

Table 10. Regional Year-on-Year Inflation Rates of Selected Food Items, January 2010 and 2009, December 2009 and 2008
(2000 = 100)

Area/Region	C e r e a l s				Inflation Rates(%)		R i c e				Inflation Rates(%)	
	Jan-10	Dec-09	Jan-09	Dec-08	Current	Previous	Jan-10	Dec-09	Jan-09	Dec-08	Current	Previous
Philippines	172.1	171.3	165.9	165.0	3.7	3.8	172.0	171.3	165.5	164.6	3.9	4.1
National Capital Region (NCR)	160.5	158.9	155.6	154.0	3.1	3.2	160.6	159.0	155.9	154.3	3.0	3.0
Areas Outside NCR	173.7	173.1	167.4	166.6	3.8	3.9	173.8	173.2	167.0	166.2	4.1	4.2
CAR - Cordillera Administrative Region	175.1	174.3	167.1	169.8	4.8	2.7	175.6	174.7	167.6	170.3	4.8	2.6
I - Ilocos	173.5	174.2	171.6	173.6	1.1	0.3	173.8	174.4	171.9	174.0	1.1	0.2
II - Cagayan Valley	181.3	180.1	176.5	173.4	2.7	3.9	183.0	181.8	178.1	174.9	2.8	3.9
III - Central Luzon	167.3	167.0	162.2	161.6	3.1	3.3	166.5	166.3	161.6	161.0	3.0	3.3
IV-a - Calabarzon	163.5	165.3	160.5	159.5	1.9	3.6	163.7	165.5	160.7	159.7	1.9	3.6
IV-b - Mimaropa	175.0	172.9	167.0	163.6	4.8	5.7	174.8	172.8	167.0	163.6	4.7	5.6
V - Bicol	171.8	170.3	165.8	159.7	3.6	6.6	173.2	171.5	166.0	159.3	4.3	7.7
VI - Western Visayas	169.0	167.9	169.4	167.8	-0.2	0.1	169.9	168.7	171.4	169.7	-0.9	-0.6
VII - Central Visayas	182.0	178.6	176.9	177.6	2.9	0.6	181.5	177.3	172.8	174.0	5.0	1.9
VIII - Eastern Visayas	194.0	194.5	183.8	181.6	5.5	7.1	196.2	196.6	185.6	183.3	5.7	7.3
IX - Zamboanga Peninsula	167.1	168.6	167.9	166.8	-0.5	1.1	169.2	169.5	166.5	165.0	1.6	2.7
X - Northern Mindanao	173.4	172.9	166.8	166.8	4.0	3.7	171.4	170.7	163.5	163.4	4.8	4.5
XI - Davao	172.7	173.1	160.5	160.1	7.6	8.1	174.0	173.9	159.7	160.6	9.0	8.3
XII - SOCCSKSARGEN	168.4	167.0	151.9	150.3	10.9	11.1	167.3	166.1	148.9	147.2	12.4	12.8
XIII - Caraga	177.6	177.3	165.2	165.4	7.5	7.2	178.4	178.0	164.9	165.0	8.2	7.9
ARMM - Autonomous Region in Muslim Mindanao	195.5	192.9	176.3	183.3	10.9	5.2	194.6	191.8	175.0	182.3	11.2	5.2

Table 10 (continued)

