

Table 10. Regional Year-on-Year Inflation Rates of Selected Food Items, December and November 2010 and 2009
(2000 = 100)

Area/Region	C e r e a l s						R i c e					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Dec	Nov	Dec	Nov	Current	Previous	Dec	Nov	Dec	Nov	Current	Previous
Philippines	172.4	172.5	171.3	171.3	0.6	0.7	172.7	172.8	171.3	171.4	0.8	0.8
National Capital Region (NCR)	159.8	160.0	158.9	158.6	0.6	0.9	159.8	160.0	159.0	158.8	0.5	0.8
Areas Outside NCR	174.2	174.3	173.1	173.1	0.6	0.7	174.7	174.8	173.2	173.3	0.9	0.9
CAR - Cordillera Administrative Region	176.3	175.8	174.3	174.7	1.1	0.6	176.7	176.2	174.7	175.2	1.1	0.6
I - Ilocos	174.7	175.4	174.2	178.2	0.3	-1.6	175.0	175.7	174.4	178.5	0.3	-1.6
II - Cagayan Valley	184.7	184.3	180.1	185.2	2.6	-0.5	185.1	184.8	181.8	187.1	1.8	-1.2
III - Central Luzon	164.5	165.1	167.0	167.6	-1.5	-1.5	164.0	164.5	166.3	166.9	-1.4	-1.4
IV-a - Calabarzon	166.2	166.2	165.3	164.6	0.5	1.0	166.3	166.3	165.5	164.9	0.5	0.8
IV-b - Mimaropa	179.5	178.9	172.9	174.6	3.8	2.5	179.3	178.7	172.8	174.5	3.8	2.4
V - Bicol	169.0	169.5	170.3	171.8	-0.8	-1.3	171.3	171.7	171.5	173.2	-0.1	-0.9
VI - Western Visayas	170.8	170.9	167.9	166.5	1.7	2.6	171.8	171.8	168.7	167.3	1.8	2.7
VII - Central Visayas	182.0	182.4	178.6	178.4	1.9	2.2	182.0	182.5	177.3	177.0	2.7	3.1
VIII - Eastern Visayas	195.8	194.6	194.5	194.8	0.7	-0.1	198.0	196.8	196.6	196.9	0.7	-0.1
IX - Zamboanga Peninsula	163.5	165.5	168.6	168.4	-3.0	-1.7	165.3	167.8	169.5	170.7	-2.5	-1.7
X - Northern Mindanao	171.0	169.7	172.9	171.1	-1.1	-0.8	172.0	170.9	170.7	168.8	0.8	1.2
XI - Davao	175.7	176.4	173.1	171.2	1.5	3.0	177.3	178.9	173.9	172.5	2.0	3.7
XII - SOCCSKSARGEN	171.9	170.9	167.0	165.4	2.9	3.3	171.0	170.5	166.1	164.4	3.0	3.7
XIII - Caraga	181.0	180.9	177.3	177.1	2.1	2.1	182.5	182.4	178.0	177.8	2.5	2.6
ARMM - Autonomous Region in Muslim Mindanao	193.1	193.3	192.9	187.5	0.1	3.1	191.8	192.1	191.8	186.5	0.0	3.0

Table 10 (continued)

