

**Table 10. Regional Year-on-Year Inflation Rates of Selected Food Items, August and July 2007 and 2006**  
(2000 = 100)

Area/Region	C e r e a l s						R i c e					
	2007		2006		Inflation Rates(%)		2007		2006		Inflation Rates(%)	
	Aug	Jul	Aug	Jul	Current	Previous	Aug	Jul	Aug	Jul	Current	Previous
<b>Philippines</b>	<b>125.0</b>	<b>123.8</b>	<b>121.7</b>	<b>121.4</b>	<b>2.7</b>	<b>2.0</b>	<b>123.9</b>	<b>122.5</b>	<b>120.8</b>	<b>120.5</b>	<b>2.6</b>	<b>1.7</b>
National Capital Region (NCR)	114.0	110.6	109.8	109.6	3.8	0.9	113.9	110.6	109.8	109.6	3.7	0.9
Areas Outside NCR	126.6	125.7	123.4	123.1	2.6	2.1	125.5	124.4	122.5	122.2	2.4	1.8
CAR - Cordillera Administrative Region	123.0	121.5	121.5	122.0	1.2	-0.4	123.0	121.5	121.5	122.0	1.2	-0.4
I - Ilocos	126.6	126.0	124.8	124.8	1.4	1.0	126.7	126.1	124.9	124.9	1.4	1.0
II - Cagayan Valley	127.5	126.9	127.6	127.0	-0.1	-0.1	127.8	127.1	127.9	127.3	-0.1	-0.2
III - Central Luzon	117.2	116.8	114.7	114.3	2.2	2.2	116.2	115.8	113.7	113.3	2.2	2.2
IV-a - Calabarzon	113.8	113.3	112.0	111.6	1.6	1.5	113.7	113.2	111.9	111.5	1.6	1.5
IV-b - Mimaropa	133.1	131.0	127.8	127.6	4.1	2.7	133.1	131.0	127.9	127.7	4.1	2.6
V - Bicol	123.1	123.0	120.7	119.8	2.0	2.7	121.8	121.7	119.5	118.8	1.9	2.4
VI - Western Visayas	126.9	123.4	121.7	121.8	4.3	1.3	127.0	123.4	121.8	122.1	4.3	1.1
VII - Central Visayas	134.1	133.3	131.0	129.8	2.4	2.7	128.7	127.9	127.4	127.4	1.0	0.4
VIII - Eastern Visayas	129.9	129.6	127.0	125.6	2.3	3.2	130.6	130.4	127.8	126.3	2.2	3.2
IX - Zamboanga Peninsula	126.0	125.2	123.5	123.5	2.0	1.4	128.8	127.6	126.4	126.1	1.9	1.2
X - Northern Mindanao	135.2	134.1	128.1	128.7	5.5	4.2	130.3	129.7	125.6	124.7	3.7	4.0
XI - Davao	133.3	132.7	131.2	131.4	1.6	1.0	133.4	131.7	130.9	130.6	1.9	0.8
XII - SOCCSKSARGEN	135.2	134.4	128.1	128.4	5.5	4.7	134.9	133.8	128.2	128.5	5.2	4.1
XIII - Caraga	132.9	133.2	130.8	130.6	1.6	2.0	133.0	133.0	130.8	130.7	1.7	1.8
ARMM - Autonomous Region in Muslim Mindanao	139.7	138.1	134.6	134.2	3.8	2.9	138.3	136.7	133.6	133.2	3.5	2.6

Table 10 (continued)

