

**Table 9. Regional Month-on-Month Inflation Rates of Selected Food Items, August and July 2009**  
(2000 = 100)

Area and Region	Cereals				Rice				Corn			
	Aug	Jul	Current	Previous	Aug	Jul	Current	Previous	Aug	Jul	Current	Previous
<b>Philippines</b>	<b>173.2</b>	<b>173.6</b>	<b>-0.2</b>	<b>-0.3</b>	<b>173.2</b>	<b>173.4</b>	<b>-0.1</b>	<b>-0.1</b>	<b>173.7</b>	<b>175.9</b>	<b>-1.3</b>	<b>-2.5</b>
<b>National Capital Region (NCR)</b>	<b>158.6</b>	<b>159.1</b>	<b>-0.3</b>	<b>0.0</b>	<b>158.8</b>	<b>159.3</b>	<b>-0.3</b>	<b>-0.1</b>	<b>143.0</b>	<b>143.2</b>	<b>-0.1</b>	<b>3.7</b>
<b>Areas Outside NCR</b>	<b>175.3</b>	<b>175.7</b>	<b>-0.2</b>	<b>-0.3</b>	<b>175.4</b>	<b>175.6</b>	<b>-0.1</b>	<b>-0.1</b>	<b>174.2</b>	<b>176.5</b>	<b>-1.3</b>	<b>-2.6</b>
CAR - Cordillera Administrative Region	180.4	177.3	1.7	1.5	181.0	177.8	1.8	1.6	143.6	145.0	-1.0	-0.9
I - Ilocos	178.2	179.9	-0.9	0.2	178.5	180.3	-1.0	0.2	151.6	150.5	0.7	0.5
II - Cagayan Valley	182.3	185.7	-1.8	0.2	184.1	187.6	-1.9	0.2	142.7	143.6	-0.6	0.3
III - Central Luzon	168.3	167.7	0.4	0.2	167.6	167.0	0.4	0.2	218.9	215.2	1.7	-2.7
IV-a - Calabarzon	165.1	163.9	0.7	-0.2	165.4	164.1	0.8	-0.2	138.1	141.3	-2.3	-3.3
IV-b - Mimaropa	175.6	175.4	0.1	-0.9	175.5	175.4	0.1	-0.9	185.0	180.2	2.7	-0.1
V - Bicol	170.8	169.9	0.5	0.1	171.8	170.5	0.8	-0.2	160.1	163.6	-2.1	3.4
VI - Western Visayas	172.5	173.1	-0.3	-0.3	173.8	174.4	-0.3	-0.3	147.6	148.9	-0.9	0.1
VII - Central Visayas	178.6	178.7	-0.1	-0.9	176.7	175.9	0.5	-0.3	182.5	184.5	-1.1	-2.2
VIII - Eastern Visayas	195.0	194.0	0.5	-0.3	197.2	196.1	0.6	-0.3	154.9	155.0	-0.1	-0.2
IX - Zamboanga Peninsula	170.7	171.8	-0.6	-1.1	170.9	172.7	-1.0	-0.2	170.1	169.6	0.3	-3.2
X - Northern Mindanao	177.0	180.6	-2.0	-1.4	173.8	176.9	-1.8	-1.1	184.7	189.5	-2.5	-2.1
XI - Davao	177.2	180.1	-1.6	-1.4	179.8	182.5	-1.5	-0.1	168.1	171.6	-2.0	-6.2
XII - SOCCSKSARGEN	173.6	175.9	-1.3	0.0	172.6	174.6	-1.1	0.5	183.2	187.7	-2.4	-4.6
XIII - Caraga	180.8	181.0	-0.1	-0.5	181.3	181.4	-0.1	0.2	175.7	177.1	-0.8	-7.3
ARMM - Autonomous Region in Muslim Mindanao	190.0	189.5	0.3	-0.3	189.2	188.7	0.3	-0.1	228.2	228.9	-0.3	-6.6

Table 9. (Continued)

