

**Table 10. Regional Year-on-Year Inflation Rates of Selected Food Items, January 2009 and 2008, December 2008 and 2007 (2000 = 100)**

Area/Region	C e r e a l s				Inflation Rates(%)		R i c e				Inflation Rates(%)	
	Jan-09	Dec-08	Jan-08	Dec-07	Current	Previous	Jan-09	Dec-08	Jan-08	Dec-07	Current	Previous
<b>Philippines</b>	<b>165.9</b>	<b>165.0</b>	<b>129.4</b>	<b>128.4</b>	<b>28.2</b>	<b>28.5</b>	<b>165.5</b>	<b>164.6</b>	<b>128.8</b>	<b>127.9</b>	<b>28.5</b>	<b>28.7</b>
National Capital Region (NCR)	155.6	154.0	121.6	121.6	28.0	26.6	155.9	154.3	121.5	121.5	28.3	27.0
Areas Outside NCR	167.4	166.6	130.5	129.4	28.3	28.7	167.0	166.2	129.9	128.9	28.6	28.9
CAR - Cordillera Administrative Region	167.1	169.8	129.5	129.1	29.0	31.5	167.6	170.3	129.5	129.2	29.4	31.8
I - Ilocos	171.6	173.6	131.9	129.6	30.1	34.0	171.9	174.0	132.1	129.8	30.1	34.1
II - Cagayan Valley	176.5	173.4	133.2	132.1	32.5	31.3	178.1	174.9	133.5	132.4	33.4	32.1
III - Central Luzon	162.2	161.6	123.2	123.0	31.7	31.4	161.6	161.0	122.3	122.1	32.1	31.9
IV-a - Calabarzon	160.5	159.5	122.0	119.8	31.6	33.1	160.7	159.7	121.9	119.7	31.8	33.4
IV-b - Mimaropa	167.0	163.6	141.7	141.6	17.9	15.5	167.0	163.6	141.8	141.7	17.8	15.5
V - Bicol	165.8	159.7	131.9	131.3	25.7	21.6	166.0	159.3	131.4	130.8	26.3	21.8
VI - Western Visayas	169.4	167.8	125.9	125.8	34.6	33.4	171.4	169.7	126.0	125.8	36.0	34.9
VII - Central Visayas	176.9	177.6	134.8	133.5	31.2	33.0	172.8	174.0	128.6	128.9	34.4	35.0
VIII - Eastern Visayas	183.8	181.6	138.1	136.8	33.1	32.7	185.6	183.3	139.3	137.9	33.2	32.9
IX - Zamboanga Peninsula	167.9	166.8	129.5	127.9	29.7	30.4	166.5	165.0	132.8	132.7	25.4	24.3
X - Northern Mindanao	166.8	166.8	133.2	132.6	25.2	25.8	163.5	163.4	130.7	130.1	25.1	25.6
XI - Davao	160.5	160.1	133.7	132.0	20.0	21.3	159.7	160.6	134.6	132.8	18.6	20.9
XII - SOCCSKSARGEN	151.9	150.3	132.9	131.6	14.3	14.2	148.9	147.2	132.8	131.6	12.1	11.9
XIII - Caraga	165.2	165.4	135.6	135.1	21.8	22.4	164.9	165.0	136.1	135.4	21.2	21.9
ARMM - Autonomous Region in Muslim Mindanao	176.3	183.3	140.3	138.0	25.7	32.8	175.0	182.3	138.4	136.3	26.4	33.7

Table 10 (continued)

