

Table 10. Regional Year-on-Year Inflation Rates of Selected Food Items, November and October 2005 and 2004
(2000 = 100)

Area/Region	C e r e a l s						R i c e					
	2005		2004		Inflation Rates(%)		2005		2004		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
Philippines	117.9	118.5	109.9	110.2	7.3	7.5	117.7	118.3	108.9	109.2	8.1	8.3
National Capital Region (NCR)	109.1	109.1	103.6	103.9	5.3	5.0	109.1	109.1	103.6	103.9	5.3	5.0
Areas Outside NCR	119.1	119.8	110.8	111.1	7.5	7.8	119.0	119.7	109.7	110.0	8.5	8.8
CAR - Cordillera Administrative Region	120.4	120.0	106.9r	107.8r	12.6	11.3	120.4	120.0	106.9r	107.7r	12.6	11.4
I - Ilocos	124.0	125.7	108.0	109.2	14.8	15.1	124.2	125.9	108.0	109.2	15.0	15.3
II - Cagayan Valley	122.7	122.3	113.6	113.9	8.0	7.4	123.1	122.7	113.6	113.9	8.4	7.7
III - Central Luzon	113.0	112.9	106.0	106.7	6.6	5.8	112.1	112.0	105.2	105.9	6.6	5.8
IV-a - Calabarzon	109.9	108.5	105.6	105.5	4.1	2.8	109.8	108.4	105.5	105.4	4.1	2.8
IV-b - Mimaropa	125.7	130.1	109.6	109.1	14.7	19.2	125.8	130.2	109.6	109.1	14.8	19.3
V - Bicol	117.9	117.6	108.2	107.6	9.0	9.3	117.3	116.8	106.4	105.8	10.2	10.4
VI - Western Visayas	118.0	119.0	104.6	104.6	12.8	13.8	118.2	119.2	103.8	103.8	13.9	14.8
VII - Central Visayas	126.6	127.3	121.7	122.1	4.0	4.3	125.6	126.2	116.7	117.2	7.6	7.7
VIII - Eastern Visayas	125.4	124.1	112.9	112.2	11.1	10.6	126.2	124.9	113.4	112.8	11.3	10.7
IX - Western Mindanao	114.3	116.8	113.2	113.6	1.0	2.8	118.1	120.6	116.0	116.8	1.8	3.3
X - Northern Mindanao	121.0	123.1	117.4	118.0	3.1	4.3	122.2	124.1	116.7	117.9	4.7	5.3
XI - Southern Mindanao	120.8	122.4	114.9	115.3	5.1	6.2	123.9	125.5	113.8	114.6	8.9	9.5
XII - Central Mindanao	117.8	121.4	110.0	111.3	7.1	9.1	118.1	122.1	109.0	110.6	8.3	10.4
XIII - Caraga	128.3	127.9	122.2	121.6	5.0	5.2	129.7	129.2	123.2	122.6	5.3	5.4
ARMM - Autonomous Region in Muslim Mindanao	121.9	125.1	116.9	118.7	4.3	5.4	121.0	124.3	116.3	118.2	4.0	5.2

Table 10 (continued)

