

Table 9. Regional Month-on-Month Inflation Rates of Selected Food Items, July and June 2010
(2000 = 100)

Area and Region	Cereals				Rice				Corn			
	Jul		Percent Change		Jul		Percent Change		Jul		Percent Change	
	Jul	Jun	Current	Previous	Jul	Jun	Current	Previous	Jul	Jun	Current	Previous
Philippines	173.9	173.6	0.2	-0.1	173.8	173.5	0.2	-0.1	174.8	175.3	-0.3	0.2
National Capital Region (NCR)	159.3	159.0	0.2	0.7	159.3	159.0	0.2	0.7	161.8	161.8	0.0	0.0
Areas Outside NCR	176.0	175.7	0.2	-0.1	176.1	175.7	0.2	-0.2	175.0	175.5	-0.3	0.2
CAR - Cordillera Administrative Region	177.4	177.1	0.2	0.1	177.9	177.6	0.2	0.1	146.3	146.5	-0.1	0.5
I - Ilocos	177.3	176.9	0.2	0.3	177.6	177.2	0.2	0.3	152.3	153.1	-0.5	0.1
II - Cagayan Valley	185.4	185.7	-0.2	1.0	187.1	187.4	-0.2	1.0	148.9	148.9	0.0	0.0
III - Central Luzon	168.0	167.2	0.5	0.1	167.3	166.6	0.4	0.0	219.2	213.7	2.6	6.0
IV-a - Calabarzon	166.1	166.0	0.1	-0.9	166.2	166.1	0.1	-0.9	155.1	154.6	0.3	0.5
IV-b - Mimaropa	180.0	178.5	0.8	-0.2	179.8	178.3	0.8	-0.2	201.9	204.5	-1.3	0.9
V - Bicol	170.3	170.4	-0.1	-0.2	171.7	171.8	-0.1	-0.2	154.8	155.4	-0.4	0.2
VI - Western Visayas	172.2	171.7	0.3	0.0	173.1	172.6	0.3	0.1	155.1	154.8	0.2	-0.8
VII - Central Visayas	182.0	182.6	-0.3	-0.2	180.6	181.5	-0.5	-0.2	184.9	185.0	-0.1	-0.2
VIII - Eastern Visayas	193.9	193.9	0.0	0.1	196.2	196.1	0.1	0.1	152.3	152.9	-0.4	-0.3
IX - Zamboanga Peninsula	169.9	170.2	-0.2	-0.1	171.8	172.3	-0.3	-0.4	165.6	165.4	0.1	0.5
X - Northern Mindanao	175.3	175.2	0.1	0.1	173.1	172.9	0.1	0.0	180.7	180.7	0.0	0.2
XI - Davao	178.1	178.7	-0.3	0.6	178.6	178.6	0.0	0.3	176.4	179.2	-1.6	1.5
XII - SOCCSKSARGEN	177.4	176.1	0.7	-0.5	176.6	175.0	0.9	-0.5	184.7	186.7	-1.1	-0.3
XIII - Caraga	181.0	180.7	0.2	-0.2	182.4	182.1	0.2	0.3	167.9	168.1	-0.1	-4.2
ARMM - Autonomous Region in Muslim Mindanao	195.2	193.7	0.8	-1.2	194.1	192.5	0.8	-1.2	245.4	252.5	-2.8	0.0

Table 9. (Continued)

