

Table 10. Regional Year-on-Year Inflation Rates of Selected Food Items, July and June 2010 and 2009
(2000 = 100)

Area/Region	C e r e a l s						R i c e					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Jul	Jun	Jul	Jun	Current	Previous	Jul	Jun	Jul	Jun	Current	Previous
Philippines	173.9	173.6	173.6r	174.1	0.2	-0.3	173.8	173.5	173.2r	173.5	0.3	0.0
National Capital Region (NCR)	159.3	159.0	159.1	159.1	0.1	-0.1	159.3	159.0	159.3	159.4	0.0	-0.3
Areas Outside NCR	176.0	175.7	175.6r	176.2	0.2	-0.3	176.1	175.7	175.4r	175.7	0.4	0.0
CAR - Cordillera Administrative Region	177.4	177.1	173.0	174.6	2.5	1.4	177.9	177.6	173.4	175.0	2.6	1.5
I - Ilocos	177.3	176.9	179.9	179.6	-1.4	-1.5	177.6	177.2	180.3	180.0	-1.5	-1.6
II - Cagayan Valley	185.4	185.7	185.7	185.4	-0.2	0.2	187.1	187.4	187.6	187.3	-0.3	0.1
III - Central Luzon	168.0	167.2	167.7	167.3	0.2	-0.1	167.3	166.6	167.0	166.6	0.2	0.0
IV-a - Calabarzon	166.1	166.0	163.9	164.3	1.3	1.0	166.2	166.1	164.1	164.5	1.3	1.0
IV-b - Mimaropa	180.0	178.5	175.4	177.0	2.6	0.8	179.8	178.3	175.4	177.0	2.5	0.7
V - Bicol	170.3	170.4	169.9	169.8	0.2	0.4	171.7	171.8	170.5	170.9	0.7	0.5
VI - Western Visayas	172.2	171.7	173.1	173.7	-0.5	-1.2	173.1	172.6	174.4	175.0	-0.7	-1.4
VII - Central Visayas	182.0	182.6	178.7	180.4	1.8	1.2	180.6	181.5	175.9	176.4	2.7	2.9
VIII - Eastern Visayas	193.9	193.9	194.0	194.5	-0.1	-0.3	196.2	196.1	196.1	196.6	0.1	-0.3
IX - Zamboanga Peninsula	169.9	170.2	171.8	173.7	-1.1	-2.0	171.8	172.3	172.7	173.1	-0.5	-0.5
X - Northern Mindanao	175.3	175.2	180.6	183.1	-2.9	-4.3	173.1	172.9	176.9	178.8	-2.1	-3.3
XI - Davao	178.1	178.7	180.1	182.7	-1.1	-2.2	178.6	178.6	182.5	182.6	-2.1	-2.2
XII - SOCCSKSARGEN	177.4	176.1	175.9	175.9	0.9	0.1	176.6	175.0	174.6	173.7	1.1	0.7
XIII - Caraga	181.0	180.7	181.0	182.0	0.0	-0.7	182.4	182.1	181.4	181.0	0.6	0.6
ARMM - Autonomous Region in Muslim Mindanao	195.2	193.7	189.5	190.0	3.0	1.9	194.1	192.5	188.7	188.8	2.9	2.0

Table 10 (continued)

