

Table 10. Regional Year-on-Year Inflation Rates of Selected Food Items, November and October 2009 and 2008
(2000 = 100)

Area/Region	C e r e a l s						R i c e					
	2009		2008		Inflation Rates(%)		2009		2008		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous	Oct	Sep	Oct	Sep	Current	Previous
Philippines	171.3	170.6	166.4	169.4	2.9	0.7	171.4	170.8	166.1	169.4	3.2	0.8
National Capital Region (NCR)	158.6	158.9	154.6	159.0	2.6	-0.1	158.8	159.1	154.9	159.4	2.5	-0.2
Areas Outside NCR	173.1	172.3	168.1	170.9	3.0	0.8	173.3	172.6	167.8	171.0	3.3	0.9
CAR - Cordillera Administrative Region	174.7	174.9	170.5	174.4	2.5	0.3	175.2	175.4	171.0	175.0	2.5	0.2
I - Ilocos	178.2	175.6	175.4	181.1	1.6	-3.0	178.5	175.9	175.8	181.6	1.5	-3.1
II - Cagayan Valley	185.2	185.7	174.3	175.7	6.3	5.7	187.1	187.7	175.8	177.3	6.4	5.9
III - Central Luzon	167.6	167.8	164.2	166.3	2.1	0.9	166.9	167.1	163.6	165.8	2.0	0.8
IV-a - Calabarzon	164.6	163.1	161.4	165.5	2.0	-1.5	164.9	163.4	161.7	165.8	2.0	-1.4
IV-b - Mimaropa	174.6	175.3	163.8	178.4	6.6	-1.7	174.5	175.2	163.8	178.5	6.5	-1.8
V - Bicol	171.8	169.6	161.0	163.6	6.7	3.7	173.2	171.1	160.8	163.6	7.7	4.6
VI - Western Visayas	166.5	166.4	166.8	168.3	-0.2	-1.1	167.3	167.1	168.7	170.2	-0.8	-1.8
VII - Central Visayas	178.4	177.8	179.5	184.9	-0.6	-3.8	177.0	176.7	176.7	185.1	0.2	-4.5
VIII - Eastern Visayas	194.8	195.4	185.8	186.7	4.8	4.7	196.9	197.5	187.6	188.5	5.0	4.8
IX - Zamboanga Peninsula	168.4	165.8	164.6	169.1	2.3	-2.0	170.7	168.2	162.0	167.3	5.4	0.5
X - Northern Mindanao	171.1	171.1	167.4	166.5	2.2	2.8	168.8	168.6	164.4	165.1	2.7	2.1
XI - Davao	171.2	171.6	161.3	163.3	6.1	5.1	172.5	173.6	161.1	164.3	7.1	5.7
XII - SOCCSKSARGEN	165.4	163.7	151.7	149.0	9.0	9.9	164.4	162.9	148.8	146.5	10.5	11.2
XIII - Caraga	177.1	176.8	170.6	176.1	3.8	0.4	177.8	177.7	170.9	176.7	4.0	0.6
ARMM - Autonomous Region in Muslim Mindanao	187.5	184.5	187.8	184.2	-0.2	0.2	186.5	183.4	187.0	183.2	-0.3	0.1

Table 10 (continued)

