

**Table 10. Regional Year-on-Year Inflation Rates of Selected Food Items, November and October 2006 and 2005**  
(2000 = 100)

Area/Region	C e r e a l s						R i c e					
	2006		2005		Inflation Rates(%)		2006		2005		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
<b>Philippines</b>	<b>120.5</b>	<b>120.8</b>	<b>117.9</b>	<b>118.5</b>	<b>2.2</b>	<b>1.9</b>	<b>119.4</b>	<b>119.9</b>	<b>117.7</b>	<b>118.3</b>	<b>1.4</b>	<b>1.4</b>
National Capital Region (NCR)	110.0	110.1	109.1	109.1	0.8	0.9	110.0	110.1	109.1	109.1	0.8	0.9
Areas Outside NCR	122.0	122.3	119.1	119.8	2.4	2.1	120.9	121.4	119.0	119.7	1.6	1.4
CAR - Cordillera Administrative Region	121.3	121.7	120.4	120.0	0.7	1.4	121.3	121.7	120.4	120.0	0.7	1.4
I - Ilocos	124.3	125.0	124.0	125.7	0.2	-0.6	124.4	125.2	124.2	125.9	0.2	-0.6
II - Sagayan Valley	127.1	127.4	122.7	122.3	3.6	4.2	127.4	127.7	123.1	122.7	3.5	4.1
III - Central Luzon	115.3	115.4	113.0	112.9	2.0	2.2	114.3	114.4	112.1	112.0	2.0	2.1
IV-a - Calabarzon	112.2	112.3	109.9	108.5	2.1	3.5	112.1	112.2	109.8	108.4	2.1	3.5
IV-b - Mimaropa	128.7	128.5	125.7	130.1	2.4	-1.2	128.7	128.5	125.8	130.2	2.3	-1.3
V - Bicol	120.5	120.6	117.9	117.6	2.2	2.6	119.6	119.7	117.3	116.8	2.0	2.5
VI - Western Visayas	116.6	117.5	118.0	119.0	-1.2	-1.3	116.4	117.4	118.2	119.2	-1.5	-1.5
VII - Central Visayas	132.2	132.0	126.6	127.3	4.4	3.7	127.9	127.5	125.6	126.2	1.8	1.0
VIII - Eastern Visayas	129.8	128.2	125.4	124.1	3.5	3.3	130.6	128.9	126.2	124.9	3.5	3.2
IX - Zamboanga Peninsula	118.9	118.7	114.3	116.8	4.0	1.6	120.1	120.1	118.1	120.6	1.7	-0.4
X - Northern Mindanao	128.3	128.1	121.2	123.1	5.9	4.1	125.2	125.5	122.2	124.1	2.5	1.1
XI - Davao	125.2	126.0	120.8	122.4	3.6	2.9	124.8	125.6	123.9	125.5	0.7	0.1
XII - SOCCSKSARGEN	121.0	122.7	117.8	121.4	2.7	1.1	120.4	122.5	118.1	122.1	1.9	0.3
XIII - Caraga	129.5	129.7	128.3	127.9	0.9	1.4	130.0	130.2	129.7	129.2	0.2	0.8
ARMM - Autonomous Region in Muslim Mindanao	127.4	132.2	121.9	125.1	4.5	5.7	126.0	131.1	121.0	124.3	4.1	5.5

Table 10 (continued)

