

Table 10. Regional Year-on-Year Inflation Rates of Selected Food Items, August and July 2010 and 2009
(2000 = 100)

Area/Region	C e r e a l s						R i c e					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Aug	Jul	Aug	Jul	Current	Previous	Aug	Jul	Aug	Jul	Current	Previous
Philippines	174.3	173.9	173.1r	173.6r	0.7	0.2	174.3	173.8	173.1r	173.2r	0.7	0.3
National Capital Region (NCR)	159.3	159.3	158.6	159.1	0.4	0.1	159.3	159.3	158.8	159.3	0.3	0.0
Areas Outside NCR	176.4	176.0	175.2r	175.6r	0.7	0.2	176.6	176.1	175.3r	175.4r	0.7	0.4
CAR - Cordillera Administrative Region	177.1	177.4	176.1	173.0	0.6	2.5	177.6	177.9	176.6	173.4	0.6	2.6
I - Ilocos	176.3	177.3	178.2	179.9	-1.1	-1.4	176.6	177.6	178.5	180.3	-1.1	-1.5
II - Cagayan Valley	184.5	185.4	182.3	185.7	1.2	-0.2	186.1	187.1	184.1	187.6	1.1	-0.3
III - Central Luzon	166.7	168.0	168.3	167.7	-1.0	0.2	166.0	167.3	167.6	167.0	-1.0	0.2
IV-a - Calabarzon	166.4	166.1	165.1	163.9	0.8	1.3	166.5	166.2	165.4	164.1	0.7	1.3
IV-b - Mimaropa	181.9	180.0	175.6	175.4	3.6	2.6	181.7	179.8	175.5	175.4	3.5	2.5
V - Bicol	171.8	170.3	170.8	169.9	0.6	0.2	173.7	171.7	171.8	170.5	1.1	0.7
VI - Western Visayas	172.8	172.2	172.5	173.1	0.2	-0.5	173.7	173.1	173.8	174.4	-0.1	-0.7
VII - Central Visayas	183.5	182.0	178.6	178.7	2.7	1.8	183.2	180.6	176.7	175.9	3.7	2.7
VIII - Eastern Visayas	195.5	193.9	195.0	194.0	0.3	-0.1	197.8	196.2	197.2	196.1	0.3	0.1
IX - Zamboanga Peninsula	170.5	169.9	170.7	171.8	-0.1	-1.1	172.9	171.8	170.9	172.7	1.2	-0.5
X - Northern Mindanao	174.9	175.3	177.0	180.6	-1.2	-2.9	173.3	173.1	173.8	176.9	-0.3	-2.1
XI - Davao	178.3	178.1	177.2	180.1	0.6	-1.1	179.4	178.6	179.8	182.5	-0.2	-2.1
XII - SOCCSKSARGEN	178.0	177.4	173.6	175.9	2.5	0.9	177.5	176.6	172.6	174.6	2.8	1.1
XIII - Caraga	181.1	181.0	180.8	181.0	0.2	0.0	182.7	182.4	181.3	181.4	0.8	0.6
ARMM - Autonomous Region in Muslim Mindanao	197.5	195.2	190.0	189.5	3.9	3.0	196.4	194.1	189.2	188.7	3.8	2.9

Table 10 (continued)

