

**Table 10. Regional Year-on-Year Inflation Rates of Selected Food Items, February and January 2009 and 2008**  
(2000 = 100)

Area/Region	C e r e a l s						R i c e					
	2009		2008		Inflation Rates(%)		2009		2008		Inflation Rates(%)	
	Feb	Jan	Feb	Jan	Current	Previous	Feb	Jan	Feb	Jan	Current	Previous
<b>Philippines</b>	<b>170.4</b>	<b>165.9</b>	<b>130.3</b>	<b>129.4</b>	<b>30.8</b>	<b>28.2</b>	<b>169.8</b>	<b>165.5</b>	<b>129.5</b>	<b>128.8</b>	<b>31.1</b>	<b>28.5</b>
National Capital Region (NCR)	158.9	155.6	121.8	121.6	30.5	28.0	159.2	155.9	121.7	121.5	30.8	28.3
Areas Outside NCR	172.0	167.4	131.5	130.5	30.8	28.3	171.5	167.0	130.7	129.9	31.2	28.6
CAR - Cordillera Administrative Region	173.0	167.1	130.6	129.5	32.5	29.0	173.5	167.6	130.6	129.5	32.8	29.4
I - Ilocos	175.4	171.6	132.4	131.9	32.5	30.1	175.7	171.9	132.6	132.1	32.5	30.1
II - Cagayan Valley	182.4	176.5	132.4	133.2	37.8	32.5	184.2	178.1	132.6	133.5	38.9	33.4
III - Central Luzon	166.1	162.2	125.0	123.2	32.9	31.7	165.5	161.6	124.0	122.3	33.5	32.1
IV-a - Calabarzon	161.6	160.5	122.9	122.0	31.5	31.6	161.8	160.7	122.8	121.9	31.8	31.8
IV-b - Mimaropa	168.4	167.0	139.3	141.7	20.9	17.9	168.4	167.0	139.4	141.8	20.8	17.8
V - Bicol	170.4	165.8	132.7	131.9	28.4	25.7	171.5	166.0	132.1	131.4	29.8	26.3
VI - Western Visayas	169.2	169.4	127.9	125.9	32.3	34.6	171.1	171.4	128.1	126.0	33.6	36.0
VII - Central Visayas	179.0	176.9	135.9	134.8	31.7	31.2	174.4	172.8	129.2	128.6	35.0	34.4
VIII - Eastern Visayas	188.3	183.8	138.1	138.1	36.4	33.1	190.3	185.6	139.3	139.3	36.6	33.2
IX - Zamboanga Peninsula	164.3	167.9	130.3	129.5	26.1	29.7	162.6	166.5	133.7	132.8	21.6	25.4
X - Northern Mindanao	174.8	166.8	134.7	133.2	29.8	25.2	170.5	163.5	131.9	130.7	29.3	25.1
XI - Davao	178.6	160.5	135.6	133.7	31.7	20.0	177.0	159.7	135.8	134.6	30.3	18.6
XII - SOCCSKSARGEN	166.0	151.9	134.2	132.9	23.7	14.3	162.9	148.9	133.7	132.8	21.8	12.1
XIII - Caraga	172.7	165.2	136.1	135.6	26.9	21.8	171.9	164.9	136.5	136.1	25.9	21.2
ARMM - Autonomous Region in Muslim Mindanao	184.6	176.3	142.2	140.3	29.8	25.7	183.4	175.0	140.4	138.4	30.6	26.4

Table 10 (continued)