Area and Region	C o r n				Inflation Rates(%)		Cereal Preparations				Inflation Rates(%)	
	Jan-09	Dec-08	Jan-08	Dec-07	Current	Previous	Jan-09	Dec-08	Jan-08	Dec-07	Current	Previous
<b>Philippines</b>	<b>170.9</b>	<b>169.9</b>	<b>136.8</b>	<b>134.5</b>	<b>24.9</b>	<b>26.3</b>	<b>179.3</b>	<b>179.3</b>	<b>153.8</b>	<b>151.2</b>	<b>16.6</b>	<b>18.6</b>
National Capital Region (NCR)	130.5	130.5	130.3	129.6	0.2	0.7	194.6	195.4	168.0	165.4	15.8	18.1
Areas Outside NCR	171.6	170.6	136.9	134.6	25.3	26.7	174.0	173.7	148.9	146.2	16.9	18.8
CAR - Cordillera Administrative Region	136.7	136.7	129.1	125.8	5.9	8.7	155.9	156.5	140.9	138.1	10.6	13.3
I - Ilocos	147.8	141.6	115.9	117.2	27.5	20.8	217.1	215.3	182.9	181.8	18.7	18.4
II - Cagayan Valley	142.0	141.6	126.2	125.0	12.5	13.3	153.9	153.1	130.1	128.9	18.3	18.8
III - Central Luzon	205.5	202.2	191.0	190.0	7.6	6.4	169.5	169.4	145.3	143.7	16.7	17.9
IV-a - Calabarzon	139.3	136.9	127.7	126.6	9.1	8.1	166.8	166.9	145.9	143.1	14.3	16.6
IV-b - Mimaropa	167.3	166.2	129.5	129.0	29.2	28.8	163.1	162.0	138.0	136.4	18.2	18.8
V - Bicol	163.9	163.9	137.5	136.9	19.2	19.7	165.3	165.2	147.6	141.5	12.0	16.7
VI - Western Visayas	131.8	132.0	124.3	125.2	6.0	5.4	155.7	155.4	134.2	131.7	16.0	18.0
VII - Central Visayas	185.3	185.0	147.6	143.0	25.5	29.4	187.4	187.1	149.3	147.9	25.5	26.5
VIII - Eastern Visayas	150.5	150.3	116.3	116.0	29.4	29.6	202.9	202.4	159.4	153.3	27.3	32.0
IX - Zamboanga Peninsula	171.2	170.8	121.8	116.8	40.6	46.2	195.2	194.9	164.1	161.0	19.0	21.1
X - Northern Mindanao	174.9	175.1	139.3	138.8	25.6	26.2	168.2	168.8	149.8	148.4	12.3	13.7
XI - Davao	163.5	158.4	130.6	129.1	25.2	22.7	187.0	185.9	153.2	151.4	22.1	22.8
XII - SOCCSKSARGEN	180.2	178.8	133.7	131.8	34.8	35.7	173.2	172.8	145.6	142.8	19.0	21.0
XIII - Caraga	168.2	169.5	130.9	132.2	28.5	28.2	173.9	175.8	149.8	144.7	16.1	21.5
ARMM - Autonomous Region in Muslim Mindanao	238.4	229.7	229.1	219.4	4.1	4.7	185.6	184.1	169.8	166.4	9.3	10.6

Table 10 (continued)

