

Table 10. Regional Year-on-Year Inflation Rates of Selected Food Items, July and June 2009 and 2008
(2000 = 100)

Area/Region	C e r e a l s						R i c e					
	2009		2008		Inflation Rates(%)		2009		2008		Inflation Rates(%)	
	Jul	Jun	Jul	Jun	Current	Previous	Jul	Jun	Jul	Jun	Current	Previous
Philippines	173.6	174.1	184.5	175.5	-5.9	-0.8	173.4	173.5	183.8	174.6	-5.7	-0.6
National Capital Region (NCR)	159.1	159.1	176.9	176.0	-10.1	-9.6	159.3	159.4	177.5	176.6	-10.3	-9.7
Areas Outside NCR	175.7	176.2	185.6	175.4	-5.3	0.5	175.6	175.7	184.8	174.3	-5.0	0.8
CAR - Cordillera Administrative Region	177.3	174.6r	172.6	167.3	2.7	4.4r	177.8	175.0r	173.2	167.8	2.7	4.3r
I - Ilocos	179.9	179.6	178.1	172.9	1.0	3.9	180.3	180.0	178.7	173.4	0.9	3.8
II - Cagayan Valley	185.7	185.4	180.4	172.5	2.9	7.5	187.6	187.3	182.3	174.1	2.9	7.6
III - Central Luzon	167.7	167.3	177.0	160.0	-5.3	4.6	167.0	166.6	176.7	159.4	-5.5	4.5
IV-a - Calabarzon	163.9	164.3	167.4	156.2	-2.1	5.2	164.1	164.5	167.7	156.4	-2.1	5.2
IV-b - Mimaropa	175.4	177.0	189.1	183.5r	-7.2	-3.5	175.4	177.0	189.3	183.6	-7.3	-3.6
V - Bicol	169.9	169.8	182.8	165.9	-7.1	2.4	170.5	170.9	183.1	166.0	-6.9	3.0
VI - Western Visayas	173.1	173.7	173.0	155.8	0.1	11.5	174.4	175.0	175.1	157.1	-0.4	11.4
VII - Central Visayas	178.7	180.4	197.4	184.1	-9.5	-2.0	175.9	176.4	191.6	175.2	-8.2	0.7
VIII - Eastern Visayas	194.0	194.5	199.5	167.6	-2.8	16.1	196.1	196.6	202.1	169.3	-3.0	16.1
IX - Zamboanga Peninsula	171.8	173.7	197.3	176.5	-12.9	-1.6	172.7	173.1	201.3	182.5	-14.2	-5.2
X - Northern Mindanao	180.6	183.1	193.7	188.2	-6.8	-2.7	176.9	178.8	187.2	181.9	-5.5	-1.7
XI - Davao	180.1	182.7	210.0	210.3	-14.2	-13.1	182.5	182.6	214.5	215.8	-14.9	-15.4
XII - SOCCSKSARGEN	175.9	175.9	191.2	218.7	-8.0	-19.6	174.6	173.7	187.7	217.6	-7.0	-20.2
XIII - Caraga	181.0	182.0	208.4	197.8	-13.1	-8.0	181.4	181.0	210.3	199.1	-13.7	-9.1
ARMM - Autonomous Region in Muslim Mindanao	189.5	190.0	201.5	207.1	-6.0	-8.3	188.7	188.8	200.8	206.5	-6.0	-8.6

Table 10 (continued)