Area and Region	C o r n						Cereal Preparations					
	2009		2008		Inflation Rates(%)		2009		2008		Inflation Rates(%)	
	Feb	Jan	Feb	Jan	Current	Previous	Feb	Jan	Feb	Jan	Current	Previous
<b>Philippines</b>	<b>176.5</b>	<b>170.9</b>	<b>139.0</b>	<b>136.8</b>	<b>27.0</b>	<b>24.9</b>	<b>180.2</b>	<b>179.3</b>	<b>157.3</b>	<b>153.8</b>	<b>14.6</b>	<b>16.6</b>
National Capital Region (NCR)	130.5	130.5	130.3	130.3	0.2	0.2	195.0	194.6	170.6	168.0	14.3	15.8
Areas Outside NCR	177.3	171.6	139.2	136.9	27.4	25.3	175.1	174.0	152.6	148.9	14.7	16.9
CAR - Cordillera Administrative Region	137.7	136.7	130.0	129.1	5.9	5.9	156.4	155.9	143.9	140.9	8.7	10.6
I - Ilocos	150.1	147.8	117.7	115.9	27.5	27.5	217.6	217.1	183.9	182.9	18.3	18.7
II - Cagayan Valley	142.1	142.0	127.6	126.2	11.4	12.5	155.7	153.9	133.6	130.1	16.5	18.3
III - Central Luzon	207.7	205.5	194.9	191.0	6.6	7.6	170.6	169.5	149.8	145.3	13.9	16.7
IV-a - Calabarzon	142.8	139.3	135.5	127.7	5.4	9.1	168.4	166.8	148.6	145.9	13.3	14.3
IV-b - Mimaropa	173.7	167.3	130.8	129.5	32.8	29.2	164.8	163.1	138.9	138.0	18.6	18.2
V - Bicol	158.0	163.9	138.9	137.5	13.8	19.2	166.6	165.3	149.4	147.6	11.5	12.0
VI - Western Visayas	134.7	131.8	124.6	124.3	8.1	6.0	156.3	155.7	139.1	134.2	12.4	16.0
VII - Central Visayas	188.4	185.3	149.7	147.6	25.9	25.5	188.0	187.4	161.3	149.3	16.6	25.5
VIII - Eastern Visayas	152.1	150.5	116.3	116.3	30.8	29.4	204.5	202.9	164.1	159.4	24.6	27.3
IX - Zamboanga Peninsula	168.3	171.2	122.6	121.8	37.3	40.6	195.9	195.2	165.7	164.1	18.2	19.0
X - Northern Mindanao	185.4	174.9	141.6	139.3	30.9	25.6	168.6	168.2	151.7	149.8	11.1	12.3
XI - Davao	184.2	163.5	135.0	130.6	36.4	25.2	188.3	187.0	157.3	153.2	19.7	22.1
XII - SOCCSKSARGEN	194.6	180.2	139.0	133.7	40.0	34.8	174.6	173.2	147.7	145.6	18.2	19.0
XIII - Caraga	180.0	168.2	132.5	130.9	35.8	28.5	175.1	173.9	157.3	149.8	11.3	16.1
ARMM - Autonomous Region in Muslim Mindanao	240.7	238.4	229.1	229.1	5.1	4.1	185.8	185.6	170.2	169.8	9.2	9.3

Table 10 (continued)

