

Republic of the Philippines  
PHILIPPINE STATISTICS AUTHORITY  
Quezon City

**Table 9 Regional Month-on-Month Inflation Rates of Selected Food Items, November and October 2015  
(2006 = 100)**

AREA / REGION	BREAD AND CEREALS				RICE				CORN			
	Nov	Oct	% Change		Nov	Oct	% Change		Nov	Oct	% Change	
			Current	Previous			Current	Previous			Current	Previous
<b>Philippines</b>	170.2	170.3	-0.1	-0.1	173.5	173.9	-0.2	-0.1	177.3	175.9	0.8	-0.8
<b>NCR- National Capital Region</b>	170.3	170.0	0.2	0.1	178.8	179.0	-0.1	0.1	234.6	199.4	17.7	2.1
<b>Areas Outside NCR</b>	170.2	170.4	-0.1	-0.1	172.8	173.2	-0.2	-0.1	175.4	175.1	0.2	-0.9
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	152.1	151.9	0.1	0.5	148.0	147.7	0.2	0.5	159.2	159.2	0.0	0.0
<b>I - Ilocos Region</b>	155.0	156.5	-1.0	0.1	158.5	160.3	-1.1	-0.1	176.6	176.3	0.2	-0.1
<b>II - Cagayan Valley</b>	173.6	173.4	0.1	0.1	180.0	179.6	0.2	0.1	133.7	133.6	0.1	0.1
<b>III - Central Luzon</b>	180.1	180.2	-0.1	0.1	188.7	189.0	-0.2	0.1	118.4	116.7	1.5	0.2
<b>IV-A - CALABARZON</b>	179.8	179.5	0.2	-0.1	187.7	187.4	0.2	-0.2	183.6	173.6	5.8	1.4
<b>IV-B - MIMAROPA</b>	169.0	169.8	-0.5	-0.8	172.0	173.1	-0.6	-0.8	190.9	190.7	0.1	0.1
<b>V - Bicol Region</b>	170.3	172.1	-1.0	-0.9	170.2	172.8	-1.5	-1.3	206.8	208.0	-0.6	0.3
<b>VI - Western Visayas</b>	162.7	162.8	-0.1	0.2	163.5	163.8	-0.2	0.1	176.0	175.7	0.2	3.5
<b>VII - Central Visayas</b>	154.3	153.4	0.6	-0.3	145.5	144.8	0.5	-0.2	179.8	177.8	1.1	-0.8
<b>VIII - Eastern Visayas</b>	182.5	182.3	0.1	0.3	184.0	183.8	0.1	0.4	170.6	169.7	0.5	0.3
<b>IX - Zamboanga Peninsula</b>	164.7	164.8	-0.1	0.1	158.0	159.1	-0.7	0.6	167.6	166.8	0.5	-1.0
<b>X - Northern Mindanao</b>	176.1	176.3	-0.1	-0.8	178.7	178.4	0.2	-0.7	176.3	179.1	-1.6	-1.8
<b>XI - Davao Region</b>	170.5	170.7	-0.1	-0.2	170.1	170.4	-0.2	-0.2	182.7	183.3	-0.3	-1.3
<b>XII - SOCCSKSARGEN</b>	166.6	168.2	-1.0	-0.2	169.8	171.6	-1.0	-0.1	163.3	166.5	-1.9	-1.6
<b>XIII - Caraga</b>	164.7	165.2	-0.3	-0.4	164.5	165.1	-0.4	-0.2	195.8	196.5	-0.4	-1.8
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	172.2	172.1	0.1	0.7	177.4	177.3	0.1	0.8	173.0	170.7	1.3	1.0