Area and Region	C o r n						Cereal Preparations					
	2009		2008		Inflation Rates(%)		2009		2008		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
Philippines	170.5	169.1	170.4	169.2	0.1	-0.1	184.3	183.9	178.9	178.0	3.0	3.3
National Capital Region (NCR)	144.8	143.5	130.5	130.5	11.0	10.0	198.1	197.8	195.1	194.1	1.5	1.9
Areas Outside NCR	171.0	169.6	171.1	169.9	-0.1	-0.2	179.5	179.1	173.3	172.4	3.6	3.9
CAR - Cordillera Administrative Region	144.8	143.5	137.5	137.5	5.3	4.4	160.2	159.5	153.9	153.1	4.1	4.2
I - Ilocos	155.7	155.4	141.3	139.6	10.2	11.3	221.3	221.0	214.2	213.1	3.3	3.7
II - Cagayan Valley	143.4	143.2	142.1	141.4	0.9	1.3	160.2	160.0	152.2	150.1	5.3	6.6
III - Central Luzon	219.0	215.0	209.3	204.1	4.6	5.3	173.4	173.3	168.7	168.1	2.8	3.1
IV-a - Calabarzon	140.0	138.9	136.8	137.6	2.3	0.9	175.5	174.6	167.7	166.7	4.7	4.7
IV-b - Mimaropa	188.7	185.7	166.0	165.2	13.7	12.4	167.3	167.1	160.8	160.2	4.0	4.3
V - Bicol	156.9	153.0	163.4	163.4	-4.0	-6.4	171.7	171.5	164.7	164.0	4.3	4.6
VI - Western Visayas	152.0	152.6	132.0	132.8	15.2	14.9	158.9	158.8	155.1	154.3	2.5	2.9
VII - Central Visayas	181.2	180.0	185.3	184.4	-2.2	-2.4	190.4	190.2	187.1	186.7	1.8	1.9
VIII - Eastern Visayas	156.6	156.2	152.1	152.8	3.0	2.2	206.2	206.0	201.3	200.5	2.4	2.7
IX - Zamboanga Peninsula	163.0	160.3	170.4	173.2	-4.3	-7.4	200.6	200.4	194.3	193.9	3.2	3.4
X - Northern Mindanao	176.6	177.3	174.7	169.9	1.1	4.4	172.8	172.2	168.3	167.6	2.7	2.7
XI - Davao	166.6	164.4	162.1	159.8	2.8	2.9	195.7	194.7	184.7	183.2	6.0	6.3
XII - SOCCSKSARGEN	174.4	171.6	179.0	171.9	-2.6	-0.2	180.6	179.3	172.1	170.4	4.9	5.2
XIII - Caraga	170.3	168.4	167.4	171.0	1.7	-1.5	175.8	175.6	175.3	175.9	0.3	-0.2
ARMM - Autonomous Region in Muslim Mindanao	235.9	235.8	227.9	230.2	3.5	2.4	190.9	189.2	184.1	181.6	3.7	4.2

Table 10 (continued)

Area and Region	Dairy Products						E g g s					
	2009		2008		Inflation Rates(%)		2009		2008		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
Philippines	193.2	192.9	186.8	186.2	3.4	3.6	154.7	153.9	145.8	145.5	6.1	5.8
National Capital Region (NCR)	188.9	188.9	184.6	183.9	2.3	2.7	153.0	152.5	142.4	142.1	7.4	7.3
Areas Outside NCR	194.9	194.6	187.7	187.2	3.8	4.0	155.2	154.3	146.9	146.6	5.7	5.3
CAR - Cordillera Administrative Region	214.2	213.4	206.1	205.7	3.9	3.7	139.9	136.3	132.1	132.1	5.9	3.2
I - Ilocos	215.3	215.2	211.7	211.3	1.7	1.8	152.4	151.5	146.7	146.1	3.9	3.7
II - Cagayan Valley	185.2	184.4	177.7	177.7	4.2	3.8	155.3	154.6	149.4	149.2	3.9	3.6
III - Central Luzon	208.9	208.8	201.1	199.7	3.9	4.6	142.5	142.0	136.0	135.5	4.8	4.8
IV-a - Calabarzon	196.9	196.7	188.9	188.3	4.2	4.5	145.0	144.6	131.8	131.7	10.0	9.8
IV-b - Mimaropa	195.8	195.4	187.2	186.7	4.6	4.7	155.6	154.7	149.8	149.7	3.9	3.3
V - Bicol	187.4	187.3	181.3	181.1	3.4	3.4	149.8	149.1	143.6	143.5	4.3	3.9
VI - Western Visayas	176.2	176.2	168.7	168.6	4.4	4.5	164.1	161.5	154.5	153.8	6.2	5.0
VII - Central Visayas	186.8	186.8	174.8	174.2	6.9	7.2	155.4	154.2	153.3	152.8	1.4	0.9
VIII - Eastern Visayas	183.6	183.2	178.6	177.7	2.8	3.1	169.9	170.1	168.1	168.3	1.1	1.1
IX - Zamboanga Peninsula	216.3	216.1	210.2	210.1	2.9	2.9	195.3	193.3	178.8	175.3	9.2	10.3
X - Northern Mindanao	194.1	193.9	190.5	190.4	1.9	1.8	176.9	176.0	170.6	169.2	3.7	4.0
XI - Davao	182.1	181.2	172.8	173.3	5.4	4.6	170.6	169.3	162.2	161.5	5.2	4.8
XII - SOCCSKSARGEN	182.5	182.1	180.0	178.8	1.4	1.8	151.2	150.2	144.8	147.1	4.4	2.1
XIII - Caraga	186.2	186.2	181.9	181.9	2.4	2.4	159.2	158.4	156.5	156.6	1.7	1.1
ARMM - Autonomous Region in Muslim Mindanao	196.7	195.7	190.7	190.3	3.1	2.8	186.6	186.4	167.6	168.4	11.3	10.7

