

**Table 10. Regional Year-on-Year Inflation Rates of Selected Food Items, October and September 2007 and 2006**  
(2000 = 100)

Area/Region	C e r e a l s						R i c e					
	2007		2006		Inflation Rates(%)		2007		2006		Inflation Rates(%)	
	Oct	Sep	Oct	Sep	Current	Previous	Oct	Sep	Oct	Sep	Current	Previous
<b>Philippines</b>	<b>128.4</b>	<b>128.3</b>	<b>120.8</b>	<b>121.3</b>	<b>6.3</b>	<b>5.8</b>	<b>127.9</b>	<b>127.5</b>	<b>119.9</b>	<b>120.3</b>	<b>6.7</b>	<b>6.0</b>
National Capital Region (NCR)	122.3	122.4	110.1	109.8	11.1	11.5	122.3	122.4	110.1	109.8	11.1	11.5
Areas Outside NCR	129.3	129.1	122.3	122.9	5.7	5.0	128.8	128.3	121.4	121.9	6.1	5.3
CAR - Cordillera Administrative Region	128.9	127.5	121.7	121.8	5.9	4.7	129.0	127.6	121.7	121.8	6.0	4.8
I - Ilocos	130.4	128.6	125.0	125.1	4.3	2.8	130.6	128.8	125.2	125.3	4.3	2.8
II - Cagayan Valley	134.4	133.9	127.4	127.8	5.5	4.8	134.8	134.3	127.7	128.1	5.6	4.8
III - Central Luzon	124.4	122.6	115.4	114.7	7.8	6.9	123.5	121.7	114.4	113.7	8.0	7.0
IV-a - Calabarzon	120.0	118.2	112.3	112.5	6.9	5.1	119.9	118.1	112.2	112.4	6.9	5.1
IV-b - Mimaropa	143.0	140.0	128.5	128.5	11.3	8.9	143.1	140.1	128.5	128.5	11.4	9.0
V - Bicol	128.8	125.8	120.6	120.8	6.8	4.1	128.2	124.7	119.7	119.7	7.1	4.2
VI - Western Visayas	126.6	127.7	117.5	118.9	7.7	7.4	126.7	127.9	117.4	118.8	7.9	7.7
VII - Central Visayas	133.5	134.5	132.0	132.3	1.1	1.7	129.0	130.5	127.5	127.2	1.2	2.6
VIII - Eastern Visayas	134.1	132.8	128.2	127.2	4.6	4.4	135.1	133.7	128.9	127.9	4.8	4.5
IX - Zamboanga Peninsula	123.3	127.2	118.7	120.7	3.9	5.4	126.4	130.5	120.1	122.9	5.2	6.2
X - Northern Mindanao	133.4	134.8	128.1	127.7	4.1	5.6	130.6	130.1	125.5	125.2	4.1	3.9
XI - Davao	131.7	133.2	126.0	130.2	4.5	2.3	132.9	133.8	125.6	130.1	5.8	2.8
XII - SOCCSKSARGEN	133.1	134.2	122.7	125.5	8.5	6.9	133.5	134.4	122.5	125.5	9.0	7.1
XIII - Caraga	133.1	133.2	129.7	130.1	2.6	2.4	133.2	133.2	130.2	130.7	2.3	1.9
ARMM - Autonomous Region in Muslim Mindanao	135.2	141.5	132.2	132.4	2.3	6.9	133.6	140.0	131.1	131.3	1.9	6.6

Table 10 (continued)

