

Republic of the Philippines  
PHILIPPINE STATISTICS AUTHORITY  
Manila

**Table 10 Regional Year-on-Year Inflation Rates of Selected Food Items, August and July 2015 and 2014  
(2006 = 100)**

AREA / REGION	BREAD AND CEREALS						RICE					
	2015		2014		Inflation Rates (%)		2015		2014		Inflation Rates (%)	
	Aug	Jul	Aug	Jul	Current	Previous	Aug	Jul	Aug	Jul	Current	Previous
<b>Philippines</b>	170.4	170.4	171.3	169.9	-0.5	0.3	173.9	173.9	175.4	173.8	-0.9	0.1
<b>NCR- National Capital Region</b>	169.8	169.7	170.4	169.4	-0.4	0.2	178.8	178.9	181.3	179.8	-1.4	-0.5
<b>Areas Outside NCR</b>	170.5	170.5	171.4	170.0	-0.5	0.3	173.3	173.3	174.7	173.0	-0.8	0.2
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	151.1	151.1	149.8	148.7	0.9	1.6	146.9	146.8	145.8	144.7	0.8	1.5
<b>I - Ilocos Region</b>	155.2	155.6	160.4	158.9	-3.2	-2.1	159.2	159.7	166.3	164.5	-4.3	-2.9
<b>II - Cagayan Valley</b>	173.2	173.2	170.0	168.3	1.9	2.9	179.7	179.7	176.4	174.4	1.9	3.0
<b>III - Central Luzon</b>	179.9	180.2	177.1	176.3	1.6	2.2	188.6	189.0	184.2	183.2	2.4	3.2
<b>IV-A - CALABARZON</b>	179.8	179.4	178.7	177.6	0.6	1.0	187.8	187.4	186.5	184.8	0.7	1.4
<b>IV-B - MIMAROPA</b>	170.3	170.4	175.1	172.8	-2.7	-1.4	173.6	173.7	179.7	177.1	-3.4	-1.9
<b>V - Bicol Region</b>	173.9	174.4	178.9	175.8	-2.8	-0.8	175.5	176.1	182.6	178.4	-3.9	-1.3
<b>VI - Western Visayas</b>	162.5	162.3	163.8	161.8	-0.8	0.3	163.8	163.6	165.8	163.3	-1.2	0.2
<b>VII - Central Visayas</b>	153.6	153.2	156.4	156.2	-1.8	-1.9	144.7	144.5	148.9	148.8	-2.8	-2.9
<b>VIII - Eastern Visayas</b>	181.7	181.5	180.0	179.7	0.9	1.0	183.1	182.9	182.1	182.0	0.5	0.5
<b>IX - Zamboanga Peninsula</b>	165.2	165.1	164.4	163.0	0.5	1.3	158.7	158.0	156.1	154.8	1.7	2.1
<b>X - Northern Mindanao</b>	178.4	178.1	182.3	180.7	-2.1	-1.4	179.9	179.7	185.1	183.0	-2.8	-1.8
<b>XI - Davao Region</b>	171.7	171.9	167.8	166.4	2.3	3.3	171.3	171.8	169.5	168.0	1.1	2.3
<b>XII - SOCCSKSARGEN</b>	168.0	167.2	179.3	178.4	-6.3	-6.3	171.1	170.1	185.3	184.0	-7.7	-7.6
<b>XIII - Caraga</b>	165.8	166.6	166.8	164.4	-0.6	1.3	165.4	166.3	166.4	163.7	-0.6	1.6
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	170.6	170.2	166.4	165.3	2.5	3.0	175.7	175.2	171.6	170.2	2.4	2.9