Area and Region	C o r n						Cereal Preparations					
	2006		2005		Inflation Rates(%)		2006		2005		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
<b>Philippines</b>	<b>130.9</b>	<b>130.5</b>	<b>119.2</b>	<b>120.4</b>	<b>9.8</b>	<b>8.4</b>	<b>143.4</b>	<b>143.1</b>	<b>136.4</b>	<b>135.5</b>	<b>5.1</b>	<b>5.6</b>
National Capital Region (NCR)	110.9	110.9	110.4	110.4	0.5	0.5	156.4	155.9	147.4	146.2	6.1	6.6
Areas Outside NCR	131.3	130.9	119.4	120.6	10.0	8.5	138.9	138.6	132.6	131.8	4.8	5.2
CAR - Cordillera Administrative Region	122.5	122.5	119.3	119.4	2.7	2.6	134.4	134.2	130.9	129.6	2.7	3.5
I - Ilocos	112.8	112.8	110.3	110.5	2.3	2.1	176.6	175.5	168.1	167.5	5.1	4.8
II - Sagayan Valley	120.8	120.5	114.2	113.7	5.8	6.0	125.2	124.9	117.9	117.5	6.2	6.3
III - Central Luzon	185.5	186.2	179.4	178.2	3.4	4.5	137.8	137.8	132.7	132.0	3.8	4.4
IV-a - Calabarzon	117.9	118.1	118.3	117.7	-0.3	0.3	136.8	136.5	131.4	130.7	4.1	4.4
IV-b - Mimaropa	126.4	124.4	119.8	117.8	5.5	5.6	128.7	128.3	123.7	122.4	4.0	4.8
V - Bicol	129.9	130.2	124.8	125.8	4.1	3.5	133.7	133.3	127.9	127.6	4.5	4.5
VI - Western Visayas	120.0	119.4	114.1	114.9	5.2	3.9	127.1	126.9	123.2	122.3	3.2	3.8
VII - Central Visayas	141.2	141.3	128.7	129.6	9.7	9.0	136.3	136.3	129.0	127.7	5.7	6.7
VIII - Eastern Visayas	114.4	114.5	110.8	109.3	3.2	4.8	137.9	137.8	134.2	131.7	2.8	4.6
IX - Zamboanga Peninsula	116.1	115.6	105.6	108.1	9.9	6.9	147.2	147.0	136.5	135.3	7.8	8.6
X - Northern Mindanao	135.9	134.3	118.7	120.7	14.5	11.3	141.4	140.7	133.1	132.4	6.2	6.3
XI - Davao	126.8	127.3	109.7	111.3	15.6	14.4	145.7	145.6	138.8	138.3	5.0	5.3
XII - SOCCSKSARGEN	126.2	124.8	114.5	115.3	10.2	8.2	138.4	138.4	132.3	131.3	4.6	5.4
XIII - Caraga	124.4	124.7	115.1	116.4	8.1	7.1	138.8	138.8	133.2	131.8	4.2	5.3
ARMM - Autonomous Region in Muslim Mindanao	195.2	182.3	162.2	162.0	20.3	12.5	148.6	147.3	134.0	132.8	10.9	10.9

Table 10 (continued)

Area and Region	Dairy Products				Inflation Rates(%)		E g g s				Inflation Rates(%)	
	2006		2005		Current	Previous	2006		2005		Current	Previous
	Nov	Oct	Nov	Oct			Nov	Oct	Nov	Oct		
<b>Philippines</b>	<b>153.9</b>	<b>153.7</b>	<b>146.1</b>	<b>145.0</b>	<b>5.3</b>	<b>6.0</b>	<b>128.5</b>	<b>128.2</b>	<b>121.2</b>	<b>120.6</b>	<b>6.0</b>	<b>6.3</b>
National Capital Region (NCR)	155.7	155.3	146.2	145.4	6.5	6.8	134.0	134.8	121.2	121.0	10.6	11.4
Areas Outside NCR	153.2	153.0	146.0	144.8	4.9	5.7	126.8	126.2	121.2	120.5	4.6	4.7
CAR - Cordillera Administrative Region	158.2	158.2	151.0	150.0	4.8	5.5	118.3	117.4	116.5	116.2	1.5	1.0
I - Ilocos	178.8	178.1	167.8	166.9	6.6	6.7	129.6	128.4	123.3	121.9	5.1	5.3
II - Cagayan Valley	145.6	145.4	141.1	139.0	3.2	4.6	127.7	127.3	123.4	123.3	3.5	3.2
III - Central Luzon	160.2	159.9	149.7	146.0	7.0	9.5	118.9	118.6	119.9	119.7	-0.8	-0.9
IV-a - Calabarzon	147.6	147.5	141.7	141.3	4.2	4.4	117.6	117.0	111.3	111.0	5.7	5.4
IV-b - Mimaropa	154.5	154.2	143.8	143.0	7.4	7.8	125.9	125.6	118.2	116.6	6.5	7.7
V - Bicol	150.3	150.0	144.6	144.5	3.9	3.8	128.2	127.5	122.7	122.2	4.5	4.3
VI - Western Visayas	137.3	137.0	133.5	133.2	2.8	2.9	124.5	123.7	113.4	113.0	9.8	9.5
VII - Central Visayas	156.5	156.1	151.3	151.0	3.4	3.4	129.8	129.6	121.6	119.2	6.7	8.7
VIII - Eastern Visayas	153.8	153.6	145.0	143.3	6.1	7.2	139.7	137.1	125.1	123.4	11.7	11.1
IX - Zamboanga Peninsula	165.1	164.8	154.4	151.7	6.9	8.6	144.7	141.9	133.6	131.0	8.3	8.3
X - Northern Mindanao	153.1	153.0	145.2	144.2	5.4	6.1	143.1	143.2	136.4	135.5	4.9	5.7
XI - Davao	148.1	148.1	142.4	142.2	4.0	4.1	138.9	137.9	133.6	133.3	4.0	3.5
XII - SOCCSKSARGEN	145.8	145.6	140.6	139.9	3.7	4.1	132.9	132.9	127.6	127.1	4.2	4.6
XIII - Caraga	155.4	155.3	148.0	146.8	5.0	5.8	126.3	126.3	121.3	120.4	4.1	4.9
ARMM - Autonomous Region in Muslim Mindanao	155.4	154.8	147.4	146.3	5.4	5.8	144.5	144.0	136.9	136.1	5.6	5.8