Area and Region	C o r n						Cereal Preparations					
	2007		2006		Inflation Rates(%)		2007		2006		Inflation Rates(%)	
	Oct	Sep	Oct	Sep	Current	Previous	Oct	Sep	Oct	Sep	Current	Previous
<b>Philippines</b>	<b>134.0</b>	<b>136.1</b>	<b>130.5</b>	<b>131.5</b>	<b>2.7</b>	<b>3.5</b>	<b>148.0</b>	<b>147.3</b>	<b>143.1</b>	<b>142.4</b>	<b>3.4</b>	<b>3.4</b>
National Capital Region (NCR)	125.9	126.0	110.9	110.9	13.5	13.6	161.3	160.3	155.9	154.6	3.5	3.7
Areas Outside NCR	134.1	136.3	130.9	131.9	2.4	3.3	143.4	142.8	138.6	138.2	3.5	3.3
CAR - Cordillera Administrative Region	124.8	123.2	122.5	122.0	1.9	1.0	136.4	135.8	134.2	133.6	1.6	1.6
I - Ilocos	116.3	115.9	112.8	112.7	3.1	2.8	179.4	178.6	175.5	175.0	2.2	2.1
II - Cagayan Valley	124.9	124.4	120.5	120.7	3.7	3.1	127.3	126.8	124.9	124.4	1.9	1.9
III - Central Luzon	189.6	188.6	186.2	187.5	1.8	0.6	142.3	142.0	137.8	137.1	3.3	3.6
IV-a - Calabarzon	125.2	125.0	118.1	120.0	6.0	4.2	140.4	139.8	136.5	136.2	2.9	2.6
IV-b - Mimaropa	128.4	127.8	124.4	124.4	3.2	2.7	133.1	132.1	128.3	127.8	3.7	3.4
V - Bicol	135.3	137.5	130.2	132.3	3.9	3.9	137.2	136.6	133.3	132.9	2.9	2.8
VI - Western Visayas	124.7	124.3	119.4	119.8	4.4	3.8	130.7	130.5	126.9	126.8	3.0	2.9
VII - Central Visayas	142.9	142.9	141.3	142.7	1.1	0.1	147.1	146.9	136.3	136.1	7.9	7.9
VIII - Eastern Visayas	116.2	116.2	114.5	114.3	1.5	1.7	144.3	143.5	137.8	137.7	4.7	4.2
IX - Zamboanga Peninsula	116.2	119.7	115.6	115.7	0.5	3.5	151.2	150.8	147.0	146.5	2.9	2.9
X - Northern Mindanao	140.2	146.2	134.3	133.9	4.4	9.2	144.6	144.6	140.7	140.2	2.8	3.1
XI - Davao	127.5	131.0	127.3	130.7	0.2	0.2	148.9	148.3	145.6	145.3	2.3	2.1
XII - SOCCSKSARGEN	129.0	132.8	124.8	125.9	3.4	5.5	141.1	140.4	138.4	138.2	2.0	1.6
XIII - Caraga	132.3	133.7	124.7	124.5	6.1	7.4	142.4	140.7	138.8	138.8	2.6	1.4
ARMM - Autonomous Region in Muslim Mindanao	210.1	210.1	182.3	182.3	15.2	15.2	161.9	159.0	147.3	146.7	9.9	8.4

Table 10 (continued)