Area and Region	Dairy Products				Inflation Rates (%)		E g g s				Inflation Rates (%)	
	Jan-09	Dec-08	Jan-08	Dec-07	Current	Previous	Jan-09	Dec-08	Jan-08	Dec-07	Current	Previous
	-----											
<b>Philippines</b>	<b>188.6</b>	<b>187.4</b>	<b>169.7</b>	<b>167.4</b>	<b>11.1</b>	<b>11.9</b>	<b>148.7</b>	<b>146.7</b>	<b>140.3r</b>	<b>138.8</b>	<b>6.0</b>	<b>5.7</b>
<b>National Capital Region (NCR)</b>	<b>185.6</b>	<b>185.2</b>	<b>168.9</b>	<b>167.0</b>	<b>9.9</b>	<b>10.9</b>	<b>148.7</b>	<b>144.3</b>	<b>145.5</b>	<b>146.0</b>	<b>2.2</b>	<b>-1.2</b>
<b>Areas Outside NCR</b>	<b>189.9</b>	<b>188.3</b>	<b>170.0</b>	<b>167.5</b>	<b>11.7</b>	<b>12.4</b>	<b>148.7</b>	<b>147.4</b>	<b>138.7r</b>	<b>136.6</b>	<b>7.2</b>	<b>7.9</b>
CAR - Cordillera Administrative Region	207.4	206.9	178.7	171.4	16.1	20.7	135.4	133.5	133.0	133.0	1.8	0.4
I - Ilocos	213.5	212.4	201.2	199.4	6.1	6.5	149.2	147.0	138.4	139.4	7.8	5.5
II - Cagayan Valley	178.7	178.2	159.2	157.0	12.2	13.5	150.1	149.6	136.2	134.9	10.2	10.9
III - Central Luzon	205.1	201.3	179.1	176.8	14.5	13.9	136.3	135.8	125.4	124.5	8.7	9.1
IV-a - Calabarzon	191.8	189.9	164.3	162.2	16.7	17.1	134.3	132.3	128.2	126.5	4.8	4.6
IV-b - Mimaropa	189.2	188.0	171.4	165.9	10.4	13.3	149.7	149.6	138.4	137.3	8.2	9.0
V - Bicol	182.0	181.9	169.5	167.6	7.4	8.5	145.8	143.7	138.4	137.3	5.3	4.7
VI - Western Visayas	172.6	169.2	151.9	150.1	13.6	12.7	157.4	155.3	138.4	135.5	13.7	14.6
VII - Central Visayas	174.9	174.7	165.8	162.6	5.5	7.4	153.6	153.4	147.4	143.7	4.2	6.8
VIII - Eastern Visayas	180.3	179.4	163.4	161.9	10.3	10.8	168.1	168.0	155.8	152.1	7.9	10.5
IX - Zamboanga Peninsula	212.9	211.6	190.4	184.6	11.8	14.6	178.9	176.7	168.2r	156.7	6.4	12.8
X - Northern Mindanao	192.1	191.3	171.8	169.6	11.8	12.8	171.8	175.1	158.5	156.0	8.4	12.2
XI - Davao	176.1	174.1	161.4	161.0	9.1	8.1	164.8	162.2	157.3	155.1	4.8	4.6
XII - SOCCSKSARGEN	178.3	179.1r	164.1	162.0	8.7	10.6 r	147.1	146.3	140.8	137.4	4.5	6.5
XIII - Caraga	182.9	182.5	170.3	167.8	7.4	8.8	159.4	157.8	140.0	135.7	13.9	16.3
ARMM - Autonomous Region in Muslim Mindanao	191.2	190.7	175.9	168.0	8.7	13.5	173.0	169.5	160.6	158.5	7.7	6.9

Table 10 (continued)