Table 10--Continued

AREA / REGION	CORN						OTHER CEREALS, FLOUR, CEREAL PREPARATION, BREAD, PASTA AND OTHER BAKERY PRODUCTS					
	2015		2014		Inflation Rates (%)		2015		2014		Inflation Rates (%)	
	Aug	Jul	Aug	Jul	Current	Previous	Aug	Jul	Aug	Jul	Current	Previous
<b>Philippines</b>	178.0	177.4	179.3	178.3	-0.7	-0.5	157.8	157.7	156.2	156.0	1.0	1.1
<b>NCR- National Capital Region</b>	193.1	184.7	182.7	177.9	5.7	3.8	153.9	153.9	151.8	151.7	1.4	1.5
<b>Areas Outside NCR</b>	177.5	177.2	179.2	178.3	-0.9	-0.6	158.8	158.7	157.3	157.1	1.0	1.0
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	157.7	157.8	156.5	156.2	0.8	1.0	165.6	165.6	163.7	162.4	1.2	2.0
<b>I - Ilocos Region</b>	176.4	176.3	173.6	173.4	1.6	1.7	137.6	137.5	135.7	135.5	1.4	1.5
<b>II - Cagayan Valley</b>	133.5	133.5	130.9	130.6	2.0	2.2	152.9	152.3	149.6	149.3	2.2	2.0
<b>III - Central Luzon</b>	115.5	113.9	112.5	111.2	2.7	2.4	157.1	157.1	159.2	158.9	-1.3	-1.1
<b>IV-A - CALABARZON</b>	173.0	170.8	174.7	171.7	-1.0	-0.5	160.6	160.3	159.8	160.1	0.5	0.1
<b>IV-B - MIMAROPA</b>	190.0	190.0	183.6	181.6	3.5	4.6	150.5	150.5	148.8	148.5	1.1	1.3
<b>V - Bicol Region</b>	202.2	202.2	213.8	212.7	-5.4	-4.9	165.8	165.8	163.5	163.7	1.4	1.3
<b>VI - Western Visayas</b>	169.8	169.9	169.6	169.5	0.1	0.2	156.0	156.1	154.5	154.6	1.0	1.0
<b>VII - Central Visayas</b>	179.3	178.2	182.0	181.9	-1.5	-2.0	154.1	154.1	152.6	152.6	1.0	1.0
<b>VIII - Eastern Visayas</b>	168.4	168.3	158.7	158.2	6.1	6.4	176.4	176.3	172.2	171.4	2.4	2.9
<b>IX - Zamboanga Peninsula</b>	169.4	171.0	174.4	173.6	-2.9	-1.5	183.4	183.4	180.8	178.2	1.4	2.9
<b>X - Northern Mindanao</b>	184.6	184.1	190.8	189.3	-3.2	-2.7	165.4	165.4	162.7	162.6	1.7	1.7
<b>XI - Davao Region</b>	188.3	187.9	175.1	172.6	7.5	8.9	162.1	161.9	156.7	156.4	3.4	3.5
<b>XII - SOCCSKSARGEN</b>	170.4	169.4	179.0	180.2	-4.8	-6.0	151.6	151.6	149.7	149.8	1.3	1.2
<b>XIII - Caraga</b>	202.9	202.7	205.2	204.3	-1.1	-0.8	151.3	151.3	150.5	149.6	0.5	1.1
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	167.1	167.1	158.0	157.6	5.8	6.0	149.3	149.0	145.2	145.0	2.8	2.8

