

**Table 9. Regional Month-on-Month Inflation Rates of Selected Food Items, November and October 2004**  
(1994 = 100)

Area and Region	Cereals				Rice				Corn			
	Nov		Percent Change		Nov		Percent Change		Nov		Percent Change	
	Nov	Oct	Current	Previous	Nov	Oct	Current	Previous	Nov	Oct	Current	Previous
<b>Philippines</b>	<b>160.8</b>	<b>161.4</b>	<b>-0.4</b>	<b>-0.9</b>	<b>158.7</b>	<b>159.6</b>	<b>-0.6</b>	<b>-0.8</b>	<b>180.6</b>	<b>179.7</b>	<b>0.5</b>	<b>-0.8</b>
National Capital Region (NCR)	155.2	155.6	-0.3	0.1	155.2	155.6	-0.3	0.1	156.3	156.3	0.0	-0.2
Areas Outside NCR	161.5	162.2	-0.4	-1.0	159.2	160.2	-0.6	-0.9	181.1	180.1	0.6	-0.9
CAR - Cordillera Administrative Region	145.6	148.0	-1.6	-1.2	145.2	147.6	-1.6	-1.2	180.1	180.1	0.0	-0.4
I - Ilocos	159.6	161.3	-1.1	1.6	159.7	161.4	-1.1	1.6	151.8	151.4	0.3	1.2
II - Cagayan Valley	161.1	161.7	-0.4	2.2	162.3	162.9	-0.4	2.2	135.6	136.2	-0.4	1.9
III - Central Luzon	159.8	161.5	-1.1	-0.3	158.2	159.9	-1.1	-0.3	307.7	309.2	-0.5	0.0
IV - Southern Tagalog	159.3	159.5	-0.1	-0.1	159.0	159.2	-0.1	-0.1	185.3	185.3	0.0	-0.2
V - Bicol	147.2	147.0	0.1	-0.7	145.0	144.8	0.1	-0.8	185.6	184.6	0.5	0.0
VI - Western Visayas	153.0	154.0	-0.6	-1.5	150.3	151.3	-0.7	-1.5	219.1	220.2	-0.5	-0.3
VII - Central Visayas	167.3	167.8	-0.3	-0.2	173.9	174.6	-0.4	-0.3	159.2	159.4	-0.1	0.0
VIII - Eastern Visayas	160.7	159.4	0.8	-0.3	156.9	155.7	0.8	-0.3	211.8	208.9	1.4	0.3
IX - Western Mindanao	185.9	187.4	-0.8	0.3	183.2	185.0	-1.0	0.7	192.2	192.9	-0.4	-0.5
X - Northern Mindanao	169.3	170.1	-0.5	-2.3	159.1	160.5	-0.9	-1.8	192.9	192.2	0.4	-3.4
XI - Southern Mindanao	161.5	162.7	-0.7	-5.3	156.9	159.4	-1.6	-6.5	181.6	177.2	2.5	-0.3
XII - Central Mindanao	160.8	162.4	-1.0	-7.1	161.8	164.9	-1.9	-7.4	153.6	145.5	5.6	-5.5
XIII - Caraga	190.0	189.6	0.2	-0.6	186.3	185.9	0.2	-0.6	217.2	216.8	0.2	-0.6
ARMM - Autonomous Region in Muslim Mindanao	169.1	169.2	-0.1	-1.0	168.2	168.4	-0.1	-1.0	204.5	201.7	1.4	0.0

Table 9. (Continued)

