

Table 10. Regional Year-on-Year Inflation Rates of Selected Food Items, December and November 2009 and 2008
(2000 = 100)

Area/Region	C e r e a l s						R i c e					
	2009		2008		Inflation Rates(%)		2009		2008		Inflation Rates(%)	
	Dec	Nov	Dec	Nov	Current	Previous	Dec	Nov	Dec	Nov	Current	Previous
Philippines	171.3	171.2	165.0	166.4	3.8	2.9	171.3	171.4	164.6	166.1	4.1	3.2
National Capital Region (NCR)	158.9	158.2	154.0	154.6	3.2	2.3	159.0	158.8	154.3	154.9	3.0	2.5
Areas Outside NCR	173.1	173.1	166.6	168.1	3.9	3.0	173.2	173.3	166.2	167.8	4.2	3.3
CAR - Cordillera Administrative Region	174.3	174.7	169.8	170.5	2.7	2.5	174.7	175.2	170.3	171.0	2.6	2.5
I - Ilocos	174.2	178.2	173.6	175.4	0.3	1.6	174.4	178.5	174.0	175.8	0.2	1.5
II - Cagayan Valley	180.1	185.2	173.4	174.3	3.9	6.3	181.8	187.1	174.9	175.8	3.9	6.4
III - Central Luzon	167.0	167.6	161.6	164.2	3.3	2.1	166.3	166.9	161.0	163.6	3.3	2.0
IV-a - Calabarzon	165.3	164.6	159.5	161.4	3.6	2.0	165.5	164.9	159.7	161.7	3.6	2.0
IV-b - Mimaropa	172.9	174.6	163.6	163.8	5.7	6.6	172.8	174.5	163.6	163.8	5.6	6.5
V - Bicol	170.3	171.8	159.7	161.0	6.6	6.7	171.5	173.2	159.3	160.8	7.7	7.7
VI - Western Visayas	167.9	166.5	167.8	166.8	0.1	-0.2	168.7	167.3	169.7	168.7	-0.6	-0.8
VII - Central Visayas	178.6	178.4	177.6	179.5	0.6	-0.6	177.3	177.0	174.0	176.7	1.9	0.2
VIII - Eastern Visayas	194.5	194.8	181.6	185.8	7.1	4.8	196.6	196.9	183.3	187.6	7.3	5.0
IX - Zamboanga Peninsula	168.6	168.4	166.8	164.6	1.1	2.3	169.5	170.7	165.0	162.0	2.7	5.4
X - Northern Mindanao	172.9	171.1	166.8	167.4	3.7	2.2	170.7	168.8	163.4	164.4	4.5	2.7
XI - Davao	173.1	171.2	160.1	161.3	8.1	6.1	173.9	172.5	160.6	161.1	8.3	7.1
XII - SOCCSKSARGEN	167.0	165.4	150.3	151.7	11.1	9.0	166.1	164.4	147.2	148.8	12.8	10.5
XIII - Caraga	177.3	177.1	165.4	170.6	7.2	3.8	178.0	177.8	165.0	170.9	7.9	4.0
ARMM - Autonomous Region in Muslim Mindanao	192.9	187.5	183.3	187.8	5.2	-0.2	191.8	186.5	182.3	187.0	5.2	-0.3

Table 10 (continued)

