

Republic of the Philippines  
PHILIPPINE STATISTICS AUTHORITY  
Manila

**Table 10 Regional Year-on-Year Inflation Rates of Selected Food Items, November and October 2014 and 2013  
(2006 = 100)**

AREA / REGION	BREAD AND CEREALS						RICE					
	2014		2013		Inflation Rates (%)		2014		2013		Inflation Rates (%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
<b>Philippines</b>	172.9	173.1	159.1	158.8	8.7	9.0	177.8	178.0	160.7	160.5	10.6	10.9
<b>NCR- National Capital Region</b>	174.1	173.2	157.8	157.2	10.3	10.2	186.4	185.3	163.9	163.2	13.7	13.5
<b>Areas Outside NCR</b>	172.7	173.1	159.3	159.0	8.4	8.9	176.7	177.1	160.3	160.2	10.2	10.5
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	151.0	150.9	143.6	143.5	5.2	5.2	146.9	146.8	138.9	138.8	5.8	5.8
<b>I - Ilocos Region</b>	162.8	163.6	146.9	146.9	10.8	11.4	169.2	170.3	149.8	149.7	13.0	13.8
<b>II - Cagayan Valley</b>	171.9	170.7	161.7	158.6	6.3	7.6	178.8	177.3	166.1	162.7	7.6	9.0
<b>III - Central Luzon</b>	181.7	181.9	163.3	162.7	11.3	11.8	190.8	190.8	166.5	165.8	14.6	15.1
<b>IV-A - CALABARZON</b>	180.5	181.8	167.1	167.0	8.0	8.9	189.2	190.6	171.0	170.8	10.6	11.6
<b>IV-B - MIMAROPA</b>	178.1	178.4	158.6	159.9	12.3	11.6	183.0	183.4	160.4	162.1	14.1	13.1
<b>V - Bicol Region</b>	183.0	181.7	167.5	168.2	9.3	8.0	187.6	186.1	168.7	169.9	11.2	9.5
<b>VI - Western Visayas</b>	164.2	164.0	148.8	148.7	10.3	10.3	166.2	166.0	147.8	147.8	12.4	12.3
<b>VII - Central Visayas</b>	155.9	156.4	145.7	145.1	7.0	7.8	148.6	149.4	136.8	136.1	8.6	9.8
<b>VIII - Eastern Visayas</b>	182.5	181.9	169.9	169.8	7.4	7.1	185.0	184.5	172.4	172.4	7.3	7.0
<b>IX - Zamboanga Peninsula</b>	164.2	165.4	152.3	151.9	7.8	8.9	155.7	157.2	141.6	142.0	10.0	10.7
<b>X - Northern Mindanao</b>	180.9	182.7	169.1	168.5	7.0	8.4	184.9	185.9	173.0	172.9	6.9	7.5
<b>XI - Davao Region</b>	169.7	169.9	158.6	158.2	7.0	7.4	171.9	172.3	159.8	159.3	7.6	8.2
<b>XII - SOCCSKSARGEN</b>	171.0	174.1	162.4	162.8	5.3	6.9	175.5	179.4	165.3	166.2	6.2	7.9
<b>XIII - Caraga</b>	169.4	168.5	157.3	157.6	7.7	6.9	170.0	168.7	156.1	156.6	8.9	7.7
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	167.6	167.1	159.1	158.4	5.3	5.5	172.7	172.2	163.0	162.2	6.0	6.2

