

Table 9. Regional Month-on-Month Inflation Rates of Selected Food Items, October and September 2010
(2000 = 100)

Area and Region	C e r e a l s				R i c e				C o r n			
	Oct	Sep	Current	Percent Change Previous	Oct	Sep	Current	Percent Change Previous	Oct	Sep	Current	Percent Change Previous
Philippines	173.0	173.9	-0.5	-0.2	173.2	174.1	-0.5	-0.1	169.9	170.8r	-0.5	-1.6r
National Capital Region (NCR)	158.7	158.7	0.0	-0.4	158.7	158.7	0.0	-0.4	160.2	160.2	0.0	-0.2
Areas Outside NCR	175.0	176.0	-0.6	-0.2	175.5	176.5	-0.6	-0.1	170.1	171.0r	-0.5	-1.6r
CAR - Cordillera Administrative Region	176.1	176.9	-0.5	-0.1	176.5	177.3	-0.5	-0.2	147.6	148.0	-0.3	0.3
I - Ilocos	175.4	175.9	-0.3	-0.2	175.7	176.2	-0.3	-0.2	152.7	152.7	0.0	0.5
II - Cagayan Valley	182.4	182.6	-0.1	-1.0	183.6	184.2	-0.3	-1.0	156.2	147.7	5.8	-1.0
III - Central Luzon	166.3	166.9	-0.4	0.1	165.7	166.3	-0.4	0.2	209.8	209.5	0.1	-2.5
IV-a - Calabarzon	166.3	166.7	-0.2	0.2	166.4	166.8	-0.2	0.2	154.8	154.2	0.4	-1.5
IV-b - Mimaropa	180.7	181.8	-0.6	-0.1	180.5	181.6	-0.6	-0.1	206.4	202.2	2.1	-1.7
V - Bicol	170.3	170.9	-0.4	-0.5	172.1	172.8	-0.4	-0.5	150.7	150.6	0.1	-0.1
VI - Western Visayas	171.7	172.8	-0.6	0.0	172.6	173.7	-0.6	0.0	154.6	156.1	-1.0	0.0
VII - Central Visayas	182.1	182.2	-0.1	-0.7	181.7	181.5	0.1	-0.9	183.0	183.5	-0.3	-0.3
VIII - Eastern Visayas	196.0	195.5	0.3	0.0	198.2	197.7	0.3	-0.1	155.0	154.4	0.4	1.5
IX - Zamboanga Peninsula	168.4	169.8	-0.8	-0.6	171.4	172.7	-0.8	-0.4	161.5	163.2	-1.0	-1.0
X - Northern Mindanao	172.2	173.4	-0.7	-0.9	173.7	174.0	-0.2	0.4	168.5	171.9	-2.0	-3.9
XI - Davao	175.7	176.9	-0.7	-0.8	178.1	179.4	-0.7	0.0	167.2	167.9	-0.4	-3.8
XII - SOCCSKSARGEN	173.0	178.1	-2.9	0.1	172.9	178.4	-3.1	0.5	173.8	175.5	-1.0	-4.0
XIII - Caraga	181.1	180.9r	0.1	-0.1	182.5	182.4	0.1	-0.2	168.5	166.7r	1.1	0.0r
ARMM - Autonomous Region in Muslim Mindanao	193.9	198.4	-2.3	0.5	192.7	197.3	-2.3	0.5	249.3	250.7	-0.6	0.8

Table 9. (Continued)

