

**Table 10. Regional Year-on-Year Inflation Rates of Selected Food Items, March and February 2010 and 2009
(2000 = 100)**

Area/Region	C e r e a l s						R i c e					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Mar	Feb	Mar	Feb	Current	Previous	Mar	Feb	Mar	Feb	Current	Previous
Philippines	174.3	173.2	173.9	170.4	0.2	1.6	174.1	173.2	172.9	169.8	0.7	2.0
National Capital Region (NCR)	159.3	159.3	159.3	158.9	0.0	0.3	159.3	159.4	159.7	159.2	-0.3	0.1
Areas Outside NCR	176.4	175.2	176.0	172.0	0.2	1.9	176.4	175.3	175.0	171.5	0.8	2.2
CAR - Cordillera Administrative Region	176.8	176.4	175.3	173.0	0.9	2.0	177.3	176.9	175.9	173.5	0.8	2.0
I - Ilocos	175.3	173.1	178.6	175.4	-1.8	-1.3	175.6	173.4	179.0	175.7	-1.9	-1.3
II - Cagayan Valley	182.4	181.3	182.7	182.4	-0.2	-0.6	183.9	183.0	184.5	184.2	-0.3	-0.7
III - Central Luzon	167.2	167.3	167.9	166.1	-0.4	0.7	166.8	166.8	167.3	165.5	-0.3	0.8
IV-a - Calabarzon	167.8	167.4	161.9	161.6	3.6	3.6	168.0	167.6	162.0	161.8	3.7	3.6
IV-b - Mimaropa	181.0	175.4	172.5	168.4	4.9	4.2	180.8	175.2	172.5	168.4	4.8	4.0
V - Bicol	175.7	173.3	174.7	170.4	0.6	1.7	177.4	174.8	176.2	171.5	0.7	1.9
VI - Western Visayas	170.8	170.3	174.0	169.2	-1.8	0.7	171.6	171.2	175.8	171.1	-2.4	0.1
VII - Central Visayas	183.5	182.3	179.7	179.0	2.1	1.8	182.5	181.6	174.4	174.4	4.6	4.1
VIII - Eastern Visayas	194.3	194.1	191.8	188.3	1.3	3.1	196.5	196.3	193.8	190.3	1.4	3.2
IX - Zamboanga Peninsula	169.6	168.4	172.6	164.3	-1.7	2.5	171.1	170.3	170.6	162.6	0.3	4.7
X - Northern Mindanao	175.6	175.2	185.9	174.8	-5.5	0.2	172.9	172.8	176.7	170.5	-2.2	1.3
XI - Davao	179.8	177.8	186.0	178.6	-3.3	-0.4	179.2	176.7	184.2	177.0	-2.7	-0.2
XII - SOCCSKSARGEN	176.5	173.7	175.0	166.0	0.9	4.6	175.5	172.4	171.8	162.9	2.2	5.8
XIII - Caraga	181.4	179.5	178.5	172.7	1.6	3.9	181.6	179.9	177.2	171.9	2.5	4.7
ARMM - Autonomous Region in Muslim Mindanao	197.2	196.3	189.1	184.6	4.3	6.3	196.0	195.3	188.0	183.4	4.3	6.5

Table 10 (continued)