Area and Region	C o r n						Cereal Preparations					
	2005		2004		Inflation Rates(%)		2005		2004		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
Philippines	119.1	120.4	121.2	120.9	-1.7	-0.4	136.4	135.5	127.5	126.6	7.0	7.0
National Capital Region (NCR)	110.4	110.4	105.4	105.4	4.7	4.7	147.4	146.2	137.4	136.8	7.3	6.9
Areas Outside NCR	119.3	120.6	121.5	121.2	-1.8	-0.5	132.6	131.8	124.1	123.0	6.8	7.2
CAR - Cordillera Administrative Region	119.3	119.4	109.6	113.2	8.9	5.5	130.9	129.6	116.5	115.9	12.4	11.8
I - Ilocos	110.3	110.5	107.5	107.5	2.6	2.8	168.1	167.5	152.4	151.7	10.3	10.4
II - Cagayan Valley	114.2	113.7	113.3	113.7	0.8	0.0	117.9	117.5	115.0	114.4	2.5	2.7
III - Central Luzon	179.4	178.2	165.5	166.7	8.4	6.9	132.7	132.0	125.6	123.0	5.7	7.3
IV-a - Calabarzon	118.3	117.7	115.2	115.1	2.7	2.3	131.4	130.7	122.7	122.1	7.1	7.0
IV-b - Mimaropa	119.8	117.8	112.5	112.9	6.5	4.3	123.7	122.4	118.5	117.9	4.4	3.8
V - Bicol	124.8	125.8	127.1	126.9	-1.8	-0.9	127.9	127.6	122.1	121.1	4.8	5.4
VI - Western Visayas	114.1	114.9	119.6	120.2	-4.6	-4.4	123.2	122.3	117.0	116.5	5.3	5.0
VII - Central Visayas	128.7	129.6	132.1	132.2	-2.6	-2.0	129.0	127.7	120.2	120.0	7.3	6.4
VIII - Eastern Visayas	110.8	109.3	102.8	101.3	7.8	7.9	134.2	131.7	126.2	123.5	6.3	6.6
IX - Western Mindanao	105.6	108.1	106.7	106.4	-1.0	1.6	136.5	135.3	121.1	118.7	12.7	14.0
X - Northern Mindanao	118.0	120.7	119.1	118.4	-0.9	1.9	133.1	132.4	126.1	124.9	5.6	6.0
XI - Southern Mindanao	109.7	111.3	118.7	117.9	-7.6	-5.6	138.8	138.3	128.0	127.6	8.4	8.4
XII - Central Mindanao	114.5	115.3	119.8	118.1	-4.4	-2.4	132.3	131.3	124.5	123.6	6.3	6.2
XIII - Caraga	115.1	116.4	112.6	112.3	2.2	3.7	133.2	131.8	123.0	122.3	8.3	7.8r
ARMM - Autonomous Region in Muslim Mindanao	162.2	162.0	143.1	141.0	13.3	14.9	134.0	132.8	122.9	122.4	9.0	8.5

Table 10 (continued)

Area and Region	Dairy Products						E g g s					
	2005		2004		Inflation Rates(%)		2005		2004		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
Philippines	146.1	145.0	135.8	135.4	7.6	7.1	121.2	120.6	117.4	117.9	3.2	2.3
National Capital Region (NCR)	146.2	145.4	135.0	134.8	8.3	7.9	121.2	121.0	120.7	122.3	0.4	-1.1
Areas Outside NCR	146.0	144.9	136.1	135.7	7.3	6.8r	121.2	120.5	116.4	116.5	4.1	3.4
CAR - Cordillera Administrative Region	151.0	150.0	138.0	137.6	9.4	9.0	116.5	116.2	114.8	114.8	1.5	1.2
I - Ilocos	167.8	166.9	156.3	156.2	7.4	6.9	123.3	121.9	117.8	117.6	4.7	3.7
II - Cagayan Valley	141.1	139.0	131.0	130.9	7.7	6.2	123.4	123.3	123.1	123.0	0.2	0.2
III - Central Luzon	149.5	146.2r	136.5	136.2	9.5	7.3r	119.9	119.7	111.9	112.9	7.1	6.0
IV-a - Calabarzon	141.7	141.3	133.1	132.5	6.5	6.6	111.3	111.0	109.4	109.3	1.7	1.6
IV-b - Mimaropa	143.8	143.0	133.6	133.5	7.6	7.1	118.2	116.6	112.9	114.1	4.7	2.2
V - Bicol	144.6	144.5	134.9	134.4	7.2	7.5	122.7	122.2	117.8	117.5	4.2	4.0
VI - Western Visayas	133.5	133.2	126.7	126.4	5.4	5.4	113.4	113.0	109.1	108.9	3.9	3.8
VII - Central Visayas	151.3	151.0	143.9	143.5	5.1	5.2	121.6	119.2	120.8	119.9	0.7	-0.6
VIII - Eastern Visayas	145.0	143.3	135.5	134.8	7.0	6.3	125.1	123.4	121.0	121.0	3.4	2.0
IX - Western Mindanao	154.4	151.7	142.6	142.3	8.3	6.6	133.6	131.0	121.1	121.0	10.3	8.3
X - Northern Mindanao	145.2	144.2	133.7	132.8	8.6	8.6	136.4	135.5	130.7	132.2	4.4	2.5
XI - Southern Mindanao	142.4	142.2	133.5	133.3	6.7	6.7	133.6	133.3	125.3	123.4	6.6	8.0
XII - Central Mindanao	140.6	139.9	132.5	132.4	6.1	5.7	127.6	127.1	122.4	123.5	4.2	2.9
XIII - Caraga	148.0	146.8	137.5	136.4	7.6	7.6	121.3	120.4	117.4	117.2	3.3	2.7
ARMM - Autonomous Region in Muslim Mindanao	147.4	146.3	133.3	132.5	10.6	10.4	136.9	136.1	127.9	128.0	7.0	6.3