Table 10 (continued)

Area and Region	F i s h						Fruits and Vegetables					
	2009		2008		Inflation Rates(%)		2009		2008		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
Philippines	161.1	160.5	153.0	152.4	5.3	5.3	173.2	167.4	152.3	152.8	13.7	9.6
National Capital Region (NCR)	133.4	133.9	127.3	126.0	4.8	6.3	153.5	164.5	130.2	131.7	17.9	24.9
Areas Outside NCR	168.1	167.3	159.6	159.1	5.3	5.2	180.3	168.4	160.2	160.4	12.5	5.0
CAR - Cordillera Administrative Region	137.6	135.7	133.1	132.6	3.4	2.3	192.6	178.5	159.7	162.0	20.6	10.2
I - Ilocos	155.4	154.0	151.7	149.3	2.4	3.1	185.7	145.7	137.1	137.0	35.4	6.4
II - Cagayan Valley	158.4	157.5	147.2	147.0	7.6	7.1	191.8	170.2	145.8	145.8	31.6	16.7
III - Central Luzon	146.5	146.4	141.3	141.9	3.7	3.2	181.0	163.1	145.3	146.6	24.6	11.3
IV-a - Calabarzon	167.1	168.5	156.4	153.8	6.8	9.6	175.3	159.8	150.5	149.1	16.5	7.2
IV-b - Mimaropa	164.2	160.3	156.0	153.6	5.3	4.4	166.0	158.3	151.2	149.1	9.8	6.2
V - Bicol	161.3	159.1	148.1	147.9	8.9	7.6	159.7	151.7	146.7	147.7	8.9	2.7
VI - Western Visayas	173.9	173.8	167.3	166.7	3.9	4.3	173.3	170.4	166.2	167.4	4.3	1.8
VII - Central Visayas	185.0	183.9	179.8	179.3	2.9	2.6	207.8	202.8	200.3	202.2	3.7	0.3
VIII - Eastern Visayas	167.6	166.6	160.2	162.0	4.6	2.8	171.9	170.7	166.5	167.3	3.2	2.0
IX - Zamboanga Peninsula	163.8	161.1	154.5	162.1	6.0	-0.6	178.7	170.7	175.8	175.0	1.6	-2.5
X - Northern Mindanao	181.7	179.6	177.4	174.2	2.4	3.1	178.8	174.0	176.5	177.5	1.3	-2.0
XI - Davao	185.0	183.0	172.0	174.0	7.6	5.2	176.2	171.7	169.4	168.7	4.0	1.8
XII - SOCCSKSARGEN	170.4	169.1	160.8	160.3	6.0	5.5	168.9	169.0	166.6	168.1	1.4	0.5
XIII - Caraga	194.1	196.2	184.0	182.2	5.5	7.7	176.9	173.9	172.0	170.6	2.8	1.9
ARMM - Autonomous Region in Muslim Mindanao	198.4	196.7	182.6	180.1	8.7	9.2	220.8	217.7	205.5	203.3	7.4	7.1

Table 10 (continued)

