

Table 10. Regional Year-on-Year Inflation Rates of Selected Food Items, September and August 2010 and 2009
(2000 = 100)

Area/Region	C e r e a l s						R i c e					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Sep	Aug	Sep	Aug	Current	Previous	Sep	Aug	Sep	Aug	Current	Previous
Philippines	173.9	174.3	171.2	173.1r	1.6	0.7	174.1	174.3	171.5	173.1r	1.5	0.7
National Capital Region (NCR)	158.7	159.3	158.8	158.6	-0.1	0.4	158.7	159.3	159.0	158.8	-0.2	0.3
Areas Outside NCR	176.0	176.4	173.0	175.2r	1.7	0.7	176.5	176.6	173.4	175.3r	1.8	0.7
CAR - Cordillera Administrative Region	176.9	177.1	175.1	176.1	1.0	0.6	177.3	177.6	175.6	176.6	1.0	0.6
I - Ilocos	175.9	176.3	176.0	178.2	-0.1	-1.1	176.2	176.6	176.3	178.5	-0.1	-1.1
II - Cagayan Valley	182.6	184.5	182.8	182.3	-0.1	1.2	184.2	186.1	184.7	184.1	-0.3	1.1
III - Central Luzon	166.9	166.7	167.6	168.3	-0.4	-1.0	166.3	166.0	166.9	167.6	-0.4	-1.0
IV-a - Calabarzon	166.7	166.4	164.0	165.1	1.6	0.8	166.8	166.5	164.3	165.4	1.5	0.7
IV-b - Mimaropa	181.8	181.9	176.3	175.6	3.1	3.6	181.6	181.7	176.2	175.5	3.1	3.5
V - Bicol	170.9	171.8	168.5	170.8	1.4	0.6	172.8	173.7	170.2	171.8	1.5	1.1
VI - Western Visayas	172.8	172.8	169.1	172.5	2.2	0.2	173.7	173.7	170.4	173.8	1.9	-0.1
VII - Central Visayas	182.2	183.5	178.6	178.6	2.0	2.7	181.5	183.2	177.2	176.7	2.4	3.7
VIII - Eastern Visayas	195.5	195.5	195.3	195.0	0.1	0.3	197.7	197.8	197.4	197.2	0.2	0.3
IX - Zamboanga Peninsula	169.8	170.8r	168.1	170.7	1.0	0.1r	172.7	173.4r	171.7	170.9	0.6	1.5r
X - Northern Mindanao	173.4	174.9	174.2	177.0	-0.5	-1.2	174.0	173.3	171.6	173.8	1.4	-0.3
XI - Davao	176.9	178.3	171.9	177.2	2.9	0.6	179.4	179.4	175.1	179.8	2.5	-0.2
XII - SOCCSKSARGEN	178.1	178.0	165.6	173.6	7.5	2.5	178.4	177.5	165.2	172.6	8.0	2.8
XIII - Caraga	180.0	181.1	176.3	180.8	2.1	0.2	182.4	182.7	176.9	181.3	3.1	0.8
ARMM - Autonomous Region in Muslim Mindanao	198.4	197.5	184.8	190.0	7.4	3.9	197.3	196.4	184.0	189.2	7.2	3.8

Table 10 (continued)

