

**Table 10 Regional Year-on-Year Inflation Rates of Selected Food Items, September and August 2011 and 2010  
(2000 = 100)**

Area/Region	C e r e a l s						R i c e					
	2011		2010		Inflation Rates(%)		2011		2010		Inflation Rates(%)	
	Sep	Aug	Sep	Aug	Current	Previous	Sep	Aug	Sep	Aug	Current	Previous
<b>Philippines</b>	<b>178.6</b>	<b>178.7</b>	<b>173.9</b>	<b>174.3</b>	<b>2.7</b>	<b>2.5</b>	<b>177.2</b>	<b>177.2</b>	<b>174.1</b>	<b>174.3</b>	<b>1.8</b>	<b>1.7</b>
<b>National Capital Region (NCR)</b>	<b>158.0</b>	<b>157.8</b>	<b>158.7</b>	<b>159.3</b>	<b>-0.4</b>	<b>-0.9</b>	<b>157.9</b>	<b>157.7</b>	<b>158.7</b>	<b>159.3</b>	<b>-0.5</b>	<b>-1.0</b>
<b>Areas Outside NCR</b>	<b>181.5</b>	<b>181.7</b>	<b>176.0</b>	<b>176.4</b>	<b>3.1</b>	<b>3.0</b>	<b>180.2</b>	<b>180.2</b>	<b>176.5</b>	<b>176.6</b>	<b>2.1</b>	<b>2.0</b>
CAR - Cordillera Administrative Region	179.6	179.3	176.9	177.1	1.5	1.2	180.0	179.7	177.3	177.6	1.5	1.2
I - Ilocos	181.6	181.5	175.9	176.3	3.2	2.9	181.9	181.8	176.2	176.6	3.2	2.9
II - Cagayan Valley	191.5	190.7	182.6	184.5	4.9	3.4	192.0	191.2	184.2	186.1	4.2	2.7
III - Central Luzon	167.9	167.8	166.9	166.7	0.6	0.7	167.4	167.3	166.3	166.0	0.7	0.8
IV-a - Calabarzon	168.6	168.6	166.7	166.4	1.1	1.3	168.7	168.7	166.8	166.5	1.1	1.3
IV-b - Mimaropa	183.0	182.1	181.8	181.9	0.7	0.1	182.7	181.7	181.6	181.7	0.6	0.0
V - Bicol	174.5	174.4	170.9	171.8	2.1	1.5	175.2	175.2	172.8	173.7	1.4	0.9
VI - Western Visayas	176.3	178.0	172.8	172.8	2.0	3.0	177.1	178.9	173.7	173.7	2.0	3.0
VII - Central Visayas	184.6	185.4	182.2	183.5	1.3	1.0	182.3	183.4	181.5	183.2	0.4	0.1
VIII - Eastern Visayas	198.7	198.6	195.5	195.5	1.6	1.6	200.9	200.8	197.7	197.8	1.6	1.5
IX - Zamboanga Peninsula	173.9	172.9	169.8	170.8	2.4	1.2	173.0	171.8	172.7	173.4	0.2	-0.9
X - Northern Mindanao	193.9	196.0	173.4	174.9	11.8	12.1	180.3	179.9	174.0	173.3	3.6	3.8
XI - Davao	193.9	192.3	176.9	178.3	9.6	7.9	189.9	187.3	179.4	179.4	5.9	4.4
XII - SOCCSKSARGEN	186.7	187.8	178.1	178.0	4.8	5.5	184.4	185.4	178.4	177.5	3.4	4.5
XIII - Caraga	192.3	192.4	180.9	181.1	6.3	6.2	190.9	190.9	182.4	182.7	4.7	4.5
ARMM - Autonomous Region in Muslim Mindanao	205.4	205.0	198.4	197.5	3.5	3.8	203.9	203.5	197.3	196.4	3.3	3.6

