

**Table 9. Regional Month-on-Month Inflation Rates of Selected Food Items, June and May 2010  
(2000 = 100)**

| Area and Region                             | Cereals        |              |             |             | Rice           |              |             |             | Corn           |              |            |             |
|---|----------------|--------------|-------------|-------------|----------------|--------------|-------------|-------------|----------------|--------------|------------|-------------|
|   | Percent Change |              |             |             | Percent Change |              |             |             | Percent Change |              |            |             |
|   | Jun            | May          | Current     | Previous    | Jun            | May          | Current     | Previous    | Jun            | May          | Current    | Previous    |
| <b>Philippines</b>                          | <b>173.6</b>   | <b>173.7</b> | <b>-0.1</b> | <b>-0.4</b> | <b>173.5</b>   | <b>173.6</b> | <b>-0.1</b> | <b>-0.3</b> | <b>175.3</b>   | <b>175.0</b> | <b>0.2</b> | <b>-0.5</b> |
| National Capital Region (NCR)               | 159.0          | 157.9        | 0.7         | -1.3        | 159.0          | 157.9        | 0.7         | -1.3        | 161.8          | 161.8        | 0.0        | 0.5         |
| Areas Outside NCR                           | 175.7          | 175.9        | -0.1        | -0.3        | 175.7          | 176.0        | -0.2        | -0.2        | 175.5          | 175.2        | 0.2        | -0.5        |
| CAR - Cordillera Administrative Region      | 177.1          | 177.0        | 0.1         | -0.1        | 177.6          | 177.5        | 0.1         | -0.1        | 146.5          | 145.8        | 0.5        | 0.0         |
| I - Ilocos                                  | 176.9          | 176.3        | 0.3         | -0.5        | 177.2          | 176.6        | 0.3         | -0.5        | 153.1          | 152.9        | 0.1        | -0.2        |
| II - Cagayan Valley                         | 185.7          | 183.9        | 1.0         | -0.2        | 187.4          | 185.5        | 1.0         | -0.2        | 148.9          | 148.9        | 0.0        | 0.0         |
| III - Central Luzon                         | 167.2          | 167.1        | 0.1         | 0.1         | 166.6          | 166.6        | 0.0         | 0.1         | 213.7          | 201.6        | 6.0        | 0.4         |
| IV-a - Calabarzon                           | 166.0          | 167.5        | -0.9        | -0.2        | 166.1          | 167.6        | -0.9        | -0.2        | 154.6          | 153.8        | 0.5        | 0.9         |
| IV-b - Mimaropa                             | 178.5          | 178.8        | -0.2        | -0.3        | 178.3          | 178.6        | -0.2        | -0.3        | 204.5          | 202.6        | 0.9        | 0.0         |
| V - Bicol                                   | 170.4          | 170.8        | -0.2        | -1.4        | 171.8          | 172.2        | -0.2        | -1.3        | 155.4          | 155.1        | 0.2        | -2.3        |
| VI - Western Visayas                        | 171.7          | 171.7        | 0.0         | 0.5         | 172.6          | 172.5        | 0.1         | 0.5         | 154.8          | 156.0        | -0.8       | 0.5         |
| VII - Central Visayas                       | 182.6          | 183.0        | -0.2        | -0.4        | 181.5          | 181.8        | -0.2        | -0.6        | 185.0          | 185.4        | -0.2       | -0.1        |
| VIII - Eastern Visayas                      | 193.9          | 193.7        | 0.1         | -0.6        | 196.1          | 195.9        | 0.1         | -0.6        | 152.9          | 153.3        | -0.3       | -0.1        |
| IX - Zamboanga Peninsula                    | 170.2          | 170.4        | -0.1        | 0.2         | 172.3          | 173.0        | -0.4        | 0.9         | 165.4          | 164.6        | 0.5        | -1.3        |
| X - Northern Mindanao                       | 175.2          | 175.1        | 0.1         | -0.7        | 172.9          | 172.9        | 0.0         | -0.5        | 180.7          | 180.4        | 0.2        | -1.3        |
| XI - Davao                                  | 178.7          | 177.7        | 0.6         | 0.1         | 178.6          | 178.1        | 0.3         | 0.2         | 179.2          | 176.5        | 1.5        | 0.1         |
| XII - SOCCSKSARGEN                          | 176.1          | 177.0        | -0.5        | -0.2        | 175.0          | 175.9        | -0.5        | -0.2        | 186.7          | 187.3        | -0.3       | 0.4         |
| XIII - Caraga                               | 180.7          | 181.0        | -0.2        | -0.1        | 182.1          | 181.6        | 0.3         | 0.0         | 168.1          | 175.5        | -4.2       | -1.1        |
| ARMM - Autonomous Region in Muslim Mindanao | 193.7          | 196.0        | -1.2        | -0.4        | 192.5          | 194.8        | -1.2        | -0.4        | 252.5          | 252.5        | 0.0        | 0.2         |