Area and Region	Cereal Preparations				Dairy Products				Eggs			
	Aug	Jul	Current	Previous	Aug	Jul	Current	Previous	Aug	Jul	Current	Previous
<b>Philippines</b>	<b>182.6</b>	<b>182.3</b>	<b>0.2</b>	<b>0.3</b>	<b>192.4</b>	<b>192.3</b>	<b>0.1</b>	<b>0.2</b>	<b>153.6</b>	<b>153.3</b>	<b>0.2</b>	<b>0.3</b>
<b>National Capital Region (NCR)</b>	<b>197.1</b>	<b>196.8</b>	<b>0.2</b>	<b>0.0</b>	<b>188.6</b>	<b>188.4</b>	<b>0.1</b>	<b>0.1</b>	<b>152.6</b>	<b>151.8</b>	<b>0.5</b>	<b>0.7</b>
<b>Areas Outside NCR</b>	<b>177.6</b>	<b>177.2</b>	<b>0.2</b>	<b>0.3</b>	<b>194.0</b>	<b>193.9</b>	<b>0.1</b>	<b>0.2</b>	<b>153.9</b>	<b>153.8</b>	<b>0.1</b>	<b>0.1</b>
CAR - Cordillera Administrative Region	158.0	157.7	0.2	0.1	212.1	211.6	0.2	0.4	137.9	139.6	-1.2	0.2
I - Ilocos	220.0	219.9	0.0	0.1	214.8	214.8	0.0	0.0	153.7	154.0	-0.2	-0.1
II - Cagayan Valley	159.0	158.3	0.4	0.4	183.3	183.0	0.2	0.1	152.2	152.6	-0.3	0.3
III - Central Luzon	171.0	170.5	0.3	0.1	208.6	208.7	0.0	0.0	143.4	143.5	-0.1	0.0
IV-a - Calabarzon	171.0	170.7	0.2	0.5	195.8	195.8	0.0	0.1	143.3	143.2	0.1	-0.1
IV-b - Mimaropa	166.4	166.4	0.0	0.1	195.2	194.3	0.5	0.5	154.4	153.6	0.5	-0.1
V - Bicol	171.0	170.2	0.5	0.7	186.5	186.3	0.1	0.2	148.2	148.1	0.1	0.3
VI - Western Visayas	158.6	158.4	0.1	0.3	176.0	175.8	0.1	0.1	162.0	161.4	0.4	0.8
VII - Central Visayas	190.0	190.0	0.0	0.1	186.1	186.0	0.1	0.3	154.3	154.0	0.2	0.2
VIII - Eastern Visayas	205.8	205.4	0.2	0.1	183.1	183.0	0.1	0.0	170.2	170.2	0.0	0.1
IX - Zamboanga Peninsula	199.8	199.7	0.1	0.1	214.9	214.8	0.0	0.2	190.3	189.1	0.6	0.0
X - Northern Mindanao	171.6	171.3	0.2	1.2	193.7	193.4	0.2	0.1	175.7	175.6	0.1	-0.6
XI - Davao	192.6	192.0	0.3	0.3	180.2	180.1	0.1	0.6	168.0	166.7	0.8	0.0
XII - SOCCSKSARGEN	178.7	177.6	0.6	0.3	181.5	180.7	0.4	0.6	149.1	149.0	0.1	0.7
XIII - Caraga	175.6	175.9	-0.2	0.0	185.8	185.6	0.1	0.2	158.6	160.0	-0.9	-0.2
ARMM - Autonomous Region in Muslim Mindanao	188.2	188.1	0.1	0.6	194.3	193.7	0.3	0.4	179.9	179.4	0.3	1.0

Table 9 (continued)

