

Table 10. Regional Year-on-Year Inflation Rates of Selected Food Items, November and October 2010 and 2009
(2000 = 100)

Area/Region	C e r e a l s						R i c e					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
Philippines	172.5	173.0	171.3	170.6	0.7	1.4	172.8	173.2	171.4	170.8	0.8	1.4
National Capital Region (NCR)	160.0	158.7	158.6	158.9	0.9	-0.1	160.0	158.7	158.8	159.1	0.8	-0.3
Areas Outside NCR	174.3	175.0	173.1	172.3	0.7	1.6	174.8	175.5	173.3	172.6	0.9	1.7
CAR - Cordillera Administrative Region	175.8	176.1	174.7	174.9	0.6	0.7	176.2	176.5	175.2	175.4	0.6	0.6
I - Ilocos	175.4	175.4	178.2	175.6	-1.6	-0.1	175.7	175.7	178.5	175.9	-1.6	-0.1
II - Cagayan Valley	184.3	182.4	185.2	185.7	-0.5	-1.8	184.8	183.6	187.1	187.7	-1.2	-2.2
III - Central Luzon	165.1	166.3	167.6	167.8	-1.5	-0.9	164.5	165.7	166.9	167.1	-1.4	-0.8
IV-a - Calabarzon	166.2	166.3	164.6	163.1	1.0	2.0	166.3	166.4	164.9	163.4	0.8	1.8
IV-b - Mimaropa	178.9	180.7	174.6	175.3	2.5	3.1	178.7	180.5	174.5	175.2	2.4	3.0
V - Bicol	169.5	170.3	171.8	169.6	-1.3	0.4	171.7	172.1	173.2	171.1	-0.9	0.6
VI - Western Visayas	170.9	171.7	166.5	166.4	2.6	3.2	171.8	172.6	167.3	167.1	2.7	3.3
VII - Central Visayas	182.4	182.1	178.4	177.8	2.2	2.4	182.5	181.7	177.0	176.7	3.1	2.8
VIII - Eastern Visayas	194.6	196.0	194.8	195.4	-0.1	0.3	196.8	198.2	196.9	197.5	-0.1	0.4
IX - Zamboanga Peninsula	165.5	168.4	168.4	165.8	-1.7	1.6	167.8	171.4	170.7	168.2	-1.7	1.9
X - Northern Mindanao	169.7	172.2	171.1	171.1	-0.8	0.6	170.9	173.7	168.8	168.6	1.2	3.0
XI - Davao	176.4	175.7	171.2	171.6	3.0	2.4	178.9	178.1	172.5	173.6	3.7	2.6
XII - SOCCSKSARGEN	170.9	173.0	165.4	163.7	3.3	5.7	170.5	172.9	164.4	162.9	3.7	6.1
XIII - Caraga	180.9	181.1r	177.1	176.8	2.1	2.4r	182.4	182.5	177.8	177.7	2.6	2.7
ARMM - Autonomous Region in Muslim Mindanao	193.3	193.9	187.5	184.5	3.1	5.1	192.1	192.7	186.5	183.4	3.0	5.1

Table 10 (continued)

