

Republic of the Philippines  
NATIONAL STATISTICS OFFICE  
Manila

**Table 9 Regional Month-on-Month Inflation Rates of Selected Food Items, August and July 2013  
(2006 = 100)**

AREA / REGION	BREAD AND CEREALS				RICE				CORN			
	Aug	Jul	% Change		Aug	Jul	% Change		Aug	Jul	% Change	
			Current	Previous			Current	Previous			Current	Previous
<b>Philippines</b>	154.7	152.4	1.5	0.7	154.9	151.9	2.0	1.1	164.3	165.4	-0.7	0.2
<b>NCR- National Capital Region</b>	154.0	151.3	1.8	1.1	158.1	153.9	2.7	1.7	175.3	173.1	1.3	0.5
<b>Areas Outside NCR</b>	154.8	152.6	1.4	0.7	154.5	151.6	1.9	0.9	163.9	165.1	-0.7	0.2
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	140.9	140.3	0.4	0.4	135.6	135.0	0.4	0.5	143.0	142.0	0.7	0.4
<b>I - Ilocos Region</b>	140.6	138.4	1.6	0.2	142.0	139.2	2.0	0.1	165.1	164.7	0.2	6.9
<b>II - Cagayan Valley</b>	151.0	150.6	0.3	0.4	153.0	152.4	0.4	0.4	128.0	127.8	0.2	-0.5
<b>III - Central Luzon</b>	158.4	156.9	1.0	0.7	160.1	158.2	1.2	0.9	110.9	110.1	0.7	-0.2
<b>IV-A - CALABARZON</b>	162.4	159.7	1.7	0.6	164.7	161.0	2.3	0.9	169.9	174.4	-2.6	0.0
<b>IV-B - MIMAROPA</b>	155.0	153.1	1.2	0.5	156.3	154.1	1.4	0.7	166.7	166.0	0.4	0.1
<b>V - Bicol Region</b>	158.8	154.9	2.5	0.8	157.4	152.5	3.2	0.9	196.4	196.4	0.0	1.2
<b>VI - Western Visayas</b>	148.9	146.7	1.5	0.5	148.1	145.5	1.8	0.6	161.5	161.4	0.1	0.0
<b>VII - Central Visayas</b>	143.1	141.5	1.1	2.4	132.7	129.9	2.2	3.8	169.2	169.7	-0.3	1.0
<b>VIII - Eastern Visayas</b>	158.0	157.3	0.4	0.4	158.2	157.5	0.4	0.5	147.2	146.7	0.3	0.3
<b>IX - Zamboanga Peninsula</b>	149.8	148.8	0.7	0.9	140.7	137.8	2.1	1.6	155.7	159.2	-2.2	-0.5
<b>X - Northern Mindanao</b>	164.7	161.5	2.0	1.1	166.2	160.9	3.3	1.8	165.6	167.6	-1.2	-0.7
<b>XI - Davao Region</b>	157.4	157.0	0.3	0.1	158.3	157.8	0.3	0.2	163.3	163.6	-0.2	-0.1
<b>XII - SOCCSKSARGEN</b>	162.0	154.7	4.7	1.5	165.0	155.8	5.9	2.0	161.7	162.9	-0.7	0.1
<b>XIII - Caraga</b>	150.2	147.6	1.8	0.5	147.2	144.1	2.2	0.6	197.3	197.1	0.1	-0.6
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	157.2	156.6	0.4	0.3	160.8	160.0	0.5	0.3	148.9	149.0	-0.1	-0.2