Table 9--Continued

AREA / REGION	OTHER CEREALS, FLOUR, CEREAL PREPARATION, BREAD, PASTA AND OTHER BAKERY PRODUCTS				MEAT				FISH			
	Nov	Oct	% Change		Nov	Oct	% Change		Nov	Oct	% Change	
			Current	Previous			Current	Previous			Current	Previous
<b>Philippines</b>	158.3	158.1	0.1	0.2	139.0	138.8	0.1	0.1	164.8	162.8	1.2	0.8
<b>NCR- National Capital Region</b>	153.9	153.9	0.0	0.1	139.3	139.0	0.2	-0.1	141.3	139.8	1.1	3.1
<b>Areas Outside NCR</b>	159.5	159.2	0.2	0.2	138.9	138.8	0.1	0.3	169.1	167.0	1.3	0.4
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	166.3	165.9	0.2	0.1	133.0	133.3	-0.2	-0.1	165.6	164.2	0.9	-0.6
<b>I - Ilocos Region</b>	140.0	139.9	0.1	1.2	132.8	133.1	-0.2	-0.2	163.2	161.6	1.0	-0.2
<b>II - Cagayan Valley</b>	154.0	153.9	0.1	0.2	139.0	139.0	0.0	-0.1	160.1	158.2	1.2	0.1
<b>III - Central Luzon</b>	157.3	157.3	0.0	0.1	139.7	139.3	0.3	1.5	144.8	142.9	1.3	0.4
<b>IV-A - CALABARZON</b>	160.5	160.5	0.0	0.0	134.4	135.1	-0.5	-0.1	156.1	154.1	1.3	0.3
<b>IV-B - MIMAROPA</b>	150.9	150.6	0.2	0.1	144.4	144.1	0.2	0.2	174.6	171.3	1.9	1.5
<b>V - Bicol Region</b>	166.8	166.4	0.2	0.2	138.9	138.6	0.2	0.1	166.0	164.9	0.7	-0.1
<b>VI - Western Visayas</b>	157.8	157.0	0.5	0.6	140.1	140.2	-0.1	-0.2	187.4	186.4	0.5	3.3
<b>VII - Central Visayas</b>	155.1	154.6	0.3	0.3	145.8	144.3	1.0	0.5	179.8	173.7	3.5	0.3
<b>VIII - Eastern Visayas</b>	176.9	176.8	0.1	0.1	140.6	140.4	0.1	0.4	184.2	182.8	0.8	0.3
<b>IX - Zamboanga Peninsula</b>	185.9	183.5	1.3	0.0	139.0	139.0	0.0	1.1	166.5	163.7	1.7	-1.3
<b>X - Northern Mindanao</b>	166.2	165.6	0.4	0.1	137.7	137.4	0.2	-0.5	171.7	170.5	0.7	-0.8
<b>XI - Davao Region</b>	164.2	163.6	0.4	0.7	145.3	144.8	0.3	0.3	183.9	180.6	1.8	0.2
<b>XII - SOCCSKSARGEN</b>	152.1	152.0	0.1	0.0	144.3	144.3	0.0	0.3	180.3	181.1	-0.4	0.4
<b>XIII - Caraga</b>	151.3	151.2	0.1	0.1	142.8	142.8	0.0	-0.1	190.6	188.4	1.2	-1.6
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	149.9	149.8	0.1	0.1	161.8	161.9	-0.1	0.1	193.8	193.6	0.1	1.5

Table 9--Continued

AREA / REGION	MILK, CHEESE AND EGG				OILS AND FATS				FRUITS			
	Nov	Oct	% Change		Nov	Oct	% Change		Nov	Oct	% Change	
			Current	Previous			Current	Previous			Current	Previous
<b>Philippines</b>	143.2	143.0	0.1	0.1	178.5	178.4	0.1	-0.1	175.7	174.1	0.9	1.2
<b>NCR- National Capital Region</b>	140.3	140.3	0.0	0.0	197.5	197.6	-0.1	0.0	157.4	156.4	0.6	0.5
<b>Areas Outside NCR</b>	144.0	143.7	0.2	0.1	174.1	173.9	0.1	-0.2	180.8	179.0	1.0	1.4
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	135.5	134.8	0.5	0.2	180.1	180.0	0.1	0.2	201.5	201.4	0.0	1.2
<b>I - Ilocos Region</b>	139.4	139.1	0.2	0.7	155.3	155.3	0.0	0.4	169.3	166.3	1.8	1.2
<b>II - Cagayan Valley</b>	140.6	140.8	-0.1	0.1	152.0	151.6	0.3	0.0	183.2	184.1	-0.5	0.7
<b>III - Central Luzon</b>	139.8	139.7	0.1	0.1	172.6	172.9	-0.2	-0.6	163.3	161.8	0.9	1.8
<b>IV-A - CALABARZON</b>	144.3	144.5	-0.1	0.1	188.6	188.1	0.3	-0.2	191.4	188.7	1.4	1.6
<b>IV-B - MIMAROPA</b>	149.5	149.2	0.2	-0.5	185.0	184.8	0.1	0.0	165.1	164.6	0.3	-2.0
<b>V - Bicol Region</b>	143.2	142.8	0.3	0.3	166.6	166.5	0.1	0.4	163.6	162.5	0.7	0.6
<b>VI - Western Visayas</b>	141.2	141.0	0.1	0.2	166.1	166.5	-0.2	-0.9	195.1	197.4	-1.2	2.2
<b>VII - Central Visayas</b>	149.9	149.7	0.1	0.1	173.4	173.0	0.2	0.0	183.3	178.2	2.9	0.1
<b>VIII - Eastern Visayas</b>	142.6	142.6	0.0	0.0	188.7	187.7	0.5	-0.2	184.5	181.4	1.7	0.7
<b>IX - Zamboanga Peninsula</b>	156.4	154.5	1.2	-1.1	171.2	171.0	0.1	0.6	209.4	208.3	0.5	6.4
<b>X - Northern Mindanao</b>	146.6	146.4	0.1	-0.1	153.5	153.4	0.1	-0.1	167.4	166.7	0.4	0.5
<b>XI - Davao Region</b>	147.3	146.0	0.9	0.5	194.3	193.7	0.3	-0.2	175.1	174.0	0.6	0.5
<b>XII - SOCCSKSARGEN</b>	138.8	138.2	0.4	0.0	154.6	154.5	0.1	0.1	154.4	151.5	1.9	0.4
<b>XIII - Caraga</b>	148.6	148.0	0.4	0.2	177.0	176.4	0.3	-0.1	174.9	172.5	1.4	5.4
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	165.2	164.6	0.4	0.2	175.5	175.1	0.2	0.3	250.8	247.8	1.2	2.7

