

**Table 10. Regional Year-on-Year Inflation Rates of Selected Food Items, December and November 2007 and 2006**  
(2000 = 100)

Area/Region	C e r e a l s						R i c e					
	2007		2006		Inflation Rates(%)		2007		2006		Inflation Rates(%)	
	Dec	Nov	Dec	Nov	Current	Previous	Dec	Nov	Dec	Nov	Current	Previous
<b>Philippines</b>	<b>128.4</b>	<b>128.4</b>	<b>120.4</b>	<b>120.5</b>	<b>6.6</b>	<b>6.6</b>	<b>127.9</b>	<b>127.8</b>	<b>119.3r</b>	<b>119.4</b>	<b>7.2</b>	<b>7.0</b>
National Capital Region (NCR)	121.6	121.7	109.9	110.0	10.6	10.6	121.5	121.6	109.9	110.0	10.6	10.5
Areas Outside NCR	129.4	129.4	121.9	122.0	6.2	6.1	128.9	128.8	120.8r	120.9	6.7	6.5
CAR - Cordillera Administrative Region	129.1	129.0	120.6	121.3	7.0	6.3	129.2	129.1	120.6	121.3	7.1	6.4
I - Ilocos	129.6	129.6	123.1	124.3	5.3	4.3	129.8	129.8	123.2	124.4	5.4	4.3
II - Cagayan Valley	132.1	131.7	126.9	127.1	4.1	3.6	132.4	132.0	127.2	127.4	4.1	3.6
III - Central Luzon	123.0	122.8	115.7	115.3	6.3	6.5	122.1	121.9	114.7	114.3	6.5	6.6
IV-a - Calabarzon	119.8	120.4	112.2	112.2	6.8	7.3	119.7	120.3	112.1	112.1	6.8	7.3
IV-b - Mimaropa	141.6	142.1	127.9	128.7	10.7	10.4	141.7	142.2	127.9	128.7	10.8	10.5
V - Bicol	131.3	131.1	120.4	120.5	9.1	8.8	130.8	130.7	119.5	119.6	9.5	9.3
VI - Western Visayas	125.8	125.8	116.5	116.6	8.0	7.9	125.8	125.8	116.3	116.4	8.2	8.1
VII - Central Visayas	133.5	135.1	132.1r	132.2	1.1	2.2	128.9	130.8	127.5r	127.9	1.1	2.3
VIII - Eastern Visayas	136.8	135.3	129.5	129.8	5.6	4.2	137.9	136.3	130.3	130.6	5.8	4.4
IX - Zamboanga Peninsula	127.9	125.8	119.0	118.9	7.5	5.8	132.7	129.9	120.1	120.1	10.5	8.2
X - Northern Mindanao	132.6	133.3	128.4	128.3	3.3	3.9	130.1	130.0	125.1	125.2	4.0	3.8
XI - Davao	132.0	131.5	125.1	125.2	5.5	5.0	132.8	132.3	124.5	124.8	6.7	6.0
XII - SOCCSKSARGEN	131.6	131.3	120.8	121.0	8.9	8.5	131.6	131.2	120.2	120.4	9.5	9.0
XIII - Caraga	135.1	134.9	129.6	129.5	4.2	4.2	135.4	135.1	130.2	130.0	4.0	3.9
ARMM - Autonomous Region in Muslim Mindanao	138.0	137.6	128.3	127.4	7.6	8.0	136.3	136.0	126.9	126.0	7.4	7.9

Table 10 (continued)