Area and Region	Dairy Products				Inflation Rates (%)		E g g s				Inflation Rates (%)	
	2007		2006		Current	Previous	2007		2006		Current	Previous
	Oct	Sep	Oct	Sep			Oct	Sep	Oct	Sep		
<b>Philippines</b>	<b>164.2</b>	<b>162.2</b>	<b>153.7</b>	<b>153.2</b>	<b>6.8</b>	<b>5.9</b>	<b>137.9</b>	<b>136.9</b>	<b>128.2</b>	<b>127.9</b>	<b>7.6</b>	<b>7.0</b>
<b>National Capital Region (NCR)</b>	<b>164.0</b>	<b>162.8</b>	<b>155.3</b>	<b>154.5</b>	<b>5.6</b>	<b>5.4</b>	<b>146.8</b>	<b>146.7</b>	<b>134.8</b>	<b>135.6</b>	<b>8.9</b>	<b>8.2</b>
<b>Areas Outside NCR</b>	<b>164.3</b>	<b>162.0</b>	<b>153.0</b>	<b>152.7</b>	<b>7.4</b>	<b>6.1</b>	<b>135.2</b>	<b>133.9</b>	<b>126.2</b>	<b>125.5</b>	<b>7.1</b>	<b>6.7</b>
CAR - Cordillera Administrative Region	169.0	166.7	158.2	156.4	6.8	6.6	124.7	124.3	117.4	117.2	6.2	6.1
I - Ilocos	195.0	190.6	178.1	177.8	9.5	7.2	136.7	135.7	128.4	128.3	6.5	5.8
II - Cagayan Valley	155.8	153.0	145.4	145.3	7.2	5.3	134.4	132.0	127.3	125.9	5.6	4.8
III - Central Luzon	173.9	169.0	159.9	159.9	8.8	5.7	124.2	121.5	118.6	118.4	4.7	2.6
IV-a - Calabarzon	158.7	157.2	147.5	147.4	7.6	6.6	125.2	124.3	117.0	115.4	7.0	7.7
IV-b - Mimaropa	163.7	162.9	154.2	152.8	6.2	6.6	136.3	134.7	125.6	125.3	8.5	7.5
V - Bicol	163.8	161.4	150.0	149.8	9.2	7.7	135.9	135.2	127.5	126.7	6.6	6.7
VI - Western Visayas	147.2	146.8	137.0	136.9	7.4	7.2	134.0	134.1	123.7	122.8	8.3	9.2
VII - Central Visayas	159.5	159.2	156.1	155.8	2.2	2.2	143.4	141.8	129.6	130.3	10.6	8.8
VIII - Eastern Visayas	160.6	159.3	153.6	153.6	4.6	3.7	149.0	149.8	137.1	136.2	8.7	10.0
IX - Zamboanga Peninsula	178.8	176.4	164.8	164.6	8.5	7.2	155.3	154.3	141.9	139.7	9.4	10.5
X - Northern Mindanao	163.5	161.4	153.0	152.8	6.9	5.6	154.4	151.4	143.2	142.6	7.8	6.2
XI - Davao	160.1	158.5	148.1	147.9	8.1	7.2	154.8	151.8	137.9	137.9	12.3	10.1
XII - SOCCSKSARGEN	159.0	155.9	145.6	145.6	9.2	7.1	137.2	137.6	132.9	132.1	3.2	4.2
XIII - Caraga	165.0	161.3	155.3	154.9	6.2	4.1	132.9	132.5	126.3	125.9	5.2	5.2
ARMM - Autonomous Region in Muslim Mindanao	165.3	164.8	154.8	154.5	6.8	6.7	154.7	154.8	144.0	142.9	7.4	8.3

Table 10 (continued)