Area and Region	C o r n						Cereal Preparations					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Aug	Jul	Aug	Jul	Current	Previous	Aug	Jul	Aug	Jul	Current	Previous
Philippines	173.5	174.8	173.7	175.9	-0.1	-0.6	188.5	188.3	182.6	182.3	3.2	3.3
National Capital Region (NCR)	160.6	161.8	143.0	143.2	12.3	13.0	201.4	201.2	197.1	196.8	2.2	2.2
Areas Outside NCR	173.7	175.0	174.2	176.5	-0.3	-0.8	184.0	183.8	177.6	177.2	3.6	3.7
CAR - Cordillera Administrative Region	147.5	146.3	143.6	145.0	2.7	0.9	162.2	162.1	158.0	157.7	2.7	2.8
I - Ilocos	152.0	152.3	151.6	150.5	0.3	1.2	223.8	223.6	220.0	219.9	1.7	1.7
II - Cagayan Valley	149.2	148.9	142.7	143.6	4.6	3.7	161.2	160.9	159.0	158.3	1.4	1.6
III - Central Luzon	214.8	219.2	218.9	215.2	-1.9	1.9	177.1	176.7	171.0	170.5	3.6	3.6
IV-a - Calabarzon	156.5	155.1	138.1	141.3	13.3	9.8	183.3	183.2	171.0	170.7	7.2	7.3
IV-b - Mimaropa	205.6	201.9	185.0	180.2	11.1	12.0	170.9	170.8	166.4	166.4	2.7	2.6
V - Bicol	150.7	154.8	160.1	163.6	-5.9	-5.4	176.0	175.9	171.0	170.2	2.9	3.3
VI - Western Visayas	156.1	155.1	147.6	148.9	5.8	4.2	162.7	162.6	158.6	158.4	2.6	2.7
VII - Central Visayas	184.1	184.9	182.5	184.5	0.9	0.2	191.4	191.2	190.0	190.0	0.7	0.6
VIII - Eastern Visayas	152.1	152.3	154.9	155.0	-1.8	-1.7	208.5	208.5	205.8	205.4	1.3	1.5
IX - Zamboanga Peninsula	164.9	165.6	170.1	169.6	-3.1	-2.4	203.7	203.5	199.8	199.7	2.0	1.9
X - Northern Mindanao	178.8	180.7	184.7	189.5	-3.2	-4.6	175.9	175.7	171.6	171.3	2.5	2.6
XI - Davao	174.5	176.4	168.1	171.6	3.8	2.8	203.2	203.1	192.6	192.0	5.5	5.8
XII - SOCCSKSARGEN	182.9	184.7	183.2	187.7	-0.2	-1.6	182.5	182.4	178.7	177.6	2.1	2.7
XIII - Caraga	166.7	167.9	175.7	177.1	-5.1	-5.2	180.8	180.4	175.6	175.9	3.0	2.6
ARMM - Autonomous Region in Muslim Mindanao	248.8	245.4	228.2	228.9	9.0	7.2	202.3	201.0	188.2	188.1	7.5	6.9

Table 10 (continued)

Area and Region	Dairy Products						E g g s					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Aug	Jul	Aug	Jul	Current	Previous	Aug	Jul	Aug	Jul	Current	Previous
Philippines	195.4	195.1	192.4	192.3	1.6	1.5	158.1	156.8	153.6	153.3	2.9	2.3
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National Capital Region (NCR)	191.1	191.1	188.6	188.4	1.3	1.4	155.5	152.9	152.6	151.8	1.9	0.7
Areas Outside NCR	197.2	196.8	194.0	193.9	1.6	1.5	158.9	158.0	153.9	153.8	3.2	2.7
CAR - Cordillera Administrative Region	215.2	215.2	212.1	211.6	1.5	1.7	140.2	138.9	137.9	139.6	1.7	-0.5
I - Ilocos	216.3	216.2	214.8	214.8	0.7	0.7	153.5	153.6	153.7	154.0	-0.1	-0.3
II - Cagayan Valley	188.3	187.4	183.3	183.0	2.7	2.4	157.6	157.7	152.2	152.6	3.5	3.3
III - Central Luzon	211.1	211.0	208.6	208.7	1.2	1.1	145.6	143.3	143.4	143.5	1.5	-0.1
IV-a - Calabarzon	201.6	200.5	195.8	195.8	3.0	2.4	147.7	147.1	143.3	143.2	3.1	2.7
IV-b - Mimaropa	198.4	198.3	195.2	194.3	1.6	2.1	154.4	154.0	154.4	153.6	0.0	0.3
V - Bicol	189.5	189.2	186.5	186.3	1.6	1.6	155.7	155.0	148.2	148.1	5.1	4.7
VI - Western Visayas	176.7	176.7	176.0	175.8	0.4	0.5	170.5	169.5	162.0	161.4	5.2	5.0
VII - Central Visayas	187.3	187.3	186.1	186.0	0.6	0.7	158.7	158.7	154.3	154.0	2.9	3.1
VIII - Eastern Visayas	183.9	183.9	183.1	183.0	0.4	0.5	171.4	171.5	170.2	170.2	0.7	0.8
IX - Zamboanga Peninsula	217.0	216.9	214.9	214.8	1.0	1.0	197.9	198.2	190.3	189.1	4.0	4.8
X - Northern Mindanao	196.9	196.4	193.7	193.4	1.7	1.6	183.0	183.0	175.7	175.6	4.2	4.2
XI - Davao	186.2	186.0	180.2	180.1	3.3	3.3	179.1	177.4	168.0	166.7	6.6	6.4
XII - SOCCSKSARGEN	183.9	183.7	181.5	180.7	1.3	1.7	155.0	154.3	149.1	149.0	4.0	3.6
XIII - Caraga	188.8	188.7	185.8	185.6	1.6	1.7	163.4	162.9	158.6	160.0	3.0	1.8
ARMM - Autonomous Region in Muslim Mindanao	199.0	197.9	194.3	193.7	2.4	2.2	196.1	194.5	179.9	179.4	9.0	8.4