Area and Region	Cereal Preparations				Dairy Products				Eggs			
	Nov		Percent Change		Nov		Percent Change		Nov		Percent Change	
	Nov	Oct	Current	Previous	Nov	Oct	Current	Previous	Nov	Oct	Current	Previous
<b>Philippines</b>	<b>177.9</b>	<b>176.6</b>	<b>0.7</b>	<b>0.6</b>	<b>181.6</b>	<b>180.9</b>	<b>0.4</b>	<b>0.8</b>	<b>148.1</b>	<b>148.2</b>	<b>-0.1</b>	<b>0.5</b>
National Capital Region (NCR)	188.0	186.3	0.9	0.4	181.5	180.9	0.3	0.4	153.8	155.8	-1.3	0.3
Areas Outside NCR	174.1	173.0	0.6	0.7	181.6	180.9	0.4	0.9	146.4	145.9	0.3	0.5
CAR - Cordillera Administrative Region	164.8	163.7	0.7	0.5	191.9	191.7	0.1	0.7	155.3	154.4	0.6	0.4
I - Ilocos	177.8	175.7	1.2	2.5	188.8	188.6	0.1	0.6	151.2	151.0	0.1	0.3
II - Cagayan Valley	158.0	157.8	0.1	0.7	177.1	176.8	0.2	1.6	143.7	143.3	0.3	0.8
III - Central Luzon	173.0	172.6	0.2	0.3	173.1	172.1	0.6	0.5	138.4	137.4	0.7	0.3
IV - Southern Tagalog	168.3	167.5	0.5	0.5	180.0	179.1	0.5	1.2	140.5	140.1	0.3	1.5
V - Bicol	178.0	174.5	2.0	0.3	167.1	166.8	0.2	0.7	146.6	146.3	0.2	0.2
VI - Western Visayas	163.0	162.6	0.2	0.9	176.9	176.8	0.1	1.0	149.6	149.2	0.3	0.7
VII - Central Visayas	188.5	188.1	0.2	0.2	177.5	176.6	0.5	1.1	157.6	154.5	2.0	-2.5
VIII - Eastern Visayas	159.1	154.4	3.0	0.1	180.1	180.1	0.0	0.4	152.0	152.0	0.0	0.2
IX - Western Mindanao	181.2	179.7	0.8	0.2	183.4	181.1	1.3	0.3	156.3	156.2	0.1	-0.5
X - Northern Mindanao	175.6	174.5	0.6	0.3	188.9	187.5	0.7	1.1	152.1	153.8	-1.1	1.8
XI - Southern Mindanao	205.5	204.7	0.4	1.0	203.3	203.2	0.0	0.6	144.0	144.0	0.0	0.1
XII - Central Mindanao	157.6	156.9	0.4	1.4	219.4	218.9	0.2	0.4	155.9	155.1	0.5	2.4
XIII - Caraga	162.2	161.5	0.4	0.6	185.2	183.6	0.9	1.3	152.7	153.3	-0.4	-0.7
ARMM - Autonomous Region in Muslim Mindanao	187.7	186.8	0.5	3.0	199.0	197.2	0.9	0.2	166.2	166.5	-0.2	-0.1

Table 9 (continued)