Area and Region	C o r n						Cereal Preparations					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Sep	Aug	Sep	Aug	Current	Previous	Sep	Aug	Sep	Aug	Current	Previous
Philippines	170.5	173.5	168.8	173.7	1.0	-0.1	188.9	188.5	183.3r	182.6	3.1	3.2
National Capital Region (NCR)	160.2	160.6	142.9	143.0	12.1	12.3	201.7	201.4	197.6	197.1	2.1	2.2
Areas Outside NCR	170.7	173.7	169.3	174.2	0.8	-0.3	184.5	184.0	178.3r	177.6	3.5	3.6
CAR - Cordillera Administrative Region	148.0	147.5	143.2	143.6	3.4	2.7	162.4	162.2	158.8	158.0	2.3	2.7
I - Ilocos	152.7	152.0	152.0	151.6	0.5	0.3	223.9	223.8	220.6	220.0	1.5	1.7
II - Cagayan Valley	147.7	149.2	142.1	142.7	3.9	4.6	161.6	161.2	159.5	159.0	1.3	1.4
III - Central Luzon	209.5	214.8	214.9	218.9	-2.5	-1.9	177.5	177.1	173.2	171.0	2.5	3.6
IV-a - Calabarzon	154.2	156.5	138.2	138.1	11.6	13.3	183.7	183.3	173.4	171.0	5.9	7.2
IV-b - Mimaropa	202.2	205.6	186.6	185.0	8.4	11.1	171.2	170.9	166.8	166.4	2.6	2.7
V - Bicol	150.6	150.7	150.0	160.1	0.4	-5.9	176.9	176.0	171.2	171.0	3.3	2.9
VI - Western Visayas	156.1	156.1	144.9	147.6	7.7	5.8	162.9	162.7	158.7	158.6	2.6	2.6
VII - Central Visayas	183.5	184.1	181.6	182.5	1.0	0.9	191.4	191.4	190.1	190.0	0.7	0.7
VIII - Eastern Visayas	154.4	152.1	157.0	154.9	-1.7	-1.8	208.7	208.5	205.9	205.8	1.4	1.3
IX - Zamboanga Peninsula	163.2	164.9	160.0	170.1	2.0	-3.1	203.7	203.7	199.8	199.8	2.0	2.0
X - Northern Mindanao	171.9	178.8	180.5	184.7	-4.8	-3.2	176.3	175.9	171.6	171.6	2.7	2.5
XI - Davao	167.9	174.5	160.3	168.1	4.7	3.8	204.2	203.2	193.2	192.6	5.7	5.5
XII - SOCCSKSARGEN	175.5	182.9	169.6	183.2	3.5	-0.2	183.1	182.5	178.8	178.7	2.4	2.1
XIII - Caraga	157.9	166.7	170.5	175.7	-7.4	-5.1	181.0	180.8	175.6	175.6	3.1	3.0
ARMM - Autonomous Region in Muslim Mindanao	250.7	248.8	224.5	228.2	11.7	9.0	203.9	202.3	188.7	188.2	8.1	7.5

Table 10 (continued)

Area and Region	Dairy Products						E g g s					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Sep	Aug	Sep	Aug	Current	Previous	Sep	Aug	Sep	Aug	Current	Previous
Philippines	195.7	195.4	192.7	192.4	1.6	1.6	159.0	158.1	153.8	153.6	3.4	2.9
0												
National Capital Region (NCR)	191.2	191.1	188.7	188.6	1.3	1.3	158.2	155.5	153.0	152.6	3.4	1.9
Areas Outside NCR	197.5	197.2	194.3	194.0	1.6	1.6	159.2	158.9	154.0	153.9	3.4	3.2
CAR - Cordillera Administrative Region	215.4	215.2	212.8	212.1	1.2	1.5	140.8	140.2	137.0	137.9	2.8	1.7
I - Ilocos	216.7	216.3	215.0	214.8	0.8	0.7	153.5	153.5	153.1	153.7	0.3	-0.1
II - Cagayan Valley	189.1	188.3	183.3	183.3	3.2	2.7	157.9	157.6	152.6	152.2	3.5	3.5
III - Central Luzon	211.2	211.1	208.7	208.6	1.2	1.2	146.0	145.6	141.0	143.4	3.5	1.5
IV-a - Calabarzon	202.2	201.6	196.0	195.8	3.2	3.0	147.7	147.7	144.6	143.3	2.1	3.1
IV-b - Mimaropa	198.4	198.4	195.3	195.2	1.6	1.6	155.4	154.4	154.7	154.4	0.5	0.0
V - Bicol	189.6	189.5	186.9	186.5	1.4	1.6	156.5	155.7	148.7	148.2	5.2	5.1
VI - Western Visayas	177.0	176.7	176.1	176.0	0.5	0.4	170.6	170.5	161.9	162.0	5.4	5.2
VII - Central Visayas	187.3	187.3	186.3	186.1	0.5	0.6	157.8	158.7	153.8	154.3	2.6	2.9
VIII - Eastern Visayas	184.0	183.9	183.1	183.1	0.5	0.4	168.6	171.4	170.2	170.2	-0.9	0.7
IX - Zamboanga Peninsula	217.2	217.0	215.5	214.9	0.8	1.0	198.8	197.9	192.1	190.3	3.5	4.0
X - Northern Mindanao	196.7	196.9	193.4	193.7	1.7	1.7	183.0	183.0	175.9	175.7	4.0	4.2
XI - Davao	186.3	186.2	181.2	180.2	2.8	3.3	181.0	179.1	168.8	168.0	7.2	6.6
XII - SOCCSKSARGEN	184.1	183.9	181.9	181.5	1.2	1.3	156.8	155.0	150.0	149.1	4.5	4.0
XIII - Caraga	189.2	188.8	185.9	185.8	1.8	1.6	163.6	163.4	157.9	158.6	3.6	3.0
ARMM - Autonomous Region in Muslim Mindanao	200.0	199.0	195.1	194.3	2.5	2.4	197.6	196.1	186.0	179.9	6.2	9.0