Area and Region	Cereal Preparations				Dairy Products				E g g s			
	Oct	Sep	Current	Percent Change Previous	Oct	Sep	Current	Percent Change Previous	Oct	Sep	Current	Percent Change Previous
Philippines	189.2	188.9	0.2	0.2	195.9	195.7	0.1	0.2	158.6	159.0	-0.3	0.6
National Capital Region (NCR)	201.8	201.7	0.0	0.1	191.4	191.2	0.1	0.1	157.1	158.2	-0.7	1.7
Areas Outside NCR	184.8	184.5	0.2	0.3	197.7	197.5	0.1	0.2	159.0	159.2	-0.1	0.2
CAR - Cordillera Administrative Region	162.4	162.4	0.0	0.1	215.4	215.4	0.0	0.1	140.9	140.8	0.1	0.4
I - Ilocos	224.0	223.9	0.0	0.0	216.7	216.7	0.0	0.2	153.1	153.5	-0.3	0.0
II - Cagayan Valley	161.6	161.6	0.0	0.2	189.1	189.1	0.0	0.4	157.2	157.9	-0.4	0.2
III - Central Luzon	177.8	177.5	0.2	0.2	211.5	211.2	0.1	0.0	145.3	146.0	-0.5	0.3
IV-a - Calabarzon	184.2	183.7	0.3	0.2	202.7	202.2	0.2	0.3	147.8	147.7	0.1	0.0
IV-b - Mimaropa	171.3	171.2	0.1	0.2	198.4	198.4	0.0	0.0	155.5	155.4	0.1	0.6
V - Bicol	177.5	176.9	0.3	0.5	189.6	189.6	0.0	0.1	156.9	156.5	0.3	0.5
VI - Western Visayas	163.1	162.9	0.1	0.1	177.0	177.0	0.0	0.2	169.1	170.6	-0.9	0.1
VII - Central Visayas	193.1	191.4	0.9	0.0	187.4	187.3	0.1	0.0	157.8	157.8	0.0	-0.6
VIII - Eastern Visayas	208.8	208.7	0.0	0.1	184.0	184.0	0.0	0.1	171.1	168.6	1.5	-1.6
IX - Zamboanga Peninsula	204.1	203.7	0.2	0.0	217.3	217.2	0.0	0.1	198.9	198.8	0.1	0.5
X - Northern Mindanao	176.6	176.3	0.2	0.2	196.9	196.7	0.1	-0.1	180.9	183.0	-1.1	0.0
XI - Davao	204.4	204.2	0.1	0.5	186.3	186.3	0.0	0.1	182.3	181.0	0.7	1.1
XII - SOCCSKSARGEN	183.2	183.1	0.1	0.3	184.3	184.1	0.1	0.1	156.8	156.8	0.0	1.2
XIII - Caraga	180.4	181.0	-0.3	0.1	189.6	189.2	0.2	0.2	163.5	163.6	-0.1	0.1
ARMM - Autonomous Region in Muslim Mindanao	204.4	203.9	0.2	0.8	200.5	200.0	0.3	0.5	198.7	197.6	0.6	0.8

Table 9 (continued)