Area and Region	C o r n						Cereal Preparations					
	2007		2006		Inflation Rates(%)		2007		2006		Inflation Rates(%)	
	Dec	Nov	Dec	Nov	Current	Previous	Dec	Nov	Dec	Nov	Current	Previous
<b>Philippines</b>	<b>134.5</b>	<b>134.9</b>	<b>131.3</b>	<b>130.9</b>	<b>2.4</b>	<b>3.1</b>	<b>151.2</b>	<b>149.9</b>	<b>143.7</b>	<b>143.4</b>	<b>5.2</b>	<b>4.5</b>
National Capital Region (NCR)	129.6	127.5	110.9	110.9	16.9	15.0	165.4	163.6	156.7	156.4	5.6	4.6
Areas Outside NCR	134.6	135.0	131.7	131.3	2.2	2.8	146.2	145.1	139.1	138.9	5.1	4.5
CAR - Cordillera Administrative Region	125.8	125.3	122.2	122.5	2.9	2.3	138.1	136.9	134.5	134.4	2.7	1.9
I - Ilocos	117.2	116.0	112.1	112.8	4.5	2.8	181.8	180.6	177.0	176.6	2.7	2.3
II - Cagayan Valley	125.0	124.9	120.9	120.8	3.4	3.4	128.9	127.5	125.2	125.2	3.0	1.8
III - Central Luzon	190.0	189.8	186.0	185.5	2.2	2.3	143.7	143.3	137.6	137.8	4.4	4.0
IV-a - Calabarzon	126.6	125.7	118.3	117.9	7.0	6.6	143.1	142.7	137.1	136.8	4.4	4.3
IV-b - Mimaropa	129.0	128.8	126.9	126.4	1.7	1.9	136.4	135.8	128.9	128.7	5.8	5.5
V - Bicol	136.9	135.3	129.9	129.9	5.4	4.2	141.5	139.4	133.9	133.7	5.7	4.3
VI - Western Visayas	125.2	125.1	120.2	120.0	4.2	4.3	131.7	131.3	127.1	127.1	3.6	3.3
VII - Central Visayas	143.0	143.9	141.6	141.2	1.0	1.9	147.9	147.2	136.9	136.3	8.0	8.0
VIII - Eastern Visayas	116.0	116.0	114.6	114.4	1.2	1.4	153.3	150.1	138.0	137.9	11.1	8.8
IX - Zamboanga Peninsula	116.8	116.4	116.5	116.1	0.3	0.3	161.0	158.9	147.4	147.2	9.2	7.9
X - Northern Mindanao	138.8	141.3	136.4	135.9	1.8	4.0	148.4	146.2	141.6	141.4	4.8	3.4
XI - Davao	129.1	128.7	127.4	126.8	1.3	1.5	151.4	150.0	146.1	145.7	3.6	3.0
XII - SOCCSKSARGEN	131.8	132.1	126.8	126.2	3.9	4.7	142.8	141.8	138.5	138.4	3.1	2.5
XIII - Caraga	132.2	132.7	123.9	124.4	6.7	6.7	144.7	144.0	139.1	138.8	4.0	3.7
ARMM - Autonomous Region in Muslim Mindanao	219.4	214.7	195.3	195.2	12.3	10.0	166.4	164.9	149.4	148.6	11.4	11.0

Table 10 (continued)