Area and Region	F i s h				Inflation Rates (%)		Fruits and Vegetables				Inflation Rates (%)	
	Jan-09	Dec-08	Jan-08	Dec-07	Current	Previous	Jan-09	Dec-08	Jan-08	Dec-07	Current	Previous
	-----											
<b>Philippines</b>	<b>159.6</b>	<b>154.7</b>	<b>146.7</b>	<b>141.9</b>	<b>8.8</b>	<b>9.0</b>	<b>150.9</b>	<b>151.8</b>	<b>146.5</b>	<b>141.9</b>	<b>3.0</b>	<b>7.0</b>
<b>National Capital Region (NCR)</b>	<b>137.5</b>	<b>132.3</b>	<b>130.6</b>	<b>124.7</b>	<b>5.3</b>	<b>6.1</b>	<b>126.2</b>	<b>127.7</b>	<b>127.4</b>	<b>128.4</b>	<b>-0.9</b>	<b>-0.5</b>
<b>Areas Outside NCR</b>	<b>165.2</b>	<b>160.4</b>	<b>150.8</b>	<b>146.3</b>	<b>9.5</b>	<b>9.6</b>	<b>159.8</b>	<b>160.5</b>	<b>153.4</b>	<b>146.8</b>	<b>4.2</b>	<b>9.3</b>
CAR - Cordillera Administrative Region	132.5	134.5	128.5	123.3	3.1	9.1	152.5	158.6	146.5	147.2	4.1	7.7
I - Ilocos	156.1	151.5	142.9	139.4	9.2	8.7	131.8	135.6	128.9	125.9	2.2	7.7
II - Cagayan Valley	148.4	147.5	138.3	136.0	7.3	8.5	151.0	149.4	153.3	144.0	-1.5	3.8
III - Central Luzon	150.9	145.1	137.3	133.8	9.9	8.4	146.0	145.9	146.8	141.2	-0.5	3.3
IV-a - Calabarzon	162.3	158.2	146.9	143.3	10.5	10.4	143.5	148.9	145.0	136.6	-1.0	9.0
IV-b - Mimaropa	159.8	153.6	147.3	146.6	8.5	4.8	151.1	150.7	151.3	147.9	-0.1	1.9
V - Bicol	156.0	147.8	142.9	141.8	9.2	4.2	148.4	147.7	146.4	138.3	1.4	6.8
VI - Western Visayas	176.1	167.8	156.8	151.6	12.3	10.7	168.5	165.9	151.2	144.8	11.4	14.6
VII - Central Visayas	181.8	178.2	164.9	158.4	10.2	12.5	200.8	199.6	181.4	174.4	10.7	14.4
VIII - Eastern Visayas	161.3	160.2	147.7	144.8	9.2	10.6	170.5	167.6	150.5	146.8	13.3	14.2
IX - Zamboanga Peninsula	163.4	152.4	163.4	147.0	0.0	3.7	176.7	175.1	165.1	155.0	7.0	13.0
X - Northern Mindanao	183.2	179.5	163.1	158.3	12.3	13.4	177.1	178.8	171.8	168.3	3.1	6.2
XI - Davao	177.7	175.2	168.6	160.4	5.4	9.2	173.2	171.4	160.3	153.0	8.0	12.0
XII - SOCCSKSARGEN	163.4	161.9	149.9	146.2	9.0	10.7	167.0	169.2	161.0	153.4	3.7	10.3
XIII - Caraga	192.6	184.4	162.4	153.5	18.6	20.1	175.3	174.2	158.8	143.8	10.4	21.1
ARMM - Autonomous Region in Muslim Mindanao	184.7	181.3	166.2	164.4	11.1	10.3	209.3	205.3	188.7	180.7	10.9	13.6

Table 10 (continued)

Area and Region	M e a t						Miscellaneous Foods					
					Inflation Rates(%)						Inflation Rates(%)	
	Jan-09	Dec-08	Jan-08	Dec-07	Current	Previous	Jan-09	Dec-08	Jan-08	Dec-07	Current	Previous
<b>Philippines</b>	<b>152.5</b>	<b>150.7</b>	<b>139.2</b>	<b>138.1</b>	<b>9.6</b>	<b>9.1</b>	<b>151.2</b>	<b>149.8</b>	<b>139.6</b>	<b>138.7</b>	<b>8.3</b>	<b>8.0</b>
<b>National Capital Region (NCR)</b>	<b>151.2</b>	<b>148.8</b>	<b>140.2</b>	<b>140.0</b>	<b>7.8</b>	<b>6.3</b>	<b>148.6</b>	<b>144.1</b>	<b>137.1</b>	<b>136.7</b>	<b>8.4</b>	<b>5.4</b>
<b>Areas Outside NCR</b>	<b>153.0</b>	<b>151.5</b>	<b>138.8</b>	<b>137.3</b>	<b>10.2</b>	<b>10.3</b>	<b>152.4</b>	<b>152.4</b>	<b>140.7</b>	<b>139.6</b>	<b>8.3</b>	<b>9.2</b>
CAR - Cordillera Administrative Region	148.1	147.4	135.6	134.5	9.2	9.6	145.1	145.6	132.2	131.5	9.8	10.7
I - Ilocos	158.9	158.4	144.5	143.3	10.0	10.5	154.8	155.0	145.9	145.2	6.1	6.7
II - Cagayan Valley	150.3	149.5	132.1	131.5	13.8	13.7	165.5	165.8	153.3	152.2	8.0	8.9
III - Central Luzon	154.1	151.0	139.6	138.1	10.4	9.3	152.2	152.2	142.2	141.3	7.0	7.7
IV-a - Calabarzon	148.9	146.7	134.6	133.4	10.6	10.0	140.3	140.3	129.5	128.3	8.3	9.4
IV-b - Mimaropa	156.5	155.0	139.1	137.5	12.5	12.7	147.8	149.0	140.3	140.3	5.3	6.2
V - Bicol	157.7	157.0	141.7	140.7	11.3	11.6	155.6	156.3	146.9	146.3	5.9	6.8
VI - Western Visayas	146.5	145.7	131.3	130.0	11.6	12.1	152.6	152.1	137.7	137.2	10.8	10.9
VII - Central Visayas	153.6	152.3	141.1	140.3	8.9	8.6	166.6	166.8	155.5	154.5	7.1	8.0
VIII - Eastern Visayas	153.3	152.9	141.0	138.8	8.7	10.2	156.2	155.6	138.4	137.7	12.9	13.0
IX - Zamboanga Peninsula	152.0	151.9	152.9	143.5	-0.6	5.9	160.8	160.7	148.2	144.9	8.5	10.9
X - Northern Mindanao	156.5	156.2	144.0	141.9	8.7	10.1	154.4	153.7	142.7	142.1	8.2	8.2
XI - Davao	152.9	152.2	137.9	136.8	10.9	11.3	164.7	166.5	149.6	148.6	10.1	12.0
XII - SOCCSKSARGEN	160.0	159.9	144.6	143.0	10.7	11.8	154.6	155.0	140.9	138.4	9.7	12.0
XIII - Caraga	160.6	159.8	144.3	138.7	11.3	15.2	164.7	164.4	147.5	146.0	11.7	12.6
ARMM - Autonomous Region in Muslim Mindanao	178.8	177.1	166.9	165.6	7.1	6.9	177.9	176.8	158.3	155.8	12.4	13.5