Area and Region	F i s h				Fruits and Vegetables				M e a t			
			Percent Change				Percent Change				Percent Change	
	Nov	Oct	Current	Previous	Nov	Oct	Current	Previous	Nov	Oct	Current	Previous
<b>Philippines</b>	<b>193.7</b>	<b>192.3</b>	<b>0.7</b>	<b>0.3</b>	<b>192.0</b>	<b>194.5</b>	<b>-1.3</b>	<b>1.2</b>	<b>157.2</b>	<b>156.8</b>	<b>0.3</b>	<b>-0.1</b>
National Capital Region (NCR)	178.6	176.8	1.0	0.5	188.1	200.1	-6.0	1.2	145.1	144.5	0.4	-0.4
Areas Outside NCR	197.2	195.9	0.7	0.3	193.2	192.8	0.2	1.3	162.8	162.5	0.2	0.0
CAR - Cordillera Administrative Region	169.4	166.7	1.6	-0.1	192.2	198.1	-3.0	1.5	170.7	171.3	-0.4	-0.9
I - Ilocos	189.7	188.6	0.6	-0.2	189.7	189.6	0.1	-2.6	166.2	165.5	0.4	-0.2
II - Cagayan Valley	177.2	177.0	0.1	3.4	164.9	162.8	1.3	1.1	164.3	164.8	-0.3	0.1
III - Central Luzon	188.9	190.5	-0.8	-1.6	183.7	185.9	-1.2	0.3	157.0	157.5	-0.3	-0.1
IV - Southern Tagalog	194.8	194.0	0.4	0.1	171.9	172.7	-0.5	1.7	157.0	157.2	-0.1	-0.6
V - Bicol	232.0	230.5	0.7	0.1	182.5	180.8	0.9	1.4	171.4	171.4	0.0	-0.3
VI - Western Visayas	180.3	179.0	0.7	1.1	205.2	205.2	0.0	1.7	171.8	169.2	1.5	1.6
VII - Central Visayas	220.7	217.7	1.4	0.1	242.6	237.5	2.1	1.4	171.4	170.8	0.4	0.4
VIII - Eastern Visayas	193.6	192.5	0.6	1.0	188.7	188.1	0.3	2.0	160.9	160.0	0.6	0.1
IX - Western Mindanao	185.2	181.9	1.8	1.7	201.5	203.6	-1.0	1.1	159.4	158.9	0.3	1.3
X - Northern Mindanao	189.3	188.9	0.2	0.4	201.7	199.7	1.0	3.3	162.5	161.9	0.4	-0.2
XI - Southern Mindanao	186.3	183.0	1.8	0.3	196.3	192.9	1.8	2.6	162.5	162.0	0.3	0.3
XII - Central Mindanao	180.7	180.6	0.1	1.3	177.5	175.1	1.4	1.9	172.1	169.7	1.4	0.4
XIII - Caraga	209.5	207.5	1.0	-0.6	188.9	188.1	0.4	2.0	172.3	171.4	0.5	0.5
ARMM - Autonomous Region in Muslim Mindanao	286.8	282.5	1.5	0.3	301.7	297.9	1.3	0.5	181.5	176.7	2.7	2.0

Table 9 (concluded)

Area and Region	Miscellaneous Foods				Meals Eaten Outside			
			Percent Change				Percent Change	
	Nov	Oct	Current	Previous	Nov	Oct	Current	Previous
<b>Philippines</b>	<b>162.6</b>	<b>161.8</b>	<b>0.5</b>	<b>0.5</b>	<b>158.3</b>	<b>157.7</b>	<b>0.4</b>	<b>0.2</b>
National Capital Region (NCR)	151.1	150.9	0.1	0.1	146.5	146.5	0.0	0.0
Areas Outside NCR	167.9	166.8	0.7	0.6	167.6	166.4	0.7	0.3
CAR - Cordillera Administrative Region	162.9	162.5	0.2	0.5	145.1	144.2	0.6	0.1
I - Ilocos	161.1	160.6	0.3	0.3	161.3	160.9	0.2	0.5
II - Cagayan Valley	157.5	156.7	0.5	0.6	169.2	167.2	1.2	0.8
III - Central Luzon	160.9	159.0	1.2	0.4	164.4	160.4	2.5	0.3
IV - Southern Tagalog	160.7	160.6	0.1	0.2	163.5	163.5	0.0	0.0
V - Bicol	202.8	202.7	0.0	0.2	269.0	268.6	0.1	0.2
VI - Western Visayas	164.8	163.9	0.5	0.8	164.3	164.1	0.1	1.0
VII - Central Visayas	188.1	184.1	2.2	0.1	160.7	162.1	-0.9	0.1
VIII - Eastern Visayas	171.0	170.8	0.1	0.5	186.1	186.1	0.0	0.0
IX - Western Mindanao	162.7	160.2	1.6	-0.1	167.4	159.9	4.7	0.0
X - Northern Mindanao	184.1	184.2	-0.1	2.3	184.7	184.7	0.0	0.0
XI - Southern Mindanao	170.8	168.5	1.4	2.9	146.8	145.6	0.8	0.8
XII - Central Mindanao	156.0	154.5	1.0	0.4	164.1	160.6	2.2	0.3
XIII - Caraga	157.7	157.6	0.1	0.8	162.6	162.5	0.1	0.1
ARMM - Autonomous Region in Muslim Mindanao	196.6	195.8	0.4	0.2	234.3	229.4	2.1	0.0

Source: Economic Indices and Indicators Division  
Industry and Trade Statistics Department  
National Statistics Office