Table 10 (continued)

Area and Region	F i s h				Inflation Rates(%)		Fruits and Vegetables				Inflation Rates(%)	
	2006		2005		Current	Previous	2006		2005		Current	Previous
	Nov	Oct	Nov	Oct			Nov	Oct	Nov	Oct		
<b>Philippines</b>	<b>134.6</b>	<b>134.2</b>	<b>128.2</b>	<b>126.9</b>	<b>5.0</b>	<b>5.8</b>	<b>134.0</b>	<b>132.7</b>	<b>122.2</b>	<b>121.8</b>	<b>9.7</b>	<b>8.9</b>
National Capital Region (NCR)	118.8	119.6	114.7	113.4	3.6	5.5	119.9	125.0	108.8	110.8	10.2	12.8
Areas Outside NCR	138.6	137.9	131.6	130.4	5.3	5.8	139.1	135.4	127.0	125.7	9.5	7.7
CAR - Cordillera Administrative Region	119.7	121.3	114.9	116.8	4.2	3.9	151.0	143.7	144.6	141.1	4.4	1.8
I - Ilocos	131.9	129.4	131.5	129.0	0.3	0.3	124.0	122.0	122.0	119.2	1.6	2.3
II - Cagayan Valley	130.3	129.5	125.0	125.0	4.2	3.6	138.4	131.3	125.1	124.5	10.6	5.5
III - Central Luzon	126.3	125.4	124.5	123.5	1.4	1.5	139.1	135.2	122.1	124.2	13.9	8.9
IV-a - Calabarzon	139.0	137.1	133.6	131.0	4.0	4.7	133.0	127.9	118.3	117.3	12.4	9.0
IV-b - Mimaropa	138.3	137.4	123.2	121.8	12.3	12.8	138.7	136.5	125.4	122.8	10.6	11.2
V - Bicol	132.5	133.1	128.3	127.8	3.3	4.1	131.9	123.2	117.8	116.3	12.0	5.9
VI - Western Visayas	142.4	142.0	128.8	127.5	10.6	11.4	132.3	132.1	125.6	124.3	5.3	6.3
VII - Central Visayas	153.5	152.5	146.3	145.9	4.9	4.5	164.0	161.7	150.1	146.4	9.3	10.5
VIII - Eastern Visayas	139.9	138.5	132.1	131.0	5.9	5.7	135.6	133.6	125.6	123.6	8.0	8.1
IX - Zamboanga Peninsula	135.5	132.6	126.4	123.9	7.2	7.0	146.9	145.1	141.3	140.8	4.0	3.1
X - Northern Mindanao	143.7	145.1	133.2	132.5	7.9	9.5	148.6	142.1	132.4	129.3	12.2	9.9
XI - Davao	147.1	147.1	137.6	137.4	6.9	7.1	137.2	135.6	129.3	128.5	6.1	5.5
XII - SOCCSKSARGEN	137.7	138.6	129.0	128.2	6.7	8.1	140.0	138.2	127.5	125.7	9.8	9.9
XIII - Caraga	145.7	146.7	136.9	136.0	6.4	7.9	134.6	133.1	126.0	124.6	6.8	6.8
ARMM - Autonomous Region in Muslim Mindanao	155.1	157.7	143.7	142.1	7.9	11.0	163.2	163.8	143.8	139.4	13.5	17.5

Table 10 (continued)