Area and Region	C o r n						Cereal Preparations					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Jul	Jun	Jul	Jun	Current	Previous	Jul	Jun	Jul	Jun	Current	Previous
Philippines	174.8	175.3	175.9	180.5	-0.6	-2.9	188.3	187.9	182.3	181.8	3.3	3.4
National Capital Region (NCR)	161.8	161.8	143.2	138.1	13.0	17.2	201.2	200.4	196.8	196.8	2.2	1.8
Areas Outside NCR	175.0	175.5	176.5	181.3	-0.8	-3.2	183.8	183.6	177.2	176.6	3.7	4.0
CAR - Cordillera Administrative Region	146.3	146.5	145.0	146.3	0.9	0.1	162.1	162.1	157.7	157.6	2.8	2.9
I - Ilocos	152.3	153.1	150.5	149.8	1.2	2.2	223.6	223.6	219.9	219.6	1.7	1.8
II - Cagayan Valley	148.9	148.9	143.6	143.2	3.7	4.0	160.9	160.0	158.3	157.7	1.6	1.5
III - Central Luzon	219.2	213.7	215.2	221.2	1.9	-3.4	176.7	176.2	170.5	170.3	3.6	3.5
IV-a - Calabarzon	155.1	154.6	141.3	146.1	9.8	5.8	183.2	182.9	170.7	169.9	7.3	7.7
IV-b - Mimaropa	201.9	204.5	180.2	180.3	12.0	13.4	170.8	170.6	166.4	166.3	2.6	2.6
V - Bicol	154.8	155.4	163.6	158.2	-5.4	-1.8	175.9	175.7	170.2	169.1	3.3	3.9
VI - Western Visayas	155.1	154.8	148.9	148.8	4.2	4.0	162.6	162.6	158.4	158.0	2.7	2.9
VII - Central Visayas	184.9	185.0	184.5	188.7	0.2	-2.0	191.2	191.2	190.0	189.9	0.6	0.7
VIII - Eastern Visayas	152.3	152.9	155.0	155.3	-1.7	-1.5	208.5	208.4	205.4	205.2	1.5	1.6
IX - Zamboanga Peninsula	165.6	165.4	169.6	175.2	-2.4	-5.6	203.5	203.4	199.7	199.5	1.9	2.0
X - Northern Mindanao	180.7	180.7	189.5	193.5	-4.6	-6.6	175.7	175.5	171.3	169.2	2.6	3.7
XI - Davao	176.4	179.2	171.6	182.9	2.8	-2.0	203.1	202.6	192.0	191.4	5.8	5.9
XII - SOCCSKSARGEN	184.7	186.7	187.7	196.8	-1.6	-5.1	182.4	183.0	177.6	177.1	2.7	3.3
XIII - Caraga	167.9	168.1	177.1	191.0	-5.2	-12.0	180.4	180.4	175.9	175.9	2.6	2.6
ARMM - Autonomous Region in Muslim Mindanao	245.4	252.5	228.9	245.0	7.2	3.1	201.0	200.1	188.1	187.0	6.9	7.0

Table 10 (continued)

Area and Region	Dairy Products						E g g s					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Jul	Jun	Jul	Jun	Current	Previous	Jul	Jun	Jul	Jun	Current	Previous
Philippines	195.1	194.9	192.3	192.0	1.5	1.5	156.8	156.4	153.3	152.9	2.3	2.3
National Capital Region (NCR)	191.1	190.9	188.4	188.2	1.4	1.4	152.9	151.7	151.8	150.7	0.7	0.7
Areas Outside NCR	196.8	196.6	193.9	193.6	1.5	1.5	158.0	157.9	153.8	153.6	2.7	2.8
CAR - Cordillera Administrative Region	215.2	215.2	211.6	210.7	1.7	2.1	138.9	138.6	139.6	139.3	-0.5	-0.5
I - Ilocos	216.2	215.8	214.8	214.7	0.7	0.5	153.6	153.4	154.0	154.1	-0.3	-0.5
II - Cagayan Valley	187.4	187.4	183.0	182.8	2.4	2.5	157.7	157.6	152.6	152.2	3.3	3.5
III - Central Luzon	211.0	210.9	208.7	208.6	1.1	1.1	143.3	143.5	143.5	143.5	-0.1	0.0
IV-a - Calabarzon	200.5	199.7	195.8	195.7	2.4	2.0	147.1	147.0	143.2	143.4	2.7	2.5
IV-b - Mimaropa	198.3	197.7	194.3	193.4	2.1	2.2	154.0	156.0	153.6	153.7	0.3	1.5
V - Bicol	189.2	189.1	186.3	185.9	1.6	1.7	155.0	154.9	148.1	147.7	4.7	4.9
VI - Western Visayas	176.7	176.7	175.8	175.6	0.5	0.6	169.5	168.6	161.4	160.1	5.0	5.3
VII - Central Visayas	187.3	187.3	186.0	185.5	0.7	1.0	158.7	158.7	154.0	153.7	3.1	3.3
VIII - Eastern Visayas	183.9	183.9	183.0	183.0	0.5	0.5	171.5	171.7	170.2	170.0	0.8	1.0
IX - Zamboanga Peninsula	216.9	216.9	214.8	214.4	1.0	1.2	198.2	197.4	189.1	189.1	4.8	4.4
X - Northern Mindanao	196.4	195.9	193.4	193.3	1.6	1.3	183.0	182.3	175.6	176.6	4.2	3.2
XI - Davao	186.0	185.9	180.1	179.1	3.3	3.8	177.4	176.9	166.7	166.7	6.4	6.1
XII - SOCCSKSARGEN	183.7	183.7	180.7	179.7	1.7	2.2	154.3	153.2	149.0	147.9	3.6	3.6
XIII - Caraga	188.7	188.3	185.6	185.3	1.7	1.6	162.9	162.8	160.0	160.4	1.8	1.5
ARMM - Autonomous Region in Muslim Mindanao	197.9	197.7	193.7	192.9	2.2	2.5	194.5	194.1	179.4	177.6	8.4	9.3