Area and Region	F i s h				Inflation Rates (%)		Fruits and Vegetables				Inflation Rates (%)	
	2007		2006		Current	Previous	2007		2006		Current	Previous
	Oct	Sep	Oct	Sep			Oct	Sep	Oct	Sep		
<b>Philippines</b>	<b>138.4</b>	<b>137.2</b>	<b>134.2</b>	<b>133.0</b>	<b>3.1</b>	<b>3.2</b>	<b>133.9</b>	<b>131.2</b>	<b>132.7</b>	<b>128.0</b>	<b>0.9</b>	<b>2.5</b>
<b>National Capital Region (NCR)</b>	<b>120.2</b>	<b>118.7</b>	<b>119.6</b>	<b>117.3</b>	<b>0.5</b>	<b>1.2</b>	<b>120.9</b>	<b>117.0</b>	<b>125.0</b>	<b>115.1</b>	<b>-3.3</b>	<b>1.7</b>
<b>Areas Outside NCR</b>	<b>143.1</b>	<b>141.9</b>	<b>137.9</b>	<b>137.0</b>	<b>3.8</b>	<b>3.6</b>	<b>138.5</b>	<b>136.3</b>	<b>135.4r</b>	<b>132.6</b>	<b>2.3</b>	<b>2.8</b>
CAR - Cordillera Administrative Region	121.5	123.2	121.3	119.8	0.2	2.8	141.3	139.1	143.7	144.5	-1.7	-3.7
I - Ilocos	138.1	137.1	129.4	129.3	6.7	6.0	118.7	116.9	122.0	121.9	-2.7	-4.1
II - Cagayan Valley	135.0	134.8	129.5	129.5	4.2	4.1	128.4	128.0	131.3	129.4	-2.2	-1.1
III - Central Luzon	132.2	132.3	125.4	126.3	5.4	4.8	131.6	129.0	135.2	133.8	-2.7	-3.6
IV-a - Calabarzon	141.6	138.9	137.1	135.3	3.3	2.7	128.5	126.2	127.9	123.0	0.5	2.6
IV-b - Mimaropa	142.3	140.8	137.4	134.7	3.6	4.5	139.7	136.9	136.5	132.5	2.3	3.3
V - Bicol	139.6	137.9	133.1	131.2	4.9	5.1	129.7	127.8	123.2	121.0	5.3	5.6
VI - Western Visayas	146.2	145.9	142.0	139.9	3.0	4.3	140.5	134.3	132.1	126.6	6.4	6.1
VII - Central Visayas	155.8	153.8	152.5	153.4	2.2	0.3	170.4	170.6	161.7	160.4	5.4	6.4
VIII - Eastern Visayas	141.4	140.6	138.5	137.0	2.1	2.6	137.9	136.9	133.6	131.7	3.2	3.9
IX - Zamboanga Peninsula	142.5	138.1	132.6	132.0	7.5	4.6	143.3	144.7	145.1	142.0	-1.2	1.9
X - Northern Mindanao	149.7	149.0	145.1	143.4	3.2	3.9	150.1	147.6	142.1	134.9	5.6	9.4
XI - Davao	153.7	153.0	147.1	146.8	4.5	4.2	146.5	144.2	135.6	132.6	8.0	8.7
XII - SOCCSKSARGEN	142.0	142.4	138.6	138.0	2.5	3.2	148.8	146.2	138.2	136.6	7.7	7.0
XIII - Caraga	147.6	146.8	146.7	146.3	0.6	0.3	135.5	134.4	133.1r	132.5	1.8	1.4
ARMM - Autonomous Region in Muslim Mindanao	164.3	163.8	157.7	154.6	4.2	6.0	177.0	173.9	163.8	159.4	8.1	9.1

Table 10 (continued)

Area and Region	M e a t						Miscellaneous Foods					
	2007		2006		Inflation Rates(%)		2007		2006		Inflation Rates(%)	
	Oct	Sep	Oct	Sep	Current	Previous	Oct	Sep	Oct	Sep	Current	Previous
<b>Philippines</b>	<b>136.0</b>	<b>135.9</b>	<b>132.7</b>	<b>132.2</b>	<b>2.5</b>	<b>2.8</b>	<b>137.5</b>	<b>137.1</b>	<b>134.7</b>	<b>134.6</b>	<b>2.1</b>	<b>1.9</b>
<b>National Capital Region (NCR)</b>	<b>136.9</b>	<b>137.0</b>	<b>132.7</b>	<b>131.3</b>	<b>3.2</b>	<b>4.3</b>	<b>135.7</b>	<b>135.5</b>	<b>132.5</b>	<b>132.3</b>	<b>2.4</b>	<b>2.4</b>
<b>Areas Outside NCR</b>	<b>135.6</b>	<b>135.4</b>	<b>132.7</b>	<b>132.6</b>	<b>2.2</b>	<b>2.1</b>	<b>138.3</b>	<b>137.8</b>	<b>135.7</b>	<b>135.7</b>	<b>1.9</b>	<b>1.5</b>
CAR - Cordillera Administrative Region	133.1	132.9	130.4	131.1	2.1	1.4	129.8	128.6	125.5	125.3	3.4	2.6
I - Ilocos	142.4	142.6	138.7	138.7	2.7	2.8	144.8	144.0	142.0	141.6	2.0	1.7
II - Cagayan Valley	130.3	130.2	128.7	128.5	1.2	1.3	151.0	149.6	149.9	149.9	0.7	-0.2
III - Central Luzon	136.1	136.0	133.8	134.0	1.7	1.5	140.5	140.0	136.9	136.9	2.6	2.3
IV-a - Calabarzon	131.9	131.9	129.6	129.7	1.8	1.7	127.8	127.4	124.6	124.7	2.6	2.2
IV-b - Mimaropa	135.9	135.4	131.8	131.8	3.1	2.7	138.8	137.9	136.4	136.5	1.8	1.0
V - Bicol	138.0	137.7	132.5	132.3	4.2	4.1	144.0	143.4	142.6	142.6	1.0	0.6
VI - Western Visayas	127.8	127.8	126.5	126.2	1.0	1.3	136.4	136.1	134.2	134.2	1.6	1.4
VII - Central Visayas	139.8	139.5	137.4	137.0	1.7	1.8	153.5	153.5	153.3	153.3	0.1	0.1
VIII - Eastern Visayas	137.9	137.8	132.8	132.6	3.8	3.9	134.6	134.3	133.1	133.1	1.1	0.9
IX - Zamboanga Peninsula	138.3	138.1	137.2	136.4	0.8	1.2	138.0	137.7	136.6	136.6	1.0	0.8
X - Northern Mindanao	139.8	139.4	134.3	133.7	4.1	4.3	140.1	139.6	136.2	136.2	2.9	2.5
XI - Davao	134.9	134.0	131.3	131.1	2.7	2.2	145.1	144.6	141.4	141.4	2.6	2.3
XII - SOCCSKSARGEN	141.5	141.3	137.6	137.1	2.8	3.1	136.7	136.1	136.3	136.4	0.3	-0.2
XIII - Caraga	136.5	135.8	132.4	132.7	3.1	2.3	143.0	142.5r	142.4r	142.8	0.4	-0.2
ARMM - Autonomous Region in Muslim Mindanao	164.3	163.4	156.4	156.2	5.1	4.6	154.1	153.2	148.1	147.5	4.1	3.9