**Table 10 (continued)**

Area and Region	C o r n						Cereals Preparations					
	2011		2010		Inflation Rates(%)		2011		2010		Inflation Rates(%)	
	Sep	Aug	Sep	Aug	Current	Previous	Sep	Aug	Sep	Aug	Current	Previous
<b>Philippines</b>	<b>193.0</b>	<b>194.6</b>	<b>170.8</b>	<b>173.5</b>	<b>13.0</b>	<b>12.2</b>	<b>199.6</b>	<b>199.2</b>	<b>188.9</b>	<b>188.5</b>	<b>5.7</b>	<b>5.7</b>
<b>National Capital Region (NCR)</b>	<b>162.9</b>	<b>162.0</b>	<b>160.2</b>	<b>160.6</b>	<b>1.7</b>	<b>0.9</b>	<b>209.1</b>	<b>208.3</b>	<b>201.7</b>	<b>201.4</b>	<b>3.7</b>	<b>3.4</b>
<b>Areas Outside NCR</b>	<b>193.5</b>	<b>195.2</b>	<b>171.0</b>	<b>173.7</b>	<b>13.2</b>	<b>12.4</b>	<b>196.3</b>	<b>196.0</b>	<b>184.4</b>	<b>184.0</b>	<b>6.5</b>	<b>6.5</b>
CAR - Cordillera Administrative Region	151.8	152.0	148.0	147.5	2.6	3.1	166.8	166.6	162.4	162.2	2.7	2.7
I - Ilocos	156.5	155.4	152.7	152.0	2.5	2.2	227.5	227.4	223.9	223.8	1.6	1.6
II - Cagayan Valley	179.7	180.4	147.7	149.2	21.7	20.9	171.9	171.8	161.6	161.2	6.4	6.6
III - Central Luzon	202.2	203.0	209.5	214.8	-3.5	-5.5	187.7	187.0	177.5	177.1	5.7	5.6
IV-a - Calabarzon	162.2	162.0	154.2	156.5	5.2	3.5	195.4	195.3	183.7	183.3	6.4	6.5
IV-b - Mimaropa	215.6	220.2	202.2	205.6	6.6	7.1	177.0	176.7	171.2	170.9	3.4	3.4
V - Bicol	167.3	166.2	150.6	150.7	11.1	10.3	187.9	187.2	176.9	176.0	6.2	6.4
VI - Western Visayas	160.6	160.7	156.1	156.1	2.9	2.9	179.4	178.9	162.9	162.7	10.1	10.0
VII - Central Visayas	189.4	189.5	183.5	184.1	3.2	2.9	216.2	216.1	191.4	191.4	13.0	12.9
VIII - Eastern Visayas	157.1	157.0	154.4	152.1	1.7	3.2	228.3	228.2	208.7	208.5	9.4	9.4
IX - Zamboanga Peninsula	175.9	175.4	163.2	164.9	7.8	6.4	214.0	213.3	203.7	203.7	5.1	4.7
X - Northern Mindanao	226.8	235.0	171.9	178.8	31.9	31.4	184.5	184.4	176.3	175.9	4.7	4.8
XI - Davao	208.0	210.3	167.9	174.5	23.9	20.5	215.0	214.9	204.2	203.2	5.3	5.8
XII - SOCCSKSARGEN	208.5	209.9	175.5	182.9	18.8	14.8	193.5	193.4	183.1	182.5	5.7	6.0
XIII - Caraga	205.1	206.6	166.7	166.7	23.0	23.9	188.5	188.3	181.0	180.8	4.1	4.1
ARMM - Autonomous Region in Muslim Mindanao	274.4	274.3	250.7	248.8	9.5	10.2	217.6	217.2	203.6	202.3	6.9	7.4

Table 10 (continued)