Area and Region	C o r n						Cereals Preparations					
	2009		2008		Inflation Rates(%)		2009		2008		Inflation Rates(%)	
	Dec	Nov	Dec	Nov	Current	Previous	Dec	Nov	Dec	Nov	Current	Previous
Philippines	172.1	170.5	169.9	170.4	1.3	0.1	184.5	184.3	179.3	178.9	2.9	3.0
National Capital Region (NCR)	151.4	144.8	130.5	130.5	16.0	11.0	198.3	198.1	195.4	195.1	1.5	1.5
Areas Outside NCR	172.5	171.0	170.6	171.1	1.1	-0.1	179.7	179.5	173.7	173.3	3.5	3.6
CAR - Cordillera Administrative Region	145.8	144.8	136.7	137.5	6.7	5.3	160.5	160.2	156.5	153.9	2.6	4.1
I - Ilocos	155.8	155.7	141.6	141.3	10.0	10.2	221.4	221.3	215.3	214.2	2.8	3.3
II - Cagayan Valley	143.9	143.4	141.6	142.1	1.6	0.9	159.9	160.2	153.1	152.2	4.4	5.3
III - Central Luzon	220.9	219.0	202.2	209.3	9.2	4.6	173.4	173.4	169.4	168.7	2.4	2.8
IV-a - Calabarzon	141.8	140.0	136.9	136.8	3.6	2.3	175.5	175.5	166.9	167.7	5.2	4.7
IV-b - Mimaropa	188.7	188.7	166.2	166.0	13.5	13.7	167.7	167.3	162.0	160.8	3.5	4.0
V - Bicol	156.9	156.9	163.9	163.4	-4.3	-4.0	172.1	171.7	165.2	164.7	4.2	4.3
VI - Western Visayas	153.7	152.0	132.0	132.0	16.4	15.2	158.8	158.9	155.4	155.1	2.2	2.5
VII - Central Visayas	181.3	181.2	185.0	185.3	-2.0	-2.2	190.5	190.4	187.1	187.1	1.8	1.8
VIII - Eastern Visayas	155.6	156.6	150.3	152.1	3.5	3.0	207.1	206.2	202.4	201.3	2.3	2.4
IX - Zamboanga Peninsula	166.5	163.0	170.8	170.4	-2.5	-4.3	200.9	200.6	194.9	194.3	3.1	3.2
X - Northern Mindanao	178.1	176.6	175.1	174.7	1.7	1.1	172.9	172.8	168.8	168.3	2.4	2.7
XI - Davao	170.3	166.6	158.4	162.1	7.5	2.8	195.9	195.7	185.9	184.7	5.4	6.0
XII - SOCCSKSARGEN	175.5	174.4	178.8	179.0	-1.8	-2.6	180.9	180.6	172.8	172.1	4.7	4.9
XIII - Caraga	171.1	170.3	169.5	167.4	0.9	1.7	175.9	175.8	175.8	175.3	0.1	0.3
ARMM - Autonomous Region in Muslim Mindanao	245.0	235.9	229.7	227.9	6.7	3.5	191.9	190.9	184.1	184.1	4.2	3.7

Table 10 (continued)

Area and Region	Dairy Products						E g g s					
	2009		2008		Inflation Rates(%)		2009		2008		Inflation Rates(%)	
	Dec	Nov	Dec	Nov	Current	Previous	Dec	Nov	Dec	Nov	Current	Previous
Philippines	193.5	193.2	187.4	186.8	3.3	3.4	155.3	154.7	146.7	145.8	5.9	6.1
National Capital Region (NCR)	188.9	188.9	185.2	184.6	2.0	2.3	154.0	153.0	144.3	142.4	6.7	7.4
Areas Outside NCR	195.4	194.9	188.3	187.7	3.8	3.8	155.7	155.2	147.4	146.9	5.6	5.7
CAR - Cordillera Administrative Region	214.5	214.2	206.9	206.1	3.7	3.9	139.3	139.9	133.5	132.1	4.3	5.9
I - Ilocos	215.3	215.3	212.4	211.7	1.4	1.7	152.4	152.4	147.0	146.7	3.7	3.9
II - Cagayan Valley	185.7	185.2	178.2	177.7	4.2	4.2	156.1	155.3	149.6	149.4	4.3	3.9
III - Central Luzon	209.1	208.9	201.3	201.1	3.9	3.9	141.6	142.5	135.8	136.0	4.3	4.8
IV-a - Calabarzon	198.8	196.9	189.9	188.9	4.7	4.2	146.5	145.0	132.3	131.8	10.7	10.0
IV-b - Mimaropa	196.0	195.8	188.0	187.2	4.3	4.6	156.7	155.6	149.6	149.8	4.7	3.9
V - Bicol	187.4	187.4	181.9	181.3	3.0	3.4	150.3	149.8	143.7	143.6	4.6	4.3
VI - Western Visayas	176.3	176.2	169.2	168.7	4.2	4.4	164.8	164.1	155.3	154.5	6.1	6.2
VII - Central Visayas	186.8	186.8	174.7	174.8	6.9	6.9	155.9	155.4	153.4	153.3	1.6	1.4
VIII - Eastern Visayas	183.6	183.6	179.4	178.6	2.3	2.8	170.4	169.9	168.0	168.1	1.4	1.1
IX - Zamboanga Peninsula	216.7	216.3	211.6	210.2	2.4	2.9	195.5	195.3	176.7	178.8	10.6	9.2
X - Northern Mindanao	194.5	194.1	191.3	190.5	1.7	1.9	177.2	176.9	175.1	170.6	1.2	3.7
XI - Davao	183.0	182.1	174.1	172.8	5.1	5.4	171.1	170.6	162.2	162.2	5.5	5.2
XII - SOCCSKSARGEN	182.8	182.5	179.1	180.0	2.1	1.4	151.5	151.2	146.3	144.8	3.6	4.4
XIII - Caraga	186.8	186.2	182.5	181.9	2.4	2.4	159.3	159.2	157.8	156.5	1.0	1.7
ARMM - Autonomous Region in Muslim Mindanao	196.8	196.7	190.7	190.7	3.2	3.1	190.8	186.6	169.5	167.6	12.6	11.3