Area and Region	C o r n						Cereal Preparations					
	2009		2008		Inflation Rates(%)		2009		2008		Inflation Rates(%)	
	Jul	Jun	Jul	Jun	Current	Previous	Jul	Jun	Jul	Jun	Current	Previous
Philippines	175.9	180.5	192.4r	184.4r	-8.6	-2.1	182.3	181.8	172.7	170.4	5.6	6.7
National Capital Region (NCR)	143.2	138.1	130.3	130.3	9.9	6.0	196.8	196.8	188.9	186.3	4.2	5.6
Areas Outside NCR	176.5	181.3	193.5r	185.4r	-8.8	-2.2	177.2	176.6	167.0	164.9	6.1	7.1
CAR - Cordillera Administrative Region	145.0	146.3	135.3	132.8	7.2	10.2	157.7	157.6	150.3	149.2	4.9	5.6
I - Ilocos	150.5	149.8	132.1	132.1	13.9	13.4	219.9	219.6	209.3	207.2	5.1	6.0
II - Cagayan Valley	143.6	143.2	139.0	138.6	3.3	3.3	158.3	157.7	146.4	144.2	8.1	9.4
III - Central Luzon	215.2	221.2	198.3	200.8	8.5	10.2	170.5	170.3	164.3	161.3	3.8	5.6
IV-a - Calabarzon	141.3	146.1	135.4	133.5	4.4	9.4	170.7	169.9	159.5	158.2	7.0	7.4
IV-b - Mimaropa	180.2	180.3	166.9r	170.0r	8.0	6.1	166.4	166.3	154.7	151.7	7.6	9.6
V - Bicol	163.6	158.2	179.1	164.3	-8.7	-3.7	170.2	169.1	158.9	157.4	7.1	7.4
VI - Western Visayas	148.9	148.8	133.1	131.3	11.9	13.3	158.4	158.0	149.9	146.8	5.7	7.6
VII - Central Visayas	184.5	188.7	209.4	202.4	-11.9	-6.8	190.0	189.9	186.0	185.7	2.2	2.3
VIII - Eastern Visayas	155.0	155.3	151.6	135.9	2.2	14.3	205.4	205.2	188.6	184.8	8.9	11.0
IX - Zamboanga Peninsula	169.6	175.2	188.3	162.7	-9.9	7.7	199.7	199.5	182.4	176.2	9.5	13.2
X - Northern Mindanao	189.5	193.5	209.6	203.5	-9.6	-4.9	171.3	169.2	163.8	161.8	4.6	4.6
XI - Davao	171.6	182.9	194.2	190.5	-11.6	-4.0	192.0	191.4	175.5	174.2	9.4	9.9
XII - SOCCSKSARGEN	187.7	196.8	224.2	228.8	-16.3	-14.0	177.6	177.1	163.5	162.2	8.6	9.2
XIII - Caraga	177.1	191.0	190.6	186.1	-7.1	2.6	175.9	175.9	171.2	169.1	2.7	4.0
ARMM - Autonomous Region in Muslim Mindanao	228.9	245.0	236.7	236.1	-3.3	3.8	188.1	187.0	177.6	176.3	5.9	6.1

Table 10 (continued)

Area and Region	Dairy Products				Inflation Rates (%)		E g g s				Inflation Rates (%)	
	2009		2008		Current	Previous	2009		2008		Current	Previous
	Jul	Jun	Jul	Jun			Jul	Jun	Jul	Jun		
Philippines	192.3	192.0	181.2	180.0	6.1	6.7	153.3	152.9	143.1	142.4	7.1	7.4
National Capital Region (NCR)	188.4	188.2	179.6	178.4	4.9	5.5	151.8	150.7	140.3	139.4	8.2	8.1
Areas Outside NCR	193.9	193.6	181.9	180.7	6.6	7.1	153.8	153.6	144.0	143.3	6.8	7.2
CAR - Cordillera Administrative Region	211.6	210.7	203.2	201.6	4.1	4.5	139.6	139.3	130.6	130.6	6.9	6.7
I - Ilocos	214.8	214.7	209.2	209.0	2.7	2.7	154.0	154.1	142.3	141.9	8.2	8.6
II - Cagayan Valley	183.0	182.8	176.7	174.8	3.6	4.6	152.6	152.2	144.9	143.1	5.3	6.4
III - Central Luzon	208.7	208.6	193.2	190.9	8.0	9.3	143.5	143.5	136.0	137.2	5.5	4.6
IV-a - Calabarzon	195.8	195.7	176.1	175.7	11.2	11.4	143.2	143.4	129.1	129.0	10.9	11.2
IV-b - Mimaropa	194.3	193.4	185.2	182.7	4.9	5.9	153.6	153.7	146.4	146.1	4.9	5.2
V - Bicol	186.3	185.9	178.9	177.8	4.1	4.6	148.1	147.7	139.6	137.2	6.1	7.7
VI - Western Visayas	175.8	175.6	166.0	164.6	5.9	6.7	161.4	160.1	149.2	147.5	8.2	8.5
VII - Central Visayas	186.0	185.5	173.1	172.7	7.5	7.4	154.0	153.7	147.4	147.1	4.5	4.5
VIII - Eastern Visayas	183.0	183.0	173.7	170.7	5.4	7.2	170.2	170.0	161.9	159.7	5.1	6.4
IX - Zamboanga Peninsula	214.8	214.4	204.1	203.5	5.2	5.4	189.1	189.1	168.4	163.6	12.3	15.6
X - Northern Mindanao	193.4	193.3	186.1	185.3	3.9	4.3	175.6	176.6	166.4	163.3	5.5	8.1
XI - Davao	180.1	179.1	164.8	164.7	9.3	8.7	166.7	166.7	160.4	159.7	3.9	4.4
XII - SOCCSKSARGEN	180.7	179.7r	176.3	175.4	2.5	2.5	149.0	147.9	147.5	146.3	1.0	1.1
XIII - Caraga	185.6	185.3	179.4	178.4	3.5	3.9	160.0	160.4	152.9	151.6	4.6	5.8
ARMM - Autonomous Region in Muslim Mindanao	193.7	192.9	189.3	184.8	2.3	4.4	179.4	177.6	167.1	166.5	7.4	6.7