Area and Region	C o r n						Cereal Preparations					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Dec	Nov	Dec	Nov	Current	Previous	Dec	Nov	Dec	Nov	Current	Previous
Philippines	169.8	169.1	172.1	170.5	-1.3	-0.8	190.4	189.5	184.5	184.3	3.2	2.8
National Capital Region (NCR)	159.7	159.9	151.4	144.8	5.5	10.4	202.2	201.9	198.3	198.1	2.0	1.9
Areas Outside NCR	170.0	169.3	172.5	171.0	-1.4	-1.0	186.3	185.2	179.7	179.5	3.7	3.2
CAR - Cordillera Administrative Region	148.8	148.6	145.8	144.8	2.1	2.6	163.5	162.6	160.5	160.2	1.9	1.5
I - Ilocos	152.2	152.7	155.8	155.7	-2.3	-1.9	224.4	224.2	221.4	221.3	1.4	1.3
II - Cagayan Valley	176.9	173.1	143.9	143.4	22.9	20.7	163.3	163.0	159.9	160.2	2.1	1.7
III - Central Luzon	201.4	204.9	220.9	219.0	-8.8	-6.4	178.1	177.9	173.4	173.4	2.7	2.6
IV-a - Calabarzon	156.6	155.9	141.8	140.0	10.4	11.4	185.1	184.5	175.5	175.5	5.5	5.1
IV-b - Mimaropa	204.4	203.4	188.7	188.7	8.3	7.8	171.8	171.6	167.7	167.3	2.4	2.6
V - Bicol	144.3	146.1	156.9	156.9	-8.0	-6.9	179.4	178.3	172.1	171.7	4.2	3.8
VI - Western Visayas	153.0	154.2	153.7	152.0	-0.5	1.4	168.4	163.4	158.8	158.9	6.0	2.8
VII - Central Visayas	182.1	182.1	181.3	181.2	0.4	0.5	194.2	193.1	190.5	190.4	1.9	1.4
VIII - Eastern Visayas	154.8	154.9	155.6	156.6	-0.5	-1.1	209.1	209.1	207.1	206.2	1.0	1.4
IX - Zamboanga Peninsula	159.4	160.4	166.5	163.0	-4.3	-1.6	207.8	204.1	200.9	200.6	3.4	1.7
X - Northern Mindanao	168.5	166.7	178.1	176.6	-5.4	-5.6	177.9	177.3	172.9	172.8	2.9	2.6
XI - Davao	170.2	167.4	170.3	166.6	-0.1	0.5	205.7	204.8	195.9	195.7	5.0	4.6
XII - SOCCSKSARGEN	180.0	175.0	175.5	174.4	2.6	0.3	184.9	184.2	180.9	180.6	2.2	2.0
XIII - Caraga	167.6	167.2	171.1	170.3	-2.0	-1.8	181.1	180.7	175.9	175.8	3.0	2.8
ARMM - Autonomous Region in Muslim Mindanao	252.3	249.0	245.0	235.9	3.0	5.6	205.2	205.0	191.9	190.9	6.9	7.4

Table 10 (continued)

Area and Region	Dairy Products						E g g s					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Dec	Nov	Dec	Nov	Current	Previous	Dec	Nov	Dec	Nov	Current	Previous
Philippines	196.3	196.0	193.5	193.2	1.4	1.4	159.3	158.9	155.3	154.7	2.6	2.7
National Capital Region (NCR)	191.7	191.5	188.9	188.9	1.5	1.4	157.4	157.0	154.0	153.0	2.2	2.6
Areas Outside NCR	198.2	197.8	195.4	194.9	1.4	1.5	159.9	159.5	155.7	155.2	2.7	2.8
CAR - Cordillera Administrative Region	215.5	215.4	214.5	214.2	0.5	0.6	140.9	141.0	139.3	139.9	1.1	0.8
I - Ilocos	217.2	216.9	215.3	215.3	0.9	0.7	153.6	153.2	152.4	152.4	0.8	0.5
II - Cagayan Valley	189.5	189.4	185.7	185.2	2.0	2.3	160.9	159.5	156.1	155.3	3.1	2.7
III - Central Luzon	211.8	211.7	209.1	208.9	1.3	1.3	145.4	145.4	141.6	142.5	2.7	2.0
IV-a - Calabarzon	203.8	202.8	198.8	196.9	2.5	3.0	148.1	147.9	146.5	145.0	1.1	2.0
IV-b - Mimaropa	198.4	198.4	196.0	195.8	1.2	1.3	158.2	156.3	156.7	155.6	1.0	0.4
V - Bicol	190.0	189.8	187.4	187.4	1.4	1.3	157.8	157.6	150.3	149.8	5.0	5.2
VI - Western Visayas	177.4	177.1	176.3	176.2	0.6	0.5	169.4	169.1	164.8	164.1	2.8	3.0
VII - Central Visayas	187.9	187.5	186.8	186.8	0.6	0.4	158.8	158.7	155.9	155.4	1.9	2.1
VIII - Eastern Visayas	184.0	184.0	183.6	183.6	0.2	0.2	175.0	173.4	170.4	169.9	2.7	2.1
IX - Zamboanga Peninsula	217.3	217.3	216.7	216.3	0.3	0.5	200.2	199.0	195.5	195.3	2.4	1.9
X - Northern Mindanao	197.0	197.0	194.5	194.1	1.3	1.5	182.3	181.6	177.2	176.9	2.9	2.7
XI - Davao	188.0	186.7	183.0	182.1	2.7	2.5	183.0	182.6	171.1	170.6	7.0	7.0
XII - SOCCSKSARGEN	184.4	184.3	182.8	182.5	0.9	1.0	156.9	157.4	151.5	151.2	3.6	4.1
XIII - Caraga	189.7	189.6	186.8	186.2	1.6	1.8	164.8	164.2	159.3	159.2	3.5	3.1
ARMM - Autonomous Region in Muslim Mindanao	201.1	201.1	196.8	196.7	2.2	2.2	200.0	198.8	190.8	186.6	4.8	6.5