Table 10 (continued)

Area and Region	F i s h						Fruits and Vegetables					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Aug	Jul	Aug	Jul	Current	Previous	Aug	Jul	Aug	Jul	Current	Previous
Philippines	163.2	162.9	159.6	158.4	2.3	2.8	156.3	154.4	151.2	150.1	3.4	2.9
National Capital Region (NCR)	135.2	134.6	133.6	134.4	1.2	0.1	128.1	128.9	130.1	126.6	-1.5	1.8
Areas Outside NCR	170.3	170.1	166.2	164.5	2.5	3.4	166.4	163.6	158.7	158.5	4.9	3.2
CAR - Cordillera Administrative Region	143.0	141.8	136.1	135.1	5.1	5.0	163.9	163.6	158.1	154.6	3.7	5.8
I - Ilocos	153.1	156.3	154.3	152.8	-0.8	2.3	139.9	140.1	138.1	137.4	1.3	2.0
II - Cagayan Valley	166.5	164.7	155.8	154.8	6.9	6.4	157.7	156.5	149.9	151.8	5.2	3.1
III - Central Luzon	146.8	146.0	146.9	146.7	-0.1	-0.5	153.2	150.5	148.2	148.3	3.4	1.5
IV-a - Calabarzon	173.1	171.7	165.8	164.5	4.4	4.4	146.7	141.1	139.2	141.3	5.4	-0.1
IV-b - Mimaropa	159.1	158.9	160.6	157.2	-0.9	1.1	149.1	145.4	149.3	146.5	-0.1	-0.8
V - Bicol	161.6	163.1	156.8	153.8	3.1	6.0	153.4	150.3	143.3	142.6	7.0	5.4
VI - Western Visayas	172.6	173.6	172.0	171.3	0.3	1.3	174.2	172.9	166.7	166.5	4.5	3.8
VII - Central Visayas	185.4	185.9	182.6	182.1	1.5	2.1	212.7	209.9	193.0	192.6	10.2	9.0
VIII - Eastern Visayas	172.8	172.6	165.0	162.8	4.7	6.0	173.1	172.0	167.1	166.4	3.6	3.4
IX - Zamboanga Peninsula	161.9	159.4	162.5	155.5	-0.4	2.5	182.2	176.4	174.0	173.2	4.7	1.8
X - Northern Mindanao	187.1	186.8	180.9	177.5	3.4	5.2	182.8	181.4	172.6	173.4	5.9	4.6
XI - Davao	186.2	186.4	181.2	178.1	2.8	4.7	182.9	178.8	174.5	173.5	4.8	3.1
XII - SOCCSKSARGEN	176.1	175.6	169.5	164.3	3.9	6.9	173.3	172.6	167.0	166.9	3.8	3.4
XIII - Caraga	200.7	199.9	193.1	196.1	3.9	1.9	183.1	182.2	174.1	172.8	5.2	5.4
ARMM - Autonomous Region in Muslim Mindanao	201.2	199.6	194.1	194.3	3.7	2.7	225.9	222.9	215.7	209.4	4.7	6.4

Table 10 (continued)