**Table 9. (Continued)**

| Area and Region                             | Cereal Preparations |              |            |            | Dairy Products |              |            |            | Eggs           |              |            |            |
|---|---------------------|--------------|------------|------------|----------------|--------------|------------|------------|----------------|--------------|------------|------------|
|   | Percent Change      |              |            |            | Percent Change |              |            |            | Percent Change |              |            |            |
|   | Jun                 | May          | Current    | Previous   | Jun            | May          | Current    | Previous   | Jun            | May          | Current    | Previous   |
| <b>Philippines</b>                          | <b>187.9</b>        | <b>187.5</b> | <b>0.2</b> | <b>0.1</b> | <b>194.9</b>   | <b>194.7</b> | <b>0.1</b> | <b>0.0</b> | <b>156.4</b>   | <b>156.3</b> | <b>0.1</b> | <b>0.0</b> |
| National Capital Region (NCR)               | 200.4               | 200.3        | 0.0        | 0.0        | 190.9          | 190.7        | 0.1        | 0.1        | 151.7          | 151.6        | 0.1        | 0.2        |
| Areas Outside NCR                           | 183.6               | 183.0        | 0.3        | 0.2        | 196.6          | 196.4        | 0.1        | 0.0        | 157.9          | 157.7        | 0.1        | -0.1       |
| CAR - Cordillera Administrative Region      | 162.1               | 161.6        | 0.3        | 0.0        | 215.2          | 215.1        | 0.0        | 0.0        | 138.6          | 138.3        | 0.2        | -1.6       |
| I - Ilocos                                  | 223.6               | 223.6        | 0.0        | 0.1        | 215.8          | 215.8        | 0.0        | 0.0        | 153.4          | 153.6        | -0.1       | 0.1        |
| II - Cagayan Valley                         | 160.0               | 160.0        | 0.0        | 0.0        | 187.4          | 187.4        | 0.0        | 0.0        | 157.6          | 158.5        | -0.6       | -0.2       |
| III - Central Luzon                         | 176.2               | 175.6        | 0.3        | 0.1        | 210.9          | 210.8        | 0.0        | 0.0        | 143.5          | 142.5        | 0.7        | -1.1       |
| IV-a - Calabarzon                           | 182.9               | 181.3        | 0.9        | 0.1        | 199.7          | 199.5        | 0.1        | 0.0        | 147.0          | 147.3        | -0.2       | 0.1        |
| IV-b - Mimaropa                             | 170.6               | 170.1        | 0.3        | 0.7        | 197.7          | 197.7        | 0.0        | 0.1        | 156.0          | 156.3        | -0.2       | 0.6        |
| V - Bicol                                   | 175.7               | 175.6        | 0.1        | 0.2        | 189.1          | 189.1        | 0.0        | 0.1        | 154.9          | 154.3        | 0.4        | 0.3        |
| VI - Western Visayas                        | 162.6               | 162.3        | 0.2        | 0.4        | 176.7          | 176.6        | 0.1        | 0.0        | 168.6          | 167.9        | 0.4        | 0.4        |
| VII - Central Visayas                       | 191.2               | 191.0        | 0.1        | 0.0        | 187.3          | 187.4        | -0.1       | 0.1        | 158.7          | 157.8        | 0.6        | 0.6        |
| VIII - Eastern Visayas                      | 208.4               | 208.8        | -0.2       | 0.0        | 183.9          | 183.9        | 0.0        | 0.0        | 171.7          | 171.2        | 0.3        | -0.1       |
| IX - Zamboanga Peninsula                    | 203.4               | 203.3        | 0.0        | 0.1        | 216.9          | 216.9        | 0.0        | 0.0        | 197.4          | 197.3        | 0.1        | 0.0        |
| X - Northern Mindanao                       | 175.5               | 174.8        | 0.4        | 0.2        | 195.9          | 195.8        | 0.1        | 0.3        | 182.3          | 183.6        | -0.7       | 0.1        |
| XI - Davao                                  | 202.6               | 202.0        | 0.3        | 0.5        | 185.9          | 185.1        | 0.4        | 0.1        | 176.9          | 176.3        | 0.3        | -0.5       |
| XII - SOCCSKSARGEN                          | 183.0               | 183.1        | -0.1       | 0.1        | 183.7          | 183.5        | 0.1        | 0.0        | 153.2          | 153.3        | -0.1       | 0.1        |
| XIII - Caraga                               | 180.4               | 179.5        | 0.5        | -0.4       | 188.3          | 188.2        | 0.1        | 0.1        | 162.8          | 163.3        | -0.3       | -0.1       |
| ARMM - Autonomous Region in Muslim Mindanao | 200.1               | 199.1        | 0.5        | 0.3        | 197.7          | 197.4        | 0.2        | 0.0        | 194.1          | 193.8        | 0.2        | 0.0        |