Table 10 (continued)

Area and Region	F i s h						Fruits and Vegetables					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Dec	Nov	Dec	Nov	Current	Previous	Dec	Nov	Dec	Nov	Current	Previous
Philippines	166.9	164.8	162.6	161.1	2.6	2.3	162.5	163.4	169.7	173.2	-4.2	-5.7
National Capital Region (NCR)	143.0	138.2	135.6	133.4	5.5	3.6	136.5	139.8	148.1	153.5	-7.8	-8.9
Areas Outside NCR	173.0	171.6	169.5	168.1	2.1	2.1	171.8	171.8	177.5	180.3	-3.2	-4.7
CAR - Cordillera Administrative Region	149.4	149.4	142.4	137.6	4.9	8.6	179.2	178.6	191.6	192.6	-6.5	-7.3
I - Ilocos	156.4	153.9	153.9	155.4	1.6	-1.0	148.2	154.3	170.2	185.7	-12.9	-16.9
II - Cagayan Valley	173.4	173.1	159.0	158.4	9.1	9.3	180.2	188.9	190.5	191.8	-5.4	-1.5
III - Central Luzon	148.3	146.4	146.3	146.5	1.4	-0.1	158.0	157.4	172.0	181.0	-8.1	-13.0
IV-a - Calabarzon	177.0	176.6	168.0	167.1	5.4	5.7	152.7	151.2	168.8	175.3	-9.5	-13.7
IV-b - Mimaropa	160.8	160.6	164.1	164.2	-2.0	-2.2	154.2	154.6	164.2	166.0	-6.1	-6.9
V - Bicol	164.8	164.5	162.8	161.3	1.2	2.0	157.9	155.7	162.1	159.7	-2.6	-2.5
VI - Western Visayas	174.3	171.4	174.3	173.9	0.0	-1.4	176.5	175.7	173.8	173.3	1.6	1.4
VII - Central Visayas	184.4	183.7	186.3	185.0	-1.0	-0.7	215.6	215.9	207.6	207.8	3.9	3.9
VIII - Eastern Visayas	173.0	171.8	169.2	167.6	2.2	2.5	175.5	174.8	173.4	171.9	1.2	1.7
IX - Zamboanga Peninsula	168.4	164.5	161.3	163.8	4.4	0.4	185.1	183.9	176.5	178.7	4.9	2.9
X - Northern Mindanao	190.0	187.3	186.2	181.7	2.0	3.1	185.9	184.4	182.5	178.8	1.9	3.1
XI - Davao	189.9	189.3	193.4	185.0	-1.8	2.3	184.5	183.0	178.9	176.2	3.1	3.9
XII - SOCCSKSARGEN	178.8	178.4	174.0	170.4	2.8	4.7	173.3	174.4	169.4	168.9	2.3	3.3
XIII - Caraga	202.2	198.0	195.3	194.1	3.5	2.0	189.8	184.5	184.4	176.9	2.9	4.3
ARMM - Autonomous Region in Muslim Mindanao	205.1	204.4	200.9	198.4	2.1	3.0	227.1	227.7	222.4	220.8	2.1	3.1

Table 10 (continued)