Area and Region	C o r n				Inflation Rates(%)		Cereal Preparations				Inflation Rates(%)	
	Jan-10	Dec-09	Jan-09	Dec-08	Current	Previous	Jan-10	Dec-09	Jan-09	Dec-08	Current	Previous
Philippines	171.9	172.1	170.9	169.9	0.6	1.3	185.4	184.5	179.3	179.3	3.4	2.9
National Capital Region (NCR)	152.6	151.4	130.5	130.5	16.9	16.0	198.7	198.3	194.6	195.4	2.1	1.5
Areas Outside NCR	172.2	172.5	171.6	170.6	0.3	1.1	180.7	179.7	174.0	173.7	3.9	3.5
CAR - Cordillera Administrative Region	145.9	145.8	136.7	136.7	6.7	6.7	160.9	160.5	155.9	156.5	3.2	2.6
I - Ilocos	152.5	155.8	147.8	141.6	3.2	10.0	221.8	221.4	217.1	215.3	2.2	2.8
II - Cagayan Valley	144.6	143.9	142.0	141.6	1.8	1.6	159.9	159.9	153.9	153.1	3.9	4.4
III - Central Luzon	224.0	220.9	205.5	202.2	9.0	9.2	173.4	173.4	169.5	169.4	2.3	2.4
IV-a - Calabarzon	140.0	141.8	139.3	136.9	0.5	3.6	177.9	175.5	166.8	166.9	6.7	5.2
IV-b - Mimaropa	197.4	188.7	167.3	166.2	18.0	13.5	167.8	167.7	163.1	162.0	2.9	3.5
V - Bicol	156.9	156.9	163.9	163.9	-4.3	-4.3	173.3	172.1	165.3	165.2	4.8	4.2
VI - Western Visayas	153.1	153.7	131.8	132.0	16.2	16.4	159.8	158.8	155.7	155.4	2.6	2.2
VII - Central Visayas	183.0	181.3	185.3	185.0	-1.2	-2.0	190.7	190.5	187.4	187.1	1.8	1.8
VIII - Eastern Visayas	153.8	155.6	150.5	150.3	2.2	3.5	207.5	207.1	202.9	202.4	2.3	2.3
IX - Zamboanga Peninsula	162.2	166.5	171.2	170.8	-5.3	-2.5	201.6	200.9	195.2	194.9	3.3	3.1
X - Northern Mindanao	178.3	178.1	174.9	175.1	1.9	1.7	173.4	172.9	168.2	168.8	3.1	2.4
XI - Davao	168.1	170.3	163.5	158.4	2.8	7.5	196.5	195.9	187.0	185.9	5.1	5.4
XII - SOCCSKSARGEN	178.4	175.5	180.2	178.8	-1.0	-1.8	181.5	180.9	173.2	172.8	4.8	4.7
XIII - Caraga	170.7	171.1	168.2	169.5	1.5	0.9	176.5	175.9	173.9	175.8	1.5	0.1
ARMM - Autonomous Region in Muslim Mindanao	238.3	245.0	238.4	229.7	0.0	6.7	197.3	191.9	185.6	184.1	6.3	4.2

Table 10 (continued)

Area and Region	Dairy Products				Inflation Rates(%)		E g g s				Inflation Rates(%)	
	Jan-10	Dec-09	Jan-09	Dec-08	Current	Previous	Jan-10	Dec-09	Jan-09	Dec-08	Current	Previous
Philippines	193.7	193.5	188.6	187.4	2.7	3.3	156.2	155.3	148.7	146.7	5.0	5.9
National Capital Region (NCR)	189.1	188.9	185.6	185.2	1.9	2.0	155.1	154.0	148.7	144.3	4.3	6.7
Areas Outside NCR	195.6	195.4	189.9	188.3	3.0	3.8	156.6	155.7	148.7	147.4	5.3	5.6
CAR - Cordillera Administrative Region	214.6	214.5	207.4	206.9	3.5	3.7	141.4	139.3	135.4	133.5	4.4	4.3
I - Ilocos	215.3	215.3	213.5	212.4	0.8	1.4	152.5	152.4	149.2	147.0	2.2	3.7
II - Cagayan Valley	186.3	185.7	178.7	178.2	4.3	4.2	156.1	156.1	150.1	149.6	4.0	4.3
III - Central Luzon	209.3	209.1	205.1	201.3	2.0	3.9	142.5	141.6	136.3	135.8	4.5	4.3
IV-a - Calabarzon	198.9	198.8	191.8	189.9	3.7	4.7	145.6	146.5	134.3	132.3	8.4	10.7
IV-b - Mimaropa	196.0	196.0	189.2	188.0	3.6	4.3	157.4	156.7	149.7	149.6	5.1	4.7
V - Bicol	187.7	187.4	182.0	181.9	3.1	3.0	150.7	150.3	145.8	143.7	3.4	4.6
VI - Western Visayas	176.3	176.3	172.6	169.2	2.1	4.2	168.0	164.8	157.4	155.3	6.7	6.1
VII - Central Visayas	187.0	186.8	174.9	174.7	6.9	6.9	157.3	155.9	153.6	153.4	2.4	1.6
VIII - Eastern Visayas	183.7	183.6	180.3	179.4	1.9	2.3	171.4	170.4	168.1	168.0	2.0	1.4
IX - Zamboanga Peninsula	216.8	216.7	212.9	211.6	1.8	2.4	195.5	195.5	178.9	176.7	9.3	10.6
X - Northern Mindanao	194.6	194.5	192.1	191.3	1.3	1.7	180.4	177.2	171.8	175.1	5.0	1.2
XI - Davao	183.5	183.0	176.1	174.1	4.2	5.1	173.0	171.1	164.8	162.2	5.0	5.5
XII - SOCCSKSARGEN	183.0	182.8	178.3	179.1r	2.6	2.1	153.4	151.5	147.1	146.3	4.3	3.6
XIII - Caraga	186.8	186.8	182.9	182.5	2.1	2.4	163.0	159.3	159.4	157.8	2.3	1.0
ARMM - Autonomous Region in Muslim Mindanao	197.3	196.8	191.2	190.7	3.2	3.2	192.1	190.8	173.0	169.5	11.0	12.6