Table 9 (continued)

| Area and Region                             | F i s h        |              |             |             | Fruits and Vegetables |              |            |            | M e a t        |              |            |            |
|---|----------------|--------------|-------------|-------------|-----------------------|--------------|------------|------------|----------------|--------------|------------|------------|
|   | Percent Change |              |             |             | Percent Change        |              |            |            | Percent Change |              |            |            |
|   | Jun            | May          | Current     | Previous    | Jun                   | May          | Current    | Previous   | Jun            | May          | Current    | Previous   |
| <b>Philippines</b>                          | <b>163.9</b>   | <b>164.1</b> | <b>-0.1</b> | <b>-0.4</b> | <b>153.7</b>          | <b>150.8</b> | <b>1.9</b> | <b>1.7</b> | <b>163.2</b>   | <b>162.4</b> | <b>0.5</b> | <b>0.4</b> |
| National Capital Region (NCR)               | 136.5          | 138.1        | -1.2        | -1.2        | 130.3                 | 126.4        | 3.1        | 3.7        | 160.2          | 159.2        | 0.6        | 0.5        |
| Areas Outside NCR                           | 170.9          | 170.7        | 0.1         | -0.2        | 162.1                 | 159.6        | 1.6        | 1.1        | 164.5          | 163.8        | 0.4        | 0.4        |
| CAR - Cordillera Administrative Region      | 142.0          | 142.6        | -0.4        | 1.4         | 162.4                 | 158.2        | 2.7        | 5.0        | 157.2          | 157.1        | 0.1        | 0.8        |
| I - Ilocos                                  | 156.1          | 155.9        | 0.1         | -0.8        | 136.2                 | 132.8        | 2.6        | 1.3        | 169.9          | 170.3        | -0.2       | 0.4        |
| II - Cagayan Valley                         | 163.8          | 162.9        | 0.6         | 0.6         | 155.9                 | 155.4        | 0.3        | 0.7        | 162.8          | 162.7        | 0.1        | 0.1        |
| III - Central Luzon                         | 147.0          | 146.4        | 0.4         | -0.4        | 147.3                 | 141.2        | 4.3        | 2.2        | 164.9          | 163.1        | 1.1        | 0.9        |
| IV-a - Calabarzon                           | 170.7          | 169.7        | 0.6         | -0.8        | 138.1                 | 133.6        | 3.4        | 1.1        | 159.5          | 158.8        | 0.4        | 0.0        |
| IV-b - Mimaropa                             | 158.9          | 159.0        | -0.1        | -2.6        | 144.8                 | 142.7        | 1.5        | 2.3        | 170.9          | 169.6        | 0.8        | 0.5        |
| V - Bicol                                   | 166.1          | 167.4        | -0.8        | -0.1        | 148.0                 | 146.5        | 1.0        | -1.3       | 167.4          | 166.2        | 0.7        | 0.5        |
| VI - Western Visayas                        | 174.9          | 175.5        | -0.3        | 0.9         | 171.2                 | 169.7        | 0.9        | 1.9        | 153.5          | 153.6        | -0.1       | 0.5        |
| VII - Central Visayas                       | 185.8          | 185.7        | 0.1         | 0.4         | 204.0                 | 203.1        | 0.4        | -1.7       | 162.5          | 162.5        | 0.0        | 0.5        |
| VIII - Eastern Visayas                      | 172.6          | 172.5        | 0.1         | -0.2        | 171.0                 | 171.9        | -0.5       | -0.6       | 162.5          | 161.0        | 0.9        | 0.4        |
| IX - Zamboanga Peninsula                    | 161.0          | 159.5        | 0.9         | -0.6        | 174.9                 | 174.4        | 0.3        | 0.3        | 168.2          | 167.8        | 0.2        | -0.5       |
| X - Northern Mindanao                       | 186.9          | 188.4        | -0.8        | -0.4        | 183.4                 | 187.2        | -2.0       | 4.5        | 172.0          | 171.2        | 0.5        | 0.1        |
| XI - Davao                                  | 192.0          | 192.0        | 0.0         | 0.7         | 185.8                 | 182.0        | 2.1        | 1.6        | 171.0          | 170.8        | 0.1        | 0.6        |
| XII - SOCCSKSARGEN                          | 175.8          | 176.5        | -0.4        | -1.3        | 174.0                 | 171.9        | 1.2        | 2.5        | 177.9          | 177.7        | 0.1        | 0.6        |
| XIII - Caraga                               | 202.9          | 201.4        | 0.7         | 0.3         | 184.0                 | 184.1        | -0.1       | 0.4        | 176.7          | 176.0        | 0.4        | 0.6        |
| ARMM - Autonomous Region in Muslim Mindanao | 201.6          | 201.0        | 0.3         | -0.9        | 222.3                 | 222.3        | 0.0        | 0.7        | 201.5          | 201.1        | 0.2        | 0.4        |

