

Republic of the Philippines  
NATIONAL STATISTICS OFFICE  
Manila

**Table 9 Regional Month-on-Month Inflation Rates of Selected Food Items, December and November 2013  
(2006 = 100)**

AREA / REGION	BREAD AND CEREALS				RICE				CORN			
	Dec	Nov	% Change		Dec	Nov	% Change		Dec	Nov	% Change	
			Current	Previous			Current	Previous			Current	Previous
<b>Philippines</b>	160.6	159.1	0.9	0.2	162.4	160.7	1.1	0.1	167.9	166.2	1.0	0.8
<b>NCR- National Capital Region</b>	160.0	157.8	1.4	0.4	167.3	163.9	2.1	0.4	186.0	184.4	0.9	3.0
<b>Areas Outside NCR</b>	160.7	159.3	0.9	0.2	161.8	160.3	0.9	0.1	167.3	165.6	1.0	0.8
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	143.8	143.6	0.1	0.1	139.0	138.9	0.1	0.1	150.9	150.2	0.5	-0.7
<b>I - Ilocos Region</b>	147.4	146.9	0.3	0.0	150.4	149.8	0.4	0.1	168.0	167.9	0.1	0.0
<b>II - Cagayan Valley</b>	163.0	161.7	0.8	2.0	167.7	166.1	1.0	2.1	127.5	127.4	0.1	-1.0
<b>III - Central Luzon</b>	166.9	163.3	2.2	0.4	170.8	166.5	2.6	0.4	113.8	112.7	1.0	-0.7
<b>IV-A - CALABARZON</b>	167.3	167.1	0.1	0.1	171.2	171.0	0.1	0.1	173.2	173.8	-0.3	1.6
<b>IV-B - MIMAROPA</b>	158.8	158.6	0.1	-0.8	160.7	160.4	0.2	-1.0	170.9	170.7	0.1	0.1
<b>V - Bicol Region</b>	167.7	167.5	0.1	-0.4	168.6	168.7	-0.1	-0.7	195.4	195.4	0.0	0.7
<b>VI - Western Visayas</b>	149.9	148.8	0.7	0.1	149.1	147.8	0.9	0.0	161.6	161.6	0.0	0.1
<b>VII - Central Visayas</b>	147.9	145.7	1.5	0.4	139.5	136.8	2.0	0.5	172.9	170.0	1.7	0.7
<b>VIII - Eastern Visayas</b>	174.7	169.9	2.8	0.1	177.1	172.4	2.7	0.0	154.7	151.7	2.0	0.0
<b>IX - Zamboanga Peninsula</b>	152.8	152.3	0.3	0.3	142.1	141.6	0.4	-0.3	163.6	163.3	0.2	1.8
<b>X - Northern Mindanao</b>	170.7	169.1	0.9	0.4	174.5	173.0	0.9	0.1	168.4	165.4	1.8	0.9
<b>XI - Davao Region</b>	159.2	158.6	0.4	0.3	160.5	159.8	0.4	0.3	164.5	164.1	0.2	0.1
<b>XII - SOCCSKSARGEN</b>	162.8	162.4	0.2	-0.2	165.7	165.3	0.2	-0.5	162.5	161.7	0.5	2.0
<b>XIII - Caraga</b>	158.7	157.3	0.9	-0.2	157.6	156.1	1.0	-0.3	197.5	196.3	0.6	0.3
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	159.5	159.1	0.3	0.4	163.4	163.0	0.2	0.5	149.3	148.5	0.5	-0.1

