

**Table 10 Regional Year-on-Year Inflation Rates of Selected Food Items, November and October 2011 and 2010**  
(2000 = 100)

Area/Region	C e r e a l s						R i c e					
	2011		2010		Inflation Rates(%)		2011		2010		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
<b>Philippines</b>	<b>178.1</b>	<b>178.1</b>	<b>172.5</b>	<b>173.0</b>	<b>3.2</b>	<b>2.9</b>	<b>176.7</b>	<b>176.8</b>	<b>172.8</b>	<b>173.2</b>	<b>2.3</b>	<b>2.1</b>
National Capital Region (NCR)	157.8	157.8	160.0	158.7	-1.4	-0.6	157.7	157.7	160.0	158.7	-1.4	-0.6
Areas Outside NCR	181.0	181.0	174.3	175.0	3.8	3.4	179.7	179.8	174.8	175.5	2.8	2.5
CAR - Cordillera Administrative Region	179.7	179.8	175.8	176.1	2.2	2.1	180.1	180.2	176.2	176.5	2.2	2.1
I - Ilocos	180.6	181.1	175.4	175.4	3.0	3.2	180.9	181.4	175.7	175.7	3.0	3.2
II - Cagayan Valley	192.6	191.7	184.3	182.4	4.5	5.1	193.1	192.2	184.8	183.6	4.5	4.7
III - Central Luzon	168.7	168.4	165.1	166.3	2.2	1.3	168.1	167.9	164.5	165.7	2.2	1.3
IV-a - Calabarzon	169.0	168.7	166.2	166.3	1.7	1.4	169.1	168.8	166.3	166.4	1.7	1.4
IV-b - Mimaropa	182.4	182.6	178.9	180.7	2.0	1.1	182.0	182.3	178.7	180.5	1.8	1.0
V - Bicol	174.3	174.5	169.5	170.3	2.8	2.5	175.0	175.2	171.7	172.1	1.9	1.8
VI - Western Visayas	173.7	175.9	170.9	171.7	1.6	2.4	174.3	176.7	171.8	172.6	1.5	2.4
VII - Central Visayas	185.2	184.7	182.4	182.1	1.5	1.4	183.4	182.8	182.5	181.7	0.5	0.6
VIII - Eastern Visayas	198.6	198.1	194.6	196.0	2.1	1.1	200.8	200.3	196.8	198.2	2.0	1.1
IX - Zamboanga Peninsula	171.9	172.6	165.5	168.4	3.9	2.5	171.0	172.5	167.8	171.4	1.9	0.6
X - Northern Mindanao	195.7	193.6	169.7	172.2	15.3	12.4	181.4	179.8	170.9	173.7	6.1	3.5
XI - Davao	193.4	192.9	176.4	175.7	9.6	9.8	188.7	188.4	178.9	178.1	5.5	5.8
XII - SOCCSKSARGEN	185.9	184.9	170.9	173.0	8.8	6.9	183.1	182.3	170.5	172.9	7.4	5.4
XIII - Caraga	190.9	191.7	180.9	181.1	5.5	5.9	189.6	190.4	182.4	182.5	3.9	4.3
ARMM - Autonomous Region in Muslim Mindanao	200.1	200.6	193.3	193.9	3.5	3.5	199.2	199.6	192.1	192.7	3.7	3.6

Table 10 (continued)