Area and Region	Dairy Products						E g g s					
	2009		2008		Inflation Rates(%)		2009		2008		Inflation Rates(%)	
	Feb	Jan	Feb	Jan	Current	Previous	Feb	Jan	Feb	Jan	Current	Previous
<b>Philippines</b>	<b>189.8</b>	<b>188.6</b>	<b>173.3</b>	<b>169.7</b>	<b>9.5</b>	<b>11.1</b>	<b>152.2</b>	<b>148.7</b>	<b>141.2</b>	<b>140.3</b>	<b>7.8</b>	<b>6.0</b>
<b>National Capital Region (NCR)</b>	<b>186.3</b>	<b>185.6</b>	<b>172.2</b>	<b>168.9</b>	<b>8.2</b>	<b>9.9</b>	<b>156.6</b>	<b>148.7</b>	<b>143.5</b>	<b>145.5</b>	<b>9.1</b>	<b>2.2</b>
<b>Areas Outside NCR</b>	<b>191.3</b>	<b>189.9</b>	<b>173.7</b>	<b>170.0</b>	<b>10.1</b>	<b>11.7</b>	<b>150.8</b>	<b>148.7</b>	<b>140.5</b>	<b>138.7</b>	<b>7.3</b>	<b>7.2</b>
CAR - Cordillera Administrative Region	208.6	207.4	191.5	178.7	8.9	16.1	136.6	135.4	131.2	133.0	4.1	1.8
I - Ilocos	214.1	213.5	204.1	201.2	4.9	6.1	150.6	149.2	139.2	138.4	8.2	7.8
II - Cagayan Valley	180.0	178.7	162.1	159.2	11.0	12.2	151.2	150.1	138.1	136.2	9.5	10.2
III - Central Luzon	206.3	205.1	181.9	179.1	13.4	14.5	138.8	136.3	129.1	125.4	7.5	8.7
IV-a - Calabarzon	193.6	191.8	168.9	164.3	14.6	16.7	136.7	134.3	128.5	128.2	6.4	4.8
IV-b - Mimaropa	190.4	189.2	174.4	171.4	9.2	10.4	152.5	149.7	142.3	138.4	7.2	8.2
V - Bicol	182.5	182.0	175.1	169.5	4.2	7.4	147.9	145.8	139.1	138.4	6.3	5.3
VI - Western Visayas	172.9	172.6	155.1	151.9	11.5	13.6	160.5	157.4	144.7	138.4	10.9	13.7
VII - Central Visayas	179.9	174.9	167.9	165.8	7.1	5.5	153.8	153.6	148.7	147.4	3.4	4.2
VIII - Eastern Visayas	181.4	180.3	164.1	163.4	10.5	10.3	169.7	168.1	156.3	155.8	8.6	7.9
IX - Zamboanga Peninsula	213.9	212.9	197.4	190.4	8.4	11.8	187.7	178.9	168.2	168.2	11.6	6.4
X - Northern Mindanao	192.1	192.1	176.9	171.8	8.6	11.8	172.4	171.8	159.4	158.5	8.2	8.4
XI - Davao	176.8	176.1	162.2	161.4	9.0	9.1	165.2	164.8	157.9	157.3	4.6	4.8
XII - SOCCSKSARGEN	179.8	178.3r	167.4	164.1	7.4	8.7r	148.5	147.1	143.7	140.8	3.3	4.5
XIII - Caraga	184.4	182.9	175.8	170.3	4.9	7.4	159.4	159.4	142.6	140.0	11.8	13.9
ARMM - Autonomous Region in Muslim Mindanao	191.9	191.2	177.0	175.9	8.4	8.7	177.9	173.0	161.6	160.6	10.1	7.7

Table 10 (continued)