Table 9--Continued

AREA / REGION	MEAT				FISH				MILK, CHEESE AND EGG			
	Dec	Nov	% Change		Dec	Nov	% Change		Dec	Nov	% Change	
			Current	Previous			Current	Previous			Current	Previous
<b>Philippines</b>	131.4	131.0	0.3	0.2	152.6	150.9	1.1	1.1	135.1	134.8	0.2	0.1
<b>NCR- National Capital Region</b>	129.9	129.7	0.2	0.8	135.3	133.2	1.6	2.0	131.4	131.1	0.2	0.1
<b>Areas Outside NCR</b>	131.9	131.4	0.4	0.1	155.8	154.2	1.0	1.0	136.1	135.7	0.3	0.0
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	130.2	130.0	0.2	0.2	156.9	156.1	0.5	0.0	131.0	130.9	0.1	0.2
<b>I - Ilocos Region</b>	125.7	125.5	0.2	0.0	144.4	143.5	0.6	1.1	131.3	131.2	0.1	0.2
<b>II - Cagayan Valley</b>	136.5	136.3	0.1	0.0	146.8	145.6	0.8	-0.7	133.5	133.3	0.2	0.6
<b>III - Central Luzon</b>	130.4	129.5	0.7	-0.3	136.7	135.7	0.7	0.8	134.1	133.7	0.3	-0.4
<b>IV-A - CALABARZON</b>	128.5	128.4	0.1	0.0	148.7	145.8	2.0	1.0	135.7	135.4	0.2	-0.5
<b>IV-B - MIMAROPA</b>	137.6	137.3	0.2	0.1	152.6	152.7	-0.1	0.9	142.1	141.8	0.2	0.1
<b>V - Bicol Region</b>	133.9	133.5	0.3	0.1	155.2	155.2	0.0	0.8	134.7	134.4	0.2	0.1
<b>VI - Western Visayas</b>	132.9	130.9	1.5	0.5	169.6	163.1	4.0	1.6	136.2	135.5	0.5	0.4
<b>VII - Central Visayas</b>	134.4	133.1	1.0	0.9	159.3	157.6	1.1	1.2	137.8	137.3	0.4	0.1
<b>VIII - Eastern Visayas</b>	135.6	133.1	1.9	0.4	168.3	165.0	2.0	1.7	136.5	134.1	1.8	0.2
<b>IX - Zamboanga Peninsula</b>	133.3	133.9	-0.4	0.3	155.3	156.2	-0.6	3.5	148.9	148.2	0.5	0.7
<b>X - Northern Mindanao</b>	134.0	134.0	0.0	0.1	165.6	164.5	0.7	0.8	137.5	137.6	-0.1	0.0
<b>XI - Davao Region</b>	138.0	138.1	-0.1	0.1	170.4	171.2	-0.5	0.6	137.7	137.4	0.2	0.2
<b>XII - SOCCSKSARGEN</b>	137.5	137.3	0.1	0.3	156.3	157.6	-0.8	1.4	130.9	130.6	0.2	0.2
<b>XIII - Caraga</b>	135.8	136.0	-0.1	-0.1	169.5	169.6	-0.1	0.2	139.4	138.8	0.4	0.1
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	149.6	149.7	-0.1	0.5	183.3	183.3	0.0	1.0	154.0	153.6	0.3	0.3

Table 9--Continued

AREA / REGION	OILS AND FATS				FRUITS				VEGETABLES			
	Dec	Nov	% Change		Dec	Nov	% Change		Dec	Nov	% Change	
			Current	Previous			Current	Previous			Current	Previous
<b>Philippines</b>	170.2	167.5	1.6	0.1	154.4	152.7	1.1	1.1	157.0	155.0	1.3	1.7
<b>NCR- National Capital Region</b>	193.8	191.9	1.0	0.1	142.4	144.5	-1.5	3.5	139.6	141.9	-1.6	-1.8
<b>Areas Outside NCR</b>	164.8	161.9	1.8	0.1	157.7	155.0	1.7	0.5	160.8	157.9	1.8	2.5
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	176.2	175.9	0.2	0.1	171.3	161.5	6.1	0.2	169.4	167.0	1.4	0.6
<b>I - Ilocos Region</b>	151.7	151.7	0.0	-0.7	147.6	147.4	0.1	1.9	147.2	151.7	-3.0	3.6
<b>II - Cagayan Valley</b>	138.6	135.4	2.4	-0.1	166.3	166.3	0.0	-0.3	176.2	172.2	2.3	1.5
<b>III - Central Luzon</b>	159.2	155.0	2.7	0.2	143.6	140.5	2.2	0.0	140.9	146.5	-3.8	7.2
<b>IV-A - CALABARZON</b>	176.4	172.1	2.5	0.1	160.9	158.4	1.6	-1.0	151.4	151.3	0.1	2.6
<b>IV-B - MIMAROPA</b>	181.1	177.2	2.2	0.3	156.1	153.2	1.9	1.5	160.2	154.7	3.6	0.3
<b>V - Bicol Region</b>	157.3	155.4	1.2	0.3	135.9	135.4	0.4	-0.2	163.1	156.4	4.3	2.2
<b>VI - Western Visayas</b>	160.1	157.6	1.6	0.3	160.7	156.3	2.8	1.8	178.2	163.1	9.3	-1.6
<b>VII - Central Visayas</b>	163.7	160.0	2.3	0.0	151.4	147.1	2.9	0.3	166.1	161.0	3.2	1.2
<b>VIII - Eastern Visayas</b>	187.9	186.1	1.0	-0.1	164.2	161.0	2.0	0.6	161.7	153.4	5.4	1.9
<b>IX - Zamboanga Peninsula</b>	165.4	163.5	1.2	0.1	193.7	187.2	3.5	0.6	190.8	176.5	8.1	4.6
<b>X - Northern Mindanao</b>	150.0	147.9	1.4	0.6	158.7	157.7	0.6	0.8	169.2	168.6	0.4	1.4
<b>XI - Davao Region</b>	184.4	185.1	-0.4	0.0	177.6	175.7	1.1	0.6	177.2	175.8	0.8	1.3
<b>XII - SOCCSKSARGEN</b>	143.1	136.2	5.1	0.2	149.7	148.1	1.1	3.0	150.2	144.2	4.2	3.2
<b>XIII - Caraga</b>	173.3	172.8	0.3	0.0	153.1	152.4	0.5	1.3	180.2	168.9	6.7	3.0
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	163.2	163.6	-0.2	0.1	195.5	194.1	0.7	1.0	163.5	162.7	0.5	0.5