Area and Region	Dairy Products				Inflation Rates(%)		E g g s				Inflation Rates(%)	
	2011		2010		Current	Previous	2011		2010		Current	Previous
	Sep	Aug	Sep	Aug			Sep	Aug	Sep	Aug		
<b>Philippines</b>	<b>200.8</b>	<b>200.5</b>	<b>195.7</b>	<b>195.4</b>	<b>2.6</b>	<b>2.6</b>	<b>161.6</b>	<b>160.9</b>	<b>159.0</b>	<b>158.1</b>	<b>1.6</b>	<b>1.8</b>
National Capital Region (NCR)	197.8	197.5	191.2	191.1	3.5	3.3	156.2	154.4	158.2	155.5	-1.3	-0.7
Areas Outside NCR	202.0	201.7	197.5	197.2	2.3	2.3	163.2	162.9	159.2	158.9	2.5	2.5
CAR - Cordillera Administrative Region	217.3	217.2	215.4	215.2	0.9	0.9	141.8	141.8	140.8	140.2	0.7	1.1
I - Ilocos	218.4	218.4	216.7	216.3	0.8	1.0	156.0	155.3	153.5	153.5	1.6	1.2
II - Cagayan Valley	192.2	192.1	189.1	188.3	1.6	2.0	164.2	164.1	157.9	157.6	4.0	4.1
III - Central Luzon	217.1	216.4	211.2	211.1	2.8	2.5	145.8	146.0	146.0	145.6	-0.1	0.3
IV-a - Calabarzon	208.1	207.9	202.2	201.6	2.9	3.1	149.9	149.8	147.7	147.7	1.5	1.4
IV-b - Mimaropa	202.2	202.1	198.4	198.4	1.9	1.9	160.7	160.7	155.4	154.4	3.4	4.1
V - Bicol	193.3	193.1	189.6	189.5	2.0	1.9	164.7	164.6	156.5	155.7	5.2	5.7
VI - Western Visayas	181.0	180.5	177.0	176.7	2.3	2.2	173.7	173.7	170.6	170.5	1.8	1.9
VII - Central Visayas	189.9	189.9	187.3	187.3	1.4	1.4	163.2	162.6	157.8	158.7	3.4	2.5
VIII - Eastern Visayas	188.0	187.5	184.0	183.9	2.2	2.0	173.1	172.7	168.6	171.4	2.7	0.8
IX - Zamboanga Peninsula	218.4	218.4	217.2	217.0	0.6	0.6	208.0	204.6	198.8	197.9	4.6	3.4
X - Northern Mindanao	202.4	202.2	196.7	196.9	2.9	2.7	193.9	193.1	183.0	183.0	6.0	5.5
XI - Davao	192.9	192.9	186.3	186.2	3.5	3.6	185.7	185.0	181.0	179.1	2.6	3.3
XII - SOCCSKSARGEN	187.6	187.3	184.1	183.9	1.9	1.8	164.1	163.6	156.8	155.0	4.7	5.5
XIII - Caraga	195.9	195.9	189.2	188.8	3.5	3.8	171.8	171.7	163.6	163.4	5.0	5.1
ARMM - Autonomous Region in Muslim Mindanao	205.8	205.8	200.0	199.0	2.9	3.4	204.7	205.2	197.6	196.1	3.6	4.6

Table 10 (continued)

