

Table 10. Regional Year-on-Year Inflation Rates of Selected Food Items, August and July 2009 and 2008
(2000 = 100)

Area/Region	C e r e a l s						R i c e					
	2009		2008		Inflation Rates(%)		2009		2008		Inflation Rates(%)	
	Aug	Jul	Aug	Jul	Current	Previous	Aug	Jul	Aug	Jul	Current	Previous
Philippines	173.2	173.6	179.9	184.5	-3.7	-5.9	173.2	173.4	179.8	183.8	-3.7	-5.7
National Capital Region (NCR)	158.6	159.1	167.8	176.9	-5.5	-10.1	158.8	159.3	168.3	177.5	-5.6	-10.3
Areas Outside NCR	175.3	175.7	181.6	185.6	-3.5	-5.3	175.4	175.6	181.6	184.8	-3.4	-5.0
CAR - Cordillera Administrative Region	180.4	177.3	180.9	172.6	-0.3	2.7	181.0	177.8r	181.6	173.2	-0.3	2.7
I - Ilocos	178.2	179.9	183.5	178.1	-2.9	1.0	178.5	180.3	184.1	178.7	-3.0	0.9
II - Cagayan Valley	182.3	185.7	181.4	180.4	0.5	2.9	184.1	187.6	183.3	182.3	0.4	2.9
III - Central Luzon	168.3	167.7	174.6	177.0	-3.6	-5.3	167.6	167.0	174.3	176.7	-3.8	-5.5
IV-a - Calabarzon	165.1	163.9	169.7	167.4	-2.7	-2.1	165.4	164.1	170.0	167.7	-2.7	-2.1
IV-b - Mimaropa	175.6	175.4	191.5r	189.1r	-8.3	-7.2	175.5	175.4	191.7	189.3	-8.5	-7.3
V - Bicol	170.8	169.9	174.5	182.8	-2.1	-7.1	171.8	170.5	173.8	183.1	-1.2	-6.9
VI - Western Visayas	172.5	173.1	172.7	173.0	-0.1	0.1	173.8	174.4	174.7	175.1	-0.5	-0.4
VII - Central Visayas	178.6	178.7	197.7	197.4	-9.7	-9.5	176.7	175.9	195.2	191.6	-9.5	-8.2
VIII - Eastern Visayas	195.0	194.0	200.2	199.5	-2.6	-2.8	197.2	196.1	202.6	202.1	-2.7	-3.0
IX - Zamboanga Peninsula	170.7	171.8	186.7	197.3	-8.6	-12.9	170.9	172.7	187.7	201.3	-9.0	-14.2
X - Northern Mindanao	177.0	180.6	182.5	193.7	-3.0	-6.8	173.8	176.9	180.5	187.2	-3.7	-5.5
XI - Davao	177.2	180.1	183.3	210.0	-3.3	-14.2	179.8	182.5	190.3	214.5	-5.5	-14.9
XII - SOCCSKSARGEN	173.6	175.9	170.9	191.2	1.6	-8.0	172.6	174.6	169.0	187.7	2.1	-7.0
XIII - Caraga	180.8	181.0	201.7	208.4	-10.4	-13.1	181.3	181.4	203.9	210.3	-11.1	-13.7
ARMM - Autonomous Region in Muslim Mindanao	190.0	189.5	193.6	201.5	-1.9	-6.0	189.2	188.7	192.8	200.8	-1.9	-6.0

Table 10 (continued)