Table 10 (continued)

Area and Region	F i s h						Fruits and Vegetables					
	2009		2008		Inflation Rates(%)		2009		2008		Inflation Rates(%)	
	Dec	Nov	Dec	Nov	Current	Previous	Dec	Nov	Dec	Nov	Current	Previous
Philippines	162.6	161.1	154.7	153.0	5.1	5.3	169.7	173.2	151.8	152.3	11.8	13.7
National Capital Region (NCR)	135.6	133.4	132.3	127.3	2.5	4.8	148.1	153.5	127.7	130.2	16.0	17.9
Areas Outside NCR	169.5	168.1	160.4	159.6	5.7	5.3	177.5	180.3	160.5	160.2	10.6	12.5
CAR - Cordillera Administrative Region	142.4	137.6	134.5	133.1	5.9	3.4	191.6	192.6	158.6	159.7	20.8	20.6
I - Ilocos	153.9	155.4	151.5	151.7	1.6	2.4	170.2	185.7	135.6	137.1	25.5	35.4
II - Cagayan Valley	159.0	158.4	147.5	147.2	7.8	7.6	190.5	191.8	149.4	145.8	27.5	31.6
III - Central Luzon	146.3	146.5	145.1	141.3	0.8	3.7	172.0	181.0	145.9	145.3	17.9	24.6
IV-a - Calabarzon	168.0	167.1	158.2	156.4	6.2	6.8	168.8	175.3	148.9	150.5	13.4	16.5
IV-b - Mimaropa	164.1	164.2	153.6	156.0	6.8	5.3	164.2	166.0	150.7	151.2	9.0	9.8
V - Bicol	162.8	161.3	147.8	148.1	10.1	8.9	162.1	159.7	147.7	146.7	9.7	8.9
VI - Western Visayas	174.3	173.9	167.8	167.3	3.9	3.9	173.8	173.3	165.9	166.2	4.8	4.3
VII - Central Visayas	186.3	185.0	178.2	179.8	4.5	2.9	207.6	207.8	199.6	200.3	4.0	3.7
VIII - Eastern Visayas	169.2	167.6	160.2	160.2	5.6	4.6	173.4	171.9	167.6	166.5	3.5	3.2
IX - Zamboanga Peninsula	161.3	163.8	152.4	154.5	5.8	6.0	176.5	178.7	175.1	175.8	0.8	1.6
X - Northern Mindanao	186.2	181.7	179.5	177.4	3.7	2.4	182.5	178.8	178.8	176.5	2.1	1.3
XI - Davao	193.4	185.0	175.2	172.0	10.4	7.6	178.9	176.2	171.4	169.4	4.4	4.0
XII - SOCCSKSARGEN	174.0	170.4	161.9	160.8	7.5	6.0	169.4	168.9	169.2	166.6	0.1	1.4
XIII - Caraga	195.3	194.1	184.4	184.0	5.9	5.5	184.4	176.9	174.2	172.0	5.9	2.8
ARMM - Autonomous Region in Muslim Mindanao	200.9	198.4	181.3	182.6	10.8	8.7	222.4	220.8	205.3	205.5	8.3	7.4

Table 10 (continued)

