

**Table 9 Regional Month-on-Month Inflation Rates of Selected Food Items, August and July 2011**  
(2000 = 100)

Area and Region	Cereals				Rice				Corn			
	Aug	Jul	Percent Change		Aug	Jul	Percent Change		Aug	Jul	Percent Change	
			Current	Previous			Current	Previous			Current	Previous
<b>Philippines</b>	<b>178.7</b>	<b>178.5</b>	<b>0.1</b>	<b>0.2</b>	<b>177.2</b>	<b>177.0</b>	<b>0.1</b>	<b>0.1</b>	<b>194.6</b>	<b>193.9</b>	<b>0.4</b>	<b>1.1</b>
National Capital Region (NCR)	157.8	158.5	-0.4	-0.6	157.7	158.5	-0.5	-0.6	162.0	161.6	0.2	-0.1
Areas Outside NCR	181.7	181.3	0.2	0.2	180.2	179.9	0.2	0.2	195.2	194.5	0.4	1.1
CAR - Cordillera Administrative Region	179.3	178.8	0.3	0.2	179.7	179.2	0.3	0.2	152.0	152.5	-0.3	-0.5
I - Ilocos	181.5	181.5	0.0	0.2	181.8	181.8	0.0	0.2	155.4	154.9	0.3	0.6
II - Cagayan Valley	190.7	190.4	0.2	0.2	191.2	190.9	0.2	0.2	180.4	180.1	0.2	-0.1
III - Central Luzon	167.8	167.6	0.1	0.2	167.3	167.1	0.1	0.1	203.0	201.2	0.9	1.9
IV-a - Calabarzon	168.6	168.8	-0.1	0.0	168.7	168.9	-0.1	0.0	162.0	162.0	0.0	0.5
IV-b - Mimaropa	182.1	181.9	0.1	1.0	181.7	181.5	0.1	0.9	220.2	220.1	0.0	2.1
V - Bicol	174.4	174.2	0.1	-0.1	175.2	174.9	0.2	-0.1	166.2	166.2	0.0	0.0
VI - Western Visayas	178.0	177.8	0.1	0.0	178.9	178.8	0.1	0.0	160.7	158.4	1.5	-0.1
VII - Central Visayas	185.4	183.7	0.9	0.5	183.4	181.7	0.9	0.0	189.5	187.7	1.0	1.5
VIII - Eastern Visayas	198.6	198.8	-0.1	0.1	200.8	201.1	-0.1	0.0	157.0	157.0	0.0	0.0
IX - Zamboanga Peninsula	172.9	172.0	0.5	-0.3	171.8	170.8	0.6	-0.6	175.4	174.6	0.5	0.3
X - Northern Mindanao	196.0	196.2	-0.1	1.1	179.9	179.4	0.3	0.1	235.0	236.8	-0.8	3.0
XI - Davao	192.3	191.1	0.6	0.1	187.3	186.1	0.6	0.1	210.3	208.7	0.8	0.1
XII - SOCCSKSARGEN	187.8	187.5	0.2	0.9	185.4	185.2	0.1	0.9	209.9	208.9	0.5	1.0
XIII - Caraga	192.4	192.0	0.2	0.2	190.9	190.5	0.2	0.2	206.6	205.9	0.3	0.0
ARMM - Autonomous Region in Muslim Mindanao	205.0	204.4	0.3	0.7	203.5	202.9	0.3	0.7	274.3	274.3	0.0	0.0

Table 9. (Continued)

