

Table 9. Regional Month-on-Month Inflation Rates of Selected Food Items, January 2010 and December 2009
(2000 = 100)

Area and Region	C e r e a l s				R i c e				C o r n			
	Jan		Percent Change		Jan		Percent Change		Jan		Percent Change	
	Jan	Dec	Current	Previous	Jan	Dec	Current	Previous	Jan	Dec	Current	Previous
Philippines	172.1	171.3	0.5	0.1	172.0	171.3	0.4	-0.1	171.9	172.1	-0.1	0.9
National Capital Region (NCR)	160.5	158.9	1.0	0.4	160.6	159.0	1.0	0.1	152.6	151.4	0.8	4.6
Areas Outside NCR	173.7	173.1	0.3	0.0	173.8	173.2	0.3	-0.1	172.2	172.5	-0.2	0.9
CAR - Cordillera Administrative Region	175.1	174.3	0.5	-0.2	175.6	174.7	0.5	-0.3	145.9	145.8	0.1	0.7
I - Ilocos	173.5	174.2	-0.4	-2.2	173.8	174.4	-0.3	-2.3	152.5	155.8	-2.1	0.1
II - Cagayan Valley	181.3	180.1	0.7	-2.8	183.0	181.8	0.7	-2.8	144.6	143.9	0.5	0.3
III - Central Luzon	167.3	167.0	0.2	-0.4	166.5	166.3	0.1	-0.4	224.0	220.9	1.4	0.9
IV-a - Calabarzon	163.5	165.3	-1.1	0.4	163.7	165.5	-1.1	0.4	140.0	141.8	-1.3	1.3
IV-b - Mimaropa	175.0	172.9	1.2	-1.0	174.8	172.8	1.2	-1.0	197.4	188.7	4.6	0.0
V - Bicol	171.8	170.3	0.9	-0.9	173.2	171.5	1.0	-1.0	156.9	156.9	0.0	0.0
VI - Western Visayas	169.0	167.9	0.7	0.8	169.9	168.7	0.7	0.8	153.1	153.7	-0.4	1.1
VII - Central Visayas	182.0	178.6	1.9	0.1	181.5	177.3	2.4	0.2	183.0	181.3	0.9	0.1
VIII - Eastern Visayas	194.0	194.5	-0.3	-0.2	196.2	196.6	-0.2	-0.2	153.8	155.6	-1.2	-0.6
IX - Zamboanga Peninsula	167.1	168.6	-0.9	0.1	169.2	169.5	-0.2	-0.7	162.2	166.5	-2.6	2.1
X - Northern Mindanao	173.4	172.9	0.3	1.1	171.4	170.7	0.4	1.1	178.3	178.1	0.1	0.8
XI - Davao	172.7	173.1	-0.2	1.1	174.0	173.9	0.1	0.8	168.1	170.3	-1.3	2.2
XII - SOCCSKSARGEN	168.4	167.0	0.8	1.0	167.3	166.1	0.7	1.0	178.4	175.5	1.7	0.6
XIII - Caraga	177.6	177.3	0.2	0.1	178.4	178.0	0.2	0.1	170.7	171.1	-0.2	0.5
ARMM - Autonomous Region in Muslim Mindanao	195.5	192.9	1.3	2.9	194.6	191.8	1.5	2.8	238.3	245.0	-2.7	3.9

Table 9. (Continued)