Area and Region	F i s h				Fruits and Vegetables				M e a t			
	Aug	Jul	Current	Previous	Aug	Jul	Current	Previous	Aug	Jul	Current	Previous
<b>Philippines</b>	<b>159.6</b>	<b>158.4</b>	<b>0.8</b>	<b>-0.2</b>	<b>151.2</b>	<b>150.1</b>	<b>0.7</b>	<b>0.5</b>	<b>154.7</b>	<b>155.7</b>	<b>-0.6</b>	<b>0.5</b>
National Capital Region (NCR)	133.6	134.4	-0.6	-0.1	130.1	126.6	2.8	-1.8	151.4	154.0	-1.7	0.4
Areas Outside NCR	166.2	164.5	1.0	-0.2	158.7	158.5	0.1	1.1	156.2	156.4	-0.1	0.6
CAR - Cordillera Administrative Region	136.1	135.1	0.7	-0.3	158.1	154.6	2.3	-0.2	151.4	150.3	0.7	0.6
I - Ilocos	154.3	152.8	1.0	-1.3	138.1	137.4	0.5	2.5	163.5	163.2	0.2	0.4
II - Cagayan Valley	155.8	154.8	0.6	0.5	149.9	151.8	-1.3	1.5	155.9	155.3	0.4	0.5
III - Central Luzon	146.9	146.7	0.1	0.0	148.2	148.3	-0.1	1.1	156.7	158.3	-1.0	1.2
IV-a - Calabarzon	165.8	164.5	0.8	0.3	139.2	141.3	-1.5	2.0	151.6	151.6	0.0	0.7
IV-b - Mimaropa	160.6	157.2	2.2	-0.9	149.3	146.5	1.9	1.8	161.1	161.5	-0.2	0.4
V - Bicol	156.8	153.8	2.0	-1.4	143.3	142.6	0.5	0.0	161.2	161.2	0.0	0.6
VI - Western Visayas	172.0	171.3	0.4	0.2	166.7	166.5	0.1	0.7	150.2	150.3	-0.1	0.2
VII - Central Visayas	182.6	182.1	0.3	-0.3	193.0	192.6	0.2	-0.1	155.8	155.5	0.2	0.1
VIII - Eastern Visayas	165.0	162.8	1.4	-1.4	167.1	166.4	0.4	-1.1	154.9	155.1	-0.1	0.2
IX - Zamboanga Peninsula	162.5	155.5	4.5	-2.4	174.0	173.2	0.5	4.1	154.5	154.3	0.1	2.2
X - Northern Mindanao	180.9	177.5	1.9	-0.7	172.6	173.4	-0.5	0.3	161.1	160.9	0.1	0.6
XI - Davao	181.2	178.1	1.7	-1.2	174.5	173.5	0.6	2.4	157.2	156.7	0.3	0.0
XII - SOCCSKSARGEN	169.5	164.3	3.2	-0.1	167.0	166.9	0.1	1.7	161.7	161.1	0.4	-0.1
XIII - Caraga	193.1	194.7	-0.8	0.2r	174.1	172.8	0.8	-0.5	163.8	163.7	0.1	-0.1
ARMM - Autonomous Region in Muslim Mindanao	194.1	194.3	-0.1	5.0	215.7	209.4	3.0	-0.8	181.8	181.6	0.1	-1.6

Table 9 (concluded)

Area and Region	Miscellaneous Foods				Meals Eaten Outside			
	Aug	Jul	Current	Previous	Aug	Jul	Current	Previous
<b>Philippines</b>	<b>152.8</b>	<b>152.5</b>	<b>0.2</b>	<b>0.3</b>	<b>146.8</b>	<b>146.5</b>	<b>0.2</b>	<b>0.3</b>
National Capital Region (NCR)	149.5	149.4	0.1	0.0	143.1	143.1	0.0	0.0
Areas Outside NCR	154.3	153.9	0.3	0.5	149.0	148.6	0.3	0.5
CAR - Cordillera Administrative Region	144.8	144.1	0.5	0.0	122.0	120.9	0.9	0.1
I - Ilocos	155.9	155.9	0.0	-0.1	143.6	143.6	0.0	0.0
II - Cagayan Valley	167.7	167.3	0.2	0.1	195.6	195.6	0.0	0.0
III - Central Luzon	154.9	154.3	0.4	1.0	144.5	144.3	0.1	1.5
IV-a - Calabarzon	142.2	141.7	0.4	0.5	141.4	140.7	0.5	0.5
IV-b - Mimaropa	149.9	149.6	0.2	0.4	148.1	148.1	0.0	0.0
V - Bicol	161.1	160.2	0.6	0.8	165.5	165.0	0.3	0.9
VI - Western Visayas	153.5	153.3	0.1	0.2	143.8	143.6	0.1	0.0
VII - Central Visayas	168.6	168.6	0.0	0.4	173.4	173.4	0.0	0.1
VIII - Eastern Visayas	157.3	156.8	0.3	0.4	161.0	161.0	0.0	0.0
IX - Zamboanga Peninsula	160.3	161.1	-0.5	0.4	151.1	151.1	0.0	0.4
X - Northern Mindanao	154.0	154.3	-0.2	0.3	142.4	142.2	0.1	0.1
XI - Davao	166.1	165.6	0.3	0.2	145.9	145.8	0.1	0.0
XII - SOCCSKSARGEN	157.7	157.0	0.4	0.8	154.2	152.6	1.0	0.0
XIII - Caraga	164.9	165.3	-0.2	-0.1	180.2	180.1	0.1	0.1
ARMM - Autonomous Region in Muslim Mindanao	180.8	180.6	0.1	0.2	210.4	209.8	0.3	0.3

Source: Economic Indices and Indicators Division  
Industry and Trade Statistics Department  
National Statistics Office  
Republic of the Philippines