

**Republic of the Philippines**  
**PHILIPPINE STATISTICS AUTHORITY**  
**Manila**

**Table 9 Regional Month-on-Month Inflation Rates of Selected Food Items, November and October 2014**  
**(2006 = 100)**

A R E A / R E G I O N	BREAD AND CEREALS				RICE				CORN			
	Nov	Oct	% Change		Nov	Oct	% Change		Nov	Oct	% Change	
			Current	Previous			Current	Previous			Current	Previous
<b>Philippines</b>	172.9	173.1	-0.1	0.5	177.8	178.0	-0.1	0.6	177.3	178.4	-0.6	-0.1
<b>NCR- National Capital Region</b>	174.1	173.2	0.5	1.1	186.4	185.3	0.6	1.4	197.2	188.3	4.7	3.7
<b>Areas Outside NCR</b>	172.7	173.1	-0.2	0.3	176.7	177.1	-0.2	0.5	176.6	178.1	-0.8	-0.2
<b>Regions:</b>												
CAR - Cordillera Administrative Region	151.0	150.9	0.1	0.1	146.9	146.8	0.1	-0.1	158.4	157.6	0.5	0.3
I - Ilocos Region	162.8	163.6	-0.5	0.9	169.2	170.3	-0.6	1.1	174.4	173.8	0.3	0.1
II - Cagayan Valley	171.9	170.7	0.7	0.2	178.8	177.3	0.8	0.2	130.4	131.0	-0.5	-0.1
III - Central Luzon	181.7	181.9	-0.1	0.5	190.8	190.8	0.0	0.6	112.7	115.1	-2.1	0.1
IV-A - CALABARZON	180.5	181.8	-0.7	1.3	189.2	190.6	-0.7	1.7	175.7	175.5	0.1	1.5
IV-B - MIMAROPA	178.1	178.4	-0.2	0.3	183.0	183.4	-0.2	0.4	184.2	185.3	-0.6	0.4
V - Bicol Region	183.0	181.7	0.7	0.2	187.6	186.1	0.8	0.3	214.1	213.9	0.1	0.0
VI - Western Visayas	164.2	164.0	0.1	-0.5	166.2	166.0	0.1	-0.7	171.2	171.3	-0.1	0.1
VII - Central Visayas	155.9	156.4	-0.3	0.0	148.6	149.4	-0.5	0.2	180.2	180.4	-0.1	-0.5
VIII - Eastern Visayas	182.5	181.9	0.3	1.2	185.0	184.5	0.3	1.5	159.1	158.2	0.6	0.0
IX - Zamboanga Peninsula	164.2	165.4	-0.7	0.1	155.7	157.2	-1.0	0.0	174.1	175.3	-0.7	0.2
X - Northern Mindanao	180.9	182.7	-1.0	-0.2	184.9	185.9	-0.5	-0.2	183.6	189.5	-3.1	-0.4
XI - Davao Region	169.7	169.9	-0.1	0.5	171.9	172.3	-0.2	0.5	174.6	174.9	-0.2	0.5
XII - SOCCSKSARGEN	171.0	174.1	-1.8	-1.1	175.5	179.4	-2.2	-1.4	164.0	166.4	-1.4	-1.6
XIII - Caraga	169.4	168.5	0.5	0.4	170.0	168.7	0.8	0.6	202.3	202.9	-0.3	-0.9
ARMM - Autonomous Region in Muslim Mind	167.6	167.1	0.3	0.2	172.7	172.2	0.3	0.2	159.1	159.5	-0.3	0.6