Area and Region	C o r n						Cereal Preparations					
	2009		2008		Inflation Rates(%)		2009		2008		Inflation Rates(%)	
	Aug	Jul	Aug	Jul	Current	Previous	Aug	Jul	Aug	Jul	Current	Previous
Philippines	173.7	175.9	180.7r	192.4r	-3.9	-8.6	182.6	182.3	174.7	172.7	4.5	5.6
National Capital Region (NCR)	143.0	143.2	130.4	130.3	9.7	9.9	197.1	196.8	191.8	188.9	2.8	4.2
Areas Outside NCR	174.2	176.5	181.6r	193.5r	-4.1	-8.8	177.6	177.2	168.8	167.0	5.2	6.1
CAR - Cordillera Administrative Region	143.6	145.0	137.7	135.3	4.3	7.2	158.0	157.7	151.5	150.3	4.3	4.9
I - Ilocos	151.6	150.5	138.4	132.1	9.5	13.9	220.0	219.9	210.9	209.3	4.3	5.1
II - Cagayan Valley	142.7	143.6	140.3	139.0	1.7	3.3	159.0	158.3	147.2	146.4	8.0	8.1
III - Central Luzon	218.9	215.2	198.3	198.3	10.4	8.5	171.0	170.5	166.5	164.3	2.7	3.8
IV-a - Calabarzon	138.1	141.3	137.8	135.4	0.2	4.4	171.0	170.7	161.6	159.5	5.8	7.0
IV-b - Mimaropa	185.0	180.2	169.1r	166.9r	9.4	8.0	166.4	166.4	156.2	154.7	6.5	7.6
V - Bicol	160.1	163.6	182.2	179.1	-12.1	-8.7	171.0	170.2	160.5	158.9	6.5	7.1
VI - Western Visayas	147.6	148.9	135.2	133.1	9.2	11.9	158.6	158.4	152.0	149.9	4.3	5.7
VII - Central Visayas	182.5	184.5	202.9	209.4	-10.1	-11.9	190.0	190.0	186.5	186.0	1.9	2.2
VIII - Eastern Visayas	154.9	155.0	155.7	151.6	-0.5	2.2	205.8	205.4	191.8	188.6	7.3	8.9
IX - Zamboanga Peninsula	170.1	169.6	184.4	188.3	-7.8	-9.9	199.8	199.7	183.8	182.4	8.7	9.5
X - Northern Mindanao	184.7	189.5	187.2	209.6	-1.3	-9.6	171.6	171.3	165.4	163.8	3.7	4.6
XI - Davao	168.1	171.6	158.4	194.2	6.1	-11.6	192.6	192.0	177.0	175.5	8.8	9.4
XII - SOCCSKSARGEN	183.2	187.7	188.4	224.2	-2.8	-16.3	178.7	177.6	165.7	163.5	7.8	8.6
XIII - Caraga	175.7	177.1	181.0	190.6	-2.9	-7.1	175.6	175.9	172.8	171.2	1.6	2.7
ARMM - Autonomous Region in Muslim Mindanao	228.2	228.9	230.4	236.7	-1.0	-3.3	188.2	188.1	179.9	177.6	4.6	5.9

Table 10 (continued)

Area and Region	Dairy Products				Inflation Rates (%)		E g g s				Inflation Rates (%)	
	2009		2008		Current	Previous	2009		2008		Current	Previous
	Aug	Jul	Aug	Jul			Aug	Jul	Aug	Jul		
Philippines	192.4	192.3	183.4	181.2	4.9	6.1	153.6	153.3	144.5	143.1	6.3	7.1
National Capital Region (NCR)	188.6	188.4	182.3	179.6	3.5	4.9	152.6	151.8	140.8	140.3	8.4	8.2
Areas Outside NCR	194.0	193.9	183.9	181.9	5.5	6.6	153.9	153.8	145.7	144.0	5.6	6.8
CAR - Cordillera Administrative Region	212.1	211.6	204.0	203.2	4.0	4.1	137.9	139.6	132.4	130.6	4.2	6.9
I - Ilocos	214.8	214.8	209.4	209.2	2.6	2.7	153.7	154.0	144.3	142.3	6.5	8.2
II - Cagayan Valley	183.3	183.0	176.9	176.7	3.6	3.6	152.2	152.6	147.2	144.9	3.4	5.3
III - Central Luzon	208.6	208.7	195.5	193.2	6.7	8.0	143.4	143.5	136.4	136.0	5.1	5.5
IV-a - Calabarzon	195.8	195.8	182.2	176.1	7.5	11.2	143.3	143.2	130.6	129.1	9.7	10.9
IV-b - Mimaropa	195.2	194.3	185.3	185.2	5.3	4.9	154.4	153.6	148.2	146.4	4.2	4.9
V - Bicol	186.5	186.3	179.8	178.9	3.7	4.1	148.2	148.1	143.2	139.6	3.5	6.1
VI - Western Visayas	176.0	175.8	166.8	166.0	5.5	5.9	162.0	161.4	152.3	149.2	6.4	8.2
VII - Central Visayas	186.1	186.0	173.7	173.1	7.1	7.5	154.3	154.0	151.1	147.4	2.1	4.5
VIII - Eastern Visayas	183.1	183.0	175.1	173.7	4.6	5.4	170.2	170.2	163.6	161.9	4.0	5.1
IX - Zamboanga Peninsula	214.9	214.8	206.3	204.1	4.2	5.2	190.3	189.1	172.0	168.4	10.6	12.3
X - Northern Mindanao	193.7	193.4	186.7	186.1	3.7	3.9	175.7	175.6	167.6	166.4	4.8	5.5
XI - Davao	180.2	180.1	165.3	164.8	9.0	9.3	168.0	166.7	161.0	160.4	4.3	3.9
XII - SOCCSKSARGEN	181.5	180.7r	177.3	176.3	2.4	2.5	149.1	149.0	148.3	147.5	0.5	1.0
XIII - Caraga	185.8	185.6	179.7	179.4	3.4	3.5	158.6	160.0	154.2	152.9	2.9	4.6
ARMM - Autonomous Region in Muslim Mindanao	194.3	193.7	190.1	189.3	2.2	2.3	179.9	179.4	168.4	167.1	6.8	7.4