Table 10 (continued)

Area and Region	F i s h				Inflation Rates (%)		Fruits and Vegetables				Inflation Rates (%)	
	2009		2008		Current	Previous	2009		2008		Current	Previous
	Jul	Jun	Jul	Jun			Jul	Jun	Jul	Jun		
Philippines	158.4	158.7	148.5	151.4	6.7	4.8	150.1	149.4	146.7	143.8	2.3	3.9
National Capital Region (NCR)	134.4	134.5	124.7	132.0	7.8	1.9	126.6	128.9	124.3	121.9	1.9	5.7
Areas Outside NCR	164.5	164.9	154.6	156.3	6.4	5.5	158.5	156.8	154.7	151.6	2.5	3.4
CAR - Cordillera Administrative Region	135.1	135.5	127.1	125.4	6.3	8.1	154.6	154.9	153.8	153.3	0.5	1.0
I - Ilocos	152.8	154.8	143.7	144.2	6.3	7.4	137.4	134.0	133.3	130.2	3.1	2.9
II - Cagayan Valley	154.8	154.1	145.2	144.6	6.6	6.6	151.8	149.5	143.4	144.4	5.9	3.5
III - Central Luzon	146.7	146.7	139.7	141.3	5.0	3.8	148.3	146.7	143.3	142.7	3.5	2.8
IV-a - Calabarzon	164.5	164.0	145.7	149.7	12.9	9.6	141.3	138.5	137.6	134.6	2.7	2.9
IV-b - Mimaropa	157.2	158.6	147.4	153.4	6.6	3.4	146.5	143.9	147.8	150.8	-0.9	-4.6
V - Bicol	153.8	156.0	139.8	146.9	10.0	6.2	142.6	142.6	141.4	141.6	0.8	0.7
VI - Western Visayas	171.3	170.9	164.0	161.0	4.5	6.1	166.5	165.4	168.1	154.0	-1.0	7.4
VII - Central Visayas	182.1	182.6	176.2	179.7	3.3	1.6	192.6	192.8	194.8	184.2	-1.1	4.7
VIII - Eastern Visayas	162.8	165.1	160.5	158.8	1.4	4.0	166.4	168.2	165.4	161.9	0.6	3.9
IX - Zamboanga Peninsula	155.5	159.3	159.6	161.2	-2.6	-1.2	173.2	166.4	169.2	168.7	2.4	-1.4
X - Northern Mindanao	177.5	178.8	169.5	169.4	4.7	5.5	173.4	172.8	172.1	170.0	0.8	1.6
XI - Davao	178.1	180.3	168.1	170.0	5.9	6.1	173.5	169.4	159.3	157.2	8.9	7.8
XII - SOCCSKSARGEN	164.3	164.4	157.7	157.9	4.2	4.1	166.9	164.1	162.2	161.2	2.9	1.8
XIII - Caraga	196.3	194.3	181.5	181.2	8.2	7.2	172.8	173.7	167.6	164.6	3.1	5.5
ARMM - Autonomous Region in Muslim Mindanao	194.3	185.0	174.2	173.1	11.5	6.9	209.4	211.0	194.8	191.3	7.5	10.3

Table 10 (continued)