Area and Region	F i s h				Fruits and Vegetables				M e a t			
	Oct		Percent Change		Oct		Percent Change		Oct		Percent Change	
	Oct	Sep	Current	Previous	Oct	Sep	Current	Previous	Oct	Sep	Current	Previous
Philippines	163.7	163.4	0.2	0.1	154.9	155.4	-0.3	-0.6	160.2	160.8	-0.4	-0.9
National Capital Region (NCR)	136.8	135.3	1.1	0.1	131.0	126.0	4.0	-1.6	154.7	155.2	-0.3	-1.6
Areas Outside NCR	170.5	170.6	-0.1	0.2	163.5	166.0	-1.5	-0.2	162.6	163.3	-0.4	-0.5
CAR - Cordillera Administrative Region	146.6	146.1	0.3	2.2	163.0	163.3	-0.2	-0.4	156.8	157.2	-0.3	0.1
I - Ilocos	153.2	152.9	0.2	-0.1	133.0	136.6	-2.6	-2.4	169.6	169.7	-0.1	-0.4
II - Cagayan Valley	168.1	167.3	0.5	0.5	154.9	157.7	-1.8	0.0	163.4	163.9	-0.3	0.2
III - Central Luzon	145.7	147.5	-1.2	0.5	145.8	150.4	-3.1	-1.8	160.3	161.1	-0.5	-1.2
IV-a - Calabarzon	174.6	174.4	0.1	0.8	142.3	147.2	-3.3	0.3	156.8	158.5	-1.1	-0.6
IV-b - Mimaropa	157.7	158.6	-0.6	-0.3	148.5	147.4	0.7	-1.1	170.2	170.7	-0.3	-0.2
V - Bicol	164.6	162.9	1.0	0.8	153.6	153.8	-0.1	0.3	166.5	166.9	-0.2	-0.7
VI - Western Visayas	170.7	171.9	-0.7	-0.4	173.6	175.7	-1.2	0.9	152.3	152.3	0.0	-0.7
VII - Central Visayas	184.6	184.5	0.1	-0.5	210.5	210.8	-0.1	-0.9	162.1	162.1	0.0	-0.3
VIII - Eastern Visayas	171.9	172.2	-0.2	-0.3	173.7	174.2	-0.3	0.6	163.5	163.5	0.0	0.3
IX - Zamboanga Peninsula	162.6	161.6	0.6	-0.2	181.9	184.6	-1.5	1.3	167.0	167.7	-0.4	-0.3
X - Northern Mindanao	185.9	187.0	-0.6	-0.1	180.8	183.1	-1.3	0.2	170.6	170.5	0.1	-0.4
XI - Davao	186.8	187.1	-0.2	0.5	182.2	183.1	-0.5	0.1	167.6	168.8	-0.7	-0.5
XII - SOCCSKSARGEN	176.6	176.2	0.2	0.1	171.8	174.1	-1.3	0.5	177.3	177.6	-0.2	0.2
XIII - Caraga	197.9	198.4	-0.3	-1.1	181.7	183.3	-0.9	0.1	179.6	177.7	1.1	0.1
ARMM - Autonomous Region in Muslim Mindanao	204.1	203.6	0.2	1.2	226.9	226.6	0.1	0.3	204.8	203.1	0.8	0.0

Table 9 (concluded)

Area and Region	Miscellaneous Foods				Meals Eaten Outside			
	Oct		Percent Change		Oct		Percent Change	
	Oct	Sep	Current	Previous	Oct	Sep	Current	Previous
Philippines	165.1	165.0	0.1	0.5	150.7	150.7	0.0	0.1
National Capital Region (NCR)	155.8	155.7	0.1	0.1	145.6	145.6	0.0	0.0
Areas Outside NCR	169.3	169.1	0.1	0.6	153.8	153.8	0.0	0.1
CAR - Cordillera Administrative Region	160.0	159.3	0.4	1.1	127.1	127.1	0.0	0.1
I - Ilocos	165.8	165.9	-0.1	0.8	144.7	144.7	0.0	0.0
II - Cagayan Valley	182.7	182.1	0.3	1.1	198.8	198.8	0.0	1.0
III - Central Luzon	167.9	168.2	-0.2	0.2	149.0	149.0	0.0	0.4
IV-a - Calabarzon	153.7	153.5	0.1	0.5	148.1	148.1	0.0	0.0
IV-b - Mimaropa	172.2	170.8	0.8	1.2	148.9	148.9	0.0	0.0
V - Bicol	184.9	184.6	0.2	0.9	173.2	173.0	0.1	0.8
VI - Western Visayas	168.1	168.0	0.1	0.4	149.0	148.8	0.1	0.0
VII - Central Visayas	180.5	178.7	1.0	0.2	173.5	173.5	0.0	0.0
VIII - Eastern Visayas	174.7	174.8	-0.1	1.4	161.0	161.0	0.0	0.0
IX - Zamboanga Peninsula	181.2	181.5	-0.2	0.6	151.4	151.4	0.0	0.0
X - Northern Mindanao	174.7	175.2	-0.3	1.2	150.6	150.5	0.1	0.5
XI - Davao	184.8	184.8	0.0	0.4	149.9	149.9	0.0	0.1
XII - SOCCSKSARGEN	179.2	178.3	0.5	1.0	158.7	158.7	0.0	0.0
XIII - Caraga	187.2	188.2	-0.5	0.8	183.4	183.4	0.0	0.0
ARMM - Autonomous Region in Muslim Mindanao	203.6	203.6	0.0	1.0	214.5	214.5	0.0	0.0

Source: Economic Indices and Indicators Division
Industry and Trade Statistics Department
National Statistics Office
Republic of the Philippines