

**Table 9. Regional Month-on-Month Inflation Rates of Selected Food Items, November and October 2010**  
(2000 = 100)

| Area and Region                             | Cereals      |              |             |                         | Rice         |              |             |                         | Corn         |              |             |                         |
|---|--------------|--------------|-------------|-------------------------|--------------|--------------|-------------|-------------------------|--------------|--------------|-------------|-------------------------|
|   | Nov          | Oct          | Current     | Percent Change Previous | Nov          | Oct          | Current     | Percent Change Previous | Nov          | Oct          | Current     | Percent Change Previous |
| <b>Philippines</b>                          | <b>172.5</b> | <b>173.0</b> | <b>-0.3</b> | <b>-0.5</b>             | <b>172.8</b> | <b>173.2</b> | <b>-0.2</b> | <b>-0.5</b>             | <b>169.1</b> | <b>169.9</b> | <b>-0.5</b> | <b>-0.5</b>             |
| National Capital Region (NCR)               | 160.0        | 158.7        | 0.8         | 0.0                     | 160.0        | 158.7        | 0.8         | 0.0                     | 159.9        | 160.2        | -0.2        | 0.0                     |
| Areas Outside NCR                           | 174.3        | 175.0        | -0.4        | -0.6                    | 174.8        | 175.5        | -0.4        | -0.6                    | 169.3        | 170.1        | -0.5        | -0.5                    |
| CAR - Cordillera Administrative Region      | 175.8        | 176.1        | -0.2        | -0.5                    | 176.2        | 176.5        | -0.2        | -0.5                    | 148.6        | 147.6        | 0.7         | -0.3                    |
| I - Ilocos                                  | 175.4        | 175.4        | 0.0         | -0.3                    | 175.7        | 175.7        | 0.0         | -0.3                    | 152.7        | 152.7        | 0.0         | 0.0                     |
| II - Cagayan Valley                         | 184.3        | 182.4        | 1.0         | -0.1                    | 184.8        | 183.6        | 0.7         | -0.3                    | 173.1        | 156.2        | 10.8        | 5.8                     |
| III - Central Luzon                         | 165.1        | 166.3        | -0.7        | -0.4                    | 164.5        | 165.7        | -0.7        | -0.4                    | 204.9        | 209.8        | -2.3        | 0.1                     |
| IV-a - Calabarzon                           | 166.2        | 166.3        | -0.1        | -0.2                    | 166.3        | 166.4        | -0.1        | -0.2                    | 155.9        | 154.8        | 0.7         | 0.4                     |
| IV-b - Mimaropa                             | 178.9        | 180.7        | -1.0        | -0.6                    | 178.7        | 180.5        | -1.0        | -0.6                    | 203.4        | 206.4        | -1.5        | 2.1                     |
| V - Bicol                                   | 169.5        | 170.3        | -0.5        | -0.4                    | 171.7        | 172.1        | -0.2        | -0.4                    | 146.1        | 150.7        | -3.1        | 0.1                     |
| VI - Western Visayas                        | 170.9        | 171.7        | -0.5        | -0.6                    | 171.8        | 172.6        | -0.5        | -0.6                    | 154.2        | 154.6        | -0.3        | -1.0                    |
| VII - Central Visayas                       | 182.4        | 182.1        | 0.2         | -0.1                    | 182.5        | 181.7        | 0.4         | 0.1                     | 182.1        | 183.0        | -0.5        | -0.3                    |
| VIII - Eastern Visayas                      | 194.6        | 196.0        | -0.7        | 0.3                     | 196.8        | 198.2        | -0.7        | 0.3                     | 154.9        | 155.0        | -0.1        | 0.4                     |
| IX - Zamboanga Peninsula                    | 165.5        | 168.4        | -1.7        | -0.8                    | 167.8        | 171.4        | -2.1        | -0.8                    | 160.4        | 161.5        | -0.7        | -1.0                    |
| X - Northern Mindanao                       | 169.7        | 172.2        | -1.5        | -0.7                    | 170.9        | 173.7        | -1.6        | -0.2                    | 166.7        | 168.5        | -1.1        | -2.0                    |
| XI - Davao                                  | 176.4        | 175.7        | 0.4         | -0.7                    | 178.9        | 178.1        | 0.4         | -0.7                    | 167.4        | 167.2        | 0.1         | -0.4                    |
| XII - SOCCSKSARGEN                          | 170.9        | 173.0        | -1.2        | -2.9                    | 170.5        | 172.9        | -1.4        | -3.1                    | 175.0        | 173.8        | 0.7         | -1.0                    |
| XIII - Caraga                               | 180.9        | 181.1r       | -0.1        | 0.1                     | 182.4        | 182.5        | -0.1        | 0.1                     | 167.2        | 168.5        | -0.8        | 1.1                     |
| ARMM - Autonomous Region in Muslim Mindanao | 193.3        | 193.9        | -0.3        | -2.3                    | 192.1        | 192.7        | -0.3        | -2.3                    | 249.0        | 249.3        | -0.1        | -0.6                    |