Area and Region	Cereal Preparations				Dairy Products				Eggs			
	Aug	Jul	Percent Change		Aug	Jul	Percent Change		Aug	Jul	Percent Change	
			Current	Previous			Current	Previous			Current	Previous
<b>Philippines</b>	<b>199.2</b>	<b>198.6</b>	<b>0.3</b>	<b>0.3</b>	<b>200.5</b>	<b>200.3</b>	<b>0.1</b>	<b>0.2</b>	<b>160.9</b>	<b>160.8</b>	<b>0.1</b>	<b>0.2</b>
National Capital Region (NCR)	208.3	207.9	0.2	0.1	197.5	197.4	0.1	0.3	154.4	154.4	0.0	0.2
Areas Outside NCR	196.0	195.4	0.3	0.4	201.7	201.5	0.1	0.1	162.9	162.8	0.1	0.3
CAR - Cordillera Administrative Region	166.6	166.0	0.4	0.3	217.2	217.1	0.0	0.0	141.8	141.7	0.1	0.1
I - Ilocos	227.4	227.4	0.0	0.1	218.4	218.3	0.0	0.0	155.3	155.2	0.1	0.2
II - Cagayan Valley	171.8	171.7	0.1	0.5	192.1	192.0	0.1	0.2	164.1	164.0	0.1	0.4
III - Central Luzon	187.0	186.3	0.4	0.2	216.4	216.1	0.1	0.1	146.0	146.4	-0.3	0.5
IV-a - Calabarzon	195.3	194.9	0.2	0.7	207.9	207.9	0.0	0.0	149.8	149.6	0.1	0.1
IV-b - Mimaropa	176.7	176.3	0.2	0.3	202.1	201.8	0.1	0.2	160.7	160.4	0.2	-0.1
V - Bicol	187.2	186.8	0.2	0.4	193.1	192.9	0.1	0.3	164.6	164.4	0.1	0.4
VI - Western Visayas	178.9	177.8	0.6	0.3	180.5	180.2	0.2	0.1	173.7	172.2	0.9	0.3
VII - Central Visayas	216.1	215.7	0.2	0.1	189.9	189.8	0.1	0.1	162.6	162.5	0.1	1.0
VIII - Eastern Visayas	228.2	228.1	0.0	2.1	187.5	187.4	0.1	0.2	172.7	172.7	0.0	-0.2
IX - Zamboanga Peninsula	213.3	213.2	0.0	0.0	218.4	218.3	0.0	0.0	204.6	204.2	0.2	0.0
X - Northern Mindanao	184.4	184.0	0.2	0.2	202.2	201.5	0.3	0.1	193.1	193.5	-0.2	0.2
XI - Davao	214.9	214.5	0.2	0.1	192.9	192.8	0.1	0.3	185.0	184.7	0.2	0.3
XII - SOCCSKSARGEN	193.4	192.3	0.6	0.7	187.3	187.1	0.1	0.1	163.6	163.1	0.3	0.4
XIII - Caraga	188.3	186.2	1.1	0.5	195.9	194.6	0.7	0.4	171.7	171.7	0.0	-0.1
ARMM - Autonomous Region in Muslim Mindanao	217.2	214.3	1.4	0.0	205.8	205.7	0.0	0.0	205.2	205.2	0.0	0.0

Table 9 (continued)

Area and Region	F i s h				Fruits and Vegetables				M e a t			
			Percent Change				Percent Change				Percent Change	
	Aug	Jul	Current	Previous	Aug	Jul	Current	Previous	Aug	Jul	Current	Previous
<b>Philippines</b>	<b>175.4</b>	<b>174.3</b>	<b>0.6</b>	<b>0.3</b>	<b>164.3</b>	<b>164.9</b>	<b>-0.4</b>	<b>3.1</b>	<b>164.5</b>	<b>164.8</b>	<b>-0.2</b>	<b>0.1</b>
National Capital Region (NCR)	143.0	142.8	0.1	0.0	132.4	135.8	-2.5	1.8	159.9	161.2	-0.8	-0.4
Areas Outside NCR	183.6	182.3	0.7	0.3	175.7	175.4	0.2	3.5	166.5	166.4	0.1	0.2
CAR - Cordillera Administrative Region	151.5	152.0	-0.3	-0.2	175.0	174.8	0.1	1.5	158.3	158.7	-0.3	-0.1
I - Ilocos	164.6	162.9	1.0	0.1	147.6	154.4	-4.4	8.4	171.4	172.0	-0.3	0.4
II - Cagayan Valley	177.3	177.1	0.1	0.5	164.8	166.4	-1.0	1.6	164.7	164.7	0.0	0.4
III - Central Luzon	157.6	155.9	1.1	0.8	163.0	163.2	-0.1	7.8	165.4	165.3	0.1	0.1
IV-a - Calabarzon	183.8	183.0	0.4	-0.1	150.2	150.1	0.1	8.7	161.5	161.0	0.3	0.6
IV-b - Mimaropa	166.7	164.2	1.5	0.4	161.9	158.5	2.1	2.5	173.8	173.5	0.2	0.5
V - Bicol	173.3	170.6	1.6	0.4	161.4	157.4	2.5	0.9	166.7	166.4	0.2	0.1
VI - Western Visayas	185.1	183.9	0.7	-0.7	180.4	175.2r	3.0	1.4r	156.4	156.4	0.0	0.1
VII - Central Visayas	196.0	193.7	1.2	0.3	220.3	220.5	-0.1	-0.9	163.9	164.3	-0.2	0.1
VIII - Eastern Visayas	186.5	186.6	-0.1	1.8	189.6	188.9	0.4	0.8	164.9	164.3	0.4	0.1
IX - Zamboanga Peninsula	184.1	183.8	0.2	-0.1	192.3	197.6	-2.7	0.3	175.6	176.2	-0.3	0.3
X - Northern Mindanao	203.9	204.9	-0.5	0.7	200.8	202.8	-1.0	1.9	176.6	176.8	-0.1	0.4
XI - Davao	200.0	200.1	0.0	0.9	200.1	199.0	0.6	3.4	173.1	172.6	0.3	-0.1
XII - SOCCSKSARGEN	190.9	190.8	0.1	0.0	189.3	184.8	2.4	3.6	182.9	183.1	-0.1	0.5
XIII - Caraga	223.1	217.0	2.8	-0.1	210.9	212.7	-0.8	1.1	181.6	182.0	-0.2	0.3
ARMM - Autonomous Region in Muslim Mindanao	238.5	235.1	1.4	-0.2	223.6	221.9	0.8	0.1	210.3	211.5	-0.6	0.1