Area and Region	M e a t						Miscellaneous Foods					
	2009		2008		Inflation Rates(%)		2009		2008		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
Philippines	158.6	156.4	149.7	149.7	5.9	4.5	154.8	154.2	150.1	150.0	3.1	2.8
National Capital Region (NCR)	158.5	155.0	146.4	145.9	8.3	6.2	150.2	150.5	144.2	144.4	4.2	4.2
Areas Outside NCR	158.6	157.0	151.2	151.3	4.9	3.8	156.8	155.9	152.7	152.5	2.7	2.2
CAR - Cordillera Administrative Region	155.5	154.0	147.6	147.1	5.4	4.7	146.6	145.5	145.9	146.6	0.5	-0.8
I - Ilocos	164.3	163.1	158.3	157.7	3.8	3.4	158.2	157.3	154.3	154.9	2.5	1.5
II - Cagayan Valley	158.2	157.3	149.2	148.9	6.0	5.6	169.9	169.7	165.9	166.0	2.4	2.2
III - Central Luzon	161.7	158.2	150.6	150.5	7.4	5.1	158.4	156.7	152.5	152.9	3.9	2.5
IV-a - Calabarzon	153.8	152.6	146.5	147.2	5.0	3.7	143.8	143.5	140.4	139.1	2.4	3.2
IV-b - Mimaropa	162.8	161.8	155.8	155.8	4.5	3.9	152.6	151.5	149.6	150.1	2.0	0.9
V - Bicol	162.9	161.9	157.2	157.5	3.6	2.8	165.4	163.6	156.5	156.7	5.7	4.4
VI - Western Visayas	150.1	150.1	145.9	145.2	2.9	3.4	155.8	154.6	152.0	151.2	2.5	2.2
VII - Central Visayas	156.0	155.6	152.3	152.1	2.4	2.3	170.1	169.2	166.8	166.6	2.0	1.6
VIII - Eastern Visayas	154.8	154.5	152.7	152.8	1.4	1.1	159.2	158.1	155.7	157.8	2.2	0.2
IX - Zamboanga Peninsula	157.2	155.8	152.0	151.9	3.4	2.6	164.4	162.9	161.3	162.6	1.9	0.2
X - Northern Mindanao	161.8	160.9	155.5	155.1	4.1	3.7	155.6	155.0	154.1	154.2	1.0	0.5
XI - Davao	160.0	157.4	149.6	151.4	7.0	4.0	168.7	167.5	167.4	168.0	0.8	-0.3
XII - SOCCSKSARGEN	165.4	163.2	159.4	158.8	3.8	2.8	160.2	160.2	156.8	157.8	2.2	1.5
XIII - Caraga	167.2	165.5	159.0	159.6	5.2	3.7	168.6	167.2	167.7	166.3	0.5	0.5
ARMM - Autonomous Region in Muslim Mindanao	186.4	184.1	177.2	177.2	5.2	3.9	185.6	184.2	175.8	174.8	5.6	5.4

Table 10 (concluded)

Area and Region	Meals Eaten Outside				Inflation Rates(%)	
	2009		2008		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous
Philippines	147.7	147.3	141.4	141.4	4.5	4.2
National Capital Region (NCR)	143.4	143.4	136.0	136.0	5.5	5.5
Areas Outside NCR	150.2	149.6	144.6	144.6	3.9	3.5
CAR - Cordillera Administrative Region	124.2	123.4	120.5	120.5	3.1	2.4
I - Ilocos	143.9	143.6	142.6	142.6	0.9	0.7
II - Cagayan Valley	195.6	195.6	192.2	192.2	1.8	1.8
III - Central Luzon	146.2	144.8	140.0	140.0	4.4	3.4
IV-a - Calabarzon	142.6	142.3	135.6	135.6	5.2	4.9
IV-b - Mimaropa	148.4	148.1	144.9	144.9	2.4	2.2
V - Bicol	169.0	167.9	156.7	156.7	7.8	7.1
VI - Western Visayas	145.7	143.8	140.6	140.6	3.6	2.3
VII - Central Visayas	173.4	173.4	172.3	172.3	0.6	0.6
VIII - Eastern Visayas	161.0	161.0	161.6	161.6	-0.4	-0.4
IX - Zamboanga Peninsula	151.2	151.2	150.0	150.0	0.8	0.8
X - Northern Mindanao	144.0	143.9	137.2	137.2	5.0	4.9
XI - Davao	145.9	145.9	144.9	144.9	0.7	0.7
XII - SOCCSKSARGEN	155.0	155.4	149.6	149.6	3.6	3.9
XIII - Caraga	180.4	180.4	173.8	173.8	3.8	3.8
ARMM - Autonomous Region in Muslim Mindanao	211.0	210.5	190.3	190.3	10.9	10.6

Source: Economic Indices and Indicators Division
Industry and Trade Statistics Department
National Statistics Office