Table 9--Continued

A R E A / R E G I O N	OTHER CEREALS, FLOUR, CEREAL PREPARATION, BREAD, PASTA AND OTHER BAKERY PRODUCTS				MEAT				FISH			
	Nov	Oct	% Change		Nov	Oct	% Change		Nov	Oct	% Change	
			Current	Previous			Current	Previous			Current	Previous
<b>Philippines</b>	156.5	156.6	-0.1	0.2	137.8	137.9	-0.1	-0.1	159.0	158.0	0.6	0.3
<b>NCR- National Capital Region</b>	152.7	152.3	0.3	0.3	136.3	136.4	-0.1	-0.7	140.2	140.6	-0.3	0.0
<b>Areas Outside NCR</b>	157.5	157.7	-0.1	0.1	138.2	138.3	-0.1	0.0	162.5	161.2	0.8	0.3
<b>Regions:</b>												
CAR - Cordillera Administrative Region	164.9	164.9	0.0	0.7	134.4	134.4	0.0	0.0	162.7	162.9	-0.1	1.6
I - Ilocos Region	136.1	136.0	0.1	0.1	133.6	133.4	0.1	-0.4	154.3	151.7	1.7	0.4
II - Cagayan Valley	149.9	149.9	0.0	0.1	140.1	140.2	-0.1	-0.1	152.4	152.1	0.2	0.1
III - Central Luzon	157.9	158.8	-0.6	0.1	136.8	137.5	-0.5	0.0	139.1	137.8	0.9	-1.5
IV-A - CALABARZON	159.3	160.4	-0.7	0.3	135.8	136.6	-0.6	-0.2	152.2	151.5	0.5	1.1
IV-B - MIMAROPA	149.8	149.7	0.1	0.2	142.8	142.7	0.1	0.1	157.6	156.8	0.5	-0.1
V - Bicol Region	164.8	164.6	0.1	0.1	138.8	138.7	0.1	0.3	163.9	162.2	1.0	0.6
VI - Western Visayas	154.9	154.9	0.0	0.1	138.7	138.0	0.5	-0.1	171.1	169.7	0.8	0.7
VII - Central Visayas	153.1	152.9	0.1	0.1	142.6	141.5	0.8	0.1	178.3	175.8	1.4	-0.7
VIII - Eastern Visayas	172.9	172.4	0.3	0.1	141.2	140.9	0.2	0.4	178.1	177.5	0.3	0.6
IX - Zamboanga Peninsula	181.7	181.5	0.1	0.1	136.5	136.0	0.4	-0.1	164.7	162.0	1.7	0.3
X - Northern Mindanao	163.4	163.4	0.0	0.2	137.9	138.0	-0.1	0.1	166.6	167.2	-0.4	1.5
XI - Davao Region	158.3	157.6	0.4	0.3	143.1	142.4	0.5	0.4	178.7	177.6	0.6	1.2
XII - SOCCSKSARGEN	150.7	150.2	0.3	0.3	143.3	142.8	0.4	0.6	167.3	165.5	1.1	2.1
XIII - Caraga	150.8	150.8	0.0	0.1	141.9	141.9	0.0	0.4	170.9	170.1	0.5	-2.7
ARMM - Autonomous Region in Muslim Mind	146.4	145.8	0.4	0.2	158.3	157.7	0.4	0.3	189.4	188.4	0.5	0.3

Table 9--Continued

A R E A / R E G I O N	MILK, CHEESE AND EGG				OILS AND FATS				FRUITS			
	Nov	Oct	% Change		Nov	Oct	% Change		Nov	Oct	% Change	
			Current	Previous			Current	Previous			Current	Previous
<b>Philippines</b>	141.5	141.1	0.3	0.2	178.7	179.5	-0.4	0.1	169.6	168.2	0.8	1.6
<b>NCR- National Capital Region</b>	140.1	140.1	0.0	-0.1	196.7	196.6	0.1	-0.1	150.8	150.1	0.5	0.7
<b>Areas Outside NCR</b>	141.9	141.3	0.4	0.3	174.5	175.5	-0.6	0.1	174.8	173.2	0.9	1.8
<b>Regions:</b>												
CAR - Cordillera Administrative Region	132.9	132.8	0.1	0.2	177.4	177.4	0.0	0.1	187.6	184.6	1.6	2.6
I - Ilocos Region	137.3	137.3	0.0	0.3	154.8	154.7	0.1	0.0	160.9	156.4	2.9	1.2
II - Cagayan Valley	138.5	136.7	1.3	0.1	151.6	151.6	0.0	0.1	174.3	174.0	0.2	1.6
III - Central Luzon	137.8	137.0	0.6	0.1	175.0	177.2	-1.2	0.2	159.1	158.4	0.4	-0.2
IV-A - CALABARZON	142.8	142.2	0.4	0.2	188.6	192.0	-1.8	-0.2	188.3	186.1	1.2	4.2
IV-B - MIMAROPA	147.7	147.4	0.2	0.3	185.8	186.1	-0.2	0.1	165.5	164.8	0.4	1.8
V - Bicol Region	141.3	141.1	0.1	0.3	164.0	163.9	0.1	0.0	162.3	161.7	0.4	3.5
VI - Western Visayas	139.6	139.5	0.1	0.4	169.7	170.1	-0.2	0.0	183.4	183.5	-0.1	1.9
VII - Central Visayas	147.9	146.3	1.1	0.5	172.4	171.0	0.8	0.0	171.8	168.1	2.2	0.1
VIII - Eastern Visayas	142.1	141.8	0.2	0.4	189.6	189.2	0.2	0.1	175.2	173.4	1.0	0.6
IX - Zamboanga Peninsula	154.5	154.6	-0.1	0.3	173.7	174.1	-0.2	-0.2	207.6	209.1	-0.7	3.3
X - Northern Mindanao	144.0	144.0	0.0	0.1	156.7	156.7	0.0	0.1	156.6	157.2	-0.4	0.3
XI - Davao Region	142.5	142.2	0.2	0.3	193.1	193.0	0.1	0.4	186.7	183.6	1.7	0.4
XII - SOCCSKSARGEN	137.5	137.1	0.3	0.6	154.0	152.7	0.9	0.8	151.6	148.8	1.9	3.0
XIII - Caraga	143.1	143.2	-0.1	0.6	177.4	177.3	0.1	1.8	164.9	164.9	0.0	-0.1
ARMM - Autonomous Region in Muslim Mind	159.7	159.5	0.1	0.3	169.6	169.5	0.1	0.5	228.6	226.5	0.9	3.8