Area and Region	F i s h				Inflation Rates(%)		Fruits and Vegetables				Inflation Rates(%)	
	2011		2010		Current	Previous	2011		2010		Current	Previous
	Sep	Aug	Sep	Aug			Sep	Aug	Sep	Aug		
<b>Philippines</b>	<b>175.5</b>	<b>175.4</b>	<b>163.4</b>	<b>163.2</b>	<b>7.4</b>	<b>7.5</b>	<b>168.2</b>	<b>164.3</b>	<b>155.4</b>	<b>156.3</b>	<b>8.2</b>	<b>5.1</b>
National Capital Region (NCR)	144.3	143.0	135.3	135.2	6.7	5.8	138.2	132.4	126.0	128.1	9.7	3.4
Areas Outside NCR	183.4	183.6	170.6	170.3	7.5	7.8	178.9	175.7	166.0	166.4	7.8	5.6
CAR - Cordillera Administrative Region	151.9	151.5	146.1	143.0	4.0	5.9	179.6	175.0	163.3	163.9	10.0	6.8
I - Ilocos	161.8	164.6	152.9	153.1	5.8	7.5	155.7	147.6	136.6	139.9	14.0	5.5
II - Cagayan Valley	178.7	177.3	167.3	166.5	6.8	6.5	172.2	164.8	157.7	157.7	9.2	4.5
III - Central Luzon	157.9	157.6	147.5	146.8	7.1	7.4	166.2	163.0	150.4	153.2	10.5	6.4
IV-a - Calabarzon	185.1	183.8	174.4	173.1	6.1	6.2	155.1	150.2	147.2	146.7	5.4	2.4
IV-b - Mimaropa	167.7	166.7	158.6	159.1	5.7	4.8	164.3	161.9	147.4	149.1	11.5	8.6
V - Bicol	175.8	173.3	162.9	161.6	7.9	7.2	163.9	161.4	153.8	153.4	6.6	5.2
VI - Western Visayas	184.2	185.1	171.9	172.6	7.2	7.2	182.8	180.4	175.7	174.2	4.0	3.6
VII - Central Visayas	193.5	196.0	184.5	185.4	4.9	5.7	222.4	220.3	210.8	212.7	5.5	3.6
VIII - Eastern Visayas	186.9	186.5	172.2	172.8	8.5	7.9	190.1	189.6	174.2	173.1	9.1	9.5
IX - Zamboanga Peninsula	182.5	184.1	161.6	161.9	12.9	13.7	191.9	192.3	184.6	182.2	4.0	5.5
X - Northern Mindanao	202.2	203.9	187.0	187.1	8.1	9.0	204.1	200.8	183.1	182.8	11.5	9.8
XI - Davao	199.3	200.0	187.1	186.2	6.5	7.4	203.7	200.1	183.1	182.9	11.3	9.4
XII - SOCCSKSARGEN	188.4	190.9	176.2	176.1	6.9	8.4	188.0	189.3	174.1	173.3	8.0	9.2
XIII - Caraga	222.7	223.1	198.4	200.7	12.2	11.2	208.4	210.9	183.3	183.1	13.7	15.2
ARMM - Autonomous Region in Muslim Mindanao	238.7	238.5	203.6	201.2	17.2	18.5	223.9	223.6	226.6	225.9	-1.2	-1.0

Table 10 (continued)

Area and Region	M e a t						Miscellaneous Foods					
	2011		2010		Inflation Rates(%)		2011		2010		Inflation Rates(%)	
	Sep	Aug	Sep	Aug	Current	Previous	Sep	Aug	Sep	Aug	Current	Previous
<b>Philippines</b>	<b>164.1</b>	<b>164.5</b>	<b>160.8</b>	<b>162.2</b>	<b>2.1</b>	<b>1.4</b>	<b>168.5</b>	<b>169.0r</b>	<b>165.0</b>	<b>164.2</b>	<b>2.1</b>	<b>2.9</b>
<b>National Capital Region (NCR)</b>	<b>158.9</b>	<b>159.9</b>	<b>155.2</b>	<b>157.7</b>	<b>2.4</b>	<b>1.4</b>	<b>162.1</b>	<b>162.4</b>	<b>155.7</b>	<b>155.5</b>	<b>4.1</b>	<b>4.4</b>
<b>Areas Outside NCR</b>	<b>166.3</b>	<b>166.5</b>	<b>163.3</b>	<b>164.2</b>	<b>1.8</b>	<b>1.4</b>	<b>171.4</b>	<b>172.0r</b>	<b>169.1</b>	<b>168.1</b>	<b>1.4</b>	<b>2.3</b>
CAR - Cordillera Administrative Region	158.1	158.3	157.2	157.0	0.6	0.8	161.3	162.9	159.3	157.5	1.3	3.4
I - Ilocos	171.2	171.4	169.7	170.3	0.9	0.6	164.4	164.6	165.9	164.6	-0.9	0.0
II - Cagayan Valley	164.3	164.7	163.9	163.5	0.2	0.7	186.1	186.4r	182.1	180.2	2.2	3.4
III - Central Luzon	165.7	165.4	161.1	163.1	2.9	1.4	172.4	172.1	168.2	167.9	2.5	2.5
IV-a - Calabarzon	160.6	161.5	158.5	159.5	1.3	1.3	157.1	157.4	153.5	152.7	2.3	3.1
IV-b - Mimaropa	174.0	173.8	170.7	171.0	1.9	1.6	166.2	167.5	170.8	168.7	-2.7	-0.7
V - Bicol	165.9	166.7	166.9	168.0	-0.6	-0.8	184.4	186.1	184.6	183.0	-0.1	1.7
VI - Western Visayas	157.0	156.4	152.3	153.3	3.1	2.0	172.0	173.0	168.0	167.3	2.4	3.4
VII - Central Visayas	163.9	163.9	162.1	162.6	1.1	0.8	179.5	179.4	178.7	178.4	0.4	0.6
VIII - Eastern Visayas	165.2	164.9	163.5	163.0	1.0	1.2	174.5	175.8	174.8	172.4	-0.2	2.0
IX - Zamboanga Peninsula	176.6	175.6	167.7	168.2	5.3	4.4	180.5	184.8	181.5	180.4	-0.6	2.4
X - Northern Mindanao	176.6	176.6	170.5	171.2	3.6	3.2	183.9	184.2	175.2	173.1	5.0	6.4
XI - Davao	173.1	173.1	168.8	169.6	2.5	2.1	186.8	187.4	184.8	184.1	1.1	1.8
XII - SOCCSKSARGEN	182.5	182.9	177.6	177.3	2.8	3.2	175.8	177.0	178.3	176.6	-1.4	0.2
XIII - Caraga	181.6	181.6	177.7	177.6	2.2	2.3	187.0	188.1	188.2	186.7	-0.6	0.7
ARMM - Autonomous Region in Muslim Mindanao	210.6	210.3	203.1	203.0	3.7	3.6	205.5	207.6	203.6	201.6	0.9	3.0