Table 10 (continued)

Area and Region	F i s h						Fruits and Vegetables					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Jul	Jun	Jul	Jun	Current	Previous	Jul	Jun	Jul	Jun	Current	Previous
Philippines	162.9	163.9	158.4	158.7	2.8	3.3	154.4	153.7	150.1	149.4	2.9	2.9
National Capital Region (NCR)	134.6	136.5	134.4	134.5	0.1	1.5	128.9	130.3	126.6	128.9	1.8	1.1
Areas Outside NCR	170.1	170.9	164.5	164.9	3.4	3.6	163.6	162.1	158.5	156.8	3.2	3.4
CAR - Cordillera Administrative Region	141.8	142.0	135.1	135.5	5.0	4.8	163.6	162.4	154.6	154.9	5.8	4.8
I - Ilocos	156.3	156.1	152.8	154.8	2.3	0.8	140.1	136.2	137.4	134.0	2.0	1.6
II - Cagayan Valley	164.7	163.8	154.8	154.1	6.4	6.3	156.5	155.9	151.8	149.5	3.1	4.3
III - Central Luzon	146.0	147.0	146.7	146.7	-0.5	0.2	150.5	147.3	148.3	146.7	1.5	0.4
IV-a - Calabarzon	171.7	170.7	164.5	164.0	4.4	4.1	141.1	138.1	141.3	138.5	-0.1	-0.3
IV-b - Mimaropa	158.9	158.9	157.2	158.6	1.1	0.2	145.4	144.8	146.5	143.9	-0.8	0.6
V - Bicol	163.1	166.1	153.8	156.0	6.0	6.5	150.3	148.0	142.6	142.6	5.4	3.8
VI - Western Visayas	173.6	174.9	171.3	170.9	1.3	2.3	172.9	171.2	166.5	165.4	3.8	3.5
VII - Central Visayas	185.9	185.8	182.1	182.6	2.1	1.8	209.9	204.0	192.6	192.8	9.0	5.8
VIII - Eastern Visayas	172.6	172.6	162.8	165.1	6.0	4.5	172.0	171.0	166.4	168.2	3.4	1.7
IX - Zamboanga Peninsula	159.4	161.0	155.5	159.3	2.5	1.1	176.4	174.9	173.2	166.4	1.8	5.1
X - Northern Mindanao	186.8	186.9	177.5	178.8	5.2	4.5	181.4	183.4	173.4	172.8	4.6	6.1
XI - Davao	186.4	192.0	178.1	180.3	4.7	6.5	178.8	185.8	173.5	169.4	3.1	9.7
XII - SOCCSKSARGEN	175.6	175.8	164.3	164.4	6.9	6.9	172.6	174.0	166.9	164.1	3.4	6.0
XIII - Caraga	199.9	202.9	196.1	194.3	1.9	4.4	182.2	184.0	172.8	173.7	5.4	5.9
ARMM - Autonomous Region in Muslim Mindanao	199.6	201.6	194.3	185.0	2.7	9.0	222.9	222.3	209.4	211.0	6.4	5.4

Table 10 (continued)