Area and Region	C o r n						Cereals Preparations					
	2011		2010		Inflation Rates(%)		2011		2010		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
<b>Philippines</b>	<b>193.6</b>	<b>192.5r</b>	<b>169.1</b>	<b>169.9</b>	<b>14.5</b>	<b>13.3r</b>	<b>200.0</b>	<b>199.7</b>	<b>189.5</b>	<b>189.2</b>	<b>5.5</b>	<b>5.5</b>
National Capital Region (NCR)	163.3	163.3	159.9	160.2	2.1	1.9	209.6	209.4	201.9	201.8	3.8	3.8
Areas Outside NCR	194.1	193.0r	169.3	170.1	14.6	13.5r	196.6	196.3	185.2	184.8	6.2	6.2
CAR - Cordillera Administrative Region	152.1	152.0	148.6	147.6	2.4	3.0	167.4	167.1	162.6	162.4	3.0	2.9
I - Ilocos	157.9	157.8	152.7	152.7	3.4	3.3	228.2	227.8	224.2	224.0	1.8	1.7
II - Cagayan Valley	180.6	180.3	173.1	156.2	4.3	15.4	171.9	171.9	163.0	161.6	5.5	6.4
III - Central Luzon	210.2	207.6	204.9	209.8	2.6	-1.0	188.1	188.0	177.9	177.8	5.7	5.7
IV-a - Calabarzon	163.4	162.9	155.9	154.8	4.8	5.2	196.1	195.8	184.5	184.2	6.3	6.3
IV-b - Mimaropa	220.6	217.5	203.4	206.4	8.5	5.4	178.0	177.8	171.6	171.3	3.7	3.8
V - Bicol	166.5	167.3	146.1	150.7	14.0	11.0	188.5	188.5	178.3	177.5	5.7	6.2
VI - Western Visayas	162.4	161.9	154.2	154.6	5.3	4.7	180.0	179.8	163.4	163.1	10.2	10.2
VII - Central Visayas	189.0	188.6	182.1	183.0	3.8	3.1	216.5	216.5	193.1	193.1	12.1	12.1
VIII - Eastern Visayas	157.6	157.5	154.9	155.0	1.7	1.6	228.7	228.4	209.1	208.8	9.4	9.4
IX - Zamboanga Peninsula	174.0	172.9	160.4	161.5	8.5	7.1	214.1	214.0	204.1	204.1	4.9	4.9
X - Northern Mindanao	230.5	227.1	166.7	168.5	38.3	34.8	185.7	184.5	177.3	176.6	4.7	4.5
XI - Davao	210.0	208.7	167.4	167.2	25.4	24.8	216.3	215.4	204.8	204.4	5.6	5.4
XII - SOCCSKSARGEN	212.3	209.0	175.0	173.8	21.3	20.3	193.5	193.5	184.2	183.2	5.0	5.6
XIII - Caraga	203.2	203.9	167.2	168.5	21.5	21.0	189.3	188.8	180.7	180.4	4.8	4.7
ARMM - Autonomous Region in Muslim Mindanao	241.0	246.5r	249.0	249.3	-3.2	-1.1r	208.5	208.5	205.0	204.4	1.7	2.0

Table 10 (continued)

Area and Region	Dairy Products						E g g s					
	2011		2010		Inflation Rates(%)		2011		2010		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
<b>Philippines</b>	<b>201.3</b>	<b>201.0</b>	<b>196.0</b>	<b>195.9</b>	<b>2.7</b>	<b>2.6</b>	<b>162.6</b>	<b>162.4</b>	<b>158.9</b>	<b>158.6</b>	<b>2.3</b>	<b>2.4</b>
National Capital Region (NCR)	198.3	198.2	191.5	191.4	3.6	3.6	156.9	156.9	157.0	157.1	-0.1	-0.1
Areas Outside NCR	202.5	202.2	197.8	197.7	2.4	2.3	164.3	164.1	159.5	159.0	3.0	3.2
CAR - Cordillera Administrative Region	217.3	217.3	215.4	215.4	0.9	0.9	142.1	142.0	141.0	140.9	0.8	0.8
I - Ilocos	218.6	218.6	216.9	216.7	0.8	0.9	156.1	156.1	153.2	153.1	1.9	2.0
II - Cagayan Valley	192.3	192.2	189.4	189.1	1.5	1.6	163.9	163.9	159.5	157.2	2.8	4.3
III - Central Luzon	217.3	217.0	211.7	211.5	2.6	2.6	147.7	147.4	145.4	145.3	1.6	1.4
IV-a - Calabarzon	208.5	208.4	202.8	202.7	2.8	2.8	152.4	152.1	147.9	147.8	3.0	2.9
IV-b - Mimaropa	202.4	202.2	198.4	198.4	2.0	1.9	159.8	160.2	156.3	155.5	2.2	3.0
V - Bicol	194.2	193.9	189.8	189.6	2.3	2.3	165.3	165.1	157.6	156.9	4.9	5.2
VI - Western Visayas	181.1	181.0	177.1	177.0	2.3	2.3	173.4	173.2	169.1	169.1	2.5	2.4
VII - Central Visayas	191.3	189.9	187.5	187.4	2.0	1.3	162.2	161.9	158.7	157.8	2.2	2.6
VIII - Eastern Visayas	188.4	188.1	184.0	184.0	2.4	2.2	173.7	173.6	173.4	171.1	0.2	1.5
IX - Zamboanga Peninsula	218.7	218.5	217.3	217.3	0.6	0.6	206.8	207.9	199.0	198.9	3.9	4.5
X - Northern Mindanao	203.2	202.7	197.0	196.9	3.1	2.9	195.3	194.1	181.6	180.9	7.5	7.3
XI - Davao	193.9	193.2	186.7	186.3	3.9	3.7	186.1	185.7	182.6	182.3	1.9	1.9
XII - SOCCSKSARGEN	188.1	187.8	184.3	184.3	2.1	1.9	166.1	165.2	157.4	156.8	5.5	5.4
XIII - Caraga	196.2	196.2	189.6	189.6	3.5	3.5	172.6	172.1	164.2	163.5	5.1	5.3
ARMM - Autonomous Region in Muslim Mindanao	212.0	211.5	201.1	200.5	5.4	5.5	210.3	210.1	198.8	198.7	5.8	5.7