Area and Region	Cereal Preparations				Dairy Products				E g g s			
	Jan		Percent Change		Jan		Percent Change		Jan		Percent Change	
	Jan	Dec	Current	Previous	Jan	Dec	Current	Previous	Jan	Dec	Current	Previous
Philippines	185.4	184.5	0.5	0.1	193.7	193.5	0.1	0.2	156.2	155.3	0.6	0.4
National Capital Region (NCR)	198.7	198.3	0.2	0.1	189.1	188.9	0.1	0.0	155.1	154.0	0.7	0.7
Areas Outside NCR	180.7	179.7	0.6	0.1	195.6	195.4	0.1	0.3	156.6	155.7	0.6	0.3
CAR - Cordillera Administrative Region	160.9	160.5	0.2	0.2	214.6	214.5	0.0	0.1	141.4	139.3	1.5	-0.4
I - Ilocos	221.8	221.4	0.2	0.0	215.3	215.3	0.0	0.0	152.5	152.4	0.1	0.0
II - Cagayan Valley	159.9	159.9	0.0	-0.2	186.3	185.7	0.3	0.3	156.1	156.1	0.0	0.5
III - Central Luzon	173.4	173.4	0.0	0.0	209.3	209.1	0.1	0.1	142.5	141.6	0.6	-0.6
IV-a - Calabarzon	177.9	175.5	1.4	0.0	198.9	198.8	0.1	1.0	145.6	146.5	-0.6	1.0
IV-b - Mimaropa	167.8	167.7	0.1	0.2	196.0	196.0	0.0	0.1	157.4	156.7	0.4	0.7
V - Bicol	173.3	172.1	0.7	0.2	187.7	187.4	0.2	0.0	150.7	150.3	0.3	0.3
VI - Western Visayas	159.8	158.8	0.6	-0.1	176.3	176.3	0.0	0.1	168.0	164.8	1.9	0.4
VII - Central Visayas	190.7	190.5	0.1	0.1	187.0	186.8	0.1	0.0	157.3	155.9	0.9	0.3
VIII - Eastern Visayas	207.5	207.1	0.2	0.4	183.7	183.6	0.1	0.0	171.4	170.4	0.6	0.3
IX - Zamboanga Peninsula	201.6	200.9	0.3	0.1	216.8	216.7	0.0	0.2	195.5	195.5	0.0	0.1
X - Northern Mindanao	173.4	172.9	0.3	0.1	194.6	194.5	0.1	0.2	180.4	177.2	1.8	0.2
XI - Davao	196.5	195.9	0.3	0.1	183.5	183.0	0.3	0.5	173.0	171.1	1.1	0.3
XII - SOCCSKSARGEN	181.5	180.9	0.3	0.2	183.0	182.8	0.1	0.2	153.4	151.5	1.3	0.2
XIII - Caraga	176.5	175.9	0.3	0.1	186.8	186.8	0.0	0.3	163.0	159.3	2.3	0.1
ARMM - Autonomous Region in Muslim Mindanao	197.3	191.9	2.8	0.5	197.3	196.8	0.3	0.1	192.1	190.8	0.7	2.3

Table 9 (continued)