Area and Region	C o r n						Cereal Preparations					
	2007		2006		Inflation Rates(%)		2007		2006		Inflation Rates(%)	
	Aug	Jul	Aug	Jul	Current	Previous	Aug	Jul	Aug	Jul	Current	Previous
<b>Philippines</b>	<b>137.3</b>	<b>136.9</b>	<b>131.2</b>	<b>130.7</b>	<b>4.6</b>	<b>4.7</b>	<b>147.0</b>	<b>146.8</b>	<b>142.1</b>	<b>141.7</b>	<b>3.4</b>	<b>3.6</b>
National Capital Region (NCR)	124.6	114.2	110.9	110.9	12.4	3.0	159.9	159.8	154.3	154.2	3.6	3.6
Areas Outside NCR	137.5	137.3	131.6	131.1	4.5	4.7	142.5	142.3	137.8	137.4	3.4	3.6
CAR - Cordillera Administrative Region	124.0	124.3	121.0	119.6	2.5	3.9	135.5	135.4	133.2	132.9	1.7	1.9
I - Ilocos	114.6	114.1	113.1	113.1	1.3	0.9	178.6	178.5	174.3	173.8	2.5	2.7
II - Cagayan Valley	122.1	122.1	121.2	121.1	0.7	0.8	126.5	126.3	124.0	123.1	2.0	2.6
III - Central Luzon	187.5	185.8	187.8	187.3	-0.2	-0.8	141.6	141.3	136.8	136.7	3.5	3.4
IV-a - Calabarzon	124.0	123.6	122.4	121.2	1.3	2.0	139.7	139.5	136.1	135.8	2.6	2.7
IV-b - Mimaropa	127.8	131.4	122.4	121.7	4.4	8.0	132.1	132.0	127.1	126.9	3.9	4.0
V - Bicol	137.5	137.4	133.7	130.3	2.8	5.4	136.4	136.1	132.3	131.5	3.1	3.5
VI - Western Visayas	124.2	123.5	119.6	116.7	3.8	5.8	130.2	130.1	126.5	126.4	2.9	2.9
VII - Central Visayas	145.4	144.6	138.5	134.9	5.0	7.2	146.9	146.8	135.4	135.2	8.5	8.6
VIII - Eastern Visayas	116.1	115.5	112.6	112.6	3.1	2.6	143.4	143.4	137.6	137.4	4.2	4.4
IX - Zamboanga Peninsula	119.7	119.7	116.7	117.4	2.6	2.0	150.5	150.4	146.1	144.8	3.0	3.9
X - Northern Mindanao	147.2	144.7	134.3	138.3	9.6	4.6	144.6	143.7	140.1	139.3	3.2	3.2
XI - Davao	132.9	136.1	132.4	134.1	0.4	1.5	148.0	147.5	145.0	144.9	2.1	1.8
XII - SOCCSKSARGEN	137.9	139.7	127.5	127.6	8.2	9.5	140.0	139.9	137.2	136.7	2.0	2.3
XIII - Caraga	132.3	134.6	131.0	129.3	1.0	4.1	140.6	140.7	138.5	138.3	1.5	1.7
ARMM - Autonomous Region in Muslim Mindanao	206.3	205.1	182.3	182.2	13.2	12.6	158.0	157.9	145.6	145.1	8.5	8.8

Table 10 (continued)