Table 9--Concluded

AREA / REGION	VEGETABLES				SUGAR, JAM, HONEY, CHOCOLATE AND CONFECTIONERY				FOOD PRODUCTS, N.E.C.			
	Nov	Oct	% Change		Nov	Oct	% Change		Nov	Oct	% Change	
			Current	Previous			Current	Previous			Current	Previous
<b>Philippines</b>	180.4	166.4	8.4	2.9	140.1	139.6	0.4	-0.1	161.4	161.8	-0.2	-1.0
<b>NCR- National Capital Region</b>	169.5	153.6	10.4	2.3	126.6	126.7	-0.1	0.2	147.2	146.8	0.3	-1.7
<b>Areas Outside NCR</b>	182.8	169.2	8.0	-0.3	142.5	141.9	0.4	-0.1	164.7	165.3	-0.4	-0.8
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	183.6	171.2	7.2	-4.5	134.6	134.2	0.3	0.0	174.7	173.4	0.7	-1.4
<b>I - Ilocos Region</b>	182.7	153.0	19.4	-5.6	139.5	139.6	-0.1	-0.4	141.8	140.4	1.0	-0.8
<b>II - Cagayan Valley</b>	198.8	185.2	7.3	0.5	139.6	138.9	0.5	-2.3	163.5	162.3	0.7	-0.1
<b>III - Central Luzon</b>	174.8	145.4	20.2	-0.9	141.4	140.8	0.4	0.4	175.4	173.6	1.0	-0.9
<b>IV-A - CALABARZON</b>	180.4	157.9	14.2	-0.4	145.5	144.2	0.9	-0.2	155.6	157.5	-1.2	-1.4
<b>IV-B - MIMAROPA</b>	182.2	176.2	3.4	-0.3	137.2	137.2	0.0	-1.0	138.4	136.7	1.2	-0.4
<b>V - Bicol Region</b>	200.4	186.7	7.3	2.9	137.8	137.6	0.1	0.2	177.3	178.7	-0.8	-1.3
<b>VI - Western Visayas</b>	184.6	180.0	2.6	1.2	133.7	133.9	-0.1	-0.2	160.0	163.0	-1.8	1.4
<b>VII - Central Visayas</b>	169.2	165.3	2.4	-0.4	143.4	143.0	0.3	-0.5	157.9	159.0	-0.7	-0.3
<b>VIII - Eastern Visayas</b>	176.0	174.9	0.6	0.2	146.4	145.4	0.7	0.3	161.7	161.9	-0.1	1.2
<b>IX - Zamboanga Peninsula</b>	191.8	192.1	-0.2	-0.3	136.1	134.8	1.0	0.7	176.3	181.0	-2.6	-1.0
<b>X - Northern Mindanao</b>	187.7	186.7	0.5	0.1	138.7	139.0	-0.2	-0.2	215.3	217.2	-0.9	-1.1
<b>XI - Davao Region</b>	193.8	188.6	2.8	0.2	146.0	144.8	0.8	-0.3	158.3	158.4	-0.1	-2.8
<b>XII - SOCCSKSARGEN</b>	154.2	151.1	2.1	-1.4	135.9	135.3	0.4	-0.3	152.9	154.8	-1.2	-1.1
<b>XIII - Caraga</b>	202.4	201.6	0.4	4.6	138.8	138.7	0.1	-0.3	170.5	174.3	-2.2	-3.0
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	192.0	191.8	0.1	1.9	181.6	180.7	0.5	0.4	172.6	174.4	-1.0	0.9