Area and Region	C o r n						Cereal Preparations					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Mar	Feb	Mar	Feb	Current	Previous	Mar	Feb	Mar	Feb	Current	Previous
Philippines	176.1	174.8	184.3	176.5	-4.4	-1.0	187.0	186.5	181.2	180.2	3.2	3.5
National Capital Region (NCR)	158.9	152.6	130.5	130.5	21.8	16.9	200.0	199.3	196.3	195.0	1.9	2.2
Areas Outside NCR	176.4	175.2	185.3	177.3	-4.8	-1.2	182.5	182.1	175.9	175.1	3.8	4.0
CAR - Cordillera Administrative Region	146.1	145.9	138.5	137.7	5.5	6.0	161.5	161.3	156.4	156.4	3.3	3.1
I - Ilocos	153.5	152.8	150.3	150.1	2.1	1.8	223.2	222.8	218.6	217.6	2.1	2.4
II - Cagayan Valley	148.8	145.4	143.0	142.1	4.1	2.3	159.9	159.9	156.9	155.7	1.9	2.7
III - Central Luzon	194.2	204.8	211.0	207.7	-8.0	-1.4	175.4	175.2	170.6	170.6	2.8	2.7
IV-a - Calabarzon	151.2	147.4	148.4	142.8	1.9	3.2	181.1	180.1	170.0	168.4	6.5	6.9
IV-b - Mimaropa	198.1	195.6	175.4	173.7	12.9	12.6	168.5	168.5	165.3	164.8	1.9	2.2
V - Bicol	157.8	157.0	158.0	158.0	-0.1	-0.6	174.7	174.5	167.4	166.6	4.4	4.7
VI - Western Visayas	155.2	153.1	140.5	134.7	10.5	13.7	161.6	160.9	156.8	156.3	3.1	2.9
VII - Central Visayas	185.6	183.9	190.6	188.4	-2.6	-2.4	190.9	190.8	188.3	188.0	1.4	1.5
VIII - Eastern Visayas	153.4	154.1	155.2	152.1	-1.2	1.3	208.6	208.6	205.0	204.5	1.8	2.0
IX - Zamboanga Peninsula	166.1	164.1	177.1	168.3	-6.2	-2.5	202.3	202.3	198.5	195.9	1.9	3.3
X - Northern Mindanao	182.2	181.1	208.2	185.4	-12.5	-2.3	174.5	174.2	168.6	168.6	3.5	3.3
XI - Davao	181.8	181.9	192.4	184.2	-5.5	-1.2	200.0	199.2	189.8	188.3	5.4	5.8
XII - SOCCSKSARGEN	186.2	185.5	204.6	194.6	-9.0	-4.7	183.0	182.4	175.9	174.6	4.0	4.5
XIII - Caraga	179.7	175.9	191.0	180.0	-5.9	-2.3	178.9	178.6	175.5	175.1	1.9	2.0
ARMM - Autonomous Region in Muslim Mindanao	251.6	244.4	240.8	240.7	4.5	1.5	198.2	198.0	186.1	185.8	6.5	6.6

Table 10 (continued)

Area and Region	Dairy Products				Inflation Rates(%)		E g g s				Inflation Rates(%)	
	2010		2009		Current	Previous	2010		2009		Current	Previous
	Mar	Feb	Mar	Feb			Mar	Feb	Mar	Feb		
Philippines	194.4	194.1	190.8	189.8	1.9	2.3	156.0	156.0	153.0	152.2	2.0	2.5
National Capital Region (NCR)	190.1	189.4	187.4	186.3	1.4	1.7	152.2	152.9	156.8	156.6	-2.9	-2.4
Areas Outside NCR	196.2	196.0	192.2	191.3	2.1	2.5	157.2	156.9	151.8	150.8	3.6	4.0
CAR - Cordillera Administrative Region	215.1	214.9	209.0	208.6	2.9	3.0	139.4	140.1	137.2	136.6	1.6	2.6
I - Ilocos	215.6	215.5	214.3	214.1	0.6	0.7	152.7	152.5	153.2	150.6	-0.3	1.3
II - Cagayan Valley	187.3	187.3	181.2	180.0	3.4	4.1	160.2	157.4	151.4	151.2	5.8	4.1
III - Central Luzon	210.6	210.5	206.7	206.3	1.9	2.0	142.0	142.1	141.4	138.8	0.4	2.4
IV-a - Calabarzon	199.4	198.9	194.6	193.6	2.5	2.7	146.9	146.2	140.1	136.7	4.9	6.9
IV-b - Mimaropa	197.4	197.3	191.5	190.4	3.1	3.6	155.5	155.7	153.2	152.5	1.5	2.1
V - Bicol	188.8	188.5	184.4	182.5	2.4	3.3	152.4	151.3	147.5	147.9	3.3	2.3
VI - Western Visayas	176.6	176.6	173.3	172.9	1.9	2.1	166.4	167.2	156.2	160.5	6.5	4.2
VII - Central Visayas	187.1	187.0	182.9	179.9	2.3	3.9	157.5	157.9	153.9	153.8	2.3	2.7
VIII - Eastern Visayas	183.8	183.8	182.4	181.4	0.8	1.3	170.1	170.3	169.8	169.7	0.2	0.4
IX - Zamboanga Peninsula	216.9	216.8	214.2	213.9	1.3	1.4	196.9	196.6	188.1	187.7	4.7	4.7
X - Northern Mindanao	195.2	194.7	192.2	192.1	1.6	1.4	183.9	182.3	173.0	172.4	6.3	5.7
XI - Davao	183.9	183.7	178.3	176.8	3.1	3.9	175.0	175.1	166.4	165.2	5.2	6.0
XII - SOCCSKSARGEN	183.5	183.4	179.9	179.8	2.0	2.0	155.0	155.0	147.5	148.5	5.1	4.4
XIII - Caraga	187.9	187.5	184.5	184.4	1.8	1.7	163.1	163.2	158.2	159.4	3.1	2.4
ARMM - Autonomous Region in Muslim Mindanao	197.4	197.3	192.0	191.9	2.8	2.8	191.8	192.2	177.1	177.9	8.3	8.0