Table 10 (concluded)

Area and Region	Meals Eaten Outside				Inflation Rates(%)	
					Current Previous	
	Jan-09	Dec-08	Jan-08	Dec-07	Current	Previous
<b>Philippines</b>	<b>144.8</b>	<b>142.1</b>	<b>135.0</b>	<b>134.4</b>	<b>7.3</b>	<b>5.7</b>
<b>National Capital Region (NCR)</b>	<b>142.1</b>	<b>136.0</b>	<b>133.0</b>	<b>133.0</b>	<b>6.8</b>	<b>2.3</b>
<b>Areas Outside NCR</b>	<b>146.4</b>	<b>145.8</b>	<b>136.2</b>	<b>135.3</b>	<b>7.5</b>	<b>7.8</b>
CAR - Cordillera Administrative Region	120.6	120.6	112.9	112.9	6.8	6.8
I - Ilocos	143.6	143.5	136.8	136.6	5.0	5.1
II - Cagayan Valley	192.3	192.3	180.1	178.3	6.8	7.9
III - Central Luzon	140.9	140.4	136.3	135.7	3.4	3.5
IV-a - Calabarzon	138.6	137.6	126.8	125.8	9.3	9.4
IV-b - Mimaropa	145.2	145.2	134.9	134.9	7.6	7.6
V - Bicol	158.7	158.5	149.5	148.7	6.2	6.6
VI - Western Visayas	142.2	141.9	133.1	132.4	6.8	7.2
VII - Central Visayas	172.9	172.5	162.0	161.7	6.7	6.7
VIII - Eastern Visayas	161.0	161.0	140.4	140.0	14.7	15.0
IX - Zamboanga Peninsula	150.0	150.0	143.3	138.4	4.7	8.4
X - Northern Mindanao	139.6	139.0	127.8	127.8	9.2	8.8
XI - Davao	145.1	145.1	134.7	134.2	7.7	8.1
XII - SOCCSKSARGEN	150.8	149.6	130.9	128.9	15.2	16.1
XIII - Caraga	175.5	174.3	152.4	152.2	15.2	14.5
ARMM - Autonomous Region in Muslim Mindanao	208.9	200.2	180.5	180.4	15.7	11.0

Source: Economic Indices and Indicators Division  
Industry and Trade Statistics Department  
National Statistics Office  
Republic of the Philippines