Table 9--Concluded

A R E A / R E G I O N	VEGETABLES				SUGAR, JAM, HONEY, CHOCOLATE AND CONFECTIONERY				FOOD PRODUCTS, N.E.C.			
	Nov	Oct	% Change		Nov	Oct	% Change		Nov	Oct	% Change	
			Current	Previous			Current	Previous			Current	Previous
<b>Philippines</b>	161.0	161.3	-0.2	-0.7	134.9	135.4	-0.4	-0.6	157.0	157.1	-0.1	-1.8
<b>NCR- National Capital Region</b>	135.8	141.4	-4.0	0.3	124.0	124.0	0.0	-0.2	147.4	148.2	-0.5	-4.0
<b>Areas Outside NCR</b>	166.5	165.6	0.5	-0.9	136.8	137.5	-0.5	-0.6	159.2	159.2	0.0	-1.2
<b>Regions:</b>												
CAR - Cordillera Administrative Region	173.6	171.9	1.0	0.6	133.3	133.2	0.1	0.2	177.6	175.7	1.1	0.3
I - Ilocos Region	155.8	153.4	1.6	2.1	132.5	133.0	-0.4	-0.5	137.7	139.9	-1.6	0.4
II - Cagayan Valley	178.7	177.9	0.4	-1.7	133.8	135.3	-1.1	0.1	157.3	157.9	-0.4	0.0
III - Central Luzon	140.7	138.7	1.4	-1.5	136.8	137.8	-0.7	-1.0	171.2	173.3	-1.2	-1.3
IV-A - CALABARZON	154.4	153.2	0.8	-2.4	139.1	140.9	-1.3	-0.8	151.5	147.7	2.6	-1.9
IV-B - MIMAROPA	164.8	168.6	-2.3	0.8	129.2	131.8	-2.0	-0.1	133.3	133.0	0.2	0.0
V - Bicol Region	180.4	180.6	-0.1	0.1	131.3	131.3	0.0	-0.7	163.3	165.1	-1.1	0.0
VI - Western Visayas	181.2	179.5	0.9	0.1	131.7	131.8	-0.1	0.0	149.3	148.6	0.5	-3.1
VII - Central Visayas	169.2	170.4	-0.7	-1.9	138.2	138.8	-0.4	-1.6	155.5	155.2	0.2	-2.6
VIII - Eastern Visayas	176.0	175.3	0.4	0.3	142.2	143.0	-0.6	-0.1	151.6	151.9	-0.2	-0.5
IX - Zamboanga Peninsula	198.0	197.6	0.2	0.4	131.9	131.8	0.1	0.1	178.5	180.8	-1.3	-0.9
X - Northern Mindanao	176.3	176.1	0.1	-2.0	136.9	136.9	0.0	-0.5	211.3	211.3	0.0	-1.1
XI - Davao Region	195.5	194.4	0.6	-1.2	135.3	134.8	0.4	0.4	149.7	149.9	-0.1	-0.5
XII - SOCCSKSARGEN	149.7	149.0	0.5	-0.2	130.9	130.1	0.6	-0.8	149.1	149.6	-0.3	-1.5
XIII - Caraga	176.5	175.7	0.5	-4.9	131.9	131.7	0.2	-2.1	168.2	167.6	0.4	-4.0
ARMM - Autonomous Region in Muslim Mind	179.5	178.5	0.6	-0.6	168.3	168.0	0.2	0.4	163.2	164.4	-0.7	-0.4