Table 10 (continued)

Area and Region	F i s h						Fruits and Vegetables					
	2005		2004		Inflation Rates(%)		2005		2004		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
Philippines	128.2	126.9	121.4	120.6	5.6	5.2	122.2	121.8	115.6	117.6	5.7	3.6
National Capital Region (NCR)	114.7	113.4	111.4	110.4	3.0	2.7	108.8	110.8	101.5	107.9	7.2	2.7
Areas Outside NCR	131.6	130.4	124.0	123.2	6.1	5.8	127.0	125.7	120.7	121.1	5.2	3.8
CAR - Cordillera Administrative Region	114.9	116.8	111.1	108.2	3.4	7.9	144.6	141.1	132.5	137.9	9.1	2.3
I - Ilocos	131.5	129.0	121.6	120.7	8.1	6.9	122.0	119.2	114.6	114.6	6.5	4.0
II - Cagayan Valley	125.0	125.0	119.8	119.4	4.3	4.7	125.1	124.5	115.2	114.6	8.6	8.6
III - Central Luzon	124.5	123.5	117.0	117.3	6.4	5.3	122.1	124.2	117.2	120.4	4.2	3.2
IV-a - Calabarzon	133.6	131.0	124.9	123.0	7.0	6.5	118.3	117.3	112.8	112.9	4.9	3.9
IV-b - Mimaropa	123.2	121.8	118.4	115.7	4.1	5.3	125.4	122.8	117.1	116.7	7.1	5.2
V - Bicol	128.3	127.8	123.9	123.5	3.6	3.5	117.8	116.3	114.9	114.8	2.5	1.3
VI - Western Visayas	128.8	127.5	118.6	117.8	8.6	8.2	125.6	124.3	123.4	123.8	1.8	0.4
VII - Central Visayas	146.3	145.9	138.3	136.9	5.8	6.6	150.2	146.4	139.1	138.4	8.0	5.8
VIII - Eastern Visayas	132.1	131.0	124.1	124.0	6.4	5.6	125.6	123.6	121.0	120.9	3.8	2.2
IX - Western Mindanao	126.4	123.9	118.9	118.4	6.3	4.6	141.3	140.8	135.0	135.8	4.7	3.7
X - Northern Mindanao	133.2	132.5	127.8	128.1	4.2	3.4	132.4	129.3	125.1	125.6	5.8	2.9
XI - Southern Mindanao	137.6	137.4	130.6	129.0	5.4	6.5	129.3	128.5	129.3	127.6	0.0	0.7
XII - Central Mindanao	129.0	128.2	122.1	122.6	5.7	4.6	127.5	125.7	119.4	117.7	6.8	6.8
XIII - Caraga	136.9	136.0	132.5	131.0	3.3	3.8	126.0	124.6	115.3	114.7	9.3	8.6
ARMM - Autonomous Region in Muslim Mindanao	143.7	142.1	129.9	128.3	10.6	10.8	143.8	139.4	130.8	129.9	9.9	7.3

Table 10 (continued)