Area and Region	M e a t						Miscellaneous Foods					
	2009		2008		Inflation Rates(%)		2009		2008		Inflation Rates(%)	
	Dec	Nov	Dec	Nov	Current	Previous	Dec	Nov	Dec	Nov	Current	Previous
Philippines	161.8	158.6	150.7	149.7	7.4	5.9	155.5	154.8	149.8	150.1	3.8	3.1
National Capital Region (NCR)	162.1	158.5	148.8	146.4	8.9	8.3	150.3	150.2	144.1	144.2	4.3	4.2
Areas Outside NCR	161.7	158.6	151.5	151.2	6.7	4.9	157.8	156.8	152.4	152.7	3.5	2.7
CAR - Cordillera Administrative Region	156.7	155.5	147.4	147.6	6.3	5.4	147.4	146.6	145.6	145.9	1.2	0.5
I - Ilocos	168.5	164.3	158.4	158.3	6.4	3.8	159.6	158.2	155.0	154.3	3.0	2.5
II - Cagayan Valley	160.9	158.2	149.5	149.2	7.6	6.0	172.0	169.9	165.8	165.9	3.7	2.4
III - Central Luzon	165.4	161.7	151.0	150.6	9.5	7.4	159.4	158.4	152.2	152.5	4.7	3.9
IV-a - Calabarzon	156.6	153.8	146.7	146.5	6.7	5.0	144.1	143.8	140.3	140.4	2.7	2.4
IV-b - Mimaropa	164.3	162.8	155.0	155.8	6.0	4.5	154.9	152.6	149.0	149.6	4.0	2.0
V - Bicol	164.2	162.9	157.0	157.2	4.6	3.6	167.7	165.4	156.3	156.5	7.3	5.7
VI - Western Visayas	152.7	150.1	145.7	145.9	4.8	2.9	157.5	155.8	152.1	152.0	3.6	2.5
VII - Central Visayas	156.7	156.0	152.3	152.3	2.9	2.4	170.2	170.1	166.8	166.8	2.0	2.0
VIII - Eastern Visayas	156.5	154.8	152.9	152.7	2.4	1.4	159.8	159.2	155.6	155.7	2.7	2.2
IX - Zamboanga Peninsula	160.8	157.2	151.9	152.0	5.9	3.4	166.9	164.4	160.7	161.3	3.9	1.9
X - Northern Mindanao	165.6	161.8	156.2	155.5	6.0	4.1	156.3	155.6	153.7	154.1	1.7	1.0
XI - Davao	166.4	160.0	152.2	149.6	9.3	7.0	169.8	168.7	166.5	167.4	2.0	0.8
XII - SOCCSKSARGEN	171.6	165.4	159.9	159.4	7.3	3.8	161.5	160.5	155.0	156.8	4.2	2.4
XIII - Caraga	172.4	167.2	159.8	159.0	7.9	5.2	170.6	168.6	164.4	167.7	3.8	0.5
ARMM - Autonomous Region in Muslim Mindanao	193.8	186.4	177.1	177.2	9.4	5.2	187.6	185.6	176.8	175.8	6.1	5.6

Table 10 (concluded)

Area and Region	Meals Eaten Outside				Inflation Rates(%)	
	2009		2008		Inflation Rates(%)	
	Dec	Nov	Dec	Nov	Current	Previous
Philippines	147.8	147.7	142.1	141.4	4.0	4.5
National Capital Region (NCR)	143.4	143.4	136.0	136.0	5.4	5.5
Areas Outside NCR	150.5	150.2	145.8	144.6	3.2	3.9
CAR - Cordillera Administrative Region	124.5	124.2	120.6	120.5	3.2	3.1
I - Ilocos	143.9	143.9	143.5	142.6	0.3	0.9
II - Cagayan Valley	195.6	195.6	192.3	192.2	1.7	1.8
III - Central Luzon	147.1	146.2	140.4	140.0	4.8	4.4
IV-a - Calabarzon	142.6	142.6	137.6	135.6	3.6	5.2
IV-b - Mimaropa	148.9	148.4	145.2	144.9	2.5	2.4
V - Bicol	169.3	169.0	158.5	156.7	6.8	7.8
VI - Western Visayas	145.7	145.7	141.9	140.6	2.7	3.6
VII - Central Visayas	173.4	173.4	172.5	172.3	0.5	0.6
VIII - Eastern Visayas	161.0	161.0	161.0	161.6	0.0	-0.4
IX - Zamboanga Peninsula	151.2	151.2	150.0	150.0	0.8	0.8
X - Northern Mindanao	144.2	144.0	139.0	137.2	3.7	5.0
XI - Davao	146.8	145.9	145.1	144.9	1.2	0.7
XII - SOCCSKSARGEN	156.0	155.6	149.6	149.6	4.3	4.0
XIII - Caraga	183.4	180.4	174.3	173.8	5.2	3.8
ARMM - Autonomous Region in Muslim Mindanao	211.3	211.0	200.2	190.3	5.5	10.9

Source: Economic Indices and Indicators Division
Industry and Trade Statistics Department
National Statistics Office