Area and Region	Dairy Products				Inflation Rates(%)		E g g s				Inflation Rates(%)	
	2007		2006		Current	Previous	2007		2006		Current	Previous
	Dec	Nov	Dec	Nov			Dec	Nov	Dec	Nov		
<b>Philippines</b>	<b>167.4</b>	<b>165.5</b>	<b>154.3</b>	<b>153.9</b>	<b>8.5</b>	<b>7.5</b>	<b>138.8</b>	<b>138.2</b>	<b>128.9</b>	<b>128.5</b>	<b>7.7</b>	<b>7.5</b>
<b>National Capital Region (NCR)</b>	<b>167.0</b>	<b>164.9</b>	<b>156.2</b>	<b>155.7</b>	<b>6.9</b>	<b>5.9</b>	<b>146.0</b>	<b>145.2</b>	<b>133.6</b>	<b>134.0</b>	<b>9.3</b>	<b>8.4</b>
<b>Areas Outside NCR</b>	<b>167.5</b>	<b>165.7</b>	<b>153.5</b>	<b>153.2</b>	<b>9.1</b>	<b>8.2</b>	<b>136.6</b>	<b>136.1</b>	<b>127.4</b>	<b>126.8</b>	<b>7.2</b>	<b>7.3</b>
CAR - Cordillera Administrative Region	171.4	169.8	158.5	158.2	8.1	7.3	133.0	130.6	119.6	118.3	11.2	10.4
I - Ilocos	199.4	195.5	179.4	178.8	11.1	9.3	139.4	137.9	130.1	129.6	7.1	6.4
II - Cagayan Valley	157.0	156.0	145.8	145.6	7.7	7.1	134.9	134.6	127.8	127.7	5.6	5.4
III - Central Luzon	176.8	175.2	160.4	160.2	10.2	9.4	124.5	124.6	119.1	118.9	4.5	4.8
IV-a - Calabarzon	162.2	160.3	147.6	147.6	9.9	8.6	126.5	126.3	118.0	117.6	7.2	7.4
IV-b - Mimaropa	165.9	164.4	154.6	154.5	7.3	6.4	137.3	136.3	128.4	125.9	6.9	8.3
V - Bicol	167.6	165.6	150.5	150.3	11.4	10.2	137.3	136.9	128.4	128.2	6.9	6.8
VI - Western Visayas	150.1	147.5	137.7	137.3	9.0	7.4	135.5	134.6	125.9	124.5	7.6	8.1
VII - Central Visayas	162.6	161.7	157.0	156.5	3.6	3.3	143.7	144.4	130.7	129.8	9.9	11.2
VIII - Eastern Visayas	161.9	161.2	154.7	153.8	4.7	4.8	152.1	151.3	141.6	139.7	7.4	8.3
IX - Zamboanga Peninsula	184.6	180.1	165.1	165.1	11.8	9.1	156.7	156.7	141.9	144.7	10.4	8.3
X - Northern Mindanao	169.6	167.0	153.1	153.1	10.8	9.1	156.0	155.2	144.8	143.1	7.7	8.5
XI - Davao	161.0	160.6	148.3	148.1	8.6	8.4	155.1	154.9	140.6	138.9	10.3	11.5
XII - SOCCSKSARGEN	162.0	160.7	146.3	145.8	10.7	10.2	137.4	137.2	132.1	132.9	4.0	3.2
XIII - Caraga	167.8	166.4	155.7	155.4	7.8	7.1	135.7	133.7	127.0	126.3	6.9	5.9
ARMM - Autonomous Region in Muslim Mindanao	168.0	167.2	155.7	155.4	7.9	7.6	158.5	155.8	144.7	144.5	9.5	7.8

Table 10 (continued)