Table 9--Continued

AREA / REGION	MEAT				FISH				MILK, CHEESE AND EGG			
	Aug	Jul	% Change		Aug	Jul	% Change		Aug	Jul	% Change	
			Current	Previous			Current	Previous			Current	Previous
<b>Philippines</b>	130.4	130.4	0.0	0.2	148.1	147.7	0.3	0.2	134.6	134.4	0.1	0.2
<b>NCR- National Capital Region</b>	128.8	129.6	-0.6	0.3	130.3	128.0	1.8	-0.5	130.8	130.7	0.1	0.2
<b>Areas Outside NCR</b>	130.9	130.6	0.2	0.1	151.4	151.3	0.1	0.3	135.6	135.3	0.2	0.1
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	129.6	129.5	0.1	0.5	155.5	154.1	0.9	-0.1	130.3	130.2	0.1	0.3
<b>I - Ilocos Region</b>	125.6	125.3	0.2	0.1	141.9	142.8	-0.6	0.6	130.8	131.1	-0.2	0.3
<b>II - Cagayan Valley</b>	135.6	135.2	0.3	-0.1	146.2	146.3	-0.1	-0.1	132.4	132.4	0.0	0.2
<b>III - Central Luzon</b>	129.1	129.3	-0.2	-0.2	131.2	134.7	-2.6	0.4	134.7	134.1	0.4	0.1
<b>IV-A - CALABARZON</b>	128.1	127.8	0.2	0.2	142.0	141.8	0.1	0.1	135.6	135.5	0.1	0.2
<b>IV-B - MIMAROPA</b>	136.4	136.4	0.0	-0.1	149.3	148.7	0.4	0.6	141.4	141.0	0.3	0.4
<b>V - Bicol Region</b>	133.3	132.9	0.3	0.3	150.6	152.7	-1.4	-0.6	134.2	133.6	0.4	0.2
<b>VI - Western Visayas</b>	130.2	129.8	0.3	0.4	157.2	155.7	1.0	0.8	134.6	134.5	0.1	0.1
<b>VII - Central Visayas</b>	131.7	131.1	0.5	-0.2	160.2	157.4	1.8	0.6	137.2	136.9	0.2	0.1
<b>VIII - Eastern Visayas</b>	132.8	132.6	0.2	0.3	160.9	160.3	0.4	0.4	133.6	133.5	0.1	0.4
<b>IX - Zamboanga Peninsula</b>	133.5	132.3	0.9	0.5	152.7	150.9	1.2	0.2	147.6	147.2	0.3	0.2
<b>X - Northern Mindanao</b>	133.0	132.4	0.5	0.0	165.4	163.4	1.2	0.4	137.1	137.1	0.0	0.1
<b>XI - Davao Region</b>	137.7	137.3	0.3	0.1	168.3	167.3	0.6	-0.1	136.6	136.4	0.1	0.1
<b>XII - SOCCSKSARGEN</b>	136.6	136.7	-0.1	0.2	154.7	154.1	0.4	0.5	130.7	130.4	0.2	0.2
<b>XIII - Caraga</b>	135.6	135.3	0.2	0.0	167.2	167.2	0.0	-0.8	138.1	138.7	-0.4	0.1
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	149.0	148.6	0.3	0.2	178.8	177.3	0.8	1.0	152.5	152.0	0.3	0.2

Table 9--Continued

AREA / REGION	OILS AND FATS				FRUITS				VEGETABLES			
	Aug	Jul	% Change		Aug	Jul	% Change		Aug	Jul	% Change	
			Current	Previous			Current	Previous			Current	Previous
<b>Philippines</b>	166.9	167.6	-0.4	-0.4	149.7	148.8	0.6	0.8	144.3	145.1	-0.6	0.3
<b>NCR- National Capital Region</b>	192.2	196.3	-2.1	-1.2	140.8	139.1	1.2	1.1	123.6	124.2	-0.5	-1.5
<b>Areas Outside NCR</b>	161.0	161.0	0.0	-0.1	152.2	151.5	0.5	0.7	148.8	149.7	-0.6	0.7
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	175.5	176.3	-0.5	0.0	156.0	155.6	0.3	0.1	157.3	159.1	-1.1	-0.1
<b>I - Ilocos Region</b>	152.9	154.2	-0.8	-0.2	142.3	141.9	0.3	4.6	141.0	138.4	1.9	3.0
<b>II - Cagayan Valley</b>	135.3	135.6	-0.2	-0.7	164.9	165.7	-0.5	0.8	164.9	167.4	-1.5	0.2
<b>III - Central Luzon</b>	154.1	153.0	0.7	0.4	137.1	137.1	0.0	0.4	129.7	132.1	-1.8	0.5
<b>IV-A - CALABARZON</b>	170.1	170.9	-0.5	0.1	158.2	157.3	0.6	2.4	137.4	139.3	-1.4	-1.3
<b>IV-B - MIMAROPA</b>	175.6	175.0	0.3	-0.1	148.0	147.0	0.7	0.5	146.2	145.6	0.4	2.5
<b>V - Bicol Region</b>	153.6	153.9	-0.2	-0.2	133.7	134.3	-0.4	-0.5	147.9	151.8	-2.6	1.3
<b>VI - Western Visayas</b>	156.7	156.2	0.3	-0.4	153.1	152.5	0.4	0.1	161.4	161.1	0.2	1.2
<b>VII - Central Visayas</b>	159.0	159.0	0.0	-0.9	143.2	141.0	1.6	1.6	156.8	156.3	0.3	1.0
<b>VIII - Eastern Visayas</b>	186.1	186.0	0.1	0.1	159.6	158.7	0.6	1.0	150.5	150.7	-0.1	0.3
<b>IX - Zamboanga Peninsula</b>	164.6	165.3	-0.4	-0.8	179.3	176.5	1.6	-1.4	162.3	161.8	0.3	2.2
<b>X - Northern Mindanao</b>	146.8	145.8	0.7	0.0	157.8	157.6	0.1	-1.3	161.2	163.9	-1.6	1.6
<b>XI - Davao Region</b>	184.8	184.6	0.1	0.1	172.4	173.4	-0.6	-0.9	169.5	168.6	0.5	0.3
<b>XII - SOCCSKSARGEN</b>	134.6	134.2	0.3	0.7	144.8	141.9	2.0	0.4	139.1	139.2	-0.1	-0.4
<b>XIII - Caraga</b>	173.5	173.4	0.1	-0.1	150.7	149.2	1.0	-1.0	167.2	166.8	0.2	0.1
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	163.6	163.9	-0.2	-0.1	190.1	189.1	0.5	-0.1	161.1	160.5	0.4	0.2