Table 9 (concluded)

Area and Region	Miscellaneous Foods				Meals Eaten Outside			
			Percent Change				Percent Change	
	Aug	Jul	Current	Previous	Aug	Jul	Current	Previous
<b>Philippines</b>	<b>169.0</b>	<b>170.1r</b>	<b>-0.6</b>	<b>-0.7r</b>	<b>155.5</b>	<b>155.5</b>	<b>0.0</b>	<b>0.2</b>
National Capital Region (NCR)	162.4	162.9	-0.3	-0.4	151.8	151.8	0.0	0.0
Areas Outside NCR	172.0	173.3r	-0.8	-0.8r	157.7	157.7	0.0	0.3
CAR - Cordillera Administrative Region	162.9	165.6	-1.6	-0.3	128.4	127.5	0.7	0.0
I - Ilocos	164.6	165.2	-0.4	-0.6	144.7	144.7	0.0	0.0
II - Cagayan Valley	186.4	189.4r	-1.6	-1.8r	210.3	210.3	0.0	0.0
III - Central Luzon	172.1	173.6	-0.9	-0.8	155.4	155.4	0.0	1.2
IV-a - Calabarzon	157.4	158.0	-0.4	-0.8	151.2	151.2	0.0	0.0
IV-b - Mimaropa	167.5	169.5	-1.2	-2.5	150.7	150.5	0.1	0.1
V - Bicol	186.1	187.7	-0.9	-1.3	176.3	176.3	0.0	0.1
VI - Western Visayas	173.0	173.9	-0.5	-0.5	153.5	152.9	0.4	0.0
VII - Central Visayas	179.4	180.9	-0.8	-0.7	174.2	174.2	0.0	0.0
VIII - Eastern Visayas	175.8	175.7	0.1	-0.1	161.2	161.2	0.0	0.0
IX - Zamboanga Peninsula	184.8	189.3	-2.4	-0.4	151.4	151.4	0.0	0.0
X - Northern Mindanao	184.2	185.9	-0.9	-0.8	165.8	165.0	0.5	0.6
XI - Davao	187.4	188.9	-0.8	-0.6	151.9	151.9	0.0	0.0
XII - SOCCSKSARGEN	177.0	178.5	-0.8	-0.4	162.5	162.5	0.0	0.7
XIII - Caraga	188.1	189.9	-0.9	-1.9	193.8	193.5	0.2	0.0
ARMM - Autonomous Region in Muslim Mindanao	207.6	211.6	-1.9	-1.6	221.5	221.4	0.0	0.1

Source: Economic Indices and Indicators Division

Industry and Trade Statistics Department  
National Statistics Office  
Republic of the Philippines

Page last updated: September 6, 2011

[Related press release | CPI/Inflation Rates statistics index](#)