Table 10 (continued)

Area and Region	F i s h						Fruits and Vegetables					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Sep	Aug	Sep	Aug	Current	Previous	Sep	Aug	Sep	Aug	Current	Previous
Philippines	163.4	163.2	160.2	159.6	2.0	2.3	155.4	156.3	154.4	151.2	0.6	3.4
National Capital Region (NCR)	135.3	135.2	133.4	133.6	1.4	1.2	126.0	128.1	135.8	130.1	-7.2	-1.5
Areas Outside NCR	170.6	170.3	167.0	166.2	2.2	2.5	166.0	166.4	161.1	158.7	3.0	4.9
CAR - Cordillera Administrative Region	146.1	143.0	135.2	136.1	8.1	5.1	163.3	163.9	161.5	158.1	1.1	3.7
I - Ilocos	152.9	153.1	154.6	154.3	-1.1	-0.8	136.6	139.9	140.1	138.1	-2.5	1.3
II - Cagayan Valley	167.3	166.5	156.1	155.8	7.2	6.9	157.7	157.7	151.5	149.9	4.1	5.2
III - Central Luzon	147.5	146.8	147.0	146.9	0.3	-0.1	150.4	153.2	149.0	148.2	0.9	3.4
IV-a - Calabarzon	174.4	173.1	167.0	165.8	4.4	4.4	147.2	146.7	145.6	139.2	1.1	5.4
IV-b - Mimaropa	158.6	159.1	159.1	160.6	-0.3	-0.9	147.4	149.1	151.3	149.3	-2.6	-0.1
V - Bicol	162.9	161.6	158.0	156.8	3.1	3.1	153.8	153.4	144.3	143.3	6.6	7.0
VI - Western Visayas	171.9	172.6	173.3	172.0	-0.8	0.3	175.7	174.2	168.5	166.7	4.3	4.5
VII - Central Visayas	184.5	185.4	183.2	182.6	0.7	1.5	210.8	212.7	198.2	193.0	6.4	10.2
VIII - Eastern Visayas	172.2	172.8	166.3	165.0	3.5	4.7	174.2	173.1	168.6	167.1	3.3	3.6
IX - Zamboanga Peninsula	161.6	161.9	162.4	162.5	-0.5	-0.4	184.6	182.2	174.3	174.0	5.9	4.7
X - Northern Mindanao	187.0	187.1	181.2	180.9	3.2	3.4	183.1	182.8	171.9	172.6	6.5	5.9
XI - Davao	187.1	186.2	183.4	181.2	2.0	2.8	183.1	182.9	173.7	174.5	5.4	4.8
XII - SOCCSKSARGEN	176.2	176.1	168.9	169.5	4.3	3.9	174.1	173.3	167.9	167.0	3.7	3.8
XIII - Caraga	198.4	200.7	193.5	193.1	2.5	3.9	183.3	183.1	176.9	174.1	3.6	5.2
ARMM - Autonomous Region in Muslim Mindanao	203.6	201.2	197.4	194.1	3.1	3.7	226.6	225.9	218.7	215.7	3.6	4.7

Table 10 (continued)