Table 10--Continued

AREA / REGION	MEAT						FISH					
	2015		2014		Inflation Rates (%)		2015		2014		Inflation Rates (%)	
	Aug	Jul	Aug	Jul	Current	Previous	Aug	Jul	Aug	Jul	Current	Previous
<b>Philippines</b>	138.5	138.1	138.1	137.1	0.3	0.7	162.5	162.7	157.6	156.3	3.1	4.1
<b>NCR- National Capital Region</b>	138.8	137.9	139.1	137.0	-0.2	0.7	136.2	137.5	140.1	138.3	-2.8	-0.6
<b>Areas Outside NCR</b>	138.4	138.2	137.8	137.1	0.4	0.8	167.3	167.4	160.8	159.6	4.0	4.9
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	133.1	133.2	134.0	133.6	-0.7	-0.3	165.4	165.5	159.1	159.0	4.0	4.1
<b>I - Ilocos Region</b>	133.0	132.9	133.0	132.0	0.0	0.7	162.5	161.2	150.7	149.0	7.8	8.2
<b>II - Cagayan Valley</b>	139.6	139.5	140.3	140.3	-0.5	-0.6	158.6	158.6	151.5	151.4	4.7	4.8
<b>III - Central Luzon</b>	137.6	137.4	137.1	136.6	0.4	0.6	144.8	141.4	138.8	139.1	4.3	1.7
<b>IV-A - CALABARZON</b>	135.0	135.0	136.4	134.9	-1.0	0.1	153.6	154.1	150.8	149.3	1.9	3.2
<b>IV-B - MIMAROPA</b>	143.6	143.4	142.2	141.6	1.0	1.3	169.5	169.8	156.8	155.0	8.1	9.5
<b>V - Bicol Region</b>	138.3	137.4	137.4	136.8	0.7	0.4	165.3	168.5	161.3	158.4	2.5	6.4
<b>VI - Western Visayas</b>	141.3	140.7	138.4	138.8	2.1	1.4	182.0	186.2	169.5	169.5	7.4	9.9
<b>VII - Central Visayas</b>	143.1	142.9	141.0	140.7	1.5	1.6	174.1	174.0	176.6	172.1	-1.4	1.1
<b>VIII - Eastern Visayas</b>	139.6	139.9	140.2	139.6	-0.4	0.2	182.3	182.3	175.0	174.4	4.2	4.5
<b>IX - Zamboanga Peninsula</b>	137.7	138.2	135.7	135.1	1.5	2.3	166.7	166.4	159.9	156.8	4.3	6.1
<b>X - Northern Mindanao</b>	138.4	138.7	137.5	136.3	0.7	1.8	174.6	174.7	165.8	166.2	5.3	5.1
<b>XI - Davao Region</b>	144.0	144.3	140.5	140.9	2.5	2.4	181.4	181.3	176.9	176.2	2.5	2.9
<b>XII - SOCCSKSARGEN</b>	143.7	143.6	141.5	140.9	1.6	1.9	179.8	178.5	160.5	159.2	12.0	12.1
<b>XIII - Caraga</b>	142.9	142.6	140.3	138.7	1.9	2.8	193.9	194.4	177.8	179.8	9.1	8.1
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	161.1	160.6	156.8	156.8	2.7	2.4	192.9	194.3	190.5	190.1	1.3	2.2

Table 10--Continued

AREA / REGION	MILK, CHEESE AND EGG						OILS AND FATS					
	2015		2014		Inflation Rates (%)		2015		2014		Inflation Rates (%)	
	Aug	Jul	Aug	Jul	Current	Previous	Aug	Jul	Aug	Jul	Current	Previous
<b>Philippines</b>	142.7	142.6	140.2	139.3	1.8	2.4	178.8	178.8	179.4	179.3	-0.3	-0.3
<b>NCR- National Capital Region</b>	140.2	140.2	139.8	137.8	0.3	1.7	198.0	198.0	196.6	196.9	0.7	0.6
<b>Areas Outside NCR</b>	143.3	143.2	140.3	139.7	2.1	2.5	174.3	174.4	175.4	175.2	-0.6	-0.5
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	134.5	134.5	132.1	132.1	1.8	1.8	179.4	179.6	177.2	177.4	1.2	1.2
<b>I - Ilocos Region</b>	138.0	137.8	136.4	135.8	1.2	1.5	154.5	154.4	154.6	154.5	-0.1	-0.1
<b>II - Cagayan Valley</b>	140.4	140.3	135.6	135.1	3.5	3.8	151.5	151.6	152.0	151.8	-0.3	-0.1
<b>III - Central Luzon</b>	139.5	139.3	136.1	135.9	2.5	2.5	173.8	174.0	177.2	177.6	-1.9	-2.0
<b>IV-A - CALABARZON</b>	144.2	144.2	141.2	140.5	2.1	2.6	188.8	188.8	192.5	191.4	-1.9	-1.4
<b>IV-B - MIMAROPA</b>	149.9	149.6	146.3	145.3	2.5	3.0	184.1	184.2	187.0	188.6	-1.6	-2.3
<b>V - Bicol Region</b>	142.3	142.3	139.8	138.8	1.8	2.5	165.3	165.3	163.5	163.1	1.1	1.3
<b>VI - Western Visayas</b>	140.5	140.4	138.8	138.5	1.2	1.4	169.1	169.2	169.8	170.3	-0.4	-0.6
<b>VII - Central Visayas</b>	149.2	149.2	144.8	143.6	3.0	3.9	173.0	173.0	171.0	169.6	1.2	2.0
<b>VIII - Eastern Visayas</b>	142.6	142.2	140.7	139.9	1.4	1.6	188.2	188.2	189.3	189.3	-0.6	-0.6
<b>IX - Zamboanga Peninsula</b>	155.2	154.7	153.5	152.5	1.1	1.4	171.0	171.9	174.4	174.8	-1.9	-1.7
<b>X - Northern Mindanao</b>	146.5	146.5	143.1	142.3	2.4	3.0	154.0	153.8	156.9	156.7	-1.8	-1.9
<b>XI - Davao Region</b>	144.9	144.3	141.3	140.6	2.5	2.6	193.7	195.2	191.4	190.7	1.2	2.4
<b>XII - SOCCSKSARGEN</b>	137.7	137.7	135.7	135.4	1.5	1.7	153.9	154.9	151.3	151.8	1.7	2.0
<b>XIII - Caraga</b>	147.4	147.3	142.1	141.4	3.7	4.2	176.7	176.5	176.2	177.7	0.3	-0.7
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	163.4	163.2	158.5	157.9	3.1	3.4	174.0	173.8	167.9	167.4	3.6	3.8