Area and Region	F i s h						Fruits and Vegetables					
	2009		2008		Inflation Rates(%)		2009		2008		Inflation Rates(%)	
	Feb	Jan	Feb	Jan	Current	Previous	Feb	Jan	Feb	Jan	Current	Previous
<b>Philippines</b>	<b>158.9</b>	<b>159.6</b>	<b>148.6</b>	<b>146.7</b>	<b>6.9</b>	<b>8.8</b>	<b>149.0</b>	<b>150.9</b>	<b>143.2</b>	<b>146.5</b>	<b>4.1</b>	<b>3.0</b>
<b>National Capital Region (NCR)</b>	<b>135.2</b>	<b>137.5</b>	<b>131.1</b>	<b>130.6</b>	<b>3.1</b>	<b>5.3</b>	<b>121.0</b>	<b>126.2</b>	<b>119.4</b>	<b>127.4</b>	<b>1.3</b>	<b>-0.9</b>
<b>Areas Outside NCR</b>	<b>165.0</b>	<b>165.2</b>	<b>153.0</b>	<b>150.8</b>	<b>7.8</b>	<b>9.5</b>	<b>159.1</b>	<b>159.8</b>	<b>151.7</b>	<b>153.4</b>	<b>4.9</b>	<b>4.2</b>
CAR - Cordillera Administrative Region	133.0	132.5	126.0	128.5	5.6	3.1	151.1	152.5	143.8	146.5	5.1	4.1
I - Ilocos	155.7	156.1	144.8	142.9	7.5	9.2	130.0	131.8	127.1	128.9	2.3	2.2
II - Cagayan Valley	150.7	148.4	138.4	138.3	8.9	7.3	150.7	151.0	148.3	153.3	1.6	-1.5
III - Central Luzon	148.3	150.9	139.1	137.3	6.6	9.9	141.1	146.0	143.7	146.8	-1.8	-0.5
IV-a - Calabarzon	163.3	162.3	147.1	146.9	11.0	10.5	138.3	143.5	139.2	145.0	-0.6	-1.0
IV-b - Mimaropa	160.1	159.8	149.9	147.3	6.8	8.5	148.1	151.1	152.4	151.3	-2.8	-0.1
V - Bicol	155.6	156.0	144.9	142.9	7.4	9.2	146.8	148.4	144.9	146.4	1.3	1.4
VI - Western Visayas	174.3	176.1	157.7	156.8	10.5	12.3	167.3	168.5	152.1	151.2	10.0	11.4
VII - Central Visayas	181.4	181.8	172.6	164.9	5.1	10.2	203.4	200.8	184.4	181.4	10.3	10.7
VIII - Eastern Visayas	163.1	161.3	151.2	147.7	7.9	9.2	173.5	170.5	151.5	150.5	14.5	13.3
IX - Zamboanga Peninsula	157.2	163.4	163.0	163.4	-3.6	0.0	173.6	176.7	163.9	165.1	5.9	7.0
X - Northern Mindanao	182.5	183.2	169.0	163.1	8.0	12.3	187.6	177.1	174.5	171.8	7.5	3.1
XI - Davao	179.5	177.7	169.6	168.6	5.8	5.4	177.7	173.2	162.4	160.3	9.4	8.0
XII - SOCCSKSARGEN	164.2	163.4	151.5	149.9	8.4	9.0	170.0	167.0	160.3	161.0	6.1	3.7
XIII - Caraga	196.8	192.6	168.3	162.4	16.9	18.6	186.9	175.3	158.4	158.8	18.0	10.4
ARMM - Autonomous Region in Muslim Mindanao	184.6	184.7	168.0	166.2	9.9	11.1	209.3	209.3	183.6	188.7	14.0	10.9

Table 10 (continued)

Area and Region	M e a t						Miscellaneous Foods					
	2009		2008		Inflation Rates(%)		2009		2008		Inflation Rates(%)	
	Feb	Jan	Feb	Jan	Current	Previous	Feb	Jan	Feb	Jan	Current	Previous
<b>Philippines</b>	<b>153.6</b>	<b>152.5</b>	<b>139.5</b>	<b>139.2</b>	<b>10.1</b>	<b>9.6</b>	<b>151.2</b>	<b>151.2</b>	<b>140.7</b>	<b>139.6</b>	<b>7.5</b>	<b>8.3</b>
<b>National Capital Region (NCR)</b>	<b>152.5</b>	<b>151.2</b>	<b>139.6</b>	<b>140.2</b>	<b>9.2</b>	<b>7.8</b>	<b>148.4</b>	<b>148.6</b>	<b>137.3</b>	<b>137.1</b>	<b>8.1</b>	<b>8.4</b>
<b>Areas Outside NCR</b>	<b>154.1</b>	<b>153.0</b>	<b>139.5</b>	<b>138.8</b>	<b>10.5</b>	<b>10.2</b>	<b>152.5</b>	<b>152.4</b>	<b>142.2</b>	<b>140.7</b>	<b>7.2</b>	<b>8.3</b>
CAR - Cordillera Administrative Region	148.2	148.1	135.8	135.6	9.1	9.2	143.8	145.1	132.7	132.2	8.4	9.8
I - Ilocos	160.2	158.9	144.4	144.5	10.9	10.0	155.4	154.8	146.6	145.9	6.0	6.1
II - Cagayan Valley	151.3	150.3	132.7	132.1	14.0	13.8	165.7	165.5	154.1	153.3	7.5	8.0
III - Central Luzon	156.4	154.1	139.6	139.6	12.0	10.4	152.3	152.2	144.5	142.2	5.4	7.0
IV-a - Calabarzon	150.2	148.9	135.7	134.6	10.7	10.6	140.4	140.3	132.2	129.5	6.2	8.3
IV-b - Mimaropa	157.8	156.5	141.0	139.1	11.9	12.5	148.0	147.8	141.1	140.3	4.9	5.3
V - Bicol	158.5	157.7	144.3	141.7	9.8	11.3	156.4	155.6	146.9	146.9	6.5	5.9
VI - Western Visayas	148.2	146.5	132.2	131.3	12.1	11.6	152.5	152.6	138.3	137.7	10.3	10.8
VII - Central Visayas	153.7	153.6	142.3	141.1	8.0	8.9	167.0	166.6	156.1	155.5	7.0	7.1
VIII - Eastern Visayas	153.1	153.3	141.5	141.0	8.2	8.7	156.2	156.2	139.0	138.4	12.4	12.9
IX - Zamboanga Peninsula	151.2	152.0	146.9	152.9	2.9	-0.6	161.8	160.8	149.4	148.2	8.3	8.5
X - Northern Mindanao	157.6	156.5	145.4	144.0	8.4	8.7	153.8	154.4	142.9	142.7	7.6	8.2
XI - Davao	153.1	152.9	138.4	137.9	10.6	10.9	164.2	164.7	150.1	149.6	9.4	10.1
XII - SOCCSKSARGEN	160.1	160.0	145.8	144.6	9.8	10.7	154.2	154.6	142.6	140.9	8.1	9.7
XIII - Caraga	161.4	160.6	145.2	144.3	11.2	11.3	163.9	164.7	149.8	147.5	9.4	11.7
ARMM - Autonomous Region in Muslim Mindanao	180.0	178.8	166.9	166.9	7.8	7.1	178.6	177.9	160.3	158.3	11.4	12.4