Area and Region	F i s h				Inflation Rates(%)		Fruits and Vegetables				Inflation Rates(%)	
	2007		2006		Current	Previous	2007		2006		Current	Previous
	Dec	Nov	Dec	Nov			Dec	Nov	Dec	Nov		
<b>Philippines</b>	<b>141.9</b>	<b>139.6</b>	<b>135.6</b>	<b>134.6</b>	<b>4.6</b>	<b>3.7</b>	<b>141.9</b>	<b>136.3</b>	<b>132.0</b>	<b>134.0</b>	<b>7.5</b>	<b>1.7</b>
<b>National Capital Region (NCR)</b>	<b>124.7</b>	<b>120.5</b>	<b>121.5</b>	<b>118.8</b>	<b>2.6</b>	<b>1.4</b>	<b>128.4</b>	<b>121.4</b>	<b>117.1</b>	<b>119.9</b>	<b>9.6</b>	<b>1.3</b>
<b>Areas Outside NCR</b>	<b>146.3</b>	<b>144.5</b>	<b>139.2</b>	<b>138.6</b>	<b>5.1</b>	<b>4.3</b>	<b>146.8</b>	<b>141.7</b>	<b>137.3</b>	<b>139.1</b>	<b>6.9</b>	<b>1.9</b>
CAR - Cordillera Administrative Region	123.3	119.2	119.9	119.7	2.8	-0.4	147.2	143.4	144.7	151.0	1.7	-5.0
I - Ilocos	139.4	140.5	136.7	131.9	2.0	6.5	125.9	122.3	119.1	124.0	5.7	-1.4
II - Cagayan Valley	136.0	135.8	132.2	130.3	2.9	4.2	144.0	133.8	138.7	138.4	3.8	-3.3
III - Central Luzon	133.8	132.7	126.5	126.3	5.8	5.1	141.2	140.0	134.4	139.1	5.1	0.6
IV-a - Calabarzon	143.3	142.6	139.5	139.0	2.7	2.6	136.6	129.6	130.7	133.0	4.5	-2.6
IV-b - Mimaropa	146.6	143.9	139.8	138.3	4.9	4.0	147.9	140.7	138.7	138.7	6.6	1.4
V - Bicol	141.8	141.1	132.4	132.5	7.1	6.5	138.3	133.6	132.8	131.9	4.1	1.3
VI - Western Visayas	151.6	149.1	141.8	142.4	6.9	4.7	144.8	142.5	131.7	132.3	9.9	7.7
VII - Central Visayas	158.4	158.3	153.9	153.5	2.9	3.1	174.4	172.7	163.3	164.0	6.8	5.3
VIII - Eastern Visayas	144.8	142.2	138.9	139.9	4.2	1.6	146.8	137.8	136.5	135.6	7.5	1.6
IX - Zamboanga Peninsula	147.0	143.7	135.9	135.5	8.2	6.1	155.0	151.7	146.4	146.9	5.9	3.3
X - Northern Mindanao	158.3	151.8	145.6	143.7	8.7	5.6	168.3	153.8	148.4	148.6	13.4	3.5
XI - Davao	160.4	154.3	149.1	147.1	7.6	4.9	153.0	147.0	137.0	137.2	11.7	7.1
XII - SOCCSKSARGEN	146.2	143.0	138.3	137.7	5.7	3.8	153.4	149.1	139.5	140.0	10.0	6.5
XIII - Caraga	153.5	150.3	144.8	145.7	6.0	3.2	143.8	135.9	133.7	134.6	7.6	1.0
ARMM - Autonomous Region in Muslim Mindanao	164.4	164.3	155.1	155.1	6.0	5.9	180.7	180.4	160.9	163.2	12.3	10.5

Table 10 (continued)

Area and Region	M e a t						Miscellaneous Foods					
	2007		2006		Inflation Rates(%)		2007		2006		Inflation Rates(%)	
	Dec	Nov	Dec	Nov	Current	Previous	Dec	Nov	Dec	Nov	Current	Previous
<b>Philippines</b>	<b>138.1</b>	<b>137.2</b>	<b>134.4</b>	<b>133.9</b>	<b>2.8</b>	<b>2.5</b>	<b>138.7</b>	<b>138.2</b>	<b>134.8r</b>	<b>134.6</b>	<b>2.9</b>	<b>2.7</b>
<b>National Capital Region (NCR)</b>	<b>140.0</b>	<b>138.8</b>	<b>135.7</b>	<b>134.9</b>	<b>3.2</b>	<b>2.9</b>	<b>136.7</b>	<b>135.9</b>	<b>133.7</b>	<b>132.6</b>	<b>2.2</b>	<b>2.5</b>
<b>Areas Outside NCR</b>	<b>137.3</b>	<b>136.5</b>	<b>133.9</b>	<b>133.5</b>	<b>2.5</b>	<b>2.2</b>	<b>139.6</b>	<b>139.2</b>	<b>135.3r</b>	<b>135.5</b>	<b>3.2</b>	<b>2.7</b>
CAR - Cordillera Administrative Region	134.5	134.4	130.8	130.3	2.8	3.1	131.5	130.5	125.5	125.5	4.8	4.0
I - Ilocos	143.3	143.2	139.7	139.1	2.6	2.9	145.2	144.8	141.9	141.9	2.3	2.0
II - Cagayan Valley	131.5	131.1	129.0	128.8	1.9	1.8	152.2	152.1	149.4	149.5	1.9	1.7
III - Central Luzon	138.1	137.6	136.2	136.3	1.4	1.0	141.3	141.0	136.8	136.9	3.3	3.0
IV-a - Calabarzon	133.4	132.8	130.4	130.2	2.3	2.0	128.3	128.2	124.6	124.5	3.0	3.0
IV-b - Mimaropa	137.5	136.7	132.4	131.8	3.9	3.7	140.3	139.9	135.9	135.7	3.2	3.1
V - Bicol	140.7	139.3	133.3	132.7	5.6	5.0	146.3	145.5	142.3	142.6	2.8	2.0
VI - Western Visayas	130.0	128.6	127.6	126.9	1.9	1.3	137.2	136.9	133.6	133.9	2.7	2.2
VII - Central Visayas	140.3	140.0	139.4	138.7	0.6	0.9	154.5	154.5	152.6r	152.9	1.2	1.0
VIII - Eastern Visayas	138.8	137.8	133.8	133.1	3.7	3.5	137.7	135.5	132.7	133.0	3.8	1.9
IX - Zamboanga Peninsula	143.5	141.5	137.8	137.4	4.1	3.0	144.9	144.4	136.3	136.4	6.3	5.9
X - Northern Mindanao	141.9	140.6	135.0	134.1	5.1	4.8	142.1	141.3	135.9	136.1	4.6	3.8
XI - Davao	136.8	135.5	132.6	131.7	3.2	2.9	148.6	147.3	140.1	141.1	6.1	4.4
XII - SOCCSKSARGEN	143.0	141.7	138.6	138.0	3.2	2.7	138.4	137.9	134.5	135.4	2.9	1.8
XIII - Caraga	138.7	137.1	132.5	132.4	4.7	3.5	146.0	144.1	140.9	142.2	3.6	1.3
ARMM - Autonomous Region in Muslim Mindanao	165.6	163.8	157.1	156.5	5.4	4.7	155.8	155.2	148.0	148.4	5.3	4.6