Table 10 (continued)

Area and Region	F i s h						Fruits and Vegetables					
	2011		2010		Inflation Rates(%)		2011		2010		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
<b>Philippines</b>	<b>178.5</b>	<b>177.4</b>	<b>164.8</b>	<b>163.7</b>	<b>8.3</b>	<b>8.4</b>	<b>185.3</b>	<b>181.4</b>	<b>163.4</b>	<b>154.9</b>	<b>13.4</b>	<b>17.1</b>
National Capital Region (NCR)	146.3	145.7	138.2	136.8	5.9	6.5	157.8	163.1	139.8	131.0	12.9	24.5
Areas Outside NCR	186.7	185.5	171.6	170.5	8.8	8.8	195.2	187.9	171.8	163.5	13.6	14.9
CAR - Cordillera Administrative Region	154.3	152.7	149.4	146.6	3.3	4.2	202.3	196.4	178.6	163.0	13.3	20.5
I - Ilocos	167.9	164.3	153.9	153.2	9.1	7.2	177.5	164.9	154.3	133.0	15.0	24.0
II - Cagayan Valley	179.6	178.9	173.1	168.1	3.8	6.4	212.8	197.0	188.9	154.9	12.7	27.2
III - Central Luzon	162.0	160.1	146.4	145.7	10.7	9.9	199.7	189.3	157.4	145.8	26.9	29.8
IV-a - Calabarzon	190.2	186.8	176.6	174.6	7.7	7.0	180.2	166.0	151.2	142.3	19.2	16.7
IV-b - Mimaropa	171.2	170.7	160.6	157.7	6.6	8.2	179.2	169.6	154.6	148.5	15.9	14.2
V - Bicol	178.1	177.5	164.5	164.6	8.3	7.8	176.2	167.7	155.7	153.6	13.2	9.2
VI - Western Visayas	186.6	186.5	171.4	170.7	8.9	9.3	189.7	186.7	175.7	173.6	8.0	7.5
VII - Central Visayas	193.6	193.1	183.7	184.6	5.4	4.6	223.9	223.2	215.9	210.5	3.7	6.0
VIII - Eastern Visayas	189.9	189.1	171.8	171.9	10.5	10.0	193.4	193.9	174.8	173.7	10.6	11.6
IX - Zamboanga Peninsula	184.4	182.4	164.5	162.6	12.1	12.2	196.5	193.4	183.9	181.9	6.9	6.3
X - Northern Mindanao	204.6	203.9	187.3	185.9	9.2	9.7	209.4	205.9	184.4	180.8	13.6	13.9
XI - Davao	199.3	200.1	189.3	186.8	5.3	7.1	199.3	200.5	183.0	182.2	8.9	10.0
XII - SOCCSKSARGEN	187.5	186.8	178.4	176.6	5.1	5.8	190.1	188.5	174.4	171.8	9.0	9.7
XIII - Caraga	222.0	222.7	198.0	197.9	12.1	12.5	206.0	204.5	184.5	181.7	11.7	12.5
ARMM - Autonomous Region in Muslim Mindanao	262.7	262.8	204.4	204.1	28.5	28.8	241.8	240.9	227.7	226.9	6.2	6.2

Table 10 (continued)