Table 10 (continued)

Area and Region	F i s h				Inflation Rates(%)		Fruits and Vegetables				Inflation Rates(%)	
	2010		2009		Current	Previous	2010		2009		Current	Previous
	Mar	Feb	Mar	Feb			Mar	Feb	Mar	Feb		
Philippines	164.4	165.5	157.9	158.9	4.1	4.2	148.2	154.3	146.1	149.0	1.4	3.6
National Capital Region (NCR)	141.1	142.9	134.0	135.2	5.3	5.7	120.7	125.6	119.7	121.0	0.8	3.8
Areas Outside NCR	170.3	171.3	164.0	165.0	3.8	3.8	158.1	164.6	155.5	159.1	1.7	3.5
CAR - Cordillera Administrative Region	138.5	141.4	133.2	133.0	4.0	6.3	153.3	159.2	148.8	151.1	3.0	5.4
I - Ilocos	155.3	157.5	157.7	155.7	-1.5	1.2	132.8	141.6	129.6	130.0	2.5	8.9
II - Cagayan Valley	161.3	160.9	151.7	150.7	6.3	6.8	152.6	162.3	146.7	150.7	4.0	7.7
III - Central Luzon	145.8	146.3	147.6	148.3	-1.2	-1.3	134.1	147.1	136.8	141.1	-2.0	4.3
IV-a - Calabarzon	169.9	170.4	161.7	163.3	5.1	4.3	134.6	145.3	131.6	138.3	2.3	5.1
IV-b - Mimaropa	161.4	162.2	157.4	160.1	2.5	1.3	144.3	149.3	145.6	148.1	-0.9	0.8
V - Bicol	165.2	164.8	152.8	155.6	8.1	5.9	148.9	156.5	141.2	146.8	5.5	6.6
VI - Western Visayas	173.3	176.1	170.3	174.3	1.8	1.0	169.5	171.6	166.7	167.3	1.7	2.6
VII - Central Visayas	186.4	188.1	180.1	181.4	3.5	3.7	208.1	206.0	201.5	203.4	3.3	1.3
VIII - Eastern Visayas	173.1	173.0	163.2	163.1	6.1	6.1	172.8	174.3	173.7	173.5	-0.5	0.5
IX - Zamboanga Peninsula	161.8	166.0	159.4	157.2	1.5	5.6	174.5	174.3	169.4	173.6	3.0	0.4
X - Northern Mindanao	187.6	189.3	179.6	182.5	4.5	3.7	176.7	181.7	179.8	187.6	-1.7	-3.1
XI - Davao	189.8	192.1	180.8	179.5	5.0	7.0	177.5	182.0	175.3	177.7	1.3	2.4
XII - SOCCSKSARGEN	176.1	175.1	164.4	164.2	7.1	6.6	167.0	171.6	167.2	170.0	-0.1	0.9
XIII - Caraga	199.5	202.3	197.5	196.8	1.0	2.8	183.6	189.0	183.5	186.9	0.1	1.1
ARMM - Autonomous Region in Muslim Mindanao	204.4	202.5	183.7	184.6	11.3	9.7	221.4	221.1	207.9	209.3	6.5	5.6

Table 10 (continued)