Area and Region	Dairy Products				Inflation Rates (%)		E g g s				Inflation Rates (%)	
	2007		2006		Current	Previous	2007		2006		Current	Previous
	Aug	Jul	Aug	Jul			Aug	Jul	Aug	Jul		
<b>Philippines</b>	<b>161.1</b>	<b>160.2</b>	<b>152.9</b>	<b>152.4</b>	<b>5.4</b>	<b>5.1</b>	<b>136.1</b>	<b>135.0</b>	<b>127.0</b>	<b>124.3</b>	<b>7.2</b>	<b>8.6</b>
<b>National Capital Region (NCR)</b>	<b>162.1</b>	<b>160.4</b>	<b>154.2</b>	<b>153.7</b>	<b>5.1</b>	<b>4.4</b>	<b>146.7</b>	<b>145.2</b>	<b>134.2</b>	<b>124.8</b>	<b>9.3</b>	<b>16.3</b>
<b>Areas Outside NCR</b>	<b>160.7</b>	<b>160.1</b>	<b>152.4</b>	<b>151.9</b>	<b>5.4</b>	<b>5.4</b>	<b>132.9</b>	<b>131.9</b>	<b>124.8</b>	<b>124.1</b>	<b>6.5</b>	<b>6.3</b>
CAR - Cordillera Administrative Region	164.0	163.1	155.3	154.8	5.6	5.4	122.6	120.9	117.3	117.0	4.5	3.3
I - Ilocos	190.3	189.9	177.6	176.2	7.2	7.8	135.0	132.9	125.2	125.0	7.8	6.3
II - Cagayan Valley	150.7	150.6	145.3	145.3	3.7	3.6	129.8	128.7	125.2	124.9	3.7	3.0
III - Central Luzon	167.3	166.4	159.5	159.0	4.9	4.7	120.6	120.9	117.9	117.3	2.3	3.1
IV-a - Calabarzon	155.9	155.5	146.9	146.7	6.1	6.0	122.7	121.5	114.5	113.6	7.2	7.0
IV-b - Mimaropa	162.2	160.7	152.8	152.7	6.2	5.2	131.9	131.3	124.5	123.6	5.9	6.2
V - Bicol	159.3	158.4	149.6	149.2	6.5	6.2	133.8	133.3	125.4	124.4	6.7	7.2
VI - Western Visayas	146.0	146.0	136.5	135.9	7.0	7.4	133.4	131.9	122.8	123.1	8.6	7.1
VII - Central Visayas	158.8	158.5	155.6	155.6	2.1	1.9	141.4	141.2	131.6	129.3	7.4	9.2
VIII - Eastern Visayas	158.3	158.0	153.5	152.7	3.1	3.5	150.2	149.2	134.0	131.5	12.1	13.5
IX - Zamboanga Peninsula	174.9	173.5	162.9	161.4	7.4	7.5	154.3	150.4	139.8	138.9	10.4	8.3
X - Northern Mindanao	159.1	157.7	152.6	152.2	4.3	3.6	150.8	149.6	141.6	141.5	6.5	5.7
XI - Davao	156.4	155.3	147.8	147.7	5.8	5.1	151.0	150.5	137.7	136.9	9.7	9.9
XII - SOCCSKSARGEN	154.5	154.2	145.6	144.7	6.1	6.6	137.0	137.2	131.7	130.9	4.0	4.8
XIII - Caraga	160.2	159.5	154.7	154.5	3.6	3.2	132.2	129.4	126.2	125.6	4.8	3.0
ARMM - Autonomous Region in Muslim Mindanao	163.7	163.0	154.4	154.3	6.0	5.6	154.3	150.4	142.5	142.0	8.3	5.9

Table 10 (continued)