Area and Region	M e a t						Miscellaneous Foods					
	2009		2008		Inflation Rates(%)		2009		2008		Inflation Rates(%)	
	Jul	Jun	Jul	Jun	Current	Previous	Jul	Jun	Jul	Jun	Current	Previous
Philippines	155.7	154.9	151.1	150.0	3.0	3.3	152.5	152.0	148.5	147.5	2.7	3.1
National Capital Region (NCR)	154.0	153.4	151.4	150.2	1.7	2.1	149.4	149.4	143.1	142.7	4.4	4.7
Areas Outside NCR	156.4	155.5	150.9	149.9	3.6	3.7	153.9	153.2	150.9	149.6	2.0	2.4
CAR - Cordillera Administrative Region	150.3	149.4	144.9	144.1	3.7	3.7	144.1	144.1	145.4	143.7	-0.9	0.3
I - Ilocos	163.2	162.5	156.4	155.4	4.3	4.6	155.9	156.0	153.3	152.5	1.7	2.3
II - Cagayan Valley	155.3	154.5	147.6	145.6	5.2	6.1	167.3	167.1	163.1	161.8	2.6	3.3
III - Central Luzon	158.3	156.5	155.3	153.9	1.9	1.7	154.3	152.8	151.8	150.8	1.6	1.3
IV-a - Calabarzon	151.6	150.6	146.9	146.4	3.2	2.9	141.7	141.0	137.8	136.6	2.8	3.2
IV-b - Mimaropa	161.5	160.8	154.6	154.0	4.5	4.4	149.6	149.0	148.6	147.5	0.7	1.0
V - Bicol	161.2	160.3	157.0	156.0	2.7	2.8	160.2	158.9	153.2	151.8	4.6	4.7
VI - Western Visayas	150.3	150.0	140.5	138.7	7.0	8.1	153.3	153.0	149.1	148.0	2.8	3.4
VII - Central Visayas	155.5	155.4	149.6	148.8	3.9	4.4	168.6	167.9	165.9	164.7	1.6	1.9
VIII - Eastern Visayas	155.1	154.8	151.0	150.2	2.7	3.1	156.8	156.1	152.2	148.9	3.0	4.8
IX - Zamboanga Peninsula	154.3	151.0	149.7	148.2	3.1	1.9	161.1	160.5	159.8	157.2	0.8	2.1
X - Northern Mindanao	160.9	159.9	152.8	152.1	5.3	5.1	154.3	153.8	152.6	150.8	1.1	2.0
XI - Davao	156.7	156.7	149.3	148.3	5.0	5.7	165.6	165.2	166.4	166.2	-0.5	-0.6
XII - SOCCSKSARGEN	161.1	161.2	157.2	157.7	2.5	2.2	157.0	155.8	158.6	157.2	-1.0	-0.9
XIII - Caraga	163.7	163.9	155.1	153.1	5.5	7.1	165.3	165.4	165.2	162.6	0.1	1.7
ARMM - Autonomous Region in Muslim Mindanao	181.6	184.6	174.3	172.4	4.2	7.1	180.6	180.3	171.6r	170.6	5.2	5.7

Table 10 (concluded)

Area and Region	Meals Eaten Outside					
	2009		2008		Inflation Rates(%)	
	Jul	Jun	Jul	Jun	Current	Previous
Philippines	146.5	146.0	140.4r	139.3	4.3	4.8
National Capital Region (NCR)	143.1	143.1	136.0	135.0	5.2	6.0
Areas Outside NCR	148.6	147.8	143.0r	141.9	3.9	4.2
CAR - Cordillera Administrative Region	120.9	120.8	120.5	120.4	0.3	0.3
I - Ilocos	143.6	143.6	141.1	141.1	1.8	1.8
II - Cagayan Valley	195.6	195.6	189.5	186.6	3.2	4.8
III - Central Luzon	144.3	142.2	139.1	139.0	3.7	2.3
IV-a - Calabarzon	140.7	140.0	134.7	133.2	4.5	5.1
IV-b - Mimaropa	148.1	148.1	141.1	140.6	5.0	5.3
V - Bicol	165.0	163.5	154.4	152.6	6.9	7.1
VI - Western Visayas	143.6	143.6	138.5	137.9	3.7	4.1
VII - Central Visayas	173.4	173.2	170.6	170.6	1.6	1.5
VIII - Eastern Visayas	161.0	161.0	150.8	146.3	6.8	10.0
IX - Zamboanga Peninsula	151.1	150.5	147.2	145.6	2.6	3.4
X - Northern Mindanao	142.2	142.1	134.0	132.2	6.1	7.5
XI - Davao	145.8	145.8	143.2	142.7	1.8	2.2
XII - SOCCSKSARGEN	152.6	152.6	148.5	147.0	2.8	3.8
XIII - Caraga	180.1	180.0	170.4	164.7	5.7	9.3
ARMM - Autonomous Region in Muslim Mindanao	209.8	209.1	186.4r	185.2	12.6	12.9

Source: Economic Indices and Indicators Division
Industry and Trade Statistics Department
National Statistics Office
Republic of the Philippines