Area and Region	M e a t						Miscellaneous Foods					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Mar	Feb	Mar	Feb	Current	Previous	Mar	Feb	Mar	Feb	Current	Previous
Philippines	162.0	162.2	154.5	153.6	4.9	5.6	159.9	159.4r	151.4	151.2	5.6	5.4
National Capital Region (NCR)	159.4	160.0	153.3	152.5	4.0	4.9	152.2	152.1	148.7	148.4	2.4	2.5
Areas Outside NCR	163.2	163.2	155.0	154.1	5.3	5.9	163.4	162.7r	152.6	152.5	7.1	6.7
CAR - Cordillera Administrative Region	156.5	156.8	148.5	148.2	5.4	5.8	152.3	150.7r	143.1	143.8	6.4	4.8
I - Ilocos	170.5	169.5	161.1	160.2	5.8	5.8	161.4	161.3	155.3	155.4	3.9	3.8
II - Cagayan Valley	161.6	161.6	152.3	151.3	6.1	6.8	176.3	176.3	166.0	165.7	6.2	6.4
III - Central Luzon	161.9	163.2	156.8	156.4	3.3	4.3	164.0	164.3	152.0	152.3	7.9	7.9
IV-a - Calabarzon	159.3	158.5	151.7	150.2	5.0	5.5	150.1	148.8	141.3	140.4	6.2	6.0
IV-b - Mimaropa	168.2	167.4	158.5	157.8	6.1	6.1	162.6	162.9	148.0	148.0	9.9	10.1
V - Bicol	164.8	164.9	159.6	158.5	3.3	4.0	176.5	173.8	157.2	156.4	12.3	11.1
VI - Western Visayas	153.3	154.3	148.9	148.2	3.0	4.1	163.1	162.6	152.4	152.5	7.0	6.6
VII - Central Visayas	161.9	162.2	153.7	153.7	5.3	5.5	175.1	175.3	167.3	167.0	4.7	5.0
VIII - Eastern Visayas	160.5	160.9	153.3	153.1	4.7	5.1	166.4	164.9	155.9	156.2	6.7	5.6
IX - Zamboanga Peninsula	165.1	165.2	152.0	151.2	8.6	9.3	172.4	172.5	159.3	161.8	8.2	6.6
X - Northern Mindanao	170.1	169.1	158.7	157.6	7.2	7.3	163.2	161.8	153.0	153.8	6.7	5.2
XI - Davao	169.9	169.8	153.7	153.1	10.5	10.9	174.5	173.7	164.3	164.2	6.2	5.8
XII - SOCCSKSARGEN	176.3	173.1	160.6	160.1	9.8	8.1	167.7	167.6	154.2	154.2	8.8	8.7
XIII - Caraga	175.0	177.4	161.2	161.4	8.6	9.9	178.0	177.8	163.5	163.9	8.9	8.5
ARMM - Autonomous Region in Muslim Mindanao	198.4	196.4	181.7	180.0	9.2	9.1	195.0	194.1	178.9	178.6	9.0	8.7

Table 10 (concluded)

Area and Region	Meals Eaten Outside				Inflation Rates(%)	
	2010		2009		Current Previous	
	Mar	Feb	Mar	Feb	Current	Previous
Philippines	149.2	148.7	144.9	144.8	3.0	2.7
National Capital Region (NCR)	143.4	143.4	142.1	142.1	0.9	0.9
Areas Outside NCR	152.7	151.9	144.6	146.4	5.6	3.8
CAR - Cordillera Administrative Region	125.8	124.5	120.6	120.6	4.3	3.2
I - Ilocos	143.9	143.9	143.6	143.6	0.2	0.2
II - Cagayan Valley	196.8	196.5	193.6	192.3	1.7	2.2
III - Central Luzon	148.3	147.6	140.9	140.9	5.3	4.8
IV-a - Calabarzon	146.8	145.6	138.6	138.6	5.9	5.1
IV-b - Mimaropa	149.3	149.3	145.6	145.2	2.5	2.8
V - Bicol	170.1	169.6	158.9	158.7	7.0	6.9
VI - Western Visayas	148.0	147.5	142.5	142.2	3.9	3.7
VII - Central Visayas	173.5	173.5	172.9	172.9	0.3	0.3
VIII - Eastern Visayas	161.0	161.0	161.0	161.0	0.0	0.0
IX - Zamboanga Peninsula	151.2	151.2	150.4	150.0	0.5	0.8
X - Northern Mindanao	146.8	145.3	141.6	139.6	3.7	4.1
XI - Davao	147.2	146.9	145.3	145.1	1.3	1.2
XII - SOCCSKSARGEN	157.8	156.7	150.9	150.8	4.6	3.9
XIII - Caraga	182.7	182.7	176.4	175.5	3.6	4.1
ARMM - Autonomous Region in Muslim Mindanao	213.2	213.2	209.0	208.9	2.0	2.1

Source: Economic Indices and Indicators Division