Table 10--Continued

AREA / REGION	CORN						OTHER CEREALS, FLOUR, CEREAL PREPARATION, BREAD, PASTA AND OTHER BAKERY PRODUCTS					
	2014		2013		Inflation Rates (%)		2014		2013		Inflation Rates (%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
<b>Philippines</b>	177.3	178.4	166.2	164.8	6.7	8.3	156.5	156.6	152.4	152.1	2.7	3.0
<b>NCR- National Capital Region</b>	197.2	188.3	184.4	179.1	6.9	5.1	152.7	152.3	146.6	146.4	4.2	4.0
<b>Areas Outside NCR</b>	176.6	178.1	165.6	164.3	6.6	8.4	157.5	157.7	153.9	153.6	2.3	2.7
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	158.4	157.6	150.2	151.3	5.5	4.2	164.9	164.9	159.7	159.5	3.3	3.4
<b>I - Ilocos Region</b>	174.4	173.8	167.9	167.9	3.9	3.5	136.1	136.0	134.3	134.3	1.3	1.3
<b>II - Cagayan Valley</b>	130.4	131.0	127.4	128.7	2.4	1.8	149.9	149.9	148.7	146.0	0.8	2.7
<b>III - Central Luzon</b>	112.7	115.1	112.7	113.5	0.0	1.4	157.9	158.8	156.2	155.9	1.1	1.9
<b>IV-A - CALABARZON</b>	175.7	175.5	173.8	171.1	1.1	2.6	159.3	160.4	157.6	157.5	1.1	1.8
<b>IV-B - MIMAROPA</b>	184.2	185.3	170.7	170.5	7.9	8.7	149.8	149.7	147.6	147.5	1.5	1.5
<b>V - Bicol Region</b>	214.1	213.9	195.4	194.1	9.6	10.2	164.8	164.6	160.9	160.1	2.4	2.8
<b>VI - Western Visayas</b>	171.2	171.3	161.6	161.4	5.9	6.1	154.9	154.9	151.1	150.7	2.5	2.8
<b>VII - Central Visayas</b>	180.2	180.4	170.0	168.8	6.0	6.9	153.1	152.9	148.1	147.9	3.4	3.4
<b>VIII - Eastern Visayas</b>	159.1	158.2	151.7	151.7	4.9	4.3	172.9	172.4	159.9	159.3	8.1	8.2
<b>IX - Zamboanga Peninsula</b>	174.1	175.3	163.3	160.4	6.6	9.3	181.7	181.5	176.6	176.5	2.9	2.8
<b>X - Northern Mindanao</b>	183.6	189.5	165.4	164.0	11.0	15.5	163.4	163.4	159.3	158.4	2.6	3.2
<b>XI - Davao Region</b>	174.6	174.9	164.1	164.0	6.4	6.6	158.3	157.6	150.7	150.5	5.0	4.7
<b>XII - SOCCSKSARGEN</b>	164.0	166.4	161.7	158.6	1.4	4.9	150.7	150.2	147.9	147.6	1.9	1.8
<b>XIII - Caraga</b>	202.3	202.9	196.3	195.8	3.1	3.6	150.8	150.8	146.6	145.9	2.9	3.4
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	159.1	159.5	148.5	148.6	7.1	7.3	146.4	145.8	143.1	142.9	2.3	2.0