Table 10 (concluded)

Area and Region	Meals Eaten Outside					
	2007		2006		Inflation Rates(%)	
	Dec	Nov	Dec	Nov	Current	Previous
<b>Philippines</b>	<b>134.4</b>	<b>134.1</b>	<b>132.3</b>	<b>131.7</b>	<b>1.6</b>	<b>1.8</b>
<b>National Capital Region (NCR)</b>	<b>133.0</b>	<b>132.3</b>	<b>131.8</b>	<b>130.4</b>	<b>0.9</b>	<b>1.5</b>
<b>Areas Outside NCR</b>	<b>135.3</b>	<b>135.1</b>	<b>132.6</b>	<b>132.4</b>	<b>2.0</b>	<b>2.0</b>
CAR - Cordillera Administrative Region	112.9	112.7	111.8	111.8	1.0	0.8
I - Ilocos	136.6	136.1	135.4	135.4	0.9	0.5
II - Cagayan Valley	178.3	178.3	177.1	176.9	0.7	0.8
III - Central Luzon	135.7	135.5	132.0	132.0	2.8	2.7
IV-a - Calabarzon	125.8	125.8	122.9	122.5	2.4	2.7
IV-b - Mimaropa	134.9	134.9	131.9	131.5	2.3	2.6
V - Bicol	148.7	148.4	145.0	144.9	2.6	2.4
VI - Western Visayas	132.4	131.9	130.8	130.7	1.2	0.9
VII - Central Visayas	161.7	161.7	161.7	161.7	0.0	0.0
VIII - Eastern Visayas	140.0	136.2	132.4	132.4	5.7	2.9
IX - Zamboanga Peninsula	138.4	138.3	133.8	133.8	3.4	3.4
X - Northern Mindanao	127.8	127.8	122.8	122.5	4.1	4.3
XI - Davao	134.2	132.8	131.2	131.2	2.3	1.2
XII - SOCCSKSARGEN	128.9	128.9	128.0	128.0	0.7	0.7
XIII - Caraga	152.2	149.1	148.0	147.8	2.8	0.9
ARMM - Autonomous Region in Muslim Mindanao	180.4	180.2	172.3	172.3	4.7	4.6

Source: Economic Indices and Indicators Division  
Industry and Trade Statistics Department  
National Statistics Office  
Republic of the Philippines