Area and Region	Cereal Preparations				Dairy Products				Eggs			
	Jul		Percent Change		Jul		Percent Change		Jul		Percent Change	
	Jul	Jun	Current	Previous	Jul	Jun	Current	Previous	Jul	Jun	Current	Previous
Philippines	188.3	187.9	0.2	0.2	195.1	194.9	0.1	0.1	156.8	156.4	0.3	0.1
National Capital Region (NCR)	201.2	200.4	0.4	0.0	191.1	190.9	0.1	0.1	152.9	151.7	0.8	0.1
Areas Outside NCR	183.8	183.6	0.1	0.3	196.8	196.6	0.1	0.1	158.0	157.9	0.1	0.1
CAR - Cordillera Administrative Region	162.1	162.1	0.0	0.3	215.2	215.2	0.0	0.0	138.9	138.6	0.2	0.2
I - Ilocos	223.6	223.6	0.0	0.0	216.2	215.8	0.2	0.0	153.6	153.4	0.1	-0.1
II - Cagayan Valley	160.9	160.0	0.6	0.0	187.4	187.4	0.0	0.0	157.7	157.6	0.1	-0.6
III - Central Luzon	176.7	176.2	0.3	0.3	211.0	210.9	0.0	0.0	143.3	143.5	-0.1	0.7
IV-a - Calabarzon	183.2	182.9	0.2	0.9	200.5	199.7	0.4	0.1	147.1	147.0	0.1	-0.2
IV-b - Mimaropa	170.8	170.6	0.1	0.3	198.3	197.7	0.3	0.0	154.0	156.0	-1.3	-0.2
V - Bicol	175.9	175.7	0.1	0.1	189.2	189.1	0.1	0.0	155.0	154.9	0.1	0.4
VI - Western Visayas	162.6	162.6	0.0	0.2	176.7	176.7	0.0	0.1	169.5	168.6	0.5	0.4
VII - Central Visayas	191.2	191.2	0.0	0.1	187.3	187.3	0.0	-0.1	158.7	158.7	0.0	0.6
VIII - Eastern Visayas	208.5	208.4	0.0	-0.2	183.9	183.9	0.0	0.0	171.5	171.7	-0.1	0.3
IX - Zamboanga Peninsula	203.5	203.4	0.0	0.0	216.9	216.9	0.0	0.0	198.2	197.4	0.4	0.1
X - Northern Mindanao	175.7	175.5	0.1	0.4	196.4	195.9	0.3	0.1	183.0	182.3	0.4	-0.7
XI - Davao	203.1	202.6	0.2	0.3	186.0	185.9	0.1	0.4	177.4	176.9	0.3	0.3
XII - SOCCSKSARGEN	182.4	183.0	-0.3	-0.1	183.7	183.7	0.0	0.1	154.3	153.2	0.7	-0.1
XIII - Caraga	180.4	180.4	0.0	0.5	188.7	188.3	0.2	0.1	162.9	162.8	0.1	-0.3
ARMM - Autonomous Region in Muslim Mindanao	201.0	200.1	0.4	0.5	197.9	197.7	0.1	0.2	194.5	194.1	0.2	0.2

Table 9 (continued)