Table 10 (continued)

Area and Region	F i s h				Inflation Rates(%)		Fruits and Vegetables				Inflation Rates(%)	
	Jan-10	Dec-09	Jan-09	Dec-08	Current	Previous	Jan-10	Dec-09	Jan-09	Dec-08	Current	Previous
Philippines	166.1	162.6	159.6	154.7	4.1	5.1	161.8	169.7	150.9	151.8	7.2	11.8
National Capital Region (NCR)	142.3	135.6	137.5	132.3	3.5	2.5	135.2	148.1	126.2	127.7	7.1	16.0
Areas Outside NCR	172.2	169.5	165.2	160.4	4.2	5.7	171.3	177.5	159.8	160.5	7.2	10.6
CAR - Cordillera Administrative Region	144.7	142.4	132.5	134.5	9.2	5.9	168.9	191.6	152.5	158.6	10.8	20.8
I - Ilocos	158.5	153.9	156.1	151.5	1.5	1.6	153.1	170.2	131.8	135.6	16.2	25.5
II - Cagayan Valley	159.7	159.0	148.4	147.5	7.6	7.8	181.4	190.5	151.0	149.4	20.1	27.5
III - Central Luzon	148.1	146.3	150.9	145.1	-1.9	0.8	160.0	172.0	146.0	145.9	9.6	17.9
IV-a - Calabarzon	169.8	168.0	162.3	158.2	4.6	6.2	155.0	168.8	143.5	148.9	8.0	13.4
IV-b - Mimaropa	165.9	164.1	159.8	153.6	3.8	6.8	157.8	164.2	151.1	150.7	4.4	9.0
V - Bicol	164.6	162.8	156.0	147.8	5.5	10.1	162.3	162.1	148.4	147.7	9.4	9.7
VI - Western Visayas	177.7	174.3	176.1	167.8	0.9	3.9	172.9	173.8	168.5	165.9	2.6	4.8
VII - Central Visayas	187.8	186.3	181.8	178.2	3.3	4.5	209.9	207.6	200.8	199.6	4.5	4.0
VIII - Eastern Visayas	174.3	169.2	161.3	160.2	8.1	5.6	174.8	173.4	170.5	167.6	2.5	3.5
IX - Zamboanga Peninsula	173.1	161.3	163.4	152.4	5.9	5.8	180.7	176.5	176.7	175.1	2.3	0.8
X - Northern Mindanao	190.4	186.2	183.2	179.5	3.9	3.7	183.4	182.5	177.1	178.8	3.6	2.1
XI - Davao	193.3	193.4	177.7	175.2	8.8	10.4	178.8	178.9	173.2	171.4	3.2	4.4
XII - SOCCSKSARGEN	175.4	174.0	163.4	161.9	7.3	7.5	169.9	169.4	167.0	169.2	1.7	0.1
XIII - Caraga	201.6	195.3	192.6	184.4	4.7	5.9	188.7	184.4	175.3	174.2	7.6	5.9
ARMM - Autonomous Region in Muslim Mindanao	201.8	200.9	184.7	181.3	9.3	10.8	222.1	222.4	209.3	205.3	6.1	8.3

Table 10 (continued)