Table 10 (continued)

Area and Region	F i s h				Inflation Rates (%)		Fruits and Vegetables				Inflation Rates (%)	
	2009		2008		Current	Previous	2009		2008		Current	Previous
	Aug	Jul	Aug	Jul			Aug	Jul	Aug	Jul		
Philippines	159.6	158.4	149.8	148.5	6.5	6.7	151.2	150.1	149.5	146.7	1.1	2.3
National Capital Region (NCR)	133.6	134.4	124.8	124.7	7.1	7.8	130.1	126.6	128.2	124.3	1.5	1.9
Areas Outside NCR	166.2	164.5	156.2	154.6	6.4	6.4	158.7	158.5	157.1	154.7	1.0	2.5
CAR - Cordillera Administrative Region	136.1	135.1	128.2	127.1	6.2	6.3	158.1	154.6	156.2	153.8	1.2	0.5
I - Ilocos	154.3	152.8	148.8	143.7	3.7	6.3	138.1	137.4	133.5	133.3	3.4	3.1
II - Cagayan Valley	155.8	154.8	145.5	145.2	7.1	6.6	149.9	151.8	145.8	143.4	2.8	5.9
III - Central Luzon	146.9	146.7	140.3	139.7	4.7	5.0	148.2	148.3	145.2	143.3	2.1	3.5
IV-a - Calabarzon	165.8	164.5	147.5	145.7	12.4	12.9	139.2	141.3	143.2	137.6	-2.8	2.7
IV-b - Mimaropa	160.6	157.2	150.6	147.4	6.6	6.6	149.3	146.5	149.1	147.8	0.1	-0.9
V - Bicol	156.8	153.8	140.9	139.8	11.3	10.0	143.3	142.6	144.7	141.4	-1.0	0.8
VI - Western Visayas	172.0	171.3	163.8	164.0	5.0	4.5	166.7	166.5	166.0	168.1	0.4	-1.0
VII - Central Visayas	182.6	182.1	178.9	176.2	2.1	3.3	193.0	192.6	199.8	194.8	-3.4	-1.1
VIII - Eastern Visayas	165.0	162.8	160.7	160.5	2.7	1.4	167.1	166.4	165.2	165.4	1.2	0.6
IX - Zamboanga Peninsula	162.5	155.5	160.7	159.6	1.1	-2.6	174.0	173.2	169.5	169.2	2.7	2.4
X - Northern Mindanao	180.9	177.5	171.5	169.5	5.5	4.7	172.6	173.4	171.1	172.1	0.9	0.8
XI - Davao	181.2	178.1	169.0	168.1	7.2	5.9	174.5	173.5	163.6	159.3	6.7	8.9
XII - SOCCSKSARGEN	169.5	164.3	160.1	157.7	5.9	4.2	167.0	166.9	165.3	162.2	1.0	2.9
XIII - Caraga	193.1	194.7	182.6	181.5	5.8	7.3r	174.1	172.8	171.1	167.6	1.8	3.1
ARMM - Autonomous Region in Muslim Mindanao	194.1	194.3	178.3	174.2	8.9	11.5	215.7	209.4	196.6	194.8	9.7	7.5

Table 10 (continued)