Area and Region	M e a t						Miscellaneous Foods					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Sep	Aug	Sep	Aug	Current	Previous	Sep	Aug	Sep	Aug	Current	Previous
Philippines	160.8	162.2	154.9	154.7	3.8	4.8	165.0	164.2	153.8	152.8	7.3	7.5
National Capital Region (NCR)	155.2	157.7	152.0	151.4	2.1	4.2	155.7	155.5	150.3	149.5	3.6	4.0
Areas Outside NCR	163.3	164.2	156.1	156.2	4.6	5.1	169.1	168.1	155.3	154.3	8.9	8.9
CAR - Cordillera Administrative Region	157.2	157.0	152.5	151.4	3.1	3.7	159.3	157.5	145.3	144.8	9.6	8.8
I - Ilocos	169.7	170.3	162.6	163.5	4.4	4.2	165.9	164.6	156.1	155.9	6.3	5.6
II - Cagayan Valley	163.9	163.5	156.5	155.9	4.7	4.9	182.1	180.2	168.4	167.7	8.1	7.5
III - Central Luzon	161.1	163.1	156.2	156.7	3.1	4.1	168.2	167.9	155.6	154.9	8.1	8.4
IV-a - Calabarzon	158.5	159.5	151.3	151.6	4.8	5.2	153.5	152.7	143.2	142.2	7.2	7.4
IV-b - Mimaropa	170.7	171.0	161.6	161.1	5.6	6.1	170.8	168.7	151.1	149.9	13.0	12.5
V - Bicol	166.9	168.0	161.5	161.2	3.3	4.2	184.6	183.0	162.8	161.1	13.4	13.6
VI - Western Visayas	152.3	153.3	150.2	150.2	1.4	2.1	168.0	167.3	153.7	153.5	9.3	9.0
VII - Central Visayas	162.1	162.6	155.5	155.8	4.2	4.4	178.7	178.4	168.9	168.6	5.8	5.8
VIII - Eastern Visayas	163.5	163.0	154.8	154.9	5.6	5.2	174.8	172.4	157.9	157.3	10.7	9.6
IX - Zamboanga Peninsula	167.7	168.2	155.5	154.5	7.8	8.9	181.5	180.4	162.5	160.3	11.7	12.5
X - Northern Mindanao	170.5	171.2	161.3	161.1	5.7	6.3	175.2	173.1	155.0	154.0	13.0	12.4
XI - Davao	168.8	169.6	157.1	157.2	7.4	7.9	184.8	184.1	167.3	166.1	10.5	10.8
XII - SOCCSKSARGEN	177.6	177.3	162.8	161.7	9.1	9.6	178.3	176.6	160.0	157.7	11.4	12.0
XIII - Caraga	177.7	177.6	164.5	163.8	8.0	8.4	188.2	186.7	167.2	164.9	12.6	13.2
ARMM - Autonomous Region in Muslim Mindanao	203.1	203.0	183.9	181.8	10.4	11.7	203.6	201.6	184.2	180.8	10.5	11.5

Table 10 (concluded)

Area and Region	Meals Eaten Outside					
	2010		2009		Inflation Rates(%)	
	Sep	Aug	Sep	Aug	Current	Previous
Philippines	150.7	150.6	147.2	146.8	2.4	2.6
National Capital Region (NCR)	145.6	145.6	143.4	143.1	1.5	1.7
Areas Outside NCR	153.8	153.6	149.5	149.0	2.9	3.1
CAR - Cordillera Administrative Region	127.1	127.0	122.6	122.0	3.7	4.1
I - Ilocos	144.7	144.7	143.6	143.6	0.8	0.8
II - Cagayan Valley	198.8	196.9	195.6	195.6	1.6	0.7
III - Central Luzon	149.0	148.4	144.8	144.5	2.9	2.7
IV-a - Calabarzon	148.1	148.1	142.3	141.4	4.1	4.7
IV-b - Mimaropa	148.9	148.9	148.1	148.1	0.5	0.5
V - Bicol	173.0	171.7	167.2	165.5	3.5	3.7
VI - Western Visayas	148.8	148.8	143.8	143.8	3.5	3.5
VII - Central Visayas	173.5	173.5	173.4	173.4	0.1	0.1
VIII - Eastern Visayas	161.0	161.0	161.0	161.0	0.0	0.0
IX - Zamboanga Peninsula	151.4	151.4	151.2	151.1	0.1	0.2
X - Northern Mindanao	150.5	149.7	143.6	142.4	4.8	5.1
XI - Davao	149.9	149.8	145.9	145.9	2.7	2.7
XII - SOCCSKSARGEN	158.7	158.7	154.6	154.2	2.7	2.9
XIII - Caraga	183.4	183.4	180.4	180.2	1.7	1.8
ARMM - Autonomous Region in Muslim Mindanao	214.5	214.5	210.5	210.4	1.9	1.9

Source: Economic Indices and Indicators Division
Industry and Trade Statistics Department
National Statistics Office
Republic of the Philippines