Table 10--Continued

AREA / REGION	FRUITS						VEGETABLES					
	2015		2014		Inflation Rates (%)		2015		2014		Inflation Rates (%)	
	Aug	Jul	Aug	Jul	Current	Previous	Aug	Jul	Aug	Jul	Current	Previous
<b>Philippines</b>	169.7	167.1	162.1	157.5	4.7	6.1	169.4	162.4	166.0	168.4	2.0	-3.6
<b>NCR- National Capital Region</b>	152.3	150.1	146.6	140.9	3.9	6.5	157.0	154.2	144.4	141.5	8.7	9.0
<b>Areas Outside NCR</b>	174.5	171.8	166.4	162.1	4.9	6.0	172.1	164.2	170.7	174.3	0.8	-5.8
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	195.9	190.8	171.1	168.8	14.5	13.0	178.1	160.9	172.7	170.4	3.1	-5.6
<b>I - Ilocos Region</b>	161.6	159.1	153.4	151.7	5.3	4.9	164.7	140.6	147.2	150.1	11.9	-6.3
<b>II - Cagayan Valley</b>	182.7	184.0	172.0	169.5	6.2	8.6	179.8	174.1	186.0	192.2	-3.3	-9.4
<b>III - Central Luzon</b>	157.5	154.1	154.0	149.7	2.3	2.9	155.6	134.5	148.5	158.0	4.8	-14.9
<b>IV-A - CALABARZON</b>	179.7	176.7	167.5	158.5	7.3	11.5	159.7	147.5	167.1	175.9	-4.4	-16.1
<b>IV-B - MIMAROPA</b>	168.2	165.3	160.8	159.4	4.6	3.7	173.6	165.8	169.0	166.4	2.7	-0.4
<b>V - Bicol Region</b>	162.4	160.7	151.2	146.9	7.4	9.4	179.9	171.7	188.8	177.9	-4.7	-3.5
<b>VI - Western Visayas</b>	186.9	182.6	178.8	175.6	4.5	4.0	172.1	170.2	180.0	174.4	-4.4	-2.4
<b>VII - Central Visayas</b>	176.7	171.5	166.4	163.6	6.2	4.8	170.7	168.6	172.3	175.5	-0.9	-3.9
<b>VIII - Eastern Visayas</b>	179.6	177.8	170.1	167.6	5.6	6.1	174.9	174.2	174.5	174.8	0.2	-0.3
<b>IX - Zamboanga Peninsula</b>	186.3	188.0	197.6	182.1	-5.7	3.2	194.8	195.9	195.9	204.0	-0.6	-4.0
<b>X - Northern Mindanao</b>	163.5	161.6	162.5	157.8	0.6	2.4	190.3	192.1	182.9	189.2	4.0	1.5
<b>XI - Davao Region</b>	188.8	185.7	185.8	184.2	1.6	0.8	201.2	206.2	193.4	193.8	4.0	6.4
<b>XII - SOCCSKSARGEN</b>	151.6	150.9	142.8	145.7	6.2	3.6	160.0	167.2	154.3	161.3	3.7	3.7
<b>XIII - Caraga</b>	161.4	161.8	161.2	162.6	0.1	-0.5	195.0	202.1	183.8	195.6	6.1	3.3
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	236.0	234.2	211.0	208.1	11.8	12.5	188.4	188.4	176.7	177.7	6.6	6.0