Area and Region	M e a t						Miscellaneous Foods					
	2009		2008		Inflation Rates(%)		2009		2008		Inflation Rates(%)	
	Aug	Jul	Aug	Jul	Current	Previous	Aug	Jul	Aug	Jul	Current	Previous
Philippines	154.7	155.7	151.4	151.1	2.2	3.0	152.8	152.5	149.0r	148.5	2.6	2.7
National Capital Region (NCR)	151.4	154.0	150.5	151.4	0.6	1.7	149.5	149.4	142.9	143.1	4.6	4.4
Areas Outside NCR	156.2	156.4	151.8	150.9	2.9	3.6	154.3	153.9	151.8r	150.9	1.6	2.0
CAR - Cordillera Administrative Region	151.4	150.3	145.7	144.9	3.9	3.7	144.8	144.1	145.3	145.4	-0.3	-0.9
I - Ilocos	163.5	163.2	157.7	156.4	3.7	4.3	155.9	155.9	153.3	153.3	1.7	1.7
II - Cagayan Valley	155.9	155.3	148.4	147.6	5.1	5.2	167.7	167.3	164.4	163.1	2.0	2.6
III - Central Luzon	156.7	158.3	154.9	155.3	1.2	1.9	154.9	154.3	152.5	151.8	1.6	1.6
IV-a - Calabarzon	151.6	151.6	147.9	146.9	2.5	3.2	142.2	141.7	138.8r	137.8	2.4	2.8
IV-b - Mimaropa	161.1	161.5	155.3	154.6	3.7	4.5	149.9	149.6	149.9	148.6	0.0	0.7
V - Bicol	161.2	161.2	157.1	157.0	2.6	2.7	161.1	160.2	154.3	153.2	4.4	4.6
VI - Western Visayas	150.2	150.3	143.5	140.5	4.7	7.0	153.5	153.3	149.9	149.1	2.4	2.8
VII - Central Visayas	155.8	155.5	150.4	149.6	3.6	3.9	168.6	168.6	166.7	165.9	1.1	1.6
VIII - Eastern Visayas	154.9	155.1	153.1	151.0	1.2	2.7	157.3	156.8	155.3	152.2	1.3	3.0
IX - Zamboanga Peninsula	154.5	154.3	151.6	149.7	1.9	3.1	160.3	161.1	160.3	159.8	0.0	0.8
X - Northern Mindanao	161.1	160.9	154.9	152.8	4.0	5.3	154.0	154.3	154.3	152.6	-0.2	1.1
XI - Davao	157.2	156.7	150.5	149.3	4.5	5.0	166.1	165.6	166.9	166.4	-0.5	-0.5
XII - SOCCSKSARGEN	161.7	161.1	158.3	157.2	2.1	2.5	157.7	157.0	159.2	158.6	-0.9	-1.0
XIII - Caraga	163.8	163.7	156.3	155.1	4.8	5.5	164.9	165.3	165.4	165.2	-0.3	0.1
ARMM - Autonomous Region in Muslim Mindanao	181.8	181.6	177.4	174.3	2.5	4.2	180.8	180.6	173.9	171.6 r	4.0	5.2

Table 10 (concluded)

Area and Region	Meals Eaten Outside					
	2009		2008		Inflation Rates(%)	
	Aug	Jul	Aug	Jul	Current	Previous
Philippines	146.8	146.5	140.7	140.4r	4.3	4.3
National Capital Region (NCR)	143.1	143.1	136.0	136.0	5.2	5.2
Areas Outside NCR	149.0	148.6	143.6	143.0r	3.8	3.9
CAR - Cordillera Administrative Region	122.0	120.9	120.5	120.5	1.2	0.3
I - Ilocos	143.6	143.6	141.3	141.1	1.6	1.8
II - Cagayan Valley	195.6	195.6	191.0	189.5	2.4	3.2
III - Central Luzon	144.5	144.3	139.4	139.1	3.7	3.7
IV-a - Calabarzon	141.4	140.7	135.1	134.7	4.7	4.5
IV-b - Mimaropa	148.1	148.1	143.2	141.1	3.4	5.0
V - Bicol	165.5	165.0	155.0	154.4	6.8	6.9
VI - Western Visayas	143.8	143.6	138.7	138.5	3.7	3.7
VII - Central Visayas	173.4	173.4	172.1	170.6	0.8	1.6
VIII - Eastern Visayas	161.0	161.0	155.7	150.8	3.4	6.8
IX - Zamboanga Peninsula	151.1	151.1	147.7	147.2	2.3	2.6
X - Northern Mindanao	142.4	142.2	135.1	134.0	5.4	6.1
XI - Davao	145.9	145.8	143.5	143.2	1.7	1.8
XII - SOCCSKSARGEN	154.2	152.6	148.5	148.5	3.8	2.8
XIII - Caraga	180.2	180.1	171.4	170.4	5.1	5.7
ARMM - Autonomous Region in Muslim Mindanao	210.4	209.8	190.3	186.4r	10.6	12.6

Source: Economic Indices and Indicators Division
Industry and Trade Statistics Department
National Statistics Office