Area and Region	F i s h				Fruits and Vegetables				M e a t			
			Percent Change				Percent Change				Percent Change	
	Jul	Jun	Current	Previous	Jul	Jun	Current	Previous	Jul	Jun	Current	Previous
Philippines	162.9	163.9	-0.6	-0.1	154.4	153.7	0.5	1.9	162.5	163.2	-0.4	0.5
National Capital Region (NCR)	134.6	136.5	-1.4	-1.2	128.9	130.3	-1.1	3.1	157.7	160.2	-1.6	0.6
Areas Outside NCR	170.1	170.9	-0.5	0.1	163.6	162.1	0.9	1.6	164.6	164.5	0.1	0.4
CAR - Cordillera Administrative Region	141.8	142.0	-0.1	-0.4	163.6	162.4	0.7	2.7	157.4	157.2	0.1	0.1
I - Ilocos	156.3	156.1	0.1	0.1	140.1	136.2	2.9	2.6	170.7	169.9	0.5	-0.2
II - Cagayan Valley	164.7	163.8	0.5	0.6	156.5	155.9	0.4	0.3	163.7	162.8	0.6	0.1
III - Central Luzon	146.0	147.0	-0.7	0.4	150.5	147.3	2.2	4.3	163.7	164.9	-0.7	1.1
IV-a - Calabarzon	171.7	170.7	0.6	0.6	141.1	138.1	2.2	3.4	159.9	159.5	0.3	0.4
IV-b - Mimaropa	158.9	158.9	0.0	-0.1	145.4	144.8	0.4	1.5	171.0	170.9	0.1	0.8
V - Bicol	163.1	166.1	-1.8	-0.8	150.3	148.0	1.6	1.0	168.2	167.4	0.5	0.7
VI - Western Visayas	173.6	174.9	-0.7	-0.3	172.9	171.2	1.0	0.9	153.6	153.5	0.1	-0.1
VII - Central Visayas	185.9	185.8	0.1	0.1	209.9	204.0	2.9	0.4	163.3	162.5	0.5	0.0
VIII - Eastern Visayas	172.6	172.6	0.0	0.1	172.0	171.0	0.6	-0.5	162.8	162.5	0.2	0.9
IX - Zamboanga Peninsula	159.4	161.0	-1.0	0.9	176.4	174.9	0.9	0.3	170.1	168.2	1.1	0.2
X - Northern Mindanao	186.8	186.9	-0.1	-0.8	181.4	183.4	-1.1	-2.0	171.5	172.0	-0.3	0.5
XI - Davao	186.4	192.0	-2.9	0.0	178.8	185.8	-3.8	2.1	171.2	171.0	0.1	0.1
XII - SOCCSKSARGEN	175.6	175.8	-0.1	-0.4	172.6	174.0	-0.8	1.2	177.8	177.9	-0.1	0.1
XIII - Caraga	199.9	202.9	-1.5	0.7	182.2	184.0	-1.0	-0.1	176.7	176.7	0.0	0.4
ARMM - Autonomous Region in Muslim Mindanao	199.6	201.6	-1.0	0.3	222.9	222.3	0.3	0.0	201.6	201.5	0.0	0.2

Table 9 (concluded)

Area and Region	Miscellaneous Foods				Meals Eaten Outside			
			Percent Change				Percent Change	
	Jul	Jun	Current	Previous	Jul	Jun	Current	Previous
Philippines	162.7	161.3	0.9	0.4	150.4	149.4	0.7	0.1
National Capital Region (NCR)	155.1	153.7	0.9	0.1	145.6	143.4	1.5	0.0
Areas Outside NCR	166.1	164.7	0.9	0.5	153.3	153.0	0.2	0.1
CAR - Cordillera Administrative Region	156.3	154.9	0.9	0.5	126.9	126.9	0.0	0.1
I - Ilocos	163.3	162.2	0.7	0.5	144.7	144.7	0.0	0.6
II - Cagayan Valley	178.0	177.0	0.6	0.2	196.9	196.9	0.0	0.1
III - Central Luzon	167.2	166.4	0.5	1.2	148.4	148.4	0.0	0.0
IV-a - Calabarzon	151.4	150.4	0.7	0.0	147.5	147.0	0.3	0.0
IV-b - Mimaropa	165.4	163.3	1.3	0.1	148.9	148.4	0.3	0.0
V - Bicol	179.7	177.6	1.2	0.2	171.5	171.0	0.3	0.1
VI - Western Visayas	164.7	163.8	0.5	0.0	148.8	148.8	0.0	0.1
VII - Central Visayas	177.8	176.0	1.0	0.2	173.5	173.5	0.0	0.0
VIII - Eastern Visayas	169.4	167.2	1.3	0.2	161.0	161.0	0.0	0.0
IX - Zamboanga Peninsula	176.1	174.1	1.1	0.8	151.2	151.2	0.0	0.0
X - Northern Mindanao	169.7	167.3	1.4	1.4	149.8	148.5	0.9	0.5
XI - Davao	181.1	178.0	1.7	1.0	149.8	149.4	0.3	0.3
XII - SOCCSKSARGEN	172.9	170.2	1.6	1.2	157.8	156.7	0.7	0.0
XIII - Caraga	182.1	180.0	1.2	0.5	183.4	183.4	0.0	0.0
ARMM - Autonomous Region in Muslim Mindanao	196.4	195.8	0.3	0.3	214.1	214.1	0.0	0.4

Source: Economic Indices and Indicators Division