Area and Region	F i s h				Inflation Rates (%)		Fruits and Vegetables				Inflation Rates (%)	
	2007		2006		Current	Previous	2007		2006		Current	Previous
	Aug	Jul	Aug	Jul			Aug	Jul	Aug	Jul		
<b>Philippines</b>	<b>136.9</b>	<b>136.9</b>	<b>134.1</b>	<b>133.5</b>	<b>2.1</b>	<b>2.5</b>	<b>128.8</b>	<b>128.9</b>	<b>129.4</b>	<b>124.9</b>	<b>-0.5</b>	<b>3.2</b>
<b>National Capital Region (NCR)</b>	<b>119.1</b>	<b>118.5</b>	<b>121.0</b>	<b>121.4</b>	<b>-1.6</b>	<b>-2.4</b>	<b>113.2</b>	<b>112.2</b>	<b>119.6</b>	<b>111.1</b>	<b>-5.4</b>	<b>1.0</b>
<b>Areas Outside NCR</b>	<b>141.4</b>	<b>141.6</b>	<b>137.4</b>	<b>136.6</b>	<b>2.9</b>	<b>3.7</b>	<b>134.4</b>	<b>134.9</b>	<b>132.9</b>	<b>129.9</b>	<b>1.1</b>	<b>3.8</b>
CAR - Cordillera Administrative Region	122.7	122.0	117.9	120.7	4.1	1.1	134.6	132.9	143.9	139.5	-6.5	-4.7
I - Ilocos	137.4	136.6	131.0	128.4	4.9	6.4	113.9	116.2	127.4	114.0	-10.6	1.9
II - Cagayan Valley	133.6	133.6	129.2	128.9	3.4	3.6	126.2	126.1	128.9	128.1	-2.1	-1.6
III - Central Luzon	131.3	131.4	126.9	126.0	3.5	4.3	125.8	127.0	134.4	124.6	-6.4	1.9
IV-a - Calabarzon	139.1	140.7	134.8	133.8	3.2	5.2	123.1	122.6	121.8	118.7	1.1	3.3
IV-b - Mimaropa	140.0	140.2	134.7	134.0	3.9	4.6	135.8	137.7	130.1	130.2	4.4	5.8
V - Bicol	137.2	137.5	131.9	131.3	4.0	4.7	127.5	127.9	121.7	121.4	4.8	5.4
VI - Western Visayas	145.5	144.2	140.7	139.7	3.4	3.2	132.5	131.7	126.8	127.1	4.5	3.6
VII - Central Visayas	153.1	152.8	154.5	156.6	-0.9	-2.4	168.5	168.5	163.4	162.9	3.1	3.4
VIII - Eastern Visayas	140.5	140.4	136.4	134.9	3.0	4.1	136.2	135.9	132.9	132.7	2.5	2.4
IX - Zamboanga Peninsula	136.9	137.5	134.9	131.0	1.5	5.0	144.5	147.8	138.3	140.3	4.5	5.3
X - Northern Mindanao	148.0	148.1	144.4	142.7	2.5	3.8	146.7	151.0	137.5	137.1	6.7	10.1
XI - Davao	153.0	155.2	147.5	147.5	3.7	5.2	143.4	144.7	132.5	133.4	8.2	8.5
XII - SOCCSKSARGEN	140.8	140.6	137.5	136.4	2.4	3.1	146.6	146.6	134.5	133.4	9.0	9.9
XIII - Caraga	145.6	145.4	145.3	144.3	0.2	0.8	134.3	134.1	134.9	135.2	-0.4	-0.8
ARMM - Autonomous Region in Muslim Mindanao	164.1	162.7	153.7	152.1	6.8	7.0	171.7	170.8	158.6	158.4	8.3	7.8

Table 10 (continued)

Area and Region	M e a t						Miscellaneous Foods					
	2007		2006		Inflation Rates(%)		2007		2006		Inflation Rates(%)	
	Aug	Jul	Aug	Jul	Current	Previous	Aug	Jul	Aug	Jul	Current	Previous
<b>Philippines</b>	<b>136.9</b>	<b>136.1</b>	<b>132.6</b>	<b>131.7</b>	<b>3.2</b>	<b>3.3</b>	<b>136.8</b>	<b>136.4</b>	<b>134.2</b>	<b>133.7</b>	<b>1.9</b>	<b>2.0</b>
<b>National Capital Region (NCR)</b>	<b>139.7</b>	<b>138.5</b>	<b>132.2</b>	<b>130.8</b>	<b>5.7</b>	<b>5.9</b>	<b>135.1</b>	<b>134.4</b>	<b>131.4</b>	<b>131.3</b>	<b>2.8</b>	<b>2.4</b>
<b>Areas Outside NCR</b>	<b>135.7</b>	<b>135.0</b>	<b>132.8</b>	<b>132.1</b>	<b>2.2</b>	<b>2.2</b>	<b>137.6</b>	<b>137.3</b>	<b>135.4</b>	<b>134.8</b>	<b>1.6</b>	<b>1.9</b>
CAR - Cordillera Administrative Region	132.3	132.1	130.9	130.5	1.1	1.2	127.6	126.7	124.5	125.6	2.5	0.9
I - Ilocos	141.8	141.8	138.9	138.7	2.1	2.2	143.7	143.2	141.7	139.5	1.4	2.7
II - Cagayan Valley	130.2	130.2	128.5	128.5	1.3	1.3	149.6	149.0	149.4	149.6	0.1	-0.4
III - Central Luzon	138.2	135.7	135.1	132.8	2.3	2.2	139.5	139.2	136.7	136.4	2.0	2.1
IV-a - Calabarzon	132.1	131.3	129.6	129.1	1.9	1.7	127.4	127.3	124.2	122.8	2.6	3.7
IV-b - Mimaropa	135.1	134.8	131.1	130.7	3.1	3.1	137.7	137.6	136.2	136.0	1.1	1.2
V - Bicol	137.3	137.2	132.4	132.1	3.7	3.9	143.0	142.8	142.4	142.4	0.4	0.3
VI - Western Visayas	127.2	127.4	126.1	126.3	0.9	0.9	135.9	135.7	134.2	133.2	1.3	1.9
VII - Central Visayas	139.5	139.5	137.4	137.8	1.5	1.2	153.4	153.3	153.4	153.3	0.0	0.0
VIII - Eastern Visayas	137.5	137.5	132.3	132.4	3.9	3.9	133.8	133.7	132.2	131.8	1.2	1.4
IX - Zamboanga Peninsula	138.0	137.6	135.0	133.6	2.2	3.0	137.2	136.8	136.3	138.4	0.7	-1.2
X - Northern Mindanao	138.8	138.9	133.4	133.2	4.0	4.3	139.3	138.6	135.7	135.4	2.7	2.4
XI - Davao	133.5	133.4	130.8	130.8	2.1	2.0	144.4	143.7	141.2	141.1	2.3	1.8
XII - SOCCSKSARGEN	140.6	140.7	136.9	137.0	2.7	2.7	135.6	135.7	136.2	136.2	-0.4	-0.4
XIII - Caraga	135.8	135.1	133.1	133.1	2.0	1.5	142.3	142.2	142.8	142.9	-0.4	-0.5
ARMM - Autonomous Region in Muslim Mindanao	162.9	162.7	155.9	155.4	4.5	4.7	152.5	152.5	147.4	147.3	3.5	3.5