Area and Region	M e a t						Miscellaneous Foods					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Aug	Jul	Aug	Jul	Current	Previous	Aug	Jul	Aug	Jul	Current	Previous
Philippines	162.2	162.5	154.7	155.7	4.8	4.4	164.2	162.7	152.8	152.5	7.5	6.7
National Capital Region (NCR)	157.7	157.7	151.4	154.0	4.2	2.4	155.5	155.1	149.5	149.4	4.0	3.8
Areas Outside NCR	164.2	164.6	156.2	156.4	5.1	5.2	168.1	166.1	154.3	153.9	8.9	7.9
CAR - Cordillera Administrative Region	157.0	157.4	151.4	150.3	3.7	4.7	157.5	156.3	144.8	144.1	8.8	8.5
I - Ilocos	170.3	170.7	163.5	163.2	4.2	4.6	164.6	163.3	155.9	155.9	5.6	4.7
II - Cagayan Valley	163.5	163.7	155.9	155.3	4.9	5.4	180.2	178.0	167.7	167.3	7.5	6.4
III - Central Luzon	163.1	163.7	156.7	158.3	4.1	3.4	167.9	167.2	154.9	154.3	8.4	8.4
IV-a - Calabarzon	159.5	159.9	151.6	151.6	5.2	5.5	152.7	151.4	142.2	141.7	7.4	6.8
IV-b - Mimaropa	171.0	171.0	161.1	161.5	6.1	5.9	168.7	165.4	149.9	149.6	12.5	10.6
V - Bicol	168.0	168.2	161.2	161.2	4.2	4.3	183.0	179.7	161.1	160.2	13.6	12.2
VI - Western Visayas	153.3	153.6	150.2	150.3	2.1	2.2	167.3	164.7	153.5	153.3	9.0	7.4
VII - Central Visayas	162.6	163.3	155.8	155.5	4.4	5.0	178.4	177.8	168.6	168.6	5.8	5.5
VIII - Eastern Visayas	163.0	162.8	154.9	155.1	5.2	5.0	172.4	169.4	157.3	156.8	9.6	8.0
IX - Zamboanga Peninsula	168.2	170.1	154.5	154.3	8.9	10.2	180.4	176.1	160.3	161.1	12.5	9.3
X - Northern Mindanao	171.2	171.5	161.1	160.9	6.3	6.6	173.1	169.7	154.0	154.3	12.4	10.0
XI - Davao	169.6	171.2	157.2	156.7	7.9	9.3	184.1	181.1	166.1	165.6	10.8	9.4
XII - SOCCSKSARGEN	177.3	177.8	161.7	161.1	9.6	10.4	176.6	172.9	157.7	157.0	12.0	10.1
XIII - Caraga	177.6	176.7	163.8	163.7	8.4	7.9	186.7	182.1	164.9	165.3	13.2	10.2
ARMM - Autonomous Region in Muslim Mindanao	203.0	201.6	181.8	181.6	11.7	11.0	201.6	196.4	180.8	180.6	11.5	8.7

Table 10 (concluded)

Area and Region	Meals Eaten Outside				Inflation Rates(%)	
	2010		2009		Inflation Rates(%)	
	Aug	Jul	Aug	Jul	Current	Previous
Philippines	150.6	150.4	146.8	146.5	2.6	2.7
National Capital Region (NCR)	145.6	145.6	143.1	143.1	1.7	1.7
Areas Outside NCR	153.6	153.3	149.0	148.6	3.1	3.2
CAR - Cordillera Administrative Region	127.0	126.9	122.0	120.9	4.1	5.0
I - Ilocos	144.7	144.7	143.6	143.6	0.8	0.8
II - Cagayan Valley	196.9	196.9	195.6	195.6	0.7	0.7
III - Central Luzon	148.4	148.4	144.5	144.3	2.7	2.8
IV-a - Calabarzon	148.1	147.5	141.4	140.7	4.7	4.8
IV-b - Mimaropa	148.9	148.9	148.1	148.1	0.5	0.5
V - Bicol	171.7	171.5	165.5	165.0	3.7	3.9
VI - Western Visayas	148.8	148.8	143.8	143.6	3.5	3.6
VII - Central Visayas	173.5	173.5	173.4	173.4	0.1	0.1
VIII - Eastern Visayas	161.0	161.0	161.0	161.0	0.0	0.0
IX - Zamboanga Peninsula	151.4	151.2	151.1	151.1	0.2	0.1
X - Northern Mindanao	149.7	149.8	142.4	142.2	5.1	5.3
XI - Davao	149.8	149.8	145.9	145.8	2.7	2.7
XII - SOCCSKSARGEN	158.7	157.8	154.2	152.6	2.9	3.4
XIII - Caraga	183.4	183.4	180.2	180.1	1.8	1.8
ARMM - Autonomous Region in Muslim Mindanao	214.5	214.1	210.4	209.8	1.9	2.0

Source: Economic Indices and Indicators Division
Industry and Trade Statistics Department
National Statistics Office
Republic of the Philippines