Area and Region	M e a t						Miscellaneous Foods					
	2005		2004		Inflation Rates(%)		2005		2004		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
Philippines	129.9	129.9	123.6	123.5	5.1	5.2	127.2	125.5	118.7	118.4	7.2	6.0
National Capital Region (NCR)	127.9	128.5	121.0	120.6	5.7	6.6	125.1	123.0	117.3	117.2	6.6	4.9
Areas Outside NCR	130.7	130.5	124.7	124.7	4.8	4.7	128.2	126.6	119.3	119.0	7.5	6.4
CAR - Cordillera Administrative Region	130.4	129.3	122.7	123.0	6.3	5.1	119.5	117.9	111.8	111.4	6.9	5.8
I - Ilocos	136.4	135.6	131.3	131.0	3.9	3.5	134.5	134.0	121.9	121.2	10.3	10.6
II - Cagayan Valley	129.6	129.1	123.8	124.2	4.7	3.9	141.3	140.3	136.3	135.4	3.7	3.6
III - Central Luzon	129.8	130.5	122.8	125.4	5.7	4.1	128.2	126.4	116.1	115.9	10.4	9.1
IV-a - Calabarzon	129.0	129.0	122.3	122.1	5.5	5.7	118.7	116.9	113.2	113.1	4.9	3.4
IV-b - Mimaropa	128.0	126.2	123.9	122.3	3.3	3.2	128.3	125.7	117.7	117.2	9.0	7.3
V - Bicol	131.2	131.2	126.8	126.8	3.5	3.5	135.0	133.2	125.3	124.5	7.7	7.0
VI - Western Visayas	127.4	127.1	122.2	120.6	4.3	5.4	126.3	125.3	118.1	117.8	6.9	6.4
VII - Central Visayas	134.5	133.3	126.0	125.3	6.7	6.4	146.3	145.2	134.0	133.7	9.2	8.6
VIII - Eastern Visayas	129.1	127.9	123.8	122.8	4.3	4.2	122.1	120.2	114.7	114.7	6.5	4.8
IX - Western Mindanao	131.4	130.9	125.8	125.5	4.5	4.3	129.9	128.4	120.0	119.3	8.3	7.6
X - Northern Mindanao	130.3	130.0	125.9	124.7	3.5	4.3	125.3	124.2	116.3	116.5	7.7	6.6
XI - Southern Mindanao	129.5	129.2	127.1	126.3	1.9	2.3	136.4	135.5	128.9	128.5	5.8	5.4
XII - Central Mindanao	136.7	136.0	130.6	129.7	4.7	4.9	128.6	127.2	120.5	118.7	6.7	7.2
XIII - Caraga	129.0	128.4	125.8	125.7	2.5	2.1	133.7	131.2	122.9	122.7	8.8	6.9
ARMM - Autonomous Region in Muslim Mindanao	150.2	147.5	139.6	136.8	7.6	7.8	135.9	133.9	123.5	122.8	10.0	9.0

Table 10 (concluded)

Area and Region	Meals Eaten Outside				Inflation Rates(%)	
	2005		2004		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous
Philippines	126.0	124.3	118.2	118.0	6.6	5.3
National Capital Region (NCR)	123.5	120.8	115.2	115.2	7.2	4.9
Areas Outside NCR	127.5	126.4	120.0	119.6	6.3	5.7
CAR - Cordillera Administrative Region	111.3	109.4	107.2	106.3	3.8	2.9
I - Ilocos	131.6	131.6	124.7	124.1	5.5	6.0
II - Cagayan Valley	170.7	170.1	167.8	166.5	1.7	2.2
III - Central Luzon	125.6	124.5	113.5	113.4	10.7	9.8
IV-a - Calabarzon	117.7	116.0	112.6	112.4	4.5	3.2
IV-b - Mimaropa	127.7	127.6	121.3	120.7	5.3	5.7
V - Bicol	141.7	141.2	135.0	134.7	5.0	4.8
VI - Western Visayas	127.2	126.5	119.9	119.6	6.1	5.8
VII - Central Visayas	158.0	156.9	143.8	144.0	9.9	9.0
VIII - Eastern Visayas	119.7	119.6	114.9	114.9	4.2	4.1
IX - Western Mindanao	132.8	131.4	122.4	121.0	8.5	8.6
X - Northern Mindanao	116.3	115.7	112.1	111.7	3.7	3.6
XI - Southern Mindanao	129.1	129.1	123.8	123.8	4.3	4.3
XII - Central Mindanao	121.6	121.4	117.9	114.4	3.1	6.1
XIII - Caraga	142.3	140.7	135.6	134.4	4.9	4.7
ARMM - Autonomous Region in Muslim Mindanao	163.5	162.8	139.9	136.9	16.9	18.9

Source: National Statistics Office