Area and Region	C o r n						Cereal Preparations					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
Philippines	169.1	169.9r	170.5	169.1	-0.8	0.5r	189.5	189.2	184.3	183.9	2.8	2.9
National Capital Region (NCR)	159.9	160.2	144.8	143.5	10.4	11.6	201.9	201.8	198.1	197.8	1.9	2.0
Areas Outside NCR	169.3	170.1r	171.0	169.6	-1.0	0.3r	185.2	184.8	179.5	179.1	3.2	3.2
CAR - Cordillera Administrative Region	148.6	147.6	144.8	143.5	2.6	2.9	162.6	162.4	160.2	159.5	1.5	1.8
I - Ilocos	152.7	152.7	155.7	155.4	-1.9	-1.7	224.2	224.0	221.3	221.0	1.3	1.4
II - Cagayan Valley	173.1	156.2	143.4	143.2	20.7	9.1	163.0	161.6	160.2	160.0	1.7	1.0
III - Central Luzon	204.9	209.8	219.0	215.0	-6.4	-2.4	177.9	177.8	173.4	173.3	2.6	2.6
IV-a - Calabarzon	155.9	154.8	140.0	138.9	11.4	11.4	184.5	184.2	175.5	174.6	5.1	5.5
IV-b - Mimaropa	203.4	206.4	188.7	185.7	7.8	11.1	171.6	171.3	167.3	167.1	2.6	2.5
V - Bicol	146.1	150.7	156.9	153.0	-6.9	-1.5	178.3	177.5	171.7	171.5	3.8	3.5
VI - Western Visayas	154.2	154.6	152.0	152.6	1.4	1.3	163.4	163.1	158.9	158.8	2.8	2.7
VII - Central Visayas	182.1	183.0	181.2	180.0	0.5	1.7	193.1	193.1	190.4	190.2	1.4	1.5
VIII - Eastern Visayas	154.9	155.0	156.6	156.2	-1.1	-0.8	209.1	208.8	206.2	206.0	1.4	1.4
IX - Zamboanga Peninsula	160.4	161.5	163.0	160.3	-1.6	0.7	204.1	204.1	200.6	200.4	1.7	1.8
X - Northern Mindanao	166.7	168.5	176.6	177.3	-5.6	-5.0	177.3	176.6	172.8	172.2	2.6	2.6
XI - Davao	167.4	167.2	166.6	164.4	0.5	1.7	204.8	204.4	195.7	194.7	4.6	5.0
XII - SOCCSKSARGEN	175.0	173.8	174.4	171.6	0.3	1.3	184.2	183.2	180.6	179.3	2.0	2.2
XIII - Caraga	167.2	168.5r	170.3	168.4	-1.8	0.1r	180.7	180.4	175.8	175.6	2.8	2.7
ARMM - Autonomous Region in Muslim Mindanao	249.0	249.3	235.9	235.8	5.6	5.7	205.0	204.4	190.9	189.2	7.4	8.0

Table 10 (continued)

Area and Region	Dairy Products						E g g s					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
Philippines	196.0	195.9	193.2	192.9	1.4	1.6	158.9	158.6	154.7	153.9	2.7	3.1
0												
National Capital Region (NCR)	191.5	191.4	188.9	188.9	1.4	1.3	157.0	157.1	153.0	152.5	2.6	3.0
Areas Outside NCR	197.8	197.7	194.9	194.6	1.5	1.6	159.5	159.0	155.2	154.3	2.8	3.0
CAR - Cordillera Administrative Region	215.4	215.4	214.2	213.4	0.6	0.9	141.0	140.9	139.9	136.3	0.8	3.4
I - Ilocos	216.9	216.7	215.3	215.2	0.7	0.7	153.2	153.1	152.4	151.5	0.5	1.1
II - Cagayan Valley	189.4	189.1	185.2	184.4	2.3	2.5	159.5	157.2	155.3	154.6	2.7	1.7
III - Central Luzon	211.7	211.5	208.9	208.8	1.3	1.3	145.4	145.3	142.5	142.0	2.0	2.3
IV-a - Calabarzon	202.8	202.7	196.9	196.7	3.0	3.1	147.9	147.8	145.0	144.6	2.0	2.2
IV-b - Mimaropa	198.4	198.4	195.8	195.4	1.3	1.5	156.3	155.5	155.6	154.7	0.4	0.5
V - Bicol	189.8	189.6	187.4	187.3	1.3	1.2	157.6	156.9	149.8	149.1	5.2	5.2
VI - Western Visayas	177.1	177.0	176.2	176.2	0.5	0.5	169.1	169.1	164.1	161.5	3.0	4.7
VII - Central Visayas	187.5	187.4	186.8	186.8	0.4	0.3	158.7	157.8	155.4	154.2	2.1	2.3
VIII - Eastern Visayas	184.0	184.0	183.6	183.2	0.2	0.4	173.4	171.1	169.9	170.1	2.1	0.6
IX - Zamboanga Peninsula	217.3	217.3	216.3	216.1	0.5	0.6	199.0	198.9	195.3	193.3	1.9	2.9
X - Northern Mindanao	197.0	196.9	194.1	193.9	1.5	1.5	181.6	180.9	176.9	176.0	2.7	2.8
XI - Davao	186.7	186.3	182.1	181.2	2.5	2.8	182.6	182.3	170.6	169.3	7.0	7.7
XII - SOCCSKSARGEN	184.3	184.3	182.5	182.1	1.0	1.2	157.4	156.8	151.2	150.2	4.1	4.4
XIII - Caraga	189.6	189.6	186.2	186.2	1.8	1.8	164.2	163.5	159.2	158.4	3.1	3.2
ARMM - Autonomous Region in Muslim Mindanao	201.1	200.5	196.7	195.7	2.2	2.5	198.8	198.7	186.6	186.4	6.5	6.6