Table 10--Concluded

AREA / REGION	SUGAR, JAM, HONEY, CHOCOLATE AND CONFECTIONERY						FOOD PRODUCTS, N.E.C.					
	2015		2014		Inflation Rates (%)		2015		2014		Inflation Rates (%)	
	Aug	Jul	Aug	Jul	Current	Previous	Aug	Jul	Aug	Jul	Current	Previous
<b>Philippines</b>	139.7	139.8	135.8	135.3	2.9	3.3	165.2	166.8	158.4	159.0	4.3	4.9
<b>NCR- National Capital Region</b>	126.4	126.3	124.0	123.9	1.9	1.9	150.5	153.5	152.1	149.9	-1.1	2.4
<b>Areas Outside NCR</b>	142.1	142.2	137.9	137.4	3.0	3.5	168.6	169.8	159.8	161.1	5.5	5.4
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	134.0	134.0	133.0	131.9	0.8	1.6	176.3	176.6	165.5	169.5	6.5	4.2
<b>I - Ilocos Region</b>	139.8	138.0	133.7	133.5	4.6	3.4	141.1	140.5	136.9	141.8	3.1	-0.9
<b>II - Cagayan Valley</b>	142.3	142.7	135.5	134.0	5.0	6.5	163.3	165.8	152.5	150.5	7.1	10.2
<b>III - Central Luzon</b>	140.0	140.0	137.6	138.1	1.7	1.4	177.5	177.7	172.3	174.0	3.0	2.1
<b>IV-A - CALABARZON</b>	144.4	145.0	141.2	141.0	2.3	2.8	161.9	164.8	150.5	149.7	7.6	10.1
<b>IV-B - MIMAROPA</b>	139.0	139.0	132.3	131.6	5.1	5.6	137.3	137.0	132.6	132.5	3.5	3.4
<b>V - Bicol Region</b>	137.2	137.1	132.2	131.5	3.8	4.3	184.3	184.1	163.7	164.5	12.6	11.9
<b>VI - Western Visayas</b>	134.3	134.2	131.3	130.1	2.3	3.2	159.8	160.4	153.2	152.1	4.3	5.5
<b>VII - Central Visayas</b>	144.1	143.3	141.3	139.9	2.0	2.4	164.3	163.6	159.0	159.4	3.3	2.6
<b>VIII - Eastern Visayas</b>	144.9	145.2	143.3	143.2	1.1	1.4	160.4	161.2	151.1	153.0	6.2	5.4
<b>IX - Zamboanga Peninsula</b>	134.8	135.0	132.0	131.6	2.1	2.6	186.5	189.7	182.0	191.0	2.5	-0.7
<b>X - Northern Mindanao</b>	138.9	138.9	137.3	136.4	1.2	1.8	221.1	221.8	213.7	213.3	3.5	4.0
<b>XI - Davao Region</b>	146.5	147.2	133.6	132.9	9.7	10.8	170.9	174.3	150.4	155.5	13.6	12.1
<b>XII - SOCCSKSARGEN</b>	135.4	136.1	131.9	131.6	2.7	3.4	159.9	162.7	152.7	154.2	4.7	5.5
<b>XIII - Caraga</b>	139.3	138.7	134.9	135.1	3.3	2.7	180.8	185.6	172.5	179.3	4.8	3.5
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	178.8	178.7	166.6	166.0	7.3	7.7	170.8	170.2	164.7	165.7	3.7	2.7