Area and Region	M e a t						Miscellaneous Foods					
	2010		2009		Inflation Rates(%)		2010		2009		Inflation Rates(%)	
	Dec	Nov	Dec	Nov	Current	Previous	Dec	Nov	Dec	Nov	Current	Previous
Philippines	161.8	161.1	161.8	158.6	0.0	1.6	167.2	165.9	155.5	154.8	7.5	7.2
National Capital Region (NCR)	158.5	157.5	162.1	158.5	-2.2	-0.6	156.6	156.1	150.3	150.2	4.2	3.9
Areas Outside NCR	163.2	162.7	161.7	158.6	0.9	2.6	171.9	170.3	157.8	156.8	8.9	8.6
CAR - Cordillera Administrative Region	157.2	156.8	156.7	155.5	0.3	0.8	161.0	160.0	147.4	146.6	9.2	9.1
I - Ilocos	169.8	168.8	168.5	164.3	0.8	2.7	167.2	166.0	159.6	158.2	4.8	4.9
II - Cagayan Valley	163.7	163.3	160.9	158.2	1.7	3.2	193.6	190.3	172.0	169.9	12.6	12.0
III - Central Luzon	161.3	161.3	165.4	161.7	-2.5	-0.2	171.6	168.7	159.4	158.4	7.7	6.5
IV-a - Calabarzon	157.3	156.9	156.6	153.8	0.4	2.0	155.6	154.5	144.1	143.8	8.0	7.4
IV-b - Mimaropa	171.8	170.6	164.3	162.8	4.6	4.8	175.4	174.3	154.9	152.6	13.2	14.2
V - Bicol	165.6	165.5	164.2	162.9	0.9	1.6	188.9	186.1	167.7	165.4	12.6	12.5
VI - Western Visayas	154.9	153.7	152.7	150.1	1.4	2.4	170.2	168.9	157.5	155.8	8.1	8.4
VII - Central Visayas	161.8	161.4	156.7	156.0	3.3	3.5	181.1	180.7	170.2	170.1	6.4	6.2
VIII - Eastern Visayas	163.5	163.2	156.5	154.8	4.5	5.4	177.7	176.3	159.8	159.2	11.2	10.7
IX - Zamboanga Peninsula	167.9	167.7	160.8	157.2	4.4	6.7	184.9	182.0	166.9	164.4	10.8	10.7
X - Northern Mindanao	169.4	169.0	165.6	161.8	2.3	4.4	177.6	177.0	156.2	155.6	13.7	13.8
XI - Davao	168.4	167.4	166.4	160.0	1.2	4.6	186.8	185.4	169.8	168.7	10.0	9.9
XII - SOCCSKSARGEN	177.5	177.3	171.6	165.4	3.4	7.2	180.1	179.3	161.5	160.2	11.5	11.9
XIII - Caraga	179.2	179.0	172.4	167.2	3.9	7.1	191.1	189.6	170.6	168.6	12.0	12.5
ARMM - Autonomous Region in Muslim Mindanao	205.9	205.3	193.8	186.4	6.2	10.1	205.6	204.8	187.6	185.6	9.6	10.3

Table 10 (concluded)

Area and Region	Meals Eaten Outside					
	2010		2009		Inflation Rates(%)	
	Dec	Nov	Dec	Nov	Current	Previous
Philippines	150.9	150.8	147.8	147.7	2.1	2.1
National Capital Region (NCR)	145.6	145.6	143.4	143.4	1.5	1.5
Areas Outside NCR	154.0	153.9	150.5	150.2	2.3	2.5
CAR - Cordillera Administrative Region	127.1	127.1	124.5	124.2	2.1	2.3
I - Ilocos	144.7	144.7	143.9	143.9	0.6	0.6
II - Cagayan Valley	198.8	198.8	195.6	195.6	1.6	1.6
III - Central Luzon	149.2	149.2	147.1	146.2	1.4	2.1
IV-a - Calabarzon	148.1	148.1	142.6	142.6	3.9	3.9
IV-b - Mimaropa	149.6	148.9	148.9	148.4	0.5	0.3
V - Bicol	173.2	173.2	169.3	169.0	2.3	2.5
VI - Western Visayas	149.5	149.0	145.7	145.7	2.6	2.3
VII - Central Visayas	173.5	173.5	173.4	173.4	0.1	0.1
VIII - Eastern Visayas	161.0	161.0	161.0	161.0	0.0	0.0
IX - Zamboanga Peninsula	151.4	151.4	151.2	151.2	0.1	0.1
X - Northern Mindanao	152.0	151.8	144.2	144.0	5.4	5.4
XI - Davao	150.1	150.1	146.8	145.9	2.2	2.9
XII - SOCCSKSARGEN	158.9	158.9	156.0	155.6	1.9	2.1
XIII - Caraga	183.7	183.7	183.4	180.4	0.2	1.8
ARMM - Autonomous Region in Muslim Mindanao	214.5	214.5	211.3	211.0	1.5	1.7

Source: Economic Indices and Indicators Division
Industry and Trade Statistics Department
National Statistics Office
Republic of the Philippines