Table 9--Concluded

AREA / REGION	SUGAR, JAM, HONEY, CHOCOLATE AND CONFECTIONERY				FOOD PRODUCTS, N.E.C.			
	Dec	Nov	% Change		Dec	Nov	% Change	
			Current	Previous			Current	Previous
<b>Philippines</b>	128.2	127.1	0.9	0.5	147.0	145.6	1.0	0.7
<b>NCR- National Capital Region</b>	119.1	118.0	0.9	0.3	139.9	139.1	0.6	1.0
<b>Areas Outside NCR</b>	129.8	128.7	0.9	0.5	148.6	147.1	1.0	0.6
<b>Regions:</b>								
<b>CAR - Cordillera Administrative Region</b>	129.2	128.9	0.2	0.2	148.1	146.5	1.1	0.2
<b>I - Ilocos Region</b>	125.6	125.2	0.3	-0.1	128.3	127.2	0.9	0.4
<b>II - Cagayan Valley</b>	123.1	122.1	0.8	0.4	145.4	145.0	0.3	1.3
<b>III - Central Luzon</b>	132.0	130.3	1.3	0.5	163.8	161.9	1.2	0.7
<b>IV-A - CALABARZON</b>	130.5	129.4	0.9	-0.1	141.7	139.5	1.6	0.4
<b>IV-B - MIMAROPA</b>	121.6	121.0	0.5	-0.2	128.6	127.9	0.5	0.3
<b>V - Bicol Region</b>	122.6	121.7	0.7	0.6	145.5	143.0	1.7	0.7
<b>VI - Western Visayas</b>	123.4	122.7	0.6	0.0	149.2	147.7	1.0	2.1
<b>VII - Central Visayas</b>	132.5	131.2	1.0	0.3	150.4	149.7	0.5	-0.1
<b>VIII - Eastern Visayas</b>	136.8	135.2	1.2	0.1	135.6	132.5	2.3	0.2
<b>IX - Zamboanga Peninsula</b>	124.6	123.2	1.1	1.1	157.8	155.7	1.3	1.5
<b>X - Northern Mindanao</b>	132.0	131.4	0.5	0.8	179.7	181.0	-0.7	0.1
<b>XI - Davao Region</b>	126.9	126.5	0.3	0.3	139.3	138.8	0.4	0.4
<b>XII - SOCCSKSARGEN</b>	124.0	123.0	0.8	4.1	140.9	137.4	2.5	0.4
<b>XIII - Caraga</b>	126.7	125.8	0.7	1.7	158.2	158.0	0.1	0.6
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	160.6	159.8	0.5	0.3	156.1	155.9	0.1	0.2