Table 10 (concluded)

Area and Region	Meals Eaten Outside					
	2007		2006		Inflation Rates(%)	
	Aug	Jul	Aug	Jul	Current	Previous
<b>Philippines</b>	<b>133.9</b>	<b>133.6</b>	<b>131.0</b>	<b>130.5</b>	<b>2.2</b>	<b>2.4</b>
<b>National Capital Region (NCR)</b>	<b>132.3</b>	<b>131.8</b>	<b>129.1</b>	<b>129.1</b>	<b>2.5</b>	<b>2.1</b>
<b>Areas Outside NCR</b>	<b>134.8</b>	<b>134.7</b>	<b>132.1</b>	<b>131.4</b>	<b>2.0</b>	<b>2.5</b>
CAR - Cordillera Administrative Region	112.7	112.6	111.5	111.5	1.1	1.0
I - Ilocos	136.1	135.7	135.1	134.7	0.7	0.7
II - Cagayan Valley	177.5	177.1	178.3	178.3	-0.4	-0.7
III - Central Luzon	135.3	135.3	131.8	131.8	2.7	2.7
IV-a - Calabarzon	125.8	125.8	122.2	120.3	2.9	4.6
IV-b - Mimaropa	133.5	133.5	129.8	129.8	2.9	2.9
V - Bicol	147.1	146.7	144.4	144.4	1.9	1.6
VI - Western Visayas	131.9	131.7	130.5	130.5	1.1	0.9
VII - Central Visayas	161.6	161.6	161.7	161.7	-0.1	-0.1
VIII - Eastern Visayas	135.4	135.4	130.0	130.0	4.2	4.2
IX - Zamboanga Peninsula	135.0	134.6	133.4	133.4	1.2	0.9
X - Northern Mindanao	127.3	126.4	122.3	121.9	4.1	3.7
XI - Davao	132.3	132.3	131.2	131.2	0.8	0.8
XII - SOCCSKSARGEN	128.6	128.4	127.3	127.3	1.0	0.9
XIII - Caraga	148.4	148.4	147.6	147.6	0.5	0.5
ARMM - Autonomous Region in Muslim Mindanao	179.5	179.5	171.2	170.9	4.8	5.0

Source: Economic Indices and Indicators Division  
Industry and Trade Statistics Department  
National Statistics Office  
Republic of the Philippines