Table 10--Continued

AREA / REGION	MEAT						FISH					
	2014		2013		Inflation Rates (%)		2014		2013		Inflation Rates (%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
<b>Philippines</b>	137.8	137.9	131.0	130.7	5.2	5.5	159.0	158.0	150.9	149.2	5.4	5.9
<b>NCR- National Capital Region</b>	136.3	136.4	129.7	128.7	5.1	6.0	140.2	140.6	133.2	130.6	5.3	7.7
<b>Areas Outside NCR</b>	138.2	138.3	131.4	131.3	5.2	5.3	162.5	161.2	154.2	152.6	5.4	5.6
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	134.4	134.4	130.0	129.8	3.4	3.5	162.7	162.9	156.1	156.1	4.2	4.4
<b>I - Ilocos Region</b>	133.6	133.4	125.5	125.5	6.5	6.3	154.3	151.7	143.5	142.0	7.5	6.8
<b>II - Cagayan Valley</b>	140.1	140.2	136.3	136.3	2.8	2.9	152.4	152.1	145.6	146.6	4.7	3.8
<b>III - Central Luzon</b>	136.8	137.5	129.5	129.9	5.6	5.9	139.1	137.8	135.7	134.6	2.5	2.4
<b>IV-A - CALABARZON</b>	135.8	136.6	128.4	128.4	5.8	6.4	152.2	151.5	145.8	144.3	4.4	5.0
<b>IV-B - MIMAROPA</b>	142.8	142.7	137.3	137.1	4.0	4.1	157.6	156.8	152.7	151.3	3.2	3.6
<b>V - Bicol Region</b>	138.8	138.7	133.5	133.4	4.0	4.0	163.9	162.2	155.2	153.9	5.6	5.4
<b>VI - Western Visayas</b>	138.7	138.0	130.9	130.3	6.0	5.9	171.1	169.7	163.1	160.6	4.9	5.7
<b>VII - Central Visayas</b>	142.6	141.5	133.1	131.9	7.1	7.3	178.3	175.8	157.6	155.7	13.1	12.9
<b>VIII - Eastern Visayas</b>	141.2	140.9	133.1	132.6	6.1	6.3	178.1	177.5	165.0	162.2	7.9	9.4
<b>IX - Zamboanga Peninsula</b>	136.5	136.0	133.9	133.5	1.9	1.9	164.7	162.0	156.2	150.9	5.4	7.4
<b>X - Northern Mindanao</b>	137.9	138.0	134.0	133.8	2.9	3.1	166.6	167.2	164.5	163.2	1.3	2.5
<b>XI - Davao Region</b>	143.1	142.4	138.1	138.0	3.6	3.2	178.7	177.6	171.2	170.2	4.4	4.3
<b>XII - SOCCSKSARGEN</b>	143.3	142.8	137.3	136.9	4.4	4.3	167.3	165.5	157.6	155.4	6.2	6.5
<b>XIII - Caraga</b>	141.9	141.9	136.0	136.1	4.3	4.3	170.9	170.1	169.6	169.3	0.8	0.5
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	158.3	157.7	149.7	149.0	5.7	5.8	189.4	188.4	183.3	181.5	3.3	3.8

Table 10--Continued

AREA / REGION	MILK, CHEESE AND EGG						OILS AND FATS					
	2014		2013		Inflation Rates (%)		2014		2013		Inflation Rates (%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
<b>Philippines</b>	141.5	141.1	134.8	134.7	5.0	4.8	178.7	179.5	167.5	167.4	6.7	7.2
<b>NCR- National Capital Region</b>	140.1	140.1	131.1	131.0	6.9	6.9	196.7	196.6	191.9	191.8	2.5	2.5
<b>Areas Outside NCR</b>	141.9	141.3	135.7	135.7	4.6	4.1	174.5	175.5	161.9	161.8	7.8	8.5
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	132.9	132.8	130.9	130.6	1.5	1.7	177.4	177.4	175.9	175.7	0.9	1.0
<b>I - Ilocos Region</b>	137.3	137.3	131.2	131.0	4.6	4.8	154.8	154.7	151.7	152.7	2.0	1.3
<b>II - Cagayan Valley</b>	138.5	136.7	133.3	132.5	3.9	3.2	151.6	151.6	135.4	135.6	12.0	11.8
<b>III - Central Luzon</b>	137.8	137.0	133.7	134.2	3.1	2.1	175.0	177.2	155.0	154.7	12.9	14.5
<b>IV-A - CALABARZON</b>	142.8	142.2	135.4	136.1	5.5	4.5	188.6	192.0	172.1	171.9	9.6	11.7
<b>IV-B - MIMAROPA</b>	147.7	147.4	141.8	141.7	4.2	4.0	185.8	186.1	177.2	176.7	4.9	5.3
<b>V - Bicol Region</b>	141.3	141.1	134.4	134.3	5.1	5.1	164.0	163.9	155.4	155.0	5.5	5.7
<b>VI - Western Visayas</b>	139.6	139.5	135.5	135.0	3.0	3.3	169.7	170.1	157.6	157.1	7.7	8.3
<b>VII - Central Visayas</b>	147.9	146.3	137.3	137.2	7.7	6.6	172.4	171.0	160.0	160.0	7.8	6.9
<b>VIII - Eastern Visayas</b>	142.1	141.8	134.1	133.8	6.0	6.0	189.6	189.2	186.1	186.3	1.9	1.6
<b>IX - Zamboanga Peninsula</b>	154.5	154.6	148.2	147.1	4.3	5.1	173.7	174.1	163.5	163.4	6.2	6.5
<b>X - Northern Mindanao</b>	144.0	144.0	137.6	137.6	4.7	4.7	156.7	156.7	147.9	147.0	5.9	6.6
<b>XI - Davao Region</b>	142.5	142.2	137.4	137.1	3.7	3.7	193.1	193.0	185.1	185.1	4.3	4.3
<b>XII - SOCCSKSARGEN</b>	137.5	137.1	130.6	130.4	5.3	5.1	154.0	152.7	136.2	135.9	13.1	12.4
<b>XIII - Caraga</b>	143.1	143.2	138.8	138.6	3.1	3.3	177.4	177.3	172.8	172.8	2.7	2.6
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	159.7	159.5	153.6	153.1	4.0	4.2	169.6	169.5	163.6	163.5	3.7	3.7