Table 10 (concluded)

Area and Region	Meals Eaten Outside				Inflation Rates(%)	
	2011		2010		Current Previous	
	Sep	Aug	Sep	Aug	Current	Previous
<b>Philippines</b>	<b>155.5</b>	<b>155.5</b>	<b>150.7</b>	<b>150.6</b>	<b>3.2</b>	<b>3.3</b>
<b>National Capital Region (NCR)</b>	<b>151.8</b>	<b>151.8</b>	<b>145.6</b>	<b>145.6</b>	<b>4.3</b>	<b>4.2</b>
<b>Areas Outside NCR</b>	<b>157.7</b>	<b>157.7</b>	<b>153.8</b>	<b>153.6</b>	<b>2.5</b>	<b>2.7</b>
CAR - Cordillera Administrative Region	128.5	128.4	127.1	127.0	1.1	1.1
I - Ilocos	145.0	144.7	144.7	144.7	0.2	0.0
II - Cagayan Valley	210.3	210.3	198.8	196.9	5.8	6.8
III - Central Luzon	155.4	155.4	149.0	148.4	4.3	4.7
IV-a - Calabarzon	151.2	151.2	148.1	148.1	2.1	2.1
IV-b - Mimaropa	151.0	150.7	148.9	148.9	1.4	1.2
V - Bicol	176.4	176.3	173.0	171.7	2.0	2.7
VI - Western Visayas	151.8	153.5	148.8	148.8	2.0	3.2
VII - Central Visayas	174.2	174.2	173.5	173.5	0.4	0.4
VIII - Eastern Visayas	161.2	161.2	161.0	161.0	0.1	0.1
IX - Zamboanga Peninsula	151.4	151.4	151.4	151.4	0.0	0.0
X - Northern Mindanao	166.1	165.8	150.5	149.7	10.4	10.8
XI - Davao	152.1	151.9	149.9	149.8	1.5	1.4
XII - SOCCSKSARGEN	162.5	162.5	158.7	158.7	2.4	2.4
XIII - Caraga	194.5	193.8	183.4	183.4	6.1	5.7
ARMM - Autonomous Region in Muslim Mindanao	221.5	221.5	214.5	214.5	3.3	3.3

Source: Economic Indices and Indicators Division

Industry and Trade Statistics Department  
National Statistics Office  
Republic of the Philippines

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