Area and Region	M e a t						Miscellaneous Foods					
	2006		2005		Inflation Rates(%)		2006		2005		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
<b>Philippines</b>	<b>133.9</b>	<b>132.7</b>	<b>129.9</b>	<b>129.9</b>	<b>3.1</b>	<b>2.2</b>	<b>134.6</b>	<b>134.7</b>	<b>127.2</b>	<b>125.5</b>	<b>5.8</b>	<b>7.3</b>
<b>National Capital Region (NCR)</b>	<b>134.9</b>	<b>132.7</b>	<b>127.9</b>	<b>128.5</b>	<b>5.5</b>	<b>3.3</b>	<b>132.6</b>	<b>132.5</b>	<b>125.1</b>	<b>123.0</b>	<b>6.0</b>	<b>7.7</b>
<b>Areas Outside NCR</b>	<b>133.5</b>	<b>132.7</b>	<b>130.7</b>	<b>130.5</b>	<b>2.1</b>	<b>1.7</b>	<b>135.5</b>	<b>135.7</b>	<b>128.2</b>	<b>126.6</b>	<b>5.7</b>	<b>7.2</b>
CAR - Cordillera Administrative Region	130.3	130.4	130.4	129.3	-0.1	0.9	125.5	125.5	119.5	117.9	5.0	6.4
I - Ilocos	139.1	138.7	136.4	135.6	2.0	2.3	141.9	142.0	134.5	134.0	5.5	6.0
II - Cagayan Valley	128.8	128.7	129.6	129.1	-0.6	-0.3	149.5	149.9	141.3	140.3	5.8	6.8
III - Central Luzon	136.3	133.8	129.8	130.5	5.0	2.5	136.9	136.9	128.2	126.4	6.8	8.3
IV-a - Calabarzon	130.2	129.6	129.0	129.0	0.9	0.5	124.5	124.6	118.7	116.9	4.9	6.6
IV-b - Mimaropa	131.8	131.8	128.0	126.2	3.0	4.4	135.7	136.4	128.3	125.7	5.8	8.5
V - Bicol	132.7	132.5	131.2	131.2	1.1	1.0	142.6	142.6	135.0	133.2	5.6	7.1
VI - Western Visayas	126.9	126.5	127.4	127.1	-0.4	-0.5	133.9	134.2	126.3	125.3	6.0	7.1
VII - Central Visayas	138.7	137.4	134.5	133.3	3.1	3.1	152.9	153.3	146.3	145.2	4.5	5.6
VIII - Eastern Visayas	133.1	132.8	129.1	127.9	3.1	3.8	133.0	133.1	122.1	120.2	8.9	10.7
IX - Zamboanga Peninsula	137.4	137.2	131.4	130.9	4.6	4.8	136.4	136.6	129.9	128.4	5.0	6.4
X - Northern Mindanao	134.1	134.3	130.3	130.0	2.9	3.3	136.1	136.2	125.3	124.2	8.6	9.7
XI - Davao	131.7	131.3	129.5	129.2	1.7	1.6	141.1	141.4	136.4	135.5	3.4	4.4
XII - SOCCSKSARGEN	138.0	137.6	136.7	136.0	1.0	1.2	135.4	136.3	128.6	127.2	5.3	7.2
XIII - Caraga	132.4	132.4	129.0	128.4	2.6	3.1	142.2	142.4r	133.7	131.2	6.4	8.5
ARMM - Autonomous Region in Muslim Mindanao	156.5	156.4	150.2	147.5	4.2	6.0	148.4	148.1	135.9	133.9	9.2	10.6

Table 10 (concluded)

Area and Region	Meals Eaten Outside					
	2006		2005		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous
<b>Philippines</b>	<b>131.7</b>	<b>131.7</b>	<b>126.0</b>	<b>124.3</b>	<b>4.5</b>	<b>6.0</b>
<b>National Capital Region (NCR)</b>	<b>130.4</b>	<b>130.4</b>	<b>123.5</b>	<b>120.8</b>	<b>5.6</b>	<b>7.9</b>
<b>Areas Outside NCR</b>	<b>132.4</b>	<b>132.4</b>	<b>127.5</b>	<b>126.4</b>	<b>3.8</b>	<b>4.7</b>
CAR - Cordillera Administrative Region	111.8	111.7	111.3	109.4	0.4	2.1
I - Ilocos	136.0	135.4	131.6	131.6	3.3	2.9
II - Cagayan Valley	176.9	178.3	170.7	170.1	3.6	4.8
III - Central Luzon	132.0	132.0	125.6	124.5	5.1	6.0
IV-a - Calabarzon	122.5	122.5	117.7	116.0	4.1	5.6
IV-b - Mimaropa	131.5	131.4	127.7	127.6	3.0	3.0
V - Bicol	144.9	144.6	141.7	141.2	2.3	2.4
VI - Western Visayas	130.7	130.7	127.2	126.5	2.8	3.3
VII - Central Visayas	161.7	161.7	158.0	156.9	2.3	3.1
VIII - Eastern Visayas	132.4	132.4	119.7	119.6	10.6	10.7
IX - Zamboanga Peninsula	133.8	133.4	132.8	131.4	0.8	1.5
X - Northern Mindanao	122.5	122.3	116.3	115.7	5.3	5.7
XI - Davao	131.2	131.2	129.1	129.1	1.6	1.6
XII - SOCCSKSARGEN	128.0	127.8	121.6	121.4	5.3	5.3
XIII - Caraga	147.8	147.2	142.3	140.7	3.9	4.6
ARMM - Autonomous Region in Muslim Mindanao	172.3	172.3	163.5	162.8	5.4	5.8

Source: Economic Indices and Indicators Division