Table 10 (concluded)

Area and Region	Meals Eaten Outside				Inflation Rates(%)	
	2009		2008		Inflation Rates(%)	
	Feb	Jan	Feb	Jan	Current	Previous
<b>Philippines</b>	<b>144.9</b>	<b>144.8</b>	<b>136.0</b>	<b>135.0</b>	<b>6.5</b>	<b>7.3</b>
<b>National Capital Region (NCR)</b>	<b>142.1</b>	<b>142.1</b>	<b>133.0</b>	<b>133.0</b>	<b>6.8</b>	<b>6.8</b>
<b>Areas Outside NCR</b>	<b>146.6</b>	<b>146.4</b>	<b>137.8</b>	<b>136.2</b>	<b>6.4</b>	<b>7.5</b>
CAR - Cordillera Administrative Region	120.6	120.6	113.2	112.9	6.5	6.8
I - Ilocos	143.6	143.6	136.8	136.8	5.0	5.0
II - Cagayan Valley	193.6	192.3	180.7	180.1	7.1	6.8
III - Central Luzon	140.9	140.9	137.5	136.3	2.5	3.4
IV-a - Calabarzon	138.6	138.6	130.0	126.8	6.6	9.3
IV-b - Mimaropa	145.6	145.2	135.2	134.9	7.7	7.6
V - Bicol	158.9	158.7	149.8	149.5	6.1	6.2
VI - Western Visayas	142.5	142.2	133.9	133.1	6.4	6.8
VII - Central Visayas	172.9	172.9	162.0	162.0	6.7	6.7
VIII - Eastern Visayas	161.0	161.0	140.3	140.4	14.8	14.7
IX - Zamboanga Peninsula	150.4	150.0	143.8	143.3	4.6	4.7
X - Northern Mindanao	141.6	139.6	127.8	127.8	10.8	9.2
XI - Davao	145.3	145.1	135.5	134.7	7.2	7.7
XII - SOCCSKSARGEN	150.9	150.8	134.2	130.9	12.4	15.2
XIII - Caraga	176.4	175.5	156.6	152.4	12.6	15.2
ARMM - Autonomous Region in Muslim Mindanao	209.0	208.9	180.7	180.5	15.7	15.7

Source: Economic Indices and Indicators Division  
Industry and Trade Statistics Department  
National Statistics Office  
Republic of the Philippines