166.7        | 166.9        | -0.1           | -2.8       | 198.1                 | 195.2        | 1.5            | 3.5        | 171.3        | 172.8        | -0.9           | -0.1        |
| I - Ilocos                                  | 188.6        | 188.9        | -0.2           | 0.7        | 189.6                 | 194.7        | -2.6           | 6.2        | 165.5        | 165.9        | -0.2           | 0.0         |
| II - Cagayan Valley                         | 177.0        | 171.2        | 3.4            | 0.4        | 162.8                 | 161.0        | 1.1            | 0.9        | 164.8        | 164.7        | 0.1            | -0.2        |
| III - Central Luzon                         | 190.5        | 193.5        | -1.6           | 1.2        | 185.9                 | 185.3        | 0.3            | 3.1        | 157.5        | 157.7        | -0.1           | -0.8        |
| IV - Southern Tagalog                       | 194.0        | 193.8        | 0.1            | 1.1        | 172.7                 | 169.8        | 1.7            | 1.9        | 157.2        | 158.2        | -0.6           | -0.6        |
| V - Bicol                                   | 230.5        | 230.2        | 0.1            | 1.1        | 180.8                 | 178.3        | 1.4            | 1.2        | 171.4        | 172.0        | -0.3           | -0.5        |
| VI - Western Visayas                        | 179.0        | 177.0        | 1.1            | 0.4        | 205.2                 | 201.8        | 1.7            | 2.4        | 169.2        | 166.6        | 1.6            | 0.7         |
| VII - Central Visayas                       | 217.7        | 217.5        | 0.1            | 1.9        | 237.5                 | 234.2        | 1.4            | 3.7        | 170.8        | 170.1        | 0.4            | 0.8         |
| VIII - Eastern Visayas                      | 192.5        | 190.5        | 1.0            | 1.2        | 188.1                 | 184.5        | 2.0            | 1.9        | 160.0        | 159.8        | 0.1            | 1.2         |
| IX - Western Mindanao                       | 181.9        | 178.9        | 1.7            | -0.5       | 203.6                 | 201.3        | 1.1            | 3.5        | 158.9        | 156.8        | 1.3            | 0.1         |
| X - Northern Mindanao                       | 188.9        | 188.1        | 0.4            | 0.6        | 199.7                 | 193.3        | 3.3            | 2.5        | 161.9        | 162.2        | -0.2           | 0.9         |
| XI - Southern Mindanao                      | 183.0        | 182.5        | 0.3            | 0.4        | 192.9                 | 188.0        | 2.6            | 2.7        | 162.0        | 161.5        | 0.3            | -0.2        |
| XII - Central Mindanao                      | 180.6        | 178.3        | 1.3            | 0.3        | 175.1                 | 171.8        | 1.9            | 1.2        | 169.7        | 169.1        | 0.4            | -0.4        |
| XIII - Caraga                               | 207.5        | 208.8        | -0.6           | 4.2        | 188.1                 | 184.5        | 2.0            | 0.9        | 171.4        | 170.5        | 0.5            | -0.7        |
| ARMM - Autonomous Region in Muslim Mindanao | 282.5        | 281.6        | 0.3            | 0.8        | 297.9                 | 296.3        | 0.5            | 1.6        | 176.7        | 173.2        | 2.0            | -1.0        |

Table 9 (concluded)

| Area and Region                             | Miscellaneous Foods |              |                |            | Meals Eaten Outside |              |                |            |
|---|---------------------|--------------|----------------|------------|---------------------|--------------|----------------|------------|
|   |                     |              | Percent Change |            |                     |              | Percent Change |            |
|   | Oct                 | Sep          | Current        | Previous   | Oct                 | Sep          | Current        | Previous   |
| <b>Philippines</b>                          | <b>161.8</b>        | <b>161.0</b> | <b>0.5</b>     | <b>0.7</b> | <b>157.7</b>        | <b>157.4</b> | <b>0.2</b>     | <b>0.4</b> |
| National Capital Region (NCR)               | 150.9               | 150.7        | 0.1            | 0.1        | 146.5               | 146.5        | 0.0            | 0.0        |
| Areas Outside NCR                           | 166.8               | 165.8        | 0.6            | 0.9        | 166.4               | 165.9        | 0.3            | 0.6        |
| CAR - Cordillera Administrative Region      | 162.5               | 161.7        | 0.5            | 0.4        | 144.2               | 144.1        | 0.1            | 1.1        |
| I - Ilocos                                  | 160.6               | 160.1        | 0.3            | 1.6        | 160.9               | 160.1        | 0.5            | 0.2        |
| II - Cagayan Valley                         | 156.7               | 155.8        | 0.6            | 0.0        | 167.2               | 165.9        | 0.8            | 0.0        |
| III - Central Luzon                         | 159.0               | 158.4        | 0.4            | 0.3        | 160.4               | 160.0        | 0.3            | 0.4        |
| IV - Southern Tagalog                       | 160.6               | 160.2        | 0.2            | 0.8        | 163.5               | 163.5        | 0.0            | 0.9        |
| V - Bicol                                   | 202.7               | 202.3        | 0.2            | 1.3        | 268.6               | 268.1        | 0.2            | 1.7        |
| VI - Western Visayas                        | 163.9               | 162.6        | 0.8            | 0.2        | 164.1               | 162.4        | 1.0            | 0.0        |
| VII - Central Visayas                       | 184.1               | 184.0        | 0.1            | 0.5        | 162.1               | 162.0        | 0.1            | 0.1        |
| VIII - Eastern Visayas                      | 170.8               | 170.0        | 0.5            | 0.9        | 186.1               | 186.1        | 0.0            | -0.1       |
| IX - Western Mindanao                       | 160.2               | 160.4        | -0.1           | 0.0        | 159.9               | 159.9        | 0.0            | 0.0        |
| X - Northern Mindanao                       | 184.2               | 180.0        | 2.3            | 2.4        | 184.7               | 184.7        | 0.0            | 2.1        |
| XI - Southern Mindanao                      | 168.5               | 163.7        | 2.9            | 3.7        | 145.6               | 144.4        | 0.8            | 0.1        |
| XII - Central Mindanao                      | 154.5               | 153.9        | 0.4            | 0.3        | 160.6               | 160.1        | 0.3            | 0.4        |
| XIII - Caraga                               | 157.6               | 156.4        | 0.8            | 2.0        | 162.5               | 162.3        | 0.1            | 4.9        |
| ARMM - Autonomous Region in Muslim Mindanao | 195.8               | 195.5        | 0.2            | 0.7        | 229.4               | 229.4        | 0.0            | 2.8        |

Source: Economic Indices and Indicators Division  
Industry and Trade Statistics Department  
National Statistics Office