Table 9 (concluded)

| Area and Region                             | Miscellaneous Foods |              |            |            | Meals Eaten Outside |              |            |            |
|---|---------------------|--------------|------------|------------|---------------------|--------------|------------|------------|
|   | Percent Change      |              |            |            | Percent Change      |              |            |            |
|   | Jun                 | May          | Current    | Previous   | Jun                 | May          | Current    | Previous   |
| <b>Philippines</b>                          | <b>161.3</b>        | <b>160.7</b> | <b>0.4</b> | <b>0.2</b> | <b>149.4</b>        | <b>149.3</b> | <b>0.1</b> | <b>0.0</b> |
| National Capital Region (NCR)               | 153.7               | 153.5        | 0.1        | 0.2        | 143.4               | 143.4        | 0.0        | 0.0        |
| Areas Outside NCR                           | 164.7               | 163.9        | 0.5        | 0.2        | 153.0               | 152.9        | 0.1        | 0.1        |
| CAR - Cordillera Administrative Region      | 154.9               | 154.1        | 0.5        | 0.9        | 126.9               | 126.8        | 0.1        | 0.0        |
| I - Ilocos                                  | 162.2               | 161.4        | 0.5        | -0.1       | 144.7               | 143.9        | 0.6        | 0.0        |
| II - Cagayan Valley                         | 177.0               | 176.7        | 0.2        | 0.1        | 196.9               | 196.8        | 0.1        | 0.0        |
| III - Central Luzon                         | 166.4               | 164.4        | 1.2        | -0.1       | 148.4               | 148.4        | 0.0        | 0.0        |
| IV-a - Calabarzon                           | 150.4               | 150.4        | 0.0        | 0.1        | 147.0               | 147.0        | 0.0        | 0.1        |
| IV-b - Mimaropa                             | 163.3               | 163.1        | 0.1        | -0.2       | 148.4               | 148.4        | 0.0        | 0.5        |
| V - Bicol                                   | 177.6               | 177.2        | 0.2        | 0.3        | 171.0               | 170.9        | 0.1        | 0.1        |
| VI - Western Visayas                        | 163.8               | 163.8        | 0.0        | 0.6        | 148.8               | 148.7        | 0.1        | 0.5        |
| VII - Central Visayas                       | 176.0               | 175.6        | 0.2        | 0.2        | 173.5               | 173.5        | 0.0        | 0.0        |
| VIII - Eastern Visayas                      | 167.2               | 166.8        | 0.2        | -0.2       | 161.0               | 161.0        | 0.0        | 0.0        |
| IX - Zamboanga Peninsula                    | 174.1               | 172.8        | 0.8        | 0.3        | 151.2               | 151.2        | 0.0        | 0.0        |
| X - Northern Mindanao                       | 167.3               | 165.0        | 1.4        | 0.9        | 148.5               | 147.7        | 0.5        | 0.1        |
| XI - Davao                                  | 178.0               | 176.3        | 1.0        | 0.9        | 149.4               | 149.0        | 0.3        | 0.5        |
| XII - SOCCSKSARGEN                          | 170.2               | 168.2        | 1.2        | 0.7        | 156.7               | 156.7        | 0.0        | 0.0        |
| XIII - Caraga                               | 180.0               | 179.1        | 0.5        | 0.4        | 183.4               | 183.4        | 0.0        | 0.4        |
| ARMM - Autonomous Region in Muslim Mindanao | 195.8               | 195.2        | 0.3        | 0.2        | 214.1               | 213.2        | 0.4        | 0.0        |