Table 9. (Continued)

| Area and Region                             | Cereal Preparations |              |            |                         | Dairy Products |              |            |                         | Eggs         |              |            |                         |
|---|---------------------|--------------|------------|-------------------------|----------------|--------------|------------|-------------------------|--------------|--------------|------------|-------------------------|
|   | Nov                 | Oct          | Current    | Percent Change Previous | Nov            | Oct          | Current    | Percent Change Previous | Nov          | Oct          | Current    | Percent Change Previous |
| <b>Philippines</b>                          | <b>189.5</b>        | <b>189.2</b> | <b>0.2</b> | <b>0.2</b>              | <b>196.0</b>   | <b>195.9</b> | <b>0.1</b> | <b>0.1</b>              | <b>158.9</b> | <b>158.6</b> | <b>0.2</b> | <b>-0.3</b>             |
| National Capital Region (NCR)               | 201.9               | 201.8        | 0.0        | 0.0                     | 191.5          | 191.4        | 0.1        | 0.1                     | 157.0        | 157.1        | -0.1       | -0.7                    |
| Areas Outside NCR                           | 185.2               | 184.8        | 0.2        | 0.2                     | 197.8          | 197.7        | 0.1        | 0.1                     | 159.5        | 159.0        | 0.3        | -0.1                    |
| CAR - Cordillera Administrative Region      | 162.6               | 162.4        | 0.1        | 0.0                     | 215.4          | 215.4        | 0.0        | 0.0                     | 141.0        | 140.9        | 0.1        | 0.1                     |
| I - Ilocos                                  | 224.2               | 224.0        | 0.1        | 0.0                     | 216.9          | 216.7        | 0.1        | 0.0                     | 153.2        | 153.1        | 0.1        | -0.3                    |
| II - Cagayan Valley                         | 163.0               | 161.6        | 0.9        | 0.0                     | 189.4          | 189.1        | 0.2        | 0.0                     | 159.5        | 157.2        | 1.5        | -0.4                    |
| III - Central Luzon                         | 177.9               | 177.8        | 0.1        | 0.2                     | 211.7          | 211.5        | 0.1        | 0.1                     | 145.4        | 145.3        | 0.1        | -0.5                    |
| IV-a - Calabarzon                           | 184.5               | 184.2        | 0.2        | 0.3                     | 202.8          | 202.7        | 0.0        | 0.2                     | 147.9        | 147.8        | 0.1        | 0.1                     |
| IV-b - Mimaropa                             | 171.6               | 171.3        | 0.2        | 0.1                     | 198.4          | 198.4        | 0.0        | 0.0                     | 156.3        | 155.5        | 0.5        | 0.1                     |
| V - Bicol                                   | 178.3               | 177.5        | 0.5        | 0.3                     | 189.8          | 189.6        | 0.1        | 0.0                     | 157.6        | 156.9        | 0.4        | 0.3                     |
| VI - Western Visayas                        | 163.4               | 163.1        | 0.2        | 0.1                     | 177.1          | 177.0        | 0.1        | 0.0                     | 169.1        | 169.1        | 0.0        | -0.9                    |
| VII - Central Visayas                       | 193.1               | 193.1        | 0.0        | 0.9                     | 187.5          | 187.4        | 0.1        | 0.1                     | 158.7        | 157.8        | 0.6        | 0.0                     |
| VIII - Eastern Visayas                      | 209.1               | 208.8        | 0.1        | 0.0                     | 184.0          | 184.0        | 0.0        | 0.0                     | 173.4        | 171.1        | 1.3        | 1.5                     |
| IX - Zamboanga Peninsula                    | 204.1               | 204.1        | 0.0        | 0.2                     | 217.3          | 217.3        | 0.0        | 0.0                     | 199.0        | 198.9        | 0.1        | 0.1                     |
| X - Northern Mindanao                       | 177.3               | 176.6        | 0.4        | 0.2                     | 197.0          | 196.9        | 0.1        | 0.1                     | 181.6        | 180.9        | 0.4        | -1.1                    |
| XI - Davao                                  | 204.8               | 204.4        | 0.2        | 0.1                     | 186.7          | 186.3        | 0.2        | 0.0                     | 182.6        | 182.3        | 0.2        | 0.7                     |
| XII - SOCCSKSARGEN                          | 184.2               | 183.2        | 0.5        | 0.1                     | 184.3          | 184.3        | 0.0        | 0.1                     | 157.4        | 156.8        | 0.4        | 0.0                     |
| XIII - Caraga                               | 180.7               | 180.4        | 0.2        | -0.3                    | 189.6          | 189.6        | 0.0        | 0.2                     | 164.2        | 163.5        | 0.4        | -0.1                    |
| ARMM - Autonomous Region in Muslim Mindanao | 205.0               | 204.4        | 0.3        | 0.2                     | 201.1          | 200.5        | 0.3        | 0.3                     | 198.8        | 198.7        | 0.1        | 0.6                     |

Table 9 (continued)