Table 9--Concluded

AREA / REGION	SUGAR, JAM, HONEY, CHOCOLATE AND CONFECTIONERY				FOOD PRODUCTS, N.E.C.			
	Aug	Jul	% Change		Aug	Jul	% Change	
			Current	Previous			Current	Previous
<b>Philippines</b>	126.3	126.3	0.0	0.2	144.5	144.6	-0.1	-0.1
<b>NCR- National Capital Region</b>	117.7	117.7	0.0	-0.1	135.1	134.4	0.5	0.1
<b>Areas Outside NCR</b>	127.9	127.8	0.1	0.2	146.6	146.9	-0.2	-0.1
<b>Regions:</b>								
<b>CAR - Cordillera Administrative Region</b>	128.2	128.5	-0.2	0.2	146.6	149.4	-1.9	0.3
<b>I - Ilocos Region</b>	124.6	124.5	0.1	0.6	126.7	127.5	-0.6	0.0
<b>II - Cagayan Valley</b>	121.2	123.3	-1.7	0.0	142.6	143.0	-0.3	0.0
<b>III - Central Luzon</b>	129.7	129.6	0.1	0.2	162.1	161.4	0.4	-1.0
<b>IV-A - CALABARZON</b>	129.6	129.3	0.2	0.5	139.6	141.1	-1.1	-1.3
<b>IV-B - MIMAROPA</b>	119.7	120.5	-0.7	0.3	127.2	127.4	-0.2	-0.1
<b>V - Bicol Region</b>	122.0	121.8	0.2	0.7	143.2	142.7	0.4	-0.1
<b>VI - Western Visayas</b>	123.1	123.3	-0.2	-0.1	145.3	145.5	-0.1	3.0
<b>VII - Central Visayas</b>	130.2	130.3	-0.1	-0.4	149.3	149.0	0.2	0.3
<b>VIII - Eastern Visayas</b>	134.2	132.9	1.0	-2.2	132.2	131.9	0.2	0.8
<b>IX - Zamboanga Peninsula</b>	120.1	120.4	-0.2	0.8	154.2	155.2	-0.6	0.6
<b>X - Northern Mindanao</b>	130.7	129.9	0.6	-0.6	180.3	179.7	0.3	-0.2
<b>XI - Davao Region</b>	125.4	124.9	0.4	0.4	137.4	137.1	0.2	0.1
<b>XII - SOCCSKSARGEN</b>	117.7	117.2	0.4	0.3	137.5	137.5	0.0	-0.1
<b>XIII - Caraga</b>	123.2	123.2	0.0	-0.2	159.4	160.9	-0.9	0.4
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	158.8	158.1	0.4	0.3	155.2	155.0	0.1	0.1