Area and Region	M e a t						Miscellaneous Foods					
					Inflation Rates(%)						Inflation Rates(%)	
	Jan-10	Dec-09	Jan-09	Dec-08	Current	Previous	Jan-10	Dec-09	Jan-09	Dec-08	Current	Previous
Philippines	162.2	161.8	152.5	150.7	6.4	7.4	156.4	155.5	151.2	149.8	3.4	3.8
National Capital Region (NCR)	160.7	162.1	151.2	148.8	6.3	8.9	150.8	150.3	148.6	144.1	1.5	4.3
Areas Outside NCR	162.9	161.7	153.0	151.5	6.5	6.7	158.9	157.8	152.4	152.4	4.3	3.5
CAR - Cordillera Administrative Region	157.8	156.7	148.1	147.4	6.5	6.3	147.3	147.4	145.1	145.6	1.5	1.2
I - Ilocos	169.9	168.5	158.9	158.4	6.9	6.4	159.6	159.6	154.8	155.0	3.1	3.0
II - Cagayan Valley	162.1	160.9	150.3	149.5	7.9	7.6	173.0	172.0	165.5	165.8	4.5	3.7
III - Central Luzon	165.3	165.4	154.1	151.0	7.3	9.5	159.5	159.4	152.2	152.2	4.8	4.7
IV-a - Calabarzon	156.6	156.6	148.9	146.7	5.2	6.7	145.5	144.1	140.3	140.3	3.7	2.7
IV-b - Mimaropa	166.4	164.3	156.5	155.0	6.3	6.0	158.0	154.9	147.8	149.0	6.9	4.0
V - Bicol	164.5	164.2	157.7	157.0	4.3	4.6	169.2	167.7	155.6	156.3	8.7	7.3
VI - Western Visayas	155.0	152.7	146.5	145.7	5.8	4.8	158.4	157.5	152.6	152.1	3.8	3.6
VII - Central Visayas	158.0	156.7	153.6	152.3	2.9	2.9	171.7	170.2	166.6	166.8	3.1	2.0
VIII - Eastern Visayas	161.1	156.5	153.3	152.9	5.1	2.4	160.9	159.8	156.2	155.6	3.0	2.7
IX - Zamboanga Peninsula	169.3	160.8	152.0	151.9	11.4	5.9	167.9	166.9	160.8	160.7	4.4	3.9
X - Northern Mindanao	168.5	165.6	156.5	156.2	7.7	6.0	158.3	156.3	154.4	153.7	2.5	1.7
XI - Davao	168.4	166.4	152.9	152.2	10.1	9.3	170.4	169.8	164.7	166.5	3.5	2.0
XII - SOCCSKSARGEN	173.3	171.6	160.0	159.9	8.3	7.3	162.6	161.5	154.6	155.0	5.2	4.2
XIII - Caraga	177.0	172.4	160.6	159.8	10.2	7.9	172.2	170.6	164.7	164.4	4.6	3.8
ARMM - Autonomous Region in Muslim Mindanao	195.0	193.8	178.8	177.1	9.1	9.4	189.0	187.6	177.9	176.8	6.2	6.1

Table 10 (concluded)

Area and Region	Meals Eaten Outside				Inflation Rates(%)	
					Current Previous	
	Jan-10	Dec-09	Jan-09	Dec-08	Current	Previous
Philippines	148.2	147.8	144.8	142.1	2.3	4.0
National Capital Region (NCR)	143.4	143.4	142.1	136.0	0.9	5.4
Areas Outside NCR	151.0	150.5	146.4	145.8	3.1	3.2
CAR - Cordillera Administrative Region	124.5	124.5	120.6	120.6	3.2	3.2
I - Ilocos	143.9	143.9	143.6	143.5	0.2	0.3
II - Cagayan Valley	195.6	195.6	192.3	192.3	1.7	1.7
III - Central Luzon	147.1	147.1	140.9	140.4	4.4	4.8
IV-a - Calabarzon	144.0	142.6	138.6	137.6	3.9	3.6
IV-b - Mimaropa	148.2	148.9	145.2	145.2	2.1	2.5
V - Bicol	169.3	169.3	158.7	158.5	6.7	6.8
VI - Western Visayas	145.8	145.7	142.2	141.9	2.5	2.7
VII - Central Visayas	173.4	173.4	172.9	172.5	0.3	0.5
VIII - Eastern Visayas	161.0	161.0	161.0	161.0	0.0	0.0
IX - Zamboanga Peninsula	151.2	151.2	150.0	150.0	0.8	0.8
X - Northern Mindanao	144.7	144.2	139.6	139.0	3.7	3.7
XI - Davao	146.8	146.8	145.1	145.1	1.2	1.2
XII - SOCCSKSARGEN	156.7	156.0	150.8	149.6	3.9	4.3
XIII - Caraga	182.3	183.4	175.5	174.3	3.9	5.2
ARMM - Autonomous Region in Muslim Mindanao	213.0	211.3	208.9	200.2	2.0	5.5

Source: Economic Indices and Indicators Division