Area and Region	M e a t						Miscellaneous Foods					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Jul	Jun	Jul	Jun	Current	Previous	Jul	Jun	Jul	Jun	Current	Previous
Philippines	162.5	163.2	155.7	154.9	4.4	5.4	162.7	161.3	152.5	152.0	6.7	6.1
National Capital Region (NCR)	157.7	160.2	154.0	153.4	2.4	4.4	155.1	153.7	149.4	149.4	3.8	2.9
Areas Outside NCR	164.6	164.5	156.4	155.5	5.2	5.8	166.1	164.7	153.9	153.2	7.9	7.5
CAR - Cordillera Administrative Region	157.4	157.2	150.3	149.4	4.7	5.2	156.3	154.9	144.1	144.1	8.5	7.5
I - Ilocos	170.7	169.9	163.2	162.5	4.6	4.6	163.3	162.2	155.9	156.0	4.7	4.0
II - Cagayan Valley	163.7	162.8	155.3	154.5	5.4	5.4	178.0	177.0	167.3	167.1	6.4	5.9
III - Central Luzon	163.7	164.9	158.3	156.5	3.4	5.4	167.2	166.4	154.3	152.8	8.4	8.9
IV-a - Calabarzon	159.9	159.5	151.6	150.6	5.5	5.9	151.4	150.4	141.7	141.0	6.8	6.7
IV-b - Mimaropa	171.0	170.9	161.5	160.8	5.9	6.3	165.4	163.3	149.6	149.0	10.6	9.6
V - Bicol	168.2	167.4	161.2	160.3	4.3	4.4	179.7	177.6	160.2	158.9	12.2	11.8
VI - Western Visayas	153.6	153.5	150.3	150.0	2.2	2.3	164.7	163.8	153.3	153.0	7.4	7.1
VII - Central Visayas	163.3	162.5	155.5	155.4	5.0	4.6	177.8	176.0	168.6	167.9	5.5	4.8
VIII - Eastern Visayas	162.8	162.5	155.1	154.8	5.0	5.0	169.4	167.2	156.8	156.1	8.0	7.1
IX - Zamboanga Peninsula	170.1	168.2	154.3	151.0	10.2	11.4	176.1	174.1	161.1	160.5	9.3	8.5
X - Northern Mindanao	171.5	172.0	160.9	159.9	6.6	7.6	169.7	167.3	154.3	153.8	10.0	8.8
XI - Davao	171.2	171.0	156.7	156.7	9.3	9.1	181.1	178.0	165.6	165.2	9.4	7.7
XII - SOCCSKSARGEN	177.8	177.9	161.1	161.2	10.4	10.4	172.9	170.2	157.0	155.8	10.1	9.2
XIII - Caraga	176.7	176.7	163.7	163.9	7.9	7.8	182.1	180.0	165.3	165.4	10.2	8.8
ARMM - Autonomous Region in Muslim Mindanao	201.6	201.5	181.6	184.6	11.0	9.2	196.4	195.8	180.6	180.3	8.7	8.6

Table 10 (concluded)

Area and Region	Meals Eaten Outside					
	2010		2009		Inflation Rates(%)	
	Jul	Jun	Jul	Jun	Current	Previous
Philippines	150.4	149.4	146.5	146.0	2.7	2.3
National Capital Region (NCR)	145.6	143.4	143.1	143.1	1.7	0.2
Areas Outside NCR	153.3	153.0	148.6	147.8	3.2	3.5
CAR - Cordillera Administrative Region	126.9	126.9	120.9	120.8	5.0	5.0
I - Ilocos	144.7	144.7	143.6	143.6	0.8	0.8
II - Cagayan Valley	196.9	196.9	195.6	195.6	0.7	0.7
III - Central Luzon	148.4	148.4	144.3	142.2	2.8	4.4
IV-a - Calabarzon	147.5	147.0	140.7	140.0	4.8	5.0
IV-b - Mimaropa	148.9	148.4	148.1	148.1	0.5	0.2
V - Bicol	171.5	171.0	165.0	163.5	3.9	4.6
VI - Western Visayas	148.8	148.8	143.6	143.6	3.6	3.6
VII - Central Visayas	173.5	173.5	173.4	173.2	0.1	0.2
VIII - Eastern Visayas	161.0	161.0	161.0	161.0	0.0	0.0
IX - Zamboanga Peninsula	151.2	151.2	151.1	150.5	0.1	0.5
X - Northern Mindanao	149.8	148.5	142.2	142.1	5.3	4.5
XI - Davao	149.8	149.4	145.8	145.8	2.7	2.5
XII - SOCCSKSARGEN	157.8	156.7	152.6	152.6	3.4	2.7
XIII - Caraga	183.4	183.4	180.1	180.0	1.8	1.9
ARMM - Autonomous Region in Muslim Mindanao	214.1	214.1	209.8	209.1	2.0	2.4

Source: Economic Indices and Indicators Division