Table 10 (continued)

Area and Region	F i s h						Fruits and Vegetables					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
Philippines	164.8	163.7	161.1	160.5	2.3	2.0	163.4	154.9	173.2	167.4	-5.7	-7.5
National Capital Region (NCR)	138.2	136.8	133.4	133.9	3.6	2.2	139.8	131.0	153.5	164.5	-8.9	-20.4
Areas Outside NCR	171.6	170.5	168.1	167.3	2.1	1.9	171.8	163.5	180.3	168.4	-4.7	-2.9
CAR - Cordillera Administrative Region	149.4	146.6	137.6	135.7	8.6	8.0	178.6	163.0	192.6	178.5	-7.3	-8.7
I - Ilocos	153.9	153.2	155.4	154.0	-1.0	-0.5	154.3	133.0	185.7	145.7	-16.9	-8.7
II - Cagayan Valley	173.1	168.1	158.4	157.5	9.3	6.7	188.9	154.9	191.8	170.2	-1.5	-9.0
III - Central Luzon	146.4	145.7	146.5	146.4	-0.1	-0.5	157.4	145.8	181.0	163.1	-13.0	-10.6
IV-a - Calabarzon	176.6	174.6	167.1	168.5	5.7	3.6	151.2	142.3	175.3	159.8	-13.7	-11.0
IV-b - Mimaropa	160.6	157.7	164.2	160.3	-2.2	-1.6	154.6	148.5	166.0	158.3	-6.9	-6.2
V - Bicol	164.5	164.6	161.3	159.1	2.0	3.5	155.7	153.6	159.7	151.7	-2.5	1.3
VI - Western Visayas	171.4	170.7	173.9	173.8	-1.4	-1.8	175.7	173.6	173.3	170.4	1.4	1.9
VII - Central Visayas	183.7	184.6	185.0	183.9	-0.7	0.4	215.9	210.5	207.8	202.8	3.9	3.8
VIII - Eastern Visayas	171.8	171.9	167.6	166.6	2.5	3.2	174.8	173.7	171.9	170.7	1.7	1.8
IX - Zamboanga Peninsula	164.5	162.6	163.8	161.1	0.4	0.9	183.9	181.9	178.7	170.7	2.9	6.6
X - Northern Mindanao	187.3	185.9	181.7	179.6	3.1	3.5	184.4	180.8	178.8	174.0	3.1	3.9
XI - Davao	189.3	186.8	185.0	183.0	2.3	2.1	183.0	182.2	176.2	171.7	3.9	6.1
XII - SOCCSKSARGEN	178.4	176.6	170.4	169.1	4.7	4.4	174.4	171.8	168.9	169.0	3.3	1.7
XIII - Caraga	198.0	197.9	194.1	196.2	2.0	0.9	184.5	181.7	176.9	173.9	4.3	4.5
ARMM - Autonomous Region in Muslim Mindanao	204.4	204.1	198.4	196.7	3.0	3.8	227.7	226.9	220.8	217.7	3.1	4.2

Table 10 (continued)