Table 10--Continued

AREA / REGION	FRUITS						VEGETABLES					
	2014		2013		Inflation Rates (%)		2014		2013		Inflation Rates (%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
<b>Philippines</b>	169.6	168.2	152.7	151.1	11.1	11.3	161.0	161.3	155.0	152.4	3.9	5.8
<b>NCR- National Capital Region</b>	150.8	150.1	144.5	139.6	4.4	7.5	135.8	141.4	141.9	144.5	-4.3	-2.1
<b>Areas Outside NCR</b>	174.8	173.2	155.0	154.3	12.8	12.2	166.5	165.6	157.9	154.1	5.4	7.5
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	187.6	184.6	161.5	161.2	16.2	14.5	173.6	171.9	167.0	166.0	4.0	3.6
<b>I - Ilocos Region</b>	160.9	156.4	147.4	144.6	9.2	8.2	155.8	153.4	151.7	146.4	2.7	4.8
<b>II - Cagayan Valley</b>	174.3	174.0	166.3	166.8	4.8	4.3	178.7	177.9	172.2	169.6	3.8	4.9
<b>III - Central Luzon</b>	159.1	158.4	140.5	140.5	13.2	12.7	140.7	138.7	146.5	136.6	-4.0	1.5
<b>IV-A - CALABARZON</b>	188.3	186.1	158.4	160.0	18.9	16.3	154.4	153.2	151.3	147.4	2.0	3.9
<b>IV-B - MIMAROPA</b>	165.5	164.8	153.2	150.9	8.0	9.2	164.8	168.6	154.7	154.3	6.5	9.3
<b>V - Bicol Region</b>	162.3	161.7	135.4	135.7	19.9	19.2	180.4	180.6	156.4	153.1	15.3	18.0
<b>VI - Western Visayas</b>	183.4	183.5	156.3	153.6	17.3	19.5	181.2	179.5	163.1	165.7	11.1	8.3
<b>VII - Central Visayas</b>	171.8	168.1	147.1	146.6	16.8	14.7	169.2	170.4	161.0	159.1	5.1	7.1
<b>VIII - Eastern Visayas</b>	175.2	173.4	161.0	160.1	8.8	8.3	176.0	175.3	153.4	150.6	14.7	16.4
<b>IX - Zamboanga Peninsula</b>	207.6	209.1	187.2	186.0	10.9	12.4	198.0	197.6	176.5	168.8	12.2	17.1
<b>X - Northern Mindanao</b>	156.6	157.2	157.7	156.4	-0.7	0.5	176.3	176.1	168.6	166.2	4.6	6.0
<b>XI - Davao Region</b>	186.7	183.6	175.7	174.7	6.3	5.1	195.5	194.4	175.8	173.5	11.2	12.0
<b>XII - SOCCSKSARGEN</b>	151.6	148.8	148.1	143.8	2.4	3.5	149.7	149.0	144.2	139.7	3.8	6.7
<b>XIII - Caraga</b>	164.9	164.9	152.4	150.5	8.2	9.6	176.5	175.7	168.9	164.0	4.5	7.1
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	228.6	226.5	194.1	192.2	17.8	17.8	179.5	178.5	162.7	161.9	10.3	10.3