Area and Region	M e a t						Miscellaneous Foods					
	2011		2010		Inflation Rates(%)		2011		2010		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
<b>Philippines</b>	<b>164.3</b>	<b>164.0</b>	<b>161.1</b>	<b>160.2</b>	<b>2.0</b>	<b>2.4</b>	<b>168.5</b>	<b>168.6r</b>	<b>165.9</b>	<b>165.1</b>	<b>1.6</b>	<b>2.1</b>
National Capital Region (NCR)	159.2	158.5	157.5	154.7	1.1	2.5	161.9	162.0	156.1	155.8	3.7	4.0
Areas Outside NCR	166.5	166.4	162.7	162.6	2.3	2.3	171.4	171.5r	170.3	169.3	0.6	1.3r
CAR - Cordillera Administrative Region	158.3	158.3	156.8	156.8	1.0	1.0	162.0	161.9	160.0	160.0	1.3	1.2
I - Ilocos	171.5	171.4	168.8	169.6	1.6	1.1	164.1	164.1	166.0	165.8	-1.1	-1.0
II - Cagayan Valley	164.4	164.4	163.3	163.4	0.7	0.6	184.1	185.1	190.3	182.7	-3.3	1.3
III - Central Luzon	167.3	167.0	161.3	160.3	3.7	4.2	171.4	172.1	168.7	167.9	1.6	2.5
IV-a - Calabarzon	160.0	160.1	156.9	156.8	2.0	2.1	157.9	157.1	154.5	153.7	2.2	2.2
IV-b - Mimaropa	174.1	174.1	170.6	170.2	2.1	2.3	165.2	166.4	174.3	172.2	-5.2	-3.4
V - Bicol	166.0	166.0	165.5	166.5	0.3	-0.3	182.4	183.1	186.1	184.9	-2.0	-1.0
VI - Western Visayas	156.8	157.0	153.7	152.3	2.0	3.1	171.7	172.4	168.9	168.1	1.7	2.6
VII - Central Visayas	163.9	163.8	161.4	162.1	1.5	1.0	178.6	179.3	180.7	180.5	-1.2	-0.7
VIII - Eastern Visayas	165.6	165.1	163.2	163.5	1.5	1.0	172.2	173.4	176.3	174.7	-2.3	-0.7
IX - Zamboanga Peninsula	176.4	176.3	167.7	167.0	5.2	5.6	178.8	179.4	182.0	181.2	-1.8	-1.0
X - Northern Mindanao	176.7	176.1	169.0	170.6	4.6	3.2	183.0	183.6r	177.0	174.7	3.4	5.1r
XI - Davao	173.2	173.2	167.4	167.6	3.5	3.3	187.3	186.3	185.4	184.8	1.0	0.8
XII - SOCCSKSARGEN	182.1	181.9	177.3	177.3	2.7	2.6	175.5	176.0	179.3	179.2	-2.1	-1.8
XIII - Caraga	182.4	181.4	179.0	179.6	1.9	1.0	186.8	187.5	189.6	187.2	-1.5	0.2
ARMM - Autonomous Region in Muslim Mindanao	200.8	200.5	205.3	204.8	-2.2	-2.1	220.1	219.5	204.8	203.6	7.5	7.8

Table 10 (concluded)

Area and Region	Meals Eaten Outside					
	2011		2010		Inflation Rates(%)	
	Nov	Oct	Nov	Oct	Current	Previous
<b>Philippines</b>	<b>155.9</b>	<b>155.6</b>	<b>150.8</b>	<b>150.7</b>	<b>3.4</b>	<b>3.3</b>
National Capital Region (NCR)	151.8	151.8	145.6	145.6	4.3	4.3
Areas Outside NCR	158.3	157.8	153.9	153.8	2.9	2.6
CAR - Cordillera Administrative Region	129.9	128.7	127.1	127.1	2.2	1.3
I - Ilocos	145.2	145.2	144.7	144.7	0.3	0.3
II - Cagayan Valley	212.3	210.3	198.8	198.8	6.8	5.8
III - Central Luzon	155.4	155.4	149.2	149.0	4.2	4.3
IV-a - Calabarzon	152.4	151.4	148.1	148.1	2.9	2.2
IV-b - Mimaropa	151.0	151.0	148.9	148.9	1.4	1.4
V - Bicol	176.5	176.4	173.2	173.2	1.9	1.8
VI - Western Visayas	152.5	152.1	149.0	149.0	2.3	2.1
VII - Central Visayas	174.2	174.2	173.5	173.5	0.4	0.4
VIII - Eastern Visayas	161.2	161.2	161.0	161.0	0.1	0.1
IX - Zamboanga Peninsula	151.4	151.4	151.4	151.4	0.0	0.0
X - Northern Mindanao	167.1	166.1	151.8	150.6	10.1	10.3
XI - Davao	152.1	152.1	150.1	149.9	1.3	1.5
XII - SOCCSKSARGEN	163.7	163.6	158.9	158.7	3.0	3.1
XIII - Caraga	196.9	196.9	183.7	183.4	7.2	7.4
ARMM - Autonomous Region in Muslim Mindanao	222.0	221.6	214.5	214.5	3.5	3.3

Source: Economic Indices and Indicators Division  
Industry and Trade Statistics Department  
National Statistics Office  
Republic of the Philippines