Area and Region	F i s h				Fruits and Vegetables				M e a t			
			Percent Change				Percent Change				Percent Change	
	Jan	Dec	Current	Previous	Jan	Dec	Current	Previous	Jan	Dec	Current	Previous
Philippines	166.1	162.6	2.2	0.9	161.8	169.7	-4.7	-2.0	162.2	161.8	0.2	2.0
National Capital Region (NCR)	142.3	135.6	4.9	1.6	135.2	148.1	-8.7	-3.5	160.7	162.1	-0.9	2.3
Areas Outside NCR	172.2	169.5	1.6	0.8	171.3	177.5	-3.5	-1.6	162.9	161.7	0.7	2.0
CAR - Cordillera Administrative Region	144.7	142.4	1.6	3.5	168.9	191.6	-11.8	-0.5	157.8	156.7	0.7	0.8
I - Ilocos	158.5	153.9	3.0	-1.0	153.1	170.2	-10.0	-8.3	169.9	168.5	0.8	2.6
II - Cagayan Valley	159.7	159.0	0.4	0.4	181.4	190.5	-4.8	-0.7	162.1	160.9	0.7	1.7
III - Central Luzon	148.1	146.3	1.2	-0.1	160.0	172.0	-7.0	-5.0	165.3	165.4	-0.1	2.3
IV-a - Calabarzon	169.8	168.0	1.1	0.5	155.0	168.8	-8.2	-3.7	156.6	156.6	0.0	1.8
IV-b - Mimaropa	165.9	164.1	1.1	-0.1	157.8	164.2	-3.9	-1.1	166.4	164.3	1.3	0.9
V - Bicol	164.6	162.8	1.1	0.9	162.3	162.1	0.1	1.5	164.5	164.2	0.2	0.8
VI - Western Visayas	177.7	174.3	2.0	0.2	172.9	173.8	-0.5	0.3	155.0	152.7	1.5	1.7
VII - Central Visayas	187.8	186.3	0.8	0.7	209.9	207.6	1.1	-0.1	158.0	156.7	0.8	0.4
VIII - Eastern Visayas	174.3	169.2	3.0	1.0	174.8	173.4	0.8	0.9	161.1	156.5	2.9	1.1
IX - Zamboanga Peninsula	173.1	161.3	7.3	-1.5	180.7	176.5	2.4	-1.2	169.3	160.8	5.3	2.3
X - Northern Mindanao	190.4	186.2	2.3	2.5	183.4	182.5	0.5	2.1	168.5	165.6	1.8	2.3
XI - Davao	193.3	193.4	-0.1	4.5	178.8	178.9	-0.1	1.5	168.4	166.4	1.2	4.0
XII - SOCCSKSARGEN	175.4	174.0	0.8	2.1	169.9	169.4	0.3	0.3	173.3	171.6	1.0	3.7
XIII - Caraga	201.6	195.3	3.2	0.6	188.7	184.4	2.3	4.2	177.0	172.4	2.7	3.1
ARMM - Autonomous Region in Muslim Mindanao	201.8	200.9	0.4	1.3	222.1	222.4	-0.1	0.7	195.0	193.8	0.6	4.0

Table 9 (concluded)

Area and Region	Miscellaneous Foods				Meals Eaten Outside			
			Percent Change				Percent Change	
	Jan	Dec	Current	Previous	Jan	Dec	Current	Previous
Philippines	156.4	155.5	0.6	0.5	148.2	147.8	0.3	0.1
National Capital Region (NCR)	150.8	150.3	0.3	0.1	143.4	143.4	0.0	0.0
Areas Outside NCR	158.9	157.8	0.7	0.6	151.0	150.5	0.3	0.2
CAR - Cordillera Administrative Region	147.3	147.4	-0.1	0.5	124.5	124.5	0.0	0.2
I - Ilocos	159.6	159.6	0.0	0.9	143.9	143.9	0.0	0.0
II - Cagayan Valley	173.0	172.0	0.6	1.2	195.6	195.6	0.0	0.0
III - Central Luzon	159.5	159.4	0.1	0.6	147.1	147.1	0.0	0.6
IV-a - Calabarzon	145.5	144.1	1.0	0.2	144.0	142.6	1.0	0.0
IV-b - Mimaropa	158.0	154.9	2.0	1.5	148.2	148.9	-0.5	0.3
V - Bicol	169.2	167.7	0.9	1.4	169.3	169.3	0.0	0.2
VI - Western Visayas	158.4	157.5	0.6	1.1	145.8	145.7	0.1	0.0
VII - Central Visayas	171.7	170.2	0.9	0.1	173.4	173.4	0.0	0.0
VIII - Eastern Visayas	160.9	159.8	0.7	0.4	161.0	161.0	0.0	0.0
IX - Zamboanga Peninsula	167.9	166.9	0.6	1.5	151.2	151.2	0.0	0.0
X - Northern Mindanao	158.3	156.3	1.3	0.4	144.7	144.2	0.3	0.1
XI - Davao	170.4	169.8	0.4	0.7	146.8	146.8	0.0	0.6
XII - SOCCSKSARGEN	162.6	161.5	0.7	0.6	156.7	156.0	0.4	0.3
XIII - Caraga	172.2	170.6	0.9	1.2	182.3	183.4	-0.6	1.7
ARMM - Autonomous Region in Muslim Mindanao	189.0	187.6	0.7	1.1	213.0	211.3	0.8	0.1

Source: Economic Indices and Indicators Division
Industry and Trade Statistics Department
National Statistics Office