Table 10--Concluded

AREA / REGION	SUGAR, JAM, HONEY, CHOCOLATE AND CONFECTIONERY						FOOD PRODUCTS, N.E.C.					
	2014		2013		Inflation Rates (%)		2014		2013		Inflation Rates (%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
<b>Philippines</b>	134.9	135.4	127.1	126.5	6.1	7.0	157.0	157.1	145.6	144.6	7.8	8.6
<b>NCR- National Capital Region</b>	124.0	124.0	118.0	117.6	5.1	5.4	147.4	148.2	139.1	137.7	6.0	7.6
<b>Areas Outside NCR</b>	136.8	137.5	128.7	128.1	6.3	7.3	159.2	159.2	147.1	146.2	8.2	8.9
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	133.3	133.2	128.9	128.7	3.4	3.5	177.6	175.7	146.5	146.2	21.2	20.2
<b>I - Ilocos Region</b>	132.5	133.0	125.2	125.3	5.8	6.1	137.7	139.9	127.2	126.7	8.3	10.4
<b>II - Cagayan Valley</b>	133.8	135.3	122.1	121.6	9.6	11.3	157.3	157.9	145.0	143.1	8.5	10.3
<b>III - Central Luzon</b>	136.8	137.8	130.3	129.6	5.0	6.3	171.2	173.3	161.9	160.8	5.7	7.8
<b>IV-A - CALABARZON</b>	139.1	140.9	129.4	129.5	7.5	8.8	151.5	147.7	139.5	139.0	8.6	6.3
<b>IV-B - MIMAROPA</b>	129.2	131.8	121.0	121.3	6.8	8.7	133.3	133.0	127.9	127.5	4.2	4.3
<b>V - Bicol Region</b>	131.3	131.3	121.7	121.0	7.9	8.5	163.3	165.1	143.0	142.0	14.2	16.3
<b>VI - Western Visayas</b>	131.7	131.8	122.7	122.7	7.3	7.4	149.3	148.6	147.7	144.7	1.1	2.7
<b>VII - Central Visayas</b>	138.2	138.8	131.2	130.8	5.3	6.1	155.5	155.2	149.7	149.9	3.9	3.5
<b>VIII - Eastern Visayas</b>	142.2	143.0	135.2	135.1	5.2	5.8	151.6	151.9	132.5	132.3	14.4	14.8
<b>IX - Zamboanga Peninsula</b>	131.9	131.8	123.2	121.9	7.1	8.1	178.5	180.8	155.7	153.4	14.6	17.9
<b>X - Northern Mindanao</b>	136.9	136.9	131.4	130.4	4.2	5.0	211.3	211.3	181.0	180.8	16.7	16.9
<b>XI - Davao Region</b>	135.3	134.8	126.5	126.1	7.0	6.9	149.7	149.9	138.8	138.3	7.9	8.4
<b>XII - SOCCSKSARGEN</b>	130.9	130.1	123.0	118.1	6.4	10.2	149.1	149.6	137.4	136.9	8.5	9.3
<b>XIII - Caraga</b>	131.9	131.7	125.8	123.7	4.8	6.5	168.2	167.6	158.0	157.1	6.5	6.7
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	168.3	168.0	159.8	159.4	5.3	5.4	163.2	164.4	155.9	155.6	4.7	5.7