Table 10 (concluded)

Area and Region	Meals Eaten Outside					
	2007		2006		Inflation Rates(%)	
	Oct	Sep	Oct	Sep	Current	Previous
<b>Philippines</b>	<b>133.9</b>	<b>133.9</b>	<b>131.7</b>	<b>131.6</b>	<b>1.7</b>	<b>1.7</b>
<b>National Capital Region (NCR)</b>	<b>132.3</b>	<b>132.3</b>	<b>130.4</b>	<b>130.4</b>	<b>1.5</b>	<b>1.5</b>
<b>Areas Outside NCR</b>	<b>134.9</b>	<b>134.8</b>	<b>132.4</b>	<b>132.3</b>	<b>1.9</b>	<b>1.9</b>
CAR - Cordillera Administrative Region	112.7	112.7	111.7	111.7	0.9	0.9
I - Ilocos	136.1	136.1	135.4	135.1	0.5	0.7
II - Cagayan Valley	178.3	177.5	178.3	178.3	0.0	-0.4
III - Central Luzon	135.4	135.3	132.0	132.0	2.6	2.5
IV-a - Calabarzon	125.8	125.8	122.5	122.5	2.7	2.7
IV-b - Mimaropa	134.9	133.7	131.4	131.2	2.7	1.9
V - Bicol	147.7	147.3	144.6	144.5	2.1	1.9
VI - Western Visayas	131.9	131.9	130.7	130.6	0.9	1.0
VII - Central Visayas	161.7	161.6	161.7	161.7	0.0	-0.1
VIII - Eastern Visayas	136.0	135.8	132.4	132.4	2.7	2.6
IX - Zamboanga Peninsula	135.0	135.0	133.4	133.4	1.2	1.2
X - Northern Mindanao	127.5	127.2r	122.3	122.3	4.3	4.0
XI - Davao	132.5	132.4	131.2	131.2	1.0	0.9
XII - SOCCSKSARGEN	128.6	128.6	127.8	127.6	0.6	0.8
XIII - Caraga	148.6	148.4	147.2	147.6	1.0	0.5
ARMM - Autonomous Region in Muslim Mindanao	179.5	179.5	172.3	171.6	4.2	4.6

Source: Economic Indices and Indicators Division  
Industry and Trade Statistics Department  
National Statistics Office  
Republic of the Philippines