Area and Region	M e a t						Miscellaneous Foods					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
Philippines	161.1	160.2	158.6	156.4	1.6	2.4	165.9	165.1	154.8	154.2	7.2	7.1
National Capital Region (NCR)	157.5	154.7	158.5	155.0	-0.6	-0.2	156.1	155.8	150.2	150.5	3.9	3.5
Areas Outside NCR	162.7	162.6	158.6	157.0	2.6	3.6	170.3	169.3	156.8	155.9	8.6	8.6
CAR - Cordillera Administrative Region	156.8	156.8	155.5	154.0	0.8	1.8	160.0	160.0	146.6	145.5	9.1	10.0
I - Ilocos	168.8	169.6	164.3	163.1	2.7	4.0	166.0	165.8	158.2	157.3	4.9	5.4
II - Cagayan Valley	163.3	163.4	158.2	157.3	3.2	3.9	190.3	182.7	169.9	169.7	12.0	7.7
III - Central Luzon	161.3	160.3	161.7	158.2	-0.2	1.3	168.7	167.9	158.4	156.7	6.5	7.1
IV-a - Calabarzon	156.9	156.8	153.8	152.6	2.0	2.8	154.5	153.7	143.8	143.5	7.4	7.1
IV-b - Mimaropa	170.6	170.2	162.8	161.8	4.8	5.2	174.3	172.2	152.6	151.5	14.2	13.7
V - Bicol	165.5	166.5	162.9	161.9	1.6	2.8	186.1	184.9	165.4	163.6	12.5	13.0
VI - Western Visayas	153.7	152.3	150.1	150.1	2.4	1.5	168.9	168.1	155.8	154.6	8.4	8.7
VII - Central Visayas	161.4	162.1	156.0	155.6	3.5	4.2	180.7	180.5	170.1	169.2	6.2	6.7
VIII - Eastern Visayas	163.2	163.5	154.8	154.5	5.4	5.8	176.3	174.7	159.2	158.1	10.7	10.5
IX - Zamboanga Peninsula	167.7	167.0	157.2	155.8	6.7	7.2	182.0	181.2	164.4	162.9	10.7	11.2
X - Northern Mindanao	169.0	170.6	161.8	160.9	4.4	6.0	177.0	174.7	155.6	155.0	13.8	12.7
XI - Davao	167.4	167.6	160.0	157.4	4.6	6.5	185.4	184.8	168.7	167.5	9.9	10.3
XII - SOCCSKSARGEN	177.3	177.3	165.4	163.2	7.2	8.6	179.3	179.2	160.2	160.2	11.9	11.9
XIII - Caraga	179.0	179.6	167.2	165.5	7.1	8.5	189.6	187.2	168.6	167.2	12.5	12.0
ARMM - Autonomous Region in Muslim Mindanao	205.3	204.8	186.4	184.1	10.1	11.2	204.8	203.6	185.6	184.2	10.3	10.5

Table 10 (concluded)

Area and Region	Meals Eaten Outside					
	2010		2009		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous
Philippines	150.8	150.7	147.7	147.2	2.1	2.4
National Capital Region (NCR)	145.6	145.6	143.4	143.4	1.5	1.5
Areas Outside NCR	153.9	153.8	150.2	149.5	2.5	2.9
CAR - Cordillera Administrative Region	127.1	127.1	124.2	122.6	2.3	3.7
I - Ilocos	144.7	144.7	143.9	143.6	0.6	0.8
II - Cagayan Valley	198.8	198.8	195.6	195.6	1.6	1.6
III - Central Luzon	149.2	149.0	146.2	144.8	2.1	2.9
IV-a - Calabarzon	148.1	148.1	142.6	142.3	3.9	4.1
IV-b - Mimaropa	148.9	148.9	148.4	148.1	0.3	0.5
V - Bicol	173.2	173.2	169.0	167.2	2.5	3.6
VI - Western Visayas	149.0	149.0	145.7	143.8	2.3	3.6
VII - Central Visayas	173.5	173.5	173.4	173.4	0.1	0.1
VIII - Eastern Visayas	161.0	161.0	161.0	161.0	0.0	0.0
IX - Zamboanga Peninsula	151.4	151.4	151.2	151.2	0.1	0.1
X - Northern Mindanao	151.8	150.6	144.0	143.6	5.4	4.9
XI - Davao	150.1	149.9	145.9	145.9	2.9	2.7
XII - SOCCSKSARGEN	158.9	158.7	155.6	154.6	2.1	2.7
XIII - Caraga	183.7	183.4	180.4	180.4	1.8	1.7
ARMM - Autonomous Region in Muslim Mindanao	214.5	214.5	211.0	210.5	1.7	1.9

Source: Economic Indices and Indicators Division
